

## VELVET FOR GIRLS

Material Makes Handsome Dress for Little Misses.

Simplicity Is a Good Rule to Follow in Development of Garments for Children.

Black velvet or a good quality of velveteen makes a very handsome dress for a little girl of six to twelve years. Simplicity is a good rule to follow in the development of all garments for children. It is especially important when a rich, heavy material such as velvet, velveteen or velours is chosen. The design shown in the sketch is an excellent one. It is so simple that the average home dressmaker can make



**Black Velvet Frock for Small Girl.** her own pattern. The dress is a modified Russian blouse, waist and skirt being gathered in simply at back and sides, while the front shows a wide box plait or panel. The dress buttons at the left front, and a narrow belt of kid or patent leather gives a smart touch to the frock.

Neck and sleeves are finished with a frill of fine white organdie or georgette. The cap is of velvet, trimmed in ermine.

### FOR AN EFFECTIVE TRIMMING

Embellishment Easily Produced, Affording Charming Decoration for Collars, Cuffs or Skirt.

An effective mode of trimming frocks of organdie or other sheer cotton or linen fabrics is by means of what is known as double work, and this is something that can be accomplished at home as well as by the professional dressmaker. The effect is produced by turning back the material or applying it over the body of the frock in a simple design and then joining it by a line of hemstitching of fancy stitchery and cutting it close along this line, thus producing the design in the double thickness of the material.

It is an effective way to finish collars and cuffs, and a charming skirt trimming can be produced by turning up the hem in a Wall of Troy or other design and stitching it back along that line.

### BLOUSE FOR EVENING WEAR

New Garment That Extends in Skirt or Apron Section Over Skirt a Decided Advantage.

No one needs to be told the woman of fashion does not consider a separate skirt and blouse a suitable mode of dress for evening. In fact, usually to speak of a separate waist as suitable for evening wear is enough to indicate one's ignorance of matters of fashion. But the fact remains that a lot of women do depend on just this sort of dress combination for most if not all of their evening wear. It has decided advantages in the way of economy. Moreover, it is possible by wearing a light, attractive blouse with a more substantial skirt to have the advantage that one always does in wearing something light and fluffy and freshly cleaned, whereas it would be quite impossible from the point of view of expense always to have a freshly cleaned and fluffy evening gown.

The new blouses that extend in a skirt or apron section over the skirt are a decided advantage when it comes

## Through the Looking-Glass

By EVELYN NESBIT

Have you ever seen a chicken fly? Or a waddling duck look longingly into the sky and try her wings?

Try as they may, they cannot reach the clouds. They cannot do what every saucy sparrow and every black crow can do.

All of which goes to prove that if you are a chicken don't try to be a sparrow. And if you are a duck, don't try to be a crow. A chicken cannot even be a duck. The chicken has this fact brought forcibly to mind every time it tries to swim.

It is good to have ambitions, but nature has imposed certain limitations on every human being. You cannot have Mary Jones' nose, no matter how much you despise your own button of a nose. You console yourself with the fact that Mary Jones could not have your beautiful curls and your sweet disposition if she angled after them for a century.

It is waste of time for a woman to long to be a sparrow if she is a duck. Let her make the most of her duck-like qualities, and she will beat the sparrow anyway.

Be as ambitious as you can be. Ambition is the axle grease that makes the world go round. But misdirected ambition is like pride—it "goeth before a fall." It fills the world with grumpy, discontented fools, who do not realize how well off they are.

### A BEAUTIFUL FROCK FOR THE AFTERNOON



This is a dainty afternoon frock of gray chiffon with chenille striped satin of same shade used as banding.

to evening wear. For they give to the separate skirt and waist the appearance or at least the advantage of a one-piece frock. These blouses are best when chosen in color to go with the skirt with which they are to be worn. The lightness can be contributed by a fresh, filmy collar or neck frill. For instance, if you have a skirt of dark green, get a blouse to wear with it of georgette or georgette and taffeta of the same color. It may be trimmed with embroidery of some harmonizing or contrasting color or with beads. These blouses that extend below the waistline are usually loosely belted in with a narrow belt. Some of them are belted in only at the sides, the back and front being left free in a floating panel.

Net blouses in white or cream always are effective when worn in the evening and even when worn with a dark skirt they are attractive. Perhaps they are a little more suitable for evening when combined with a light cloth or silk skirt.

A finished poet is one who gets discouraged and goes to work.

## APRIL HOUSECLEANING REAL FAMILY AFFAIR

Tongue-Active Members Should Be Put to Work.

Labor-Saving Devices and Cheerful Cooperation Will Give House New Lease on Life in Homes.

(Prepared by Oregon Agricultural College)

Spring housecleaning, by means of modern labor-saving devices and cooperation of the whole family, may bring much better living conditions without undue fatigue, fuss and friction, declares Miss Emma S. Weld, instructor in house administration. It takes careful planning and a willing and cheerful spirit to transform this so-called menial task into a labor of love, and Miss Weld suggests the plans and procedures as follows:

"The very thought of spring housecleaning to the average housekeeper—not to mention the rest of the family whose participation is often limited to voluble criticism of the 'terribly upset' house—is a bugbear. On the other hand some ultra modern theorists would relegate annual cleaning to the dark ages, along with its former concomitants—heavy tacked down carpets, feather beds, and stuffy parlors.

