

**OREGON STATE NEWS
ITEMS OF INTEREST**

**Brief Resume of Happenings
of the Week Collected for
Our Readers**

Astoria—Astoria merchants have agreed to underwrite the state convention of the American Legion, to be held there next August, to the extent of \$5000.

Bend—Ed Winkler, an attorney of Bend, has been elected president of the Deschutes County Young Democratic League. He is now serving as secretary of the league.

Astoria—Conditions at the Warrenton city jail are intolerable, according to the findings of the Clatsop county grand jury. The jail is said to be in an unsanitary condition.

Astoria—Ralph Coleman, physical education instructor at Oregon State college, has been selected as referee for all games of the district basketball tournament to be held at Astoria, March 8 to 10.

Seaside—A census of Seaside, taken by the local chamber of commerce, shows that the city has a population of 2234. It was hoped to find a population of 2500, the amount required for a 24-hour CWA week.

Pendleton—Approximately \$400,000 of the \$465,000 in wheat allotment checks for Umatilla county has been given out, according to Roy Elmer, treasurer of the committee in charge of distribution of the checks.

Halfway—Baby beef projects have been started at Halfway, Baker county, by the vocational department of the Pine Valley union high school. The purpose is to fatten 400 to 450-pound calves to 900 or 950 pounds.

Salem—The Marion County court has applied to the secretary of state for the use of the hall of representatives and the senate chamber at the state capitol for holding sessions while the county courthouse is being remodeled.

Hood River—James Van Nuys, better known as "Ned", has made his last round as mail carrier for the Parkdale district in Hood River county. After 30 years' service he has been placed on the retired list and given a pension.

Nyssa—Pomona grange of Malheur has voted to work for a Malheur county co-operative cannery as one of the agricultural projects during the coming year. Other projects approved for the coming year are home beautification and roadside beautification.

Pendleton—When Umatilla county farmers received their wheat acreage reduction checks from the government last week, the sheriff's office was made busy receipting for tax payments. Umatilla county farmers will receive approximately \$600,000 from the government.

Pendleton—Major O. L. Babcock, superintendent of the Umatilla Indian reservation, has been instructed to report on the possibility of purchase of marginal wheat lands on the reservation, with a view of restoring the lands to grazing. From 8000 to 10,000 acres are involved.

Wild Berries in Bloom
Rockaway—Wild strawberries are in bloom along the west slopes of the sandy ridges. Another spring note not so nice for the fishermen—the mosquitoes are out—and hungry.

City's Assets Show Surplus
Pendleton—The city of Pendleton has a surplus of assets over liabilities in the amount of \$1,102,614.37, according to the balance of the general ledger completed this week by the city recorder, Charles Burnett.

Logging to Be Resumed
Silverton—Preparations to resume logging operations shortly in their holdings southeast of Silverton are underway by Silver Falls Timber company. If the present spring weather holds an advance crew will go into the woods next week and additional men will follow ten days later. Logging camps have been down for the past two months.

Oregon Banana Farms Proposed
Crescent Lake—Geese, a robin and budding willows, with a snow flurry last week made local residents diggy over the weather. It is supposed that occasional snow storms do not mean serious depth of snow this late in the season. However, as much as a foot has fallen in March. Some ranchers are threatening to begin pineapple culture, or at least banana raising, if the mild climate holds. William Delbrugge, famed rifle shot and local rancher, says it is worth living here 20 years just to see a winter like this.

Birds Dying in Flocks
Rockaway—A large number of phalaropes, gulls, shags, ducks and the murrees are dying along the beach daily. Heavy oil, probably from passing ships, is the cause. The birds' wings are black and plastered down with the oil. Stroking the back of a helpless murre was like stroking an oil-soaked rag. They struggle vainly to raise their wings from the sand, stagger and fall exhausted with death their only release from misery.

HI-WAYS TO HEALTH
by ADA R. MAYNE
OREGON DAIRY COUNCIL

Build Better Health With Butter
Every homemaker is interested in the health and nutritional welfare of her family. How to feed her family economically and still promote the growth and the health is a problem that is of vital interest to her.

