

**Eureka Lodge No. 121 A.F. & A.M. More, Oregon**  
Meets the 1st and 3rd Thursday evenings of each month. Visiting members cordially invited to meet with us.  
C. Spurling, W. M.  
C. V. Belknap, Secy.

**More Lodge No. 113, I. O. O. F. More, Oregon**  
Meets 1st and 3rd Tuesdays in the I.O.O.F. hall. Transient and visiting brothers are cordially invited to meet with us.  
L. O. Rice, N. G.  
Joe Truit, Secretary

**Lupine Rebecca Lodge No. 116 More, Oregon**  
Meets 2d and 4th Tuesdays of each month. Visiting members welcome.  
Viola Hansen, N. G.  
L. H. Bull, Secretary.

**Town Talk**

DEAD or worthless horses or cows hauled away free. Call 283F3. at Wasco, collect. 5-10p

Dudley's leghorn chicks. All eggs from our own flock. All sires with dam's records 250 to 327 eggs. Blood tested, 100-\$10.50; 500-\$50.00; May 100-\$9.00; 500-\$40.00. Day old pullets for April \$22.00 per 100; \$21.00 per 100 in 250 lots. May \$19.00 per 100; \$17.00 per 100 in 250 lots.

Wanted: Plowing. Reasonable rates. Start immediately. Bud Powell. DL

Miss Mildred Nickerson visited here Thursday and Friday with the A. S. Johnson family. She is now a student at the University of Washington.

Tractor men of the county did a little experimenting Saturday hooking the Bud Powell crawler onto the plows of Peters and Ginn. A round was made in 32 minutes with the Powell machine whereas the other required 30 minutes.

Miss Laura Ruggles spent the week end here, coming from near Prineville where she is teaching school this winter.

McKean and Searcy have sold trucks to Allen Murray and Millard Eakin in the past two weeks and are making deliveries.

Stanley Reavis will receive a new radio as a present from the light company as a prize for selling the largest amount of electrical equipment during the recently closed sales campaign.

For Sale: Cheap, Mrs. Tuel at Wasco, 1 electric water heater with automatic control, 2 iron bedsteads 2-sets of springs, 1-Colonial Jr. range, 1. breakfast table.

Billie Thompson had his appendix removed Wednesday at The Dalles after a trying few hours.

Mrs. Arthur Johnson is confined to her home this week with infected eyes caused from a burn.

There is a long list of children ill with the mumps this week and probably more will be down within a few days more. Present list of known sufferers includes Max Barzee, Mary Pinkerton, Doris Thompson, Norma Melzer, Wyman French, Max Belshoe, Elmer Belshoe, Gloria Douma.

It is reported that Johnny Shipley is O. K. again after giving a scare to already nervous parents and school masters.

Mary Lou Says fell from her father's tractor and broke her arm this week. She was taken to The Dalles for an X-ray but is now as lively as ever.

Harry Ragsdale was in Portland the first of the week for another treatment for sinus. He returned home Wednesday night.

**CALL FOR WARRANTS**  
Warrants on the school district 17 of More up to \$35 will be paid on presentation to the clerk. Interest stops on this day, April 5, 1935. M. E. McKee, clerk.

Earle Shipley, son of Mrs. Tom Douma came home from Linfield college last week with a case of scarlet fever. He is quarantined at the ranch.

Dr. Poley will have serum for Rocky Mountain Spotted fever in next week and any one wanting to be immunized from this disease can do so. Those who come in continue, it should be done within the next thirty days.

Ferry Johnston and Veterinarian Green tested 250 cattle in the county this week.

Wray Lawrence and Perry John

ston drove to Tygh Valley Monday to see about club workers sheep.

Ernest Charles Bryant was committed to the Oregon State Training school Thursday.

Lupine Rebekah lodge had a social Tuesday night playing cards. Mrs. Jessie Henrichs and C. V. Belknap were high scorers.

The jolly dozen me on to the Amidon ranch Friday.

Miss Marjory Nahouse and five other girls from Linfield college were here Saturday and Sunday to give a concert at the church. Miss Case points out that it takes a five ounce potato to make 100 calories, while it takes only one ounce shredded wheat biscuit, two graham crackers, two ounces of hamburger steak, one fourth cup (before cooking) of macaroni, or one third cup or 3/4 ounces canned corn. Rich gravy, butter, mayonnaise, cream, dressing or other fats added to any of these foods greatly increase the calorie content. However, Miss Case adds:

George Vinton and daughter, Betty left for Portland this week.

**CHURCHES**

Community Presbyterian Church. Sunday School 10:00 a. m.