"The modern homemaker of today, though equipped with labor saving devices and responsible for only a moderate sized house, finds it both necessary and desirable when spring days lure into the sunshine to refresh and refurbish her habitation. This despite the fact that she may have been far from neglectful during the fall and winter months.

"What then are her weapons, and what is the sanest method of procedure whereby worth while results may be accomplished without the cyclonic disturbance and utter weariness which so often characterize the conventional housecleaning?

"In the first place there seems to be a great temptation to do two or three days' work in one. Since the scarcity of labor, or money, often makes hired help unobtainable even for special occasions, it is doubly important that all tasks be so planned as to avoid overwork. The old idea that the numerous and often arduous duties of housecleaning can and must be accomplished with whirlwind speed, is stuff and nonsense! In most instances a room a day is all that should be attempted.

"The main tasks can easily be classified—window cleaning one day, special laundering and dry cleaning another, and the out of door airing and sunning of everything from furs and heavy clothing to draperies and rugs, a third. 'Better faded carpets than faded lives!'

"A vacuum cleaner is almost indispensable. Rent if you do not own one. One thrifty woman paid for hers in two seasons by renting it at 25 cents a half day. If you can't get a cleaner take special care to avoid dust.

"Dustless sweeping and dusting are within the reach of all. Damp sawdust or tea leaves, or finely torn moistened newspapers used with a slightly damp broom will freshen a faded rug, while a bit of cheese cloth wrung out of kerosene and hot water, and left to dry is as good a duster as can be purchased. Cedar oil is excellent for dustmops.

"Every member of the family should cooperate in the cleaning and renovating that gives the house a new lease on life. No woman should attempt to move heavy rugs and furniture without help. The preparation of meals and the care of little children might well be shifted to another's hands while this extra work is taxing her time and strength."

### Fertilizers Tried on Berry Plants.

Tests in the use of commercial fertilizers for cane fruits have been made on two plots of raspberry plants belonging to Oren Stratton, of Brownsville, under the direction of Prof. C. I. Lewis, horticulturist at the state college. Nitrate of soda was applied to one lot and ammonium sulfate to another. Exact records of production on these plots will be made by Mr. Stratton at picking time, and compared with yields from like plots untreated. These trials interest a large number of growers.

## MORRIS BROTHERS, Inc.

The Premier Municipal Bond House  
MORRIS BUILDING, 309-311 Stark St.  
Government and Municipal Bonds  
PORTLAND, ORE.  
Phone Bdwy, 2151.  
Established Over Twenty-Five Years

# WRIGLEY'S

## The Flavor Lasts!

Always the best buy for the price

The greatest five-cents worth of beneficial refreshment possible to get.

Sealed Tight—Kept Right



The Flavor Lasts



### More Than Figure of Speech.

New Jersey reports the scientific discovery that insanity is sometimes traceable to unsound teeth. "Going crazy with the toothache" may turn out to be more than a figure of speech after all.—Norfolk Virginian-Pilot.

**Cuticura Comforts Baby's Skin**  
When red, rough and itching with hot baths of Cuticura Soap and touches of Cuticura Ointment. Also make use now and then of that exquisitely scented dusting powder, Cuticura Talcum, one of the indispensable Cuticura Toilet Trio.—Adv.

### The Only Way.

"I understand you began life as a newsboy?" said a friend to a "captain of industry." "No," replied the millionaire; "some one has been making a fool of you. I began life as an infant."

### Hurrah! How's This

Cincinnati authority says corns dry up and lift out with fingers.

Ouch ! ! ! ! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called freezone when applied to a tender, aching corn or hardened callous stops soreness at once, and soon the corn or callous dries up and lifts right off without pain.

He says freezone dries immediately and never inflames or even irritates the surrounding skin. A small bottle of freezone will cost very little at any drug store, but will positively remove every hard or soft corn or callous from one's feet. Millions of America's women will welcome this announcement since the inauguration of the high heels. If your druggist doesn't have freezone tell him to order a small bottle for you.—Adv.

P. N. U. No. 17, 1919

## HOW TO AVOID BACKACHE AND NERVOUSNESS

Told by Mrs. Lynch From Own Experience.

Providence, R. I.—"I was all run down in health, was nervous, had headaches, my back ached all the time. I was tired and had no ambition for anything. I had taken a number of medicines which did me no good. One day I read about Lydia E. Pinkham's Vegetable Compound and what it had done for women, so I tried it. My nervousness and backache and



headaches disappeared. I gained in weight and feel fine, so I can honestly recommend Lydia E. Pinkham's Vegetable Compound to any woman who is suffering as I was."—Mrs. ADELINE B. LYNCH, 100 Plain St., Providence, R. I. Backache and nervousness are symptoms or nature's warnings, which indicate a functional disturbance or an unhealthy condition which often develops into a more serious ailment.

Women in this condition should not continue to drag along without help, but profit by Mrs. Lynch's experience, and try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound—and for special advice write to Lydia E. Pinkham Med. Co., Lynn, Mass.

### Nope, They Won't Do.

Said the facetious feller: "Young married people are fond of calling each other pet names, but who ever heard 'em use Fido and Tabby?"

### Uncle Eben.

"De truth ain't allus easy to git at," said Uncle Eben. "A man kin sometimes say sumpin' in half a minute dat he can't explain in five years."