

COST OF WORLD WAR 179 BILLIONS

Official Estimate Made Public at Washington Based on Data in Hands of Federal Reserve Board, Secretary of the Treasury and Bulletins of Swiss Society of Banks.

Exclusive of expenditures by Belgium, Portugal, Roumania, Austria-Hungary and Bulgaria, the total cost of the European war was fixed at \$179,000,000,000 in an official estimate made public at Washington and based on data in the hands of the federal reserve board, the secretary of the treasury and the bulletins of the Swiss Society of Banks. The table was compiled on estimated expenditures to January 31, 1919.

Total expenditures of the allies and the United States were fixed at \$119,581,000,000, exclusive of the loans themselves, which totaled \$18,375,000,000.

The individual expenditures of the nations were given as follows:

Great Britain, \$37,100,000,000; France, \$27,000,000,000; United States, \$18,481,000,000; Italy, \$10,000,000,000; Serbia, \$8,000,000,000; Japan and Greece, \$1,000,000,000.

The loans made by these powers and included in the individual expenditures, although not added to the total as a separate item, were as follows:

Great Britain, \$8,500,000,000; France, \$2,000,000,000; United States, \$7,875,000,000.

The total expenditures of Germany were given as \$36,500,000,000, and of Turkey \$23,000,000,000, making an aggregate of \$59,500,000,000 for these two members of the Germanic alliance.

War Boosted Our Wealth

America's Greatest Danger Now Is Pride, a Writer Says

Uncle Sam has become the world's greatest captain of industry. Here are the figures, according to a writer in Omaha News:

We have 6 per cent of the world's population.

We own 7 per cent of the world's land.

But we produce 70 per cent of the world's copper.

We produce 66 per cent of the world's oil.

We raise 60 per cent of all cotton raised.

We produce 33 per cent of the world's silver.

We mine 40 per cent of iron ores and 20 per cent of the world's gold.

We manufacture 85 per cent of all motorcars manufactured, and operate 40 per cent of the world's railroads.

We grow 25 per cent of the world's wheat.

Before the war England was, on the surface, the richest nation in the world. At that time the United States owed \$4,000,000,000 to Europe.

Now Europe owes the United States \$10,000,000,000.

In two years we shall have passed England as a shipbuilder.

All we have to do to go to the wall is to become a junker nation, with no other than material ambitions. He whom the gods would destroy they first make mad.

But let's not do that. Let's be sensible and decent and thankful that we are so fortunately situated. And let's try to make the best use of our combined wealth so that everybody will be prosperous and educated and comfortable and happy.

Telescope in California Is Largest in the World

Another largest thing of its kind in the world, the great telescope that has been 12 years in the making, has been set up at the top of Mount Wilson in California. Its mirror required a glass disk 100 inches in diameter, 13 inches thick and 4½ tons in weight. The dome that protects it and the machinery that enables it to follow the stars demanded the building of a new road and the construction of a special kind of motortruck to get them up the mountain. Although this latest astronomical apparatus weighs 400 tons, it moves without vibration or sound by finger pressure on a button. But what would perhaps even more astonish, for instance, the ancient Chaldeans is that it will do its work chiefly by taking photographs.—Christian Science Monitor.

WITH THE SAGES

A high intellect is a gift from God—a pure heart his dwelling place.—Ruskin.

Thoroughness is one of the priceless qualities of character and work.

Every man is a volume if you know how to read him.—Dickens.

Custom is the plague of wise men and the idol of fools.—Novallis.

Let him who would move the world first move himself.—Socrates.

Old Codger—I often kissed you when you were a baby.

Miss Bute—I couldn't help myself then.

Old Codger—I could, and did.

Smallest Bird Is American; 400 Species of Hummers; Only in Western Hemisphere

The smallest and most brilliantly colored of all feathered creatures are the humming birds, and of the 400 species none is to be found elsewhere than in this western hemisphere, notes a writer in the Arkansas Gazette.

The largest of these birds are no more than eight and a half inches and the smallest about two and three-eighths in length. Of these the largest are never seen far north and the smallest rarely. The ruby-throated humming bird, called by Audubon "a glittering fragment of the rainbow," breeds from the far southern states as far north as Labrador and winters from southern Florida to Central America, remaining with us from May to October. Its length is about three and one-quarter inches. The upper plumage is metallic green, the male having a ruby red gorget, a white collar on the throat and a deeply forked tail of brownish violet. The female is of plainer colorings. The eggs, never more than two, are white and about as large as peas.

