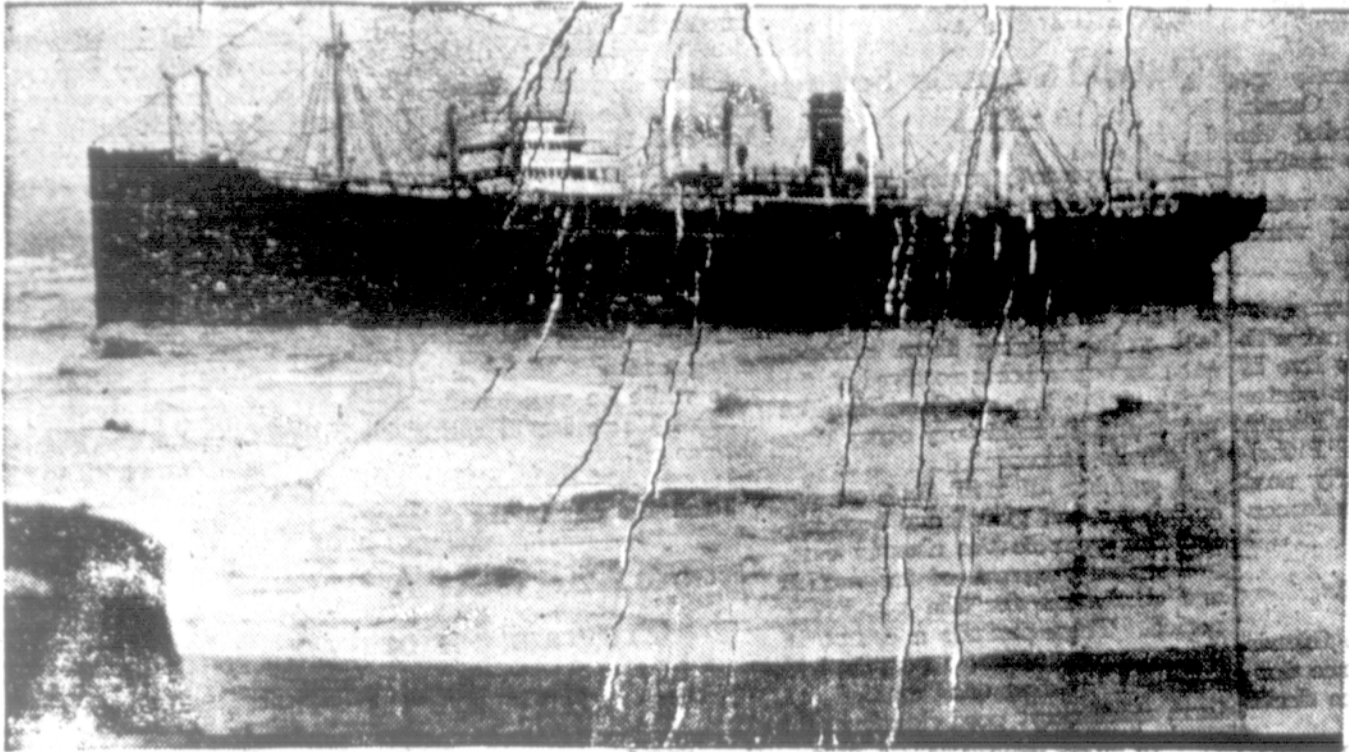


### Freighter Ashore on California Coast



The Chinese freighter Tai Yin ran aground on Point Reyes, Calif., while trying to make port with 12 passengers and a crew of 43.

### Wheat Crops Reduced By Dry Weather

North American wheat crops suffered greatly from heat and drought during the week. Prospects for winter wheat in the United States at the first of June indicated a crop only about 70,000,000 bushels above the short 1933 harvest, according to trade estimates. The condition of spring wheat was unusually low with tendencies forecasting a crop about 50,000,000 bushels below last season's small output. Hot, dry weather has prevailed almost continuously in the main spring wheat belt since early in April and moisture has been insufficient for germination in many sections.

