

### News from the Wasco Community

Proud mothers, a few of the fathers and guests attended the Christmas program of the kindergarten class being conducted by Mrs. Orville Yocum, Thursday morning. Sixteen children took part in recitations, drills and songs, interspersed by songs and a reading. Marion Crews and Patricia Yocum duet, Mrs. Watkins, solo. Mrs. Lloyd Herington reading, and after the program Santa Claus appeared bringing their goodies.

Mr. and Mrs. Frank Knox and daughters spent Christmas day at the home of her parents Mr. and Mrs. Byers in The Dalles.

Mrs. Louis Scholl visited her daughter Mrs. Kneppel of The Dalles for several days last week.

Mrs. Anna Lee and her sister Mrs. Minnie McMillan were called to Lewiston, Idaho, by the passing on of her brother in law. Mr. John Henrichs. Mr. and Mrs. Art Smith accompanied them. They returned home Friday evening.

Miss Vivian Trounce is spending the Christmas holidays at the home of Mrs. Thomas Whitcomb of Portland.

Students home for the holidays include Miss Mary Jeanette Sargent, from Willamette, Winnifred Fortner, from Pacific; Delmar Smith, Oregon State; Wm. McKinney, Willamette; Max Williams and Kenneth Walker, Linfield; Joy White, Modesto, California; and Augusta Huckin from Whitman, Washington.

Mrs. Frank Knox was hostess to the Mary Elizabeth Sunday school class Wednesday afternoon. Mrs. Hills read a paper, and also Mrs. H. D. Proudfoot on "Jesus and his religious experience." The hostess served refreshments assisted by Mrs. A. M. Hicks.

Mrs. Wilma Sheets house guests on Christmas day included her par-

mas season.

Mrs. E. Gloria Rickards and son Billy are at home in Portland.

Ray Critchfield has gone to his home in Kelso, Washington, to spend his vacation.

Miss Louise Carvel is at home in Portland this week.

Mr. and Mrs. Floyd Root spent the holidays at the home of Mrs. Root's parents, Mr. and Mrs. Rueppel in Portland.

Mr. and Mrs. Frank Morrow motored to Salem to be on time for the Christmas festivities at the home of their daughter, Mr. and Mrs. James Laidlaw and family.

Mr. and Mrs. Free Crews were listed among the Christmas guests at the home of their son and wife, Mr. and Mrs. E. Crews in Portland.

Wesley Phagley returned to his home areside, to enjoy Christmas with his family.

Bill Reid returned home from San Francisco. Mrs. Reid from Yakima, Mr. Reid being at home to welcome them.

Mr. and Mrs. A. D. Striker and daughter Betty visited at Cornell, Wn., guests of their daughter, Mrs. Ben Klingsworth.

Mrs. B. E. Halley was the guest of her father, Henry Ford of Portland on Christmas day.

A surprise birthday party was given for Mrs. Louis Walsh Tuesday evening whose friends greeted her with a handkerchief shower. Those attending were Mr. and Mrs. Afton McIntyre, Mr. and Mrs. L. P. Haven; Mr. and Mrs. K. W. McCafferty, and Mr. and Mrs. B. W. Guy.

Mr. and Mrs. Orville Yocum and Patricia were on time Tuesday to spend the day at the home of Mr. Yocum's grandmother, Mrs. Olive Hussey of Portland.

Mr. and Mrs. Linden Lucas and daughter Ann were over from Condon, accompanied by Mrs. Eva Doane.

Mr. and Mrs. R. T. Dingle and family motored to Spokane to be on hand for Christmas dinner and to spend the week visiting.

The Circle lodge gave a Penochle party at Fraternity hall Tuesday evening. Mrs. M. L. Halse held high score at cards, and Bob McDonald had high score for the men. Mrs. Belle Clothier left by stage for Castle Rock to spend Christmas day with her mother Mrs. L. J. Mosier.

Wayne Bartrom is enjoying the company of his parents. They are all visiting at home together in Portland until Wayne returns to the home of his aunt, Mrs. Elizabeth Fuller.

To keep it in good order. To get enough of the root substances that serve those purposes we draw upon at least five classes of foods: milk for one, vegetables and fruit for another, bread and cereals for third; meat, fish, eggs or cheese; and finally, fats and sugars. Because there is little danger of our neglecting bread or meat, nutritionists advise us to make sure first of all of the "protective foods"—milk, vegetables and fruits, and when you can afford them, eggs also. These foods will give you good value in minerals and vitamins and proteins—will "protect your diet," as they say. But they will leave you short in calories and wanting such mainstays as bread and meat and potatoes—which you then should add to make up your calorie quota.

A family food guide to low cost balanced diets recommended by the Bureau of Home Economics, U. S. Department of Agriculture, is as follows:

Every meal—Milk for children, bread for all.

Every day—Cereal in porridge or pudding—potatoes—tomatoes (or orange) for children. A green or yellow vegetable, milk for all.