Christian Science Church

1-10 All are cordially invited to attend the church services and to make use of the reading room in rear of the church building. Such is open daily where all authorized Christian Science literature may be read, borrowed or purchased.

Full Gospel Assembly Sunday School 10:00 a. m. Teaching Service 11:00 a. m. Evening Service 7:30 p. m. Prayer meeting Wed. 2:30 p. m.

Lutheran Church Service will be conducted next Sunday, April 7, in the Methodist Church at 11 a. m.

Sunday School at 10 a. m. Text: "Verily I say unto thee, Today thou shalt be with me in paradise." Luke 23:43.

A cordial invitation is extended to the public to attend the service. Rev. W. F. Georg will talk.

**HARMONY NEWS**

Doris Thompson, Norma Melzer and Max Belshoe are out of school this week with the mumps.

Earl Belshoe is now driving a tractor for his uncle Homer, after finishing work for his father, Rob Belshoe.

There was a large attendance at the Grange quilting Wednesday afternoon, and the ladies also practiced their tableaus for the design team. They will quilt every two weeks instead of every week as had been customary before.

Pete Thompson and wife are now at home from California where Mr. Thompson had spent most of the winter.

Dale Wright, Mr. and Mrs. Lester Wright's little boy and Mr. and Mrs. Clayton May's little boy have the whooping cough.

S. A. Hall and Howard Conlee were the first to finish plowing this winter and several more will soon finish.

Guy Wilson motored to The Dalles last week on business.

The merry makers of the Grange degree team and their families enjoyed a fried oyster dinner at the hall last Sunday as guests of A. G. Futter.

The high wind has done considerable damage in the Hay Canyon district.

Mrs. P. C. Axtell is home again after spending most of the winter in Eugene.

Bridge building is taking place on the road near the Spaulding Chapel which causes a detour thru the old Belshoe place. Another is under construction just above the old Jack Thompson grove.

Born: To Mr. and Mrs. Belshoe's old bossy cow: twin calves. They also have a Lincoln ewe with triplet lambs.

**POTATOES SAID NOT FATTENING**

Are potatoes fattening? It depends upon how much rich gravy butter or other fattening foods they are eaten with, says Miss Lucy Case, extension specialist at OSU.

Potatoes, because of their starch content, are often erroneously considered as one of the most fattening foods, and are usually the first to be omitted from a reducing diet. Scores of other foods may be more productive of plumpness, it seems

The fattening quality of any food depends on the number of heat units, called calories, that it contains, Miss Case explains. All food has calories, some more some less. Fats have nine calories per gram, and starch four, which means that fatty foods are more than twice as fattening as starchy foods, such as potatoes. Starchy vegetables, of course, contain more calories than green and succulent vegetables, and the latter would consequently be used more liberally in a reducing diet.

Comparing the calorific content of potatoes with some of the foods often substituted for them by those fearful of becoming overweight, Miss Case points out that it takes a five ounce potato to make 100 calories, while it takes only one ounce shredded wheat biscuit, two graham crackers, two ounces of hamburger steak, one fourth cup (before cooking) of macaroni, or one third cup or 3/4 ounces canned corn. Rich gravy, butter, mayonnaise, cream, dressing or other fats added to any of these foods greatly increase the calorie content. However, Miss Case adds:

At meal time, a medium sized potato, seasoned with one half tablespoon of butter contains 150 calories, but a single piece of apple pie means 305 calories and if eaten with half a cup of ice cream or one fourth cup of whipped cream, 200 more calories are added. A six ounce serving of ham contains 400 calories, and a wafer with two tablespoons of butter and one fourth cup of syrup on it contains 750 of these fat producing units.

The between meals nibbler gets 105 calories from three gundrops, 110 from 10 salted almonds, 100 from 1 1/2 cups unbuttered popcorn, 100 from two caramels, 250 from a plain chocolate bar, 195 from a one inch cube of fudge, 195 from a doughnut, 485 from a chicken sandwich and 350 to 500 from an ice cream sundae.

**GROWER MAY PAY NO HOG TAX**

Much misunderstanding and lack of information still exists among growers regarding their liability—or lack of it—for paying processing taxes on hogs slaughtered by themselves, reports Chas. W. Smith, emergency county agent leader and head of the educational campaign for the 1935 corn-hog program in Oregon. Reduced to their simplest form the rules might be stated as follows, he says:

The producer pays no tax when he slaughters hogs of his own raising and sells them dressed to commercial handlers. He pays no tax on slaughtering of his own hogs for consumption by his family or employees.

Dressed hogs or hog products sold by the grower direct to consumers are exempt up to 300 pounds. On all over 300 pounds the tax must be paid, and if total direct sales exceed 1000 pounds in any marketing year the exemption is forfeited even on the first 300 pounds. The marketing year started last November 5.