Spring wheat in the Canadian Prairie Provinces was seeded earlier than usual but the dry, hot weather which prevailed during April and May has more than offset the advantage of early seeding and completely dissipated any gains from the heavier winter precipitation. The official Canadian report indicates that an extremely early crop situation, although early generous rains might materially improve crop prospects. Crops on summerfallow are standing up fairly well and are able to resist adverse weather better than other seedings. About 1,900,000 acres more land was summerfallowed for the 1934 crop than in the previous year.

Conditions in Europe are the most unfavorable in recent years. The Agricultural Commissioner at Berlin reports crops in Eastern Germany, the western two thirds of Czechoslovakia and northern Austria, 25 to 30 percent below the average of the past three years. About 20 per cent of the winter wheat area appears a total failure with grain ripening prematurely and heads poorly filled. Spring grains in these areas are reported badly burned with fully one-fourth of the fields completely yellow or brown. The Danubian states have also suffered severely from drought which prevailed from the latter part of March through early May. A preliminary estimate of the output in these countries is 100,000,000 bu. under that of a year ago. Conditions in Europe are bordering the Mediterranean are only fairly satisfactory, with marked reductions from the large harvests of recent years in prospect. Available estimates for the principal wheat producing countries in Europe suggest that European harvest outside of Russia may be 200,000,000 to 250,000,000 bushels under that of last season. Little definite information is available as to the situation in Russia but trade and official advice indicate considerable drought damage.

### PRICE STORY (Continued from page one)

near Murray Springs. And several years later a skeleton was found near Gordon Butte that was supposed to be one of these that were lost.

### Immunity To Disease Not Uncommon

It is a common observation that some persons when exposed to disease contract and develop the infection, while others do not. This freedom from disease is known as resistance. Resistance to disease may depend upon inheritance, race, age or sex. The fact that man is constantly in contact with infectious organisms indicates that he normally uses a defective mechanism of considerable efficiency. True, out nature bacteria are abundant and they are present sufficiently constant in the bodies of healthy animals and man to be regarded as a normal condition. The fact that the colon bacillus is present in the intestines of man and animals from the first few hours after birth has been interpreted by some as physiologically beneficial. In addition to this, perfectly normal

individuals may on occasion harbor organisms of many varieties which are capable of causing disease. However, in order to cause disease the organism must invade the tissues of the body.

The power of protection is spoken of as resistance and the condition developed by this power as immunity. Immunity may be acquired by an attack of certain diseases. Man does not ordinarily contract smallpox, typhoid fever, scarlet fever, measles or mumps a second time. Artificial immunity is produced by vaccination or inoculation of devitalized bacteria or toxin. In order to protect susceptible persons from diphtheria, smallpox, typhoid fever and scarlet fever, they are artificially immunized against the disease to which they are susceptible. Healthful condition of the body tissues and fluids render the protective mechanism of the body more effective. This type of resistance may not always protect from disease, because at times an organism will be so virulent that the protective forces of the body are broken through.

The claims that certain food products will increase the body resistance are not always founded on scientific investigations. The public has been led to believe that by eating certain foods they will be able to keep well and not suffer untoward effects from infections, fatigue, wet or cold, or loss of sleep. The tissues of a healthy body are physiologically sound and function efficiently, and there is a normal production of internal secretions or hormones

and a normal power to produce immunity. Such a healthy human body forms a maximum amount of resistance to infection.

Any influence, however, disturbing the functioning metabolism or structure of the body may lower its resistance. A sufficient lowering of the resistance will have its effect on health. Slight but insidious changes may continue for a long time before signs of ill-health appear. Scientific as well as common experience shows that adequate nutrition is necessary to maintain good health. Water, mineral, protein, carbohydrates, vitamins and roughage are needed in adequate kinds and amount. Exercise, rest, hygienic habits, and sanitary surroundings are also needed to maintain good health. In addition to this, there are undoubtedly other intangible and undefined necessities. But there is no evidence at hand to show that the use of any particular diet will develop a super-resistance to disease. The public should always take this into consideration when reading the advertisements in regard to the so-called resistance-building foods.

In The Circuit Court of the State of Oregon for Sherman County.