Two to four times a week—Tomatoes for all. Dried beans and peas or peanuts. Eggs (especially for children). Lean meats, fish or poultry or cheese.

seedings will be in the neighborhood of 18 percent. This, together with the condition of the crop, suggests an outlook of about 475,000,000 bushels for the 1935 crop. Early reports from Europe suggest maintenance of an acreage near recent relatively high levels, with reduction in some countries largely offset by increases in others. Russia has increased winter wheat acreage moderately over that of last season, with seeding completed earlier than a year ago. Inadequate moisture supplies, particularly in the Punjab Provinces, indicate a decrease in the Indian wheat acreage compared with last season. The Indian acreage sown for the 1934 crop however, was the largest on record, with the exception of that in '18. Seeding in North Africa is still in progress, with preliminary reports indicating that a full acreage will be sown.

plaintiff, for want thereof, will apply to the court for the relief as prayed for in plaintiff's complaint, namely, for a judgment for the unpaid balance of a certain note in the principal sum of \$5000.00, dated the 18th day of July, 1930, made, executed and delivered by George G. DeMoss, Aurelia DeMoss and Henry S. DeMoss to the plaintiff herein, with interest, advances, attorney fees and costs, and to foreclose that certain mortgage given to secure said note, which said mortgage is of record in Book "T" of Mortgages at Page 220, records of Sherman County, Oregon, and covers the following described real property situated in Sherman County, State of Oregon, to-wit:

The Southwest Quarter and the East Half of the Southeast Quarter of Section Thirty-four, Township One North, the East Half of the Northwest Quarter, the Northeast Quarter of the Southwest Quarter, and the Northeast Quarter of Section Three, Township One South; the Northwest Quarter of the Northwest Quarter of Section Two, Township One South all Range Seventeen, E. W. M. containing in all 577 acres, reserving from said mortgage a one acre tract on said premises used for a cemetery, all in Sherman County, Oregon,

"Judge" explained the arrested motorist, "I tried to warn the woman, but my horn wouldn't work."

"Then why didn't you slow down instead of running over the woman?" inquired the Judge.

A light seemed to dawn on the motorist and he said: "That's one on me. I never thought of that."

The hotel clerk was growing impatient, as the prospect took so long to read the names on the register. "Just sign on that line, please," said the clerk.

The prospect was indignant and retorted: "Young man, I'm too old a hand to sign anything without readin' it."

Bill—Would you object to a husband who smoked in the house?  
Betty—Yes. But I intend to keep quiet about it until I get one.

Dear Hazel—Your face always looks so pink and rosy. How do you get it that way?

Dear Fred—To give my face a good color I got me a rouge and a rabbit's foot. I buried them two miles out of town and I walk out and back once a day to see if they are still there.—Forest Log.

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR SHERMAN COUNTY.  
State Land Board of the State of Oregon, Plaintiff.

Aurelia DeMoss, a widow; Elbert T. Demoss and Maybelle DeMoss, husband and wife; Henry S. DeMoss, a single man; and Sherman County, a municipal corporation; Harry B. Pinkerton; the unknown heirs of George G. DeMoss, deceased; also all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in the complaint herein, defendants.

SUMMONS  
To the unknown heirs of George G. DeMoss, deceased, and also all other persons or parties unknown claiming any right, title, estate, lien or interest in the real estate described in plaintiff's complaint on file in the above entitled cause, and as in this summons described. Defendants:

IN THE NAME OF THE STATE OF OREGON, You, and each of you, are hereby required to appear and answer the complaint filed against you in the above entitled court and cause within four weeks of the date of the first publication of this summons as hereinafter stated, and if you fail to answer said complaint, or otherwise appear or plead in this cause.

### ANNUAL MEETING

(Continued from page one)

dit administration system, with particular attention to the production credit division.

University of Oregon, Eugene. (Special) The next goal of adult education in the United States should be a two fold program of training of parents in relation to their own children, it was declared here by Dr. C. V. Boyer, president of the University of Oregon, in an interview. Dr. Boyer, long an advocate of adult education, has closely studied this work not only in this country but abroad.

The program Dr. Boyer has in mind includes: first, classes for parents in elementary school subjects and those taught in high schools, so that parents denied education in their youth can keep up with their children, and second, classes that will actually instruct the parents in taking care of the child and aiding him in developing in learning, training and character.

### Winter Wheat Makes Favorable Progress

The domestic Winter Wheat crop made generally favorable progress during the week, except in western Kansas, eastern Oklahoma and adjoining sections of other states where moisture is still deficient. From present indications the crop to be harvested in 1935 will be about 70,000,000 bushels larger than that harvested in 1934. The condition of winter wheat on December 31, was reported at 77.8 percent of normal, compared with 74.3 percent on the same date in 1933 and the ten year average December 1 condition of 82.4 percent. A total of 44,806,000 acres of winter wheat was seeded last fall, compared with 41,850,000 acres seeded in the fall of 1933. Based upon past relationship, it appears that the abandonment of the 1934

### SWISS PRESIDENT



Rodolphe Minger, reorganizer of the Swiss army, who was named president of the Swiss Confederation for 1935 by the federal assembly.

### WASCOMARKET

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### THE SHERMAN COOPERATIVE

Wasco, Oregon GRAIN GROWERS

Centennial Silk Sifted Family Flour all hard wheat \$8.40 bb.  
Centennial Gold Drop Choicest Patent \$7.40 "  
V.C. Family Flour all hard wheat \$8.00 "  
Princess Family Patent \$7.60 "

Special Price on 2 bbl. or more  
Orders taken for SEED Oats and Barley  
Safety Deposit Boxes for Rent

**HI-WAYS TO HEALTH**  
by ADA R. MAYNE  
**OREGON DAIRY COUNCIL**

A New Year's resolution is always in order after the rush of Christmas is over. A good New Year's resolution could be made about foods, especially in their selection. Better standards of living, including better health for the world in general, depends largely upon a better selection of food as well as better incomes with which to buy.

To be fair to ourselves, we need to know and to keep in mind certain principles of diet. To satisfy the needs of the human body we need foods to build the structure, to give it warmth and energy and

# Every Week

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## Consistent Advertisers

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During 1935, even greater opportunities will be at hand for advertisers.

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