

Million Drug Addicts in U. S.

Nation Leads World in Illicit "Dope" Traffic
Report to Government Shows

The special narcotic committee appointed by former Secretary of the Treasury McAdoo to investigate the drug traffic in the United States has completed its report and presented it to Secretary of the Treasury Glass.

The report is of a most sensational character. It shows the United States as the largest consumer of drugs in the world, with more than a million addicts, and more than \$61,000,000 spent annually by drug users to satisfy the habit.

It also shows a national organization of "dope peddlers," who carry on a lucrative trade in drugs smuggled from Canada, Mexico and along the Atlantic and Pacific coasts.

Although the peace conference has already taken action to protect China from the spread of the opium habit, the report shows the United States to exceed China and lead the entire world in the consumption of opium. Our annual consumption of opium is so extensive as to be able to furnish 33 grains of opium yearly to every man, woman and child in the country.

The committee's table for the per capita consumption by the United States and foreign countries is a grim story in itself. The table follows:

Country—	Population.	Opium total annual consumption, per capita, lbs.	Consumption, per capita, grains.
United States	100,000,000	470,000	33
Holland	6,000,000	3,000	3½
France	40,000,000	17,000	3
Portugal	5,500,000	2,000	2
Germany	60,000,000	17,000	2
Italy	33,000,000	6,000	1½
Austria	40,000,000	3,000-4,000	1½-3-5

Ninety per cent of the drugs consumed in this country are used for other than medicinal purposes, and opium comes in this category, according to the report.

The traffic is increasing by leaps and bounds. Practically all of the larger cities report increase, and one estimate of the nation's number of addicts included in the report is 4,000,000 persons. The committee's figure of 1,000,000 is thereby shown to be conservative. One-quarter of these 1,000,000 drug users, or 250,000, are unemployed. In this respect alone the traffic caused the country an annual loss in wages of more than \$150,000,000.

It is estimated that 237,655 persons are receiving treatment in an effort to loosen the hold drugs have on them. The strides the peril is taking, though, are shown by the estimate that 18,299,397 narcotic prescriptions were filled in the last year.

One of the most painful features of the report is that depicting the native-born American as leading in the consumption of drugs.

SPORTING WORLD

Big Jim Vaughn Has Tackled Pirates Twenty-Eight Times—Won Twenty-Three Games

Jim Vaughn, the Cubs' big pitcher, wishes that all other National league clubs were as easy for him as are the Pirates. The great southpaw has faced the Pirates 28 times in his six campaigns in the senior major league circuit and has won 23 of these games. He joined the Cubs in the fall of 1913, but did not work in a game against the Pirates that year.



Jim Vaughn.

In 1914 he turned the Smoky city outfit back five times in six starts, and in 1915 won three out of four against the Pittsburgh crew. In 1916 he was charged with losing two games to the Pirates, though he entered both of these games in the closing innings, going to the relief of a team mate. He beat them five times in a row in 1917 and five times out of six in 1918, and came out on the long end of a meeting with the Pirates in the opening game of the present season.

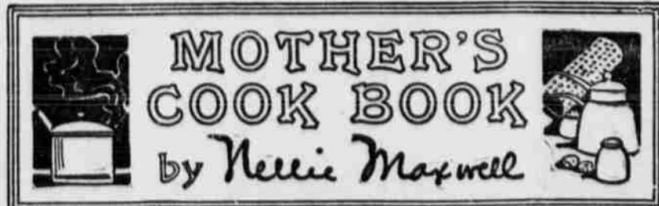
Seven of the 23 victories Vaughn has hung up at the expense of the Pirates have been shut-outs, and he allowed them an average of only six hits per game.

Delve Into New Work if You Would Make Advance

Everyone should have in hand some definite line of hard work, of original research, of advance effort, distinct entirely from his routine duties. Only thus can he grow. If you are studying Latin, read something not in the course. All over the country there is a cry for men to fill the chairs of colleges and universities, and they cannot be found. Why? Because men are satisfied to do merely the work of the day, and do not persist in fresh work, making investigations, looking into the new.—William R. Harper.

Weak Excuses.

We break many a promise to ourselves with excuses so weak that we would be ashamed to offer them to another.



The poppy blazes in the sunshine, the grain fields are ripening into golden splendor, and the butterflies and humming birds seemed to have gathered the gorgeousness of nature's loveliest hues and imprisoned them within their folded wings.

Fruit and Nut Sandwiches.

Put through the meat chopper a quarter of a pound of almonds with half a pound of chopped figs with a cupful of pecan meats, mixing them while grinding so that they will be well blended. Pack the mixture into round baking powder cans, pressing it in firmly. When wanted dip in hot water to loosen and cut in very thin slices with a sharp knife. Place between rounds of buttered bread.

Potato Sandwiches.

Mash four good-sized boiled potatoes, add a teaspoonful of salt, four tablespoonfuls of thick cream and the yolks of four hard-cooked eggs rubbed to a paste, a dash of cayenne and two tablespoonfuls of olive oil; mix well, and when a smooth paste is formed spread on slices of brown bread. Garnish the top with cress or lettuce.

HENHOUSE HINTS

Your poultry houses should be well ventilated in summer. Every glass door should be left open night and day or removed until cold weather. It will require only a few minutes to do this and it will contribute much toward the comfort and best welfare of your hens, writes D. J. Lambert, Rhode Island station. During warm weather it does not matter which side of the house is open. It would be better if all sides were out. There is no danger from draft during August and September.