### SUMMONS

Levi Chrisman, Plaintiff, vs Bernard Nys and Agnes Nys, husband and wife, George W. Edwards and Mary A. Edwards, husband and wife, Thomas Silverthorn and Jane Doe Silverthorn, husband and wife. Defendants.

## HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

With June comes many inspirations for entertaining the young bride to be and what is more delightful than entertaining with the proverbial bride's gift shower. The gift problem is often a puzzling one. A most acceptable gift for any prospective bride is a recipe file, compiled by her friends and consisting of their favorite dishes. Preparing meals for two is always a problem, not only in actual food preparation but also in marketing. The quantity of staple groceries to buy, the size of cans and packages, the size of cooking utensils are all problems to be worked out before foresight in meal planning can be accomplished.

Individual taste for foods must be considered too. There seems to be proof in the saying that men's appetites are different from women's. For instance, men are likely to drink more milk than women drink, which is so much better for the men. Women should drink more milk (as milk is recognized as our most important food for maintaining health and is not a fattening food.) But women usually eat more salads than men, which is so much better for the women, especially when the salads are made of fresh fruits or vegetables.

All of these problems can be made easier if thought is put into the recipes and suggestions that go into the recipe file for the young bride.

A recipe that will tempt the appetites of young newly-weds is: Molded Fish With Shrimp Sauce

One cup cold left over fish  
Two eggs  
One tsp. lemon juice  
Salt and pepper  
One-half tsp. grated onion  
One-half cup cream

Shred the fish and pound with a potato masher or a wooden spoon until smooth. Add one unbeaten egg and pound again until paste-like, then the other egg and the seasoning. Add the cream or milk and stir until smooth. Turn the mixture into a well buttered small casserole. Set casserole into a

pan of hot water and bake in moderate oven (350-F) until knife inserted in the center comes out clean. Baking should not require longer than 25 minutes. Unmold and serve with shrimp sauce.

### Shrimp Sauce

Two tablespoons butter  
Two tablespoons flour  
One-half tsp. salt  
Dash pepper  
One cup milk

One-half lb. fresh shrimps  
Prepare a white sauce of the butter, flour, salt, pepper, and milk. Stir constantly while cooking to keep smooth. Add the anchovy sauce, if it is at hand, and the shrimps. Heat and serve.

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To George W. Edwards and Mary A. Edwards, husband and wife, Thomas Silverthorn and Jane Doe Silverthorn, husband and wife;

IN THE NAME OF THE STATE OF OREGON, You are hereby required to appear and answer the Complaint filed against you by Plaintiff in the above entitled court and cause within four weeks after the 8th day of June, 1934, said date being the date of the first publication of this summons, and if you fail so to appear and answer, you will be in default and want thereof, and the Plaintiff herein will apply to the above entitled court for the relief prayed for and demanded in its Complaint, filed herein, to-wit:

For a judgment and decree against defendant Bernard Nys and Agnes Nys, husband and wife, and each of them for the sum of \$1600.00 with interest thereon from the first day of March, 1933, at the rate of 10 per cent per annum; and for the further sum of \$200.00 attorney's fee in this suit and for Plaintiff's costs and disbursements; and that the mortgage described in Plaintiff's Complaint be foreclosed and the defendants and all persons claiming by, through or under them, be forever barred and foreclosed of all right, title, interest or equity, save the statutory right of redemption in and to said real property covered by said mortgage and more particularly described as follows:

The South half of the North half and the Northeast quarter of the Southeast quarter of Section Twenty, and the East half of the Northwest quarter and the Southwest quarter of the Northwest quarter of Section Twenty-one in Township Four, South of Range Fifteen, East of the Willamette Meridian, in Sherman County, Oregon.

The Southeast quarter of the Northeast quarter and the Northeast quarter of the Southeast quarter of Section Nineteen; the North half of the Southwest quarter, the Northwest quarter of the Southeast quarter of Section Twenty and the Northwest quarter of the Southwest quarter and the Northwest quarter of the Northeast quarter of Section Twenty-one in Township 4, R. 15, E. W. M. in Sherman County, Oregon.