The distinctive, appetizing flavor of butter has long been recognized and in more recent years, we are learning more and more of the superior nutritive value of butter.

Butterfat is the most practical, palatable and dependable source of Vitamin A—that vitamin which contributes to excellent general health and vigor, of both children and adults. A surplus of this vitamin not only builds up a health reserve, but is active in aiding to build resistance to body infections.

For adults, the Vitamin A content in four tablespoons of butter in the daily diet is a protective amount. It was found that this quantity prevented the people in certain foreign countries during the World War from contracting eye diseases caused by a deficiency of this vitamin.

The amount of Vitamin A desirable in the daily diet is that which promotes health and vigor, not merely just enough to protect from disease, but enough to build a health reserve. It is logical, then, to use butter as the chief source of Vitamin A and to enrich the diet with other sources, such as whole milk, cheese, eggs and green vegetables.

Children need generous amounts of Vitamin A for the best growth and when a liberal amount is consumed, the general health of children, as adults, is improved.

Vitamin D is also present in butterfat. Vitamin D acts as an adjuster in depositing the minerals, calcium and phosphorus, in the bony tissues of the body, thus making for strong bones and teeth. When this vitamin is lacking, these minerals are improperly deposited and poor bone structure results. This condition, which is rather common to children, is known as "rickets."

With this knowledge of the nutritional value of butter, it is seen as a health food and because it is the most economical way to provide these dietary essentials, butter should be used generously, not only as a spread for butter, but in preparation of other foods. Gingerbread may be made by the following recipe is delicious because of the butter that is in it.

- One half cup butter
- One half cup sugar
- One cup molasses
- One half cup sweet milk
- Two eggs
- Two cups flour
- One level teaspoon soda
- One tablespoon pulverized ginger
- One teaspoon allspice
- One teaspoon butter with sugar, add molasses, sweet milk, eggs beaten lightly, flour, soda, ginger and allspice. Bake in loaf pan; serve with whipped cream.

Wasco

Mrs. Kenneth McKafferty entertained the Junior bridge club and guests at her home last Wednesday. There were four tables and Mrs. McCulloch won club prize and Mrs. Afton McIntyre took the draw prize.

Mr. and Mrs. Afton McIntyre were visitors in The Dalles Wednesday and attended the show.

Mrs. J. T. Johnson entertained the Contract club and guests at her home Thursday where 4 tables of ladies played bridge and Mrs. Bruce Grady won club prize, Mrs. Bernis Guy the guest prize and Mrs. F. S. Lam-born consolation prize.

Mr. Ernest Medler who has spent the winter at Boardman returned to

WASCO MARKET
RED & WHITE STORE
Groceries—Meats—Fresh Fruits and Vegetables in Season
Your Patronage Solicited

R. H. McKean
Mrs. B. E. Hailey, Asst. Mgr.
Retailers of
Crown Mills FLOUR
GRAIN, FEED, INSURANCE
Mitchel, Lewis & Staver Co.
Farm Implements

Wasco Oregon

Snow Maid Flour
\$6.25 per bbl.
High Grade Family Patent Flour

Bran \$15.00
Mill Run \$15.00
Shorts \$17.00

SALT-half ground \$16.50

See us for lowest prices on Copper Carbonate Grain Bags, Chick Feeds and Rollep Wheat

Wheat Bought and Sold
DEAL with YOUR LOCAL
Sherman Cooperative Grain Growers
WASCO, OREGON

Wasco Monday and will remain for some time.

Henry Richelderfer returned from California Friday where he has spent the winter.

The Tuesday afternoon study club was postponed on account of the death of Mrs. Medler.

Mr. and Mrs. Art Barzee entertained Saturday night the occasion being their wedding anniversary. There were five tables of bridge and high scores were made by Mrs. Bob McPherson and Howard Heinz and low scores by Mrs. Roy Belashee and Bob McPherson.

Mr. and Mrs. Arthur Sargent accompanied by Mary Jeanette, Mrs. A. M. Hicks, Miss Brown and Mary Thomas were week end visitors in Portland where the young people attended the Girl Reserve meeting held in that place Friday and Saturday.