Growing chicks will grow best when they can roost where there are clean perches and only a roof over their heads. With this simple arrangement there will be less danger from crowding and mites. These mites or spider lice multiply very rapidly when the roosts are neglected. You will find them under the perches and in cracks and crevices of the adjoining woodwork. They crawl out of their hiding places at night and suck their fill of blood from the birds on the roosts. You can often detect them by a very disagreeable odor which they throw off.

In order to get rid of them, the house must be opened up to the air, brushed and cleaned out thoroughly from ceiling to floor and then sprayed with a solution of cresote oil and water and then with whitewash, so as to know every part of the house has been covered. If a dirt floor, five or six inches of the top must be removed to make a complete job of housecleaning. Those who keep poultry, and neglect to keep them clean and comfortable cannot expect them to be profitable.

A MYSTERY

The river hemmed with living trees
Wound through its meadows green;
A low blue line of mountains showed
The open pines between.

One sharp, tall peak above them all
Clear into sunlight sprang;
I saw the river of my dreams
The mountains that I sang!

No clue of memory led me on
But well the ways I knew;
A feeling of familiar things
With every footstep grew.

Not otherwise above its crag
Could lean the blasted pine;
Not otherwise the maple hold
Aloft its red ensign.

So up the long and shorn foothills
The mountain road should creep;
So, green and low, the meadow fold
Its red-haired kine asleep.

The river wound as it should wind,
Their place the mountains took;
The white torn fringes of their clouds
Wore no unwonted look.

Yet ne'er before that river's rim
Was pressed by feet of mine,
Never before mine eyes had crossed
That broken mountain line.

A presence, strange at once and known,
Walked with me as my guide;
The skirts of some forgotten life
Trailed noiseless at my side.

Was it a dim remembered dream?
Or glimpse through neons old?
The secret which the mountains kept
The river never told.

But from the vision ere it passed
A tender hope I drew,
And, pleasant as a dawn of spring,
The thought within me grew.

That love would temper every change,
And soften all surprise,
And, misty with the dreams of earth,
The hills of heaven arise. —Whittier.

Picnic Sandwiches.

Take French rolls, cut off the top of each and then with a spoon scoop out all the crumb, leaving the shell with a small opening at the top. Mix together four chopped olives, one pickle, a teaspoonful of capers and one large green pepper, chopped fine. Add three tablespoonfuls of finely chopped boiled tongue and mix with the white meat of a chicken chopped fine. Moisten with mayonnaise dressing and fill the roll; replace the top and arrange in a sandwich basket, serving at once. The filling may be added the last minute so that the shells will not become soaked.

Some Summer Sandwiches.

Sandwiches are a most popular form of food which will be served freely during the warm weather. The following may be suggestive:

Lettuce and Cucumber Sandwich.

Butter thin slices of white bread, then cover with a slice of cucumber and a bit of lettuce with salad dressing.

WRIGLEY'S

Folks sure do like this



No Wonder!

It's as toothsome as the name implies—long-lasting, refreshing. There are three delicious WRIGLEY flavors to choose from.



Sealed Tight Kept Right.

The Flavor Lasts

MURINE Rests, Refreshes, Soothes, Heals—Keep your Eyes Strong and Healthy. If they Tired, Smart, Itch, or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Safe for Infant or Adult. At all Drugists. Write for Free Eye Book. Murine Eye Remedy Company, Chicago, U. S. A.

SALTS FINE FOR ACHING KIDNEYS

We eat too much meat which clogs Kidneys, then the Back hurts.

Most folks forget that the kidneys, like the bowels, get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and is harmless to flush clogged kidneys and stimulate them to normal activity. It also neutralizes the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts is harmless; inexpensive; makes a delightful effervescent lithia-water drink which everybody should take now and then to keep their kidneys clean, thus avoiding serious complications.

A well-known local druggist says he sells lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It is wonderful sometimes what Cuticura will do for poor complexions, dandruff, itching and red rough hands.—Adv.

The Fly and the Flea.

A fly and a flea in a flue were imprisoned. Said the fly: "Let us flee." Said the flea: "Let us fly." So they flew through a flaw in the flue.

Soldiers Soothe Skin Troubles with Cuticura
Soap, Ointment, Talcum P. each. Samples of "Cuticura," Dept. E. Boston.

ALLEN'S FOOT-EASE DOES IT.
When your shoes pinch or your Corns and Bunions ache, get Allen's Foot-Ease, the antiseptic powder to be shaken into shoes and sprinkled in the foot-bath. Gives instant relief to Tired, Aching, Tender Feet. Sample FREE. Address Allen S. Olmsted, LeRoy, New York.

Daily Thought.

There is no better ballast for keeping the mind steady on its keel and saving it from all risk of creakiness than business.—Lowell.

"BEST MEDICINE FOR WOMEN"

What Lydia E. Pinkham's Vegetable Compound Did For Ohio Woman.

Portsmouth, Ohio.—"I suffered from irregularities, pains in my side and was so weak at times I could hardly get around to do my work, and as I had four in my family and three boarders it made it very hard for me. Lydia E. Pinkham's Vegetable Compound was recommended to me. I took it and it has restored my health. It is certainly the best medicine for woman's ailments I ever saw."—Mrs. SARA SHAW, R. No. 1, Portsmouth, Ohio.



Mrs. Shaw proved the merit of this medicine and wrote this letter in order that other suffering women may find relief as she did.

Women who are suffering as she was should not drag along from day to day without giving this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice in regard to such ailments write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its forty years experience is at your service.