You will take notice that this summons is served upon you by publication thereof by order of Hon. Carl Hendricks, Judge of the Circuit Court in and for Sherman County, Oregon, entered herein on the 29th day of May, 1934, and by said order directing this summons to be published in

the Sherman County Journal, a weekly newspaper published at More, Sherman County, Oregon, for once a week for a period of not less than four consecutive weeks and for five issues of said newspaper.

Date of first publication June 8, 1934.  
CIRCLD CHWISMAN  
Attorney for Plaintiff  
Wasco, Oregon.  
Date of last publication July 6, 1934.

## Wasco

Mrs. Ed McKee and Mr. F. S. Lombert entertained a number of friends last Thursday at the McKee home with a 4 o'clock luncheon followed by bridge and Mrs. Burgess and Mrs. Morrow won the prize. Miss Bruce Gandy was also presented a gift.

Mr. and Mrs. Everett Watkins spent last Saturday and Sunday in Portland visiting relatives.

Mrs. Mary Jeanette Sargent, Winifred Porter and Naomi Gandy were confined to their home last week with measles.

Mr. and Mrs. Harry Proudfoot and Mr. and Mrs. Hugh Walker spent several days in Spokane last week on business.

Miss Elma Profit of Prosser is spending several days at the Fred Porter home.

The Contract Club met on Wednesday with Mrs. Bruce Gandy.

The Pythian Sisters will have an entertainment on June 14.

Harry Proudfoot transacted business in Hood River on Monday.

The Ladies Aid of the M. E. church met on Thursday at the home of Mrs. E. O. Scott.

Mrs. Arthur McLaughlin and children of Salem are at the home of her parents due to illness of Mr. Gollmer.

Mrs. Jack Henderson of Portland visited last week with Mrs. Andy Shearer and Mrs. Ross Hilderbrand.

Georgia Bell McPherson of The Dalles spent last week end with her parents.

Joe Brooks spent last Monday in The Dalles.

Bill Clothier had the misfortune to tear his finger quite badly on a nail the first of the week.

Mrs. Homer Wall spent several days last week at Reed with Mr. Wall.

Chas. Gollmer who is ill in The Dalles hospital is reported some improved.

Mr. and Mrs. Louis Scholl spent

several days in Portland last week with relatives.

Mr. and Mrs. Vernon Van Gilder, Mrs. Arthur Sargent and Mrs. Jeanette spent Wednesday in Portland.

Mr. and Mrs. Robert Reed and daughter of Sacramento visited at the home of Mrs. Eliza Dingle last week. They were on their way home from Couer de lane, Idaho, where they visited Mrs. Reed's father.

Mr. and Mrs. Clarence Harrison and Mrs. Sipe of Portland and Mrs. Gretchen Miller of Salt Lake City were visitors last Saturday and Sunday at the Robert Evans home.

Miss Eva Tuel of Yakima is here visiting her mother.

The Bible class of the Christian church held their class party last Saturday at the home of Mrs. Eliza Dingle. A nice program was given and refreshments were served during the social hour. Twenty three ladies were present.

Mr. and Mrs. Manning and James left last Friday for McMinn-

ville to spend the summer.

Mr. and Mrs. B. A. Grady and LaVerne spent Tuesday at the Grady home.

Mrs. Ormand Hilderbrand entertained 3 tables of the Junior bridge club at her home last Friday and Mrs. Tuel won club prize, Mrs. George Wilde guest prize and Mrs. Louis Walsh the draw prize.

Mrs. Kenneth Woods was called to Portland last week due to the death of her mother.

Mr. and Mrs. Elfin Ross of Beaver were visiting at Wasco last Wednesday.

Mr. and Mrs. John Royce and Lloyd and Mr. and Mrs. Otis Royce spent the week end in Portland.

Mrs. Ormand Hilderbrand and Mrs. Chester Medler entertained the Junior bridge club and their husbands last Saturday night. Mr. and Mrs. Bernis Guy won club prize and Mr. and Mrs. Ross Hilderbrand the guest prize.

Mrs. Harry Proudfoot shopped in The Dalles on Wednesday.

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