Mr. and Mrs. Wallace and son and Miss Ann Rieger all of Vancouver were guests at the Afton McIntyre home last week end.

Mr. and Mrs. Bruce Grady and Naomi spent the week end in Portland with their two sons Nyal and Ed.

Mr. and Mrs. Everett Watkins and Hazel were in Hood River Monday on business.

Miss Fernie Wilde entertained a number of guests at bridge Friday afternoon and high scores were made by Mrs. Chas. Everett and Mrs. J. A. Butler second.

The Neighbors of Woodcraft gave a benefit dance at the lodge hall last Thursday which was a success in all ways.

Mr. and Mrs. Otis Royce and Mr. and Mrs. Bernis Guy were visitors in Dufur Sunday at the D. S. Young home.

Pat Sisco of Redmond was in Wasco visiting relatives the first of the week.

Mr. Bowers of the Farmers National Grain Co. was a business visitor at Wasco Tuesday.

Mr. and Mrs. Claud Eaton, LeRoy Belashee and Sarah Stalcup entertained Sunday in honor of Mr. and Mrs. Elwood McPherson. There were three tables of 500 and high scores were made by Audrey Eaton and Elwood McPherson and low by Mrs. Bob McPherson and Claud Eaton.

Mr. King and Mr. Ford auditors of the Farmers National ware house Corporation were in Wasco the fore part of the week.

Melvin Walsh returned to McMinnville Sunday to continue his school.

The Pythian Sisters had a Washington birthday party Thursday night at the lodge hall and it was well attended.

The Wasco Women's Study Club held their 25th anniversary of the club at the home of Mrs. Ed McKee on Friday.

Miss Vivian Trounce returned last Sunday from the hospital and is recovering from her recent illness.

The Tillicum bridge club met Thursday at the home of Mrs. Tracy Fields.

Miss Margaret McKee entertained the Saturday night dinner club Tuesday in honor of the 33rd wedding anniversary of her father and mother. Three tables of guests played bridge and high scores were made by Mrs. Hugh White and Hugh Walker. The house was decorated with lovely cut flowers which were gifts to Mr. and Mrs. McKee.

The Mary Elizabeth class of the M. E. church had their class party Wednesday at the home of Mrs. W. H. Lee. The program was a George Washington affair.

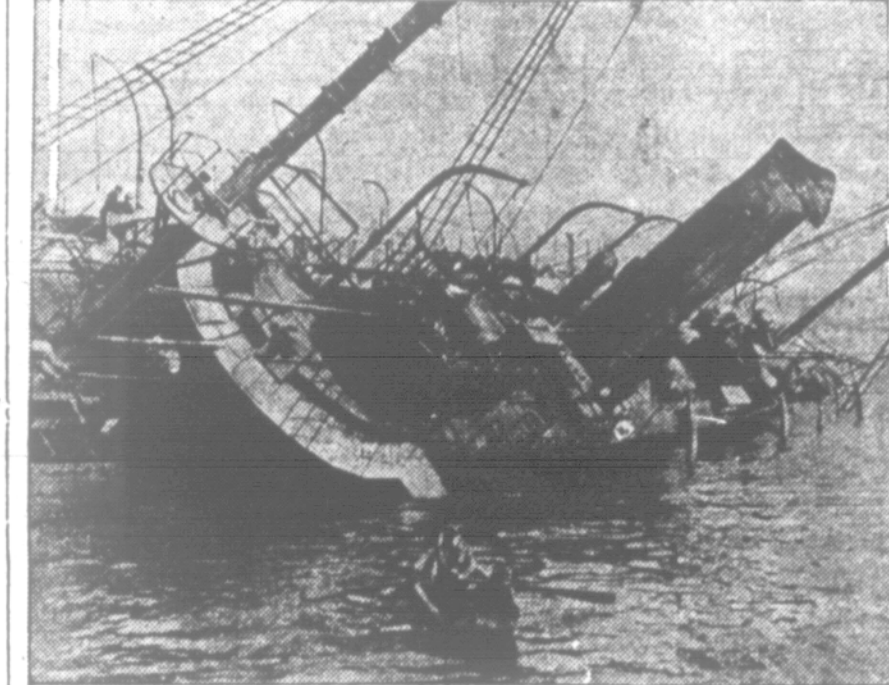
Homer S. Wall, CWA Engineer stationed at Bend, spent the week end with his family in Wasco.