Written records must be kept to obtain exemption, and these must show date, number slaughtered, live weight, weight of product sold and names and addresses of customers and estimated weight of home used products. Tax returns are filed with the Collector of Internal Revenue at Portland in the month following the slaughtering.

Husband—Mary, here's a hair in the pie crust.

Wife—It looks like one of yours, Henry. It must have come off the rolling pin.

Mrs. Peck—Henry, did you ever have more money than you knew what to do with?  
Henry—I must have had or I never would have got married.

1st Hollywood Blonde—Are you going to Peggy's wedding?

2nd Ditto—Of course. You know very well I always go to Peggy's weddings. I've only missed three altogether.

**BRYBE CANYON CALLED MARVELOUS**

Brybe Canyon National park, 90 miles east of Cedar City, Utah is probably the most astonishing blend of exquisite beauty and gorgeous grandeur that the forces of erosion have produced. It is called a canyon but in reality it is a giant amphitheatre or basin approximately two miles wide, about three miles long and 1000 feet deep. Its rim is 8000 feet above sea level.

The softer parts of the high plateau have been etched away, leaving an endless array of towers, spires, statues, minarets, fortresses, pagodas, castles and cathedral standing in weird formation

—a ruined Oriental city overgrown by gorgeous color.

Newcomers are asked to close their eyes and led by the guide, to wait until they are brought directly to the rim. The sudden view is indescribable. One easterner tried. He took his hands from his face, blinked, rubbed his eyes looked again and then announced to the world at large: "It's a lie—there ain't no such place."

The longer you look at Bryce the more you find. People have spent days gazing at it, and still have found new combinations of color. A bright watermelon pink predominates, with alternate streaks of deep yellows and white, together with tones of red, orange buff and purple. The play of sunlight and shadow upon the huge iridescent bowl of lace and filigree work in stone constantly changes the colors and seems to give animation to realistic images.

Near the rim of Bryce is the attractive Union Pacific Lodge Center and in the pines nearby are cozy guest cottages.

**DOMESTIC WHEAT CONDITION BAD**

Further deterioration of the winter wheat belt where crops are in poor condition with many bare fields. In eastern sections of South Dakota, Nebraska, Kansas, Oklahoma and Texas, wheat made fairly good progress with weather generally favorable. Warm weather favored growing in the south-eastern states and in the Pacific northwest Spring wheat seedlings started in eastern South Dakota where warm weather and helpful rains favored plowing and discing. Prospects in Europe were reported mostly favorable although some winter damage was reported from southern Russia, Romania and Italy. Harvesting in India made good progress with weather favorable and prospects of a good crop.

Smaller wheat supplies in the southern hemisphere this season

with the movement of substantial quantities to the Orient. have been a strengthening influence in the general wheat situation. Stock of wheat in the southern hemisphere at the first of April were nearly 100,000,000 bushels under the Argentine wheat crop at 238,000,000 bushels, compared with 286,000,000 bushels last year. Carryover stocks were relatively heavy and totaled about 15,434,000 against 7,323,000 bushels in 1934. Allowing for the usual domestic requirements and for exports January through March, only about 108,000,000 bushels remained for export or carryover at the first of April, compared with 148,000,000 bushels at the corresponding date last year. Total supplies in Australia including the record carryover of about 35,000,000 bushels were placed at 170,000,000 bushels at the beginning of the season. Allowing for export through March and normal sea-

son domestic requirements, only a little over 81,000,000 bushels remained for export or carryover in Australia at the first of April compared with about 133,000,000 bushels on hand a year ago. Southern hemisphere shipments during the current week totaled about 7,824,000 bushels, including 268,000 from Argentina destined to the United States.

**WHEAT**

(Continued from page one)

Extension officials point out that the privilege of shifting acreage between two years is already held by growers in the summer-fall low regions of Oregon, while in the western Oregon diversified section it is considered too late to plant spring wheat for satisfactory results.

March 1 estimates on spring wheat planting showed intentions to plant to be below that of the small acreage planted in 1934, al-

though this estimate was made before the restrictions were modified. The hard spring wheat areas of eastern Montana, the Dakotas and Minnesota may reap considerable advantage from the new rules, it is believed.

Though the United States as a whole is guarding against over production of corn, Oregon farmers might well increase their acreage to the profit of themselves and livestock and poultry owners who must now ship in large quantities annually, says D. C. Smith of the farm crops department at the state college.

Corn as a grain crop is one of the few general crops in which a substantial increase in acreage in Oregon is justified, he says. It supplies a needed cultivated crop for weed control and requires little expensive machinery when added to the cropping system.

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