Guests at the home of Mr. and Mrs. Earl Richelderfer over the week end were Mrs. Beth Aebtscher and son Dan of Sherwood, Oregon.

John McClure, accompanied by Mrs. John Winter of Portland, and his two children, motored to Portland Friday.

An eight-pound son was born to Mr. and Mrs. Kenneth Stewart of Rufus, at the home of Mrs. Stewart's parents, Mr. and Mrs. Clyde Hearing.

Former Gould Yacht Is Burned



The 270-foot yacht Niagara shown at its Philadelphia pier after it had been swept by flames and foundered with a heavy list. The yacht, formerly owned by Helen Gould of New York, was turned over to the government at the outbreak of the war and used as a submarine chaser.

in Wasco. The new arrival has been named Clyde Frederick.

Walter Hilderbrand of Sunnyside, Washington, visited briefly with relatives in this vicinity Friday.

Miss Norma Feldman left Sunday for Portland and Longview, Washington, where she will visit for the next week with friends.

The basket ball team of the Wasco Firemen journeyed to Arlington Monday where they played the Arlington town team.

Mrs. A. B. Ridell returned to Wasco last week end from Yakima valley where she visited for several weeks.

Mrs. Jessie Amos returned to her home in Wasco Tuesday after having spent the winter months with her sister, Mrs. E. O. McCoy, in The Dalles. Mr. and Mrs. McCoy motored to Wasco with her and visited for the afternoon.

The D. T. bridge club entertained at the home of Miss Margaret McKee Saturday evening. Mr. Roscoe Krier and Mr. Sam Van Vactor of The Dalles were out of town guests for the evening. High score for the women was won by Miss Norma Feldman, and high for the men by Bob McDonald.

Doc: "You must avoid all forms of excitement."
George: "But Doc, can't I even look at 'em on the street?"

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Appius Claudius' Cousin

"Hoo Ray! I foun' (hic) a haffa dollar."

"E Pluribus Unum."
"Yeah, it's yours."

Horses in Demand

Again in Country

Horses are now coming back so fast in the favor of farmers that every colt saved and reared this year will mean real money ahead for the owner. That being the case, any system of management that will cut down losses of foals from close to 60 per cent to less than 16 would seem to be highly valuable just now.

Such a system is announced by B. W. Rodenwald, in charge of horse breeding at Oregon State college, and Dr. B. T. Simms, head of the veterinary department there. They have announced results of their studies into the control of colter in foals by feeding iodine during the last half of the pregnancy of the mare.

For years the animal husbandry department at the college experienced severe losses in colts, just as are reported by many breeders. Over one period of years out of 40 colts that were born only 18 were raised to maturity. About half died within a few days and the deaths were attributed to navel trouble, general weakness and other difficulties.

Careful examination convinced those in charge that many of these colts were suffering from thyroid trouble as the result of a weakened condition due to faulty nutrition before birth.

Experiments were conducted with feeding potassium iodide in five grain doses to the mares, but without effect. Then the dose was increased to 15 grains a week to each mare during the last half of the gestation period, and the result was immediate. Out of 19 foals born under such conditions, 16 were raised, and only one of the remainder had any indication of goiter.

Since then the practice of feeding iodine to mares has been continued at the college and practically all of the trouble with weak colts has disappeared. The word was passed on to other experiment stations in "goiterous areas" where subsequent work has confirmed results obtained in Oregon.

The OSC specialists say there is undoubtedly a difference in the amount of iodine required in different parts of the state, as well of the United States, and breeders might well consult the experiment station before feeding iodine, as it might produce disastrous results if not fed with caution.

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

Information About the County, Schools, Roads and Crops, News About the People You Know

SHERMAN COUNTY JOURNAL