It is a popular mistake that humming birds feed only on the honey in flowers. They really for the most part feed on insects, gathered with their barbed and sticky tongues from flowers and leaves. They are, notwithstanding their diminutive size, very pugnacious and will attack birds much larger than themselves, so that the English sparrow, with all his vaunted courage, dare not intrude on their nests.

TO A FLOCK OF GEES

Ye wild, free troopers of the skies
That ride in wedged ranks the blue
And unmarked roads of Paradise.
Who else but God had tutored you
That wind beset and tempest form,
To buffet you with mighty sledge,
Ye still sweep onward through the storm
With that unbroken wedge?

Thrill me again, ye serried host,
With that shrill challenge which defies
The strength of whatsoever post
Is set to guard the bending skies
Against such rangers as ye are
That dare with swift and rhythmic
wings
The night unlighted of a star
To guide God's feathered things.

Ye are the joy of being wild,
The sign and symbol of a blest
Estate so sweet and undefiled
It breathes its spirit undistressed
Adown the heights to which have soared
Since Eden was our deepest sigh—
Thrill me again, ye clamant birds,
With your wind-ringing cries.
—Clark McAdams.

Muscular Effort Is Cause of Nearsightedness, Notes an Authority on Subject

It is generally agreed that myopia, or nearsightedness, is an acquired defect resulting from the elongation of the eyeball, but its causation has not yet been determined, the evidence for the assumption that near work produces near sight being unsatisfactory. Dr. Eldridge Green, writing in the London Lancet, advances the theory that the primary and essential cause is an obstruction of the outflow of the lymph. The obstruction may be produced by severe muscular effort, e. g., by lifting heavy weights, when a feeling of tension is always felt in the eyes, which appear, in extreme cases, to be starting from the head. This is more especially the cause of progressive myopia among warehouse boys, porters and others whose work involves excessive effort, while with those engaged in sedentary occupations the form of exercise taken may be responsible, e. g., wrestling, rowing, digging, and also coughing. Thus when signs of commencing myopia appear anything likely to increase the intraocular tension should be avoided. There is no need to avoid reading.

GOOD JOKES

A Poor Cooky Maker.
"So she had to let her cook go?"
"Yes."
"Incompetent?"
"Very. She made cookies so bad that even the children wouldn't help themselves to them."

Why, of Course Not.
"Sir," she rickled, in a voice that would make an icicle seem like a superheated mustard plaster. "I have never met you."
"Well, I know it," the fresh guy with the withered mustache bubbled blithely. "If you had do you suppose I'd be going to all this trouble to get acquainted."

Why He Likes Home.
"There's no place like home."
"That's right. There if you want to dip your toast into your coffee you can without causing any undue comment."

Little John's Wish.
John's mother objects to quarrelling and fighting among her children. One day some one described a friend's house as having such heavy partition walls that noise in one room could not be heard in an adjoining room. John said, "I wish our house was like that; then when mamma is in the sitting room and us kids in the dining room get a scrap started, we could fight in peace."

No Limit.
Old Codger—I often kissed you when you were a baby.
Miss Bute—I couldn't help myself then.
Old Codger—I could, and did.



Item for His Bookkeeper.
"Mr. Jibway is careful to give Mrs. Jibway credit for her part in his successful business career."
"Highly commendable."
"I don't know whether it is or not. He merely gives her credit for \$6,000 she had in the bank when he married her."

Not Up to Expectations.
Jane has often envied her small playmate who has a baby brother and she frequently expressed a wish for a wee brother, too. When her wish came true she was happily excited until she had seen him. Auntie noticed her disappointment and asked Jane if she was proud of the new baby. Wistfully the child answered: "I guess I is, but I think he is a size or so too small."

The Great Indoor and Outdoor Sport.
Griggs—Do you think that money is the root of all evil?
Briggs—I don't know about the evil part, but most of us have to root for it.

A Fresh Fish.
"Is that a new beau your daughter has been entertaining lately?" asked Dubbins.
"Oh, no," answered Scrubbins, "just an old one who has retained his original freshness."

Hardly an Ideal Citizen.
There is a story told of an ancient dandy in London who, taking, one sunny afternoon, his accustomed stroll down Bond street, met an acquaintance hurrying in the direction of Westminster. "Whither away so fast this hot day?" murmured the dandy. "To the house of commons," cried his strenuous friend, brushing past him. "What!" said the dandy, with a yawn, "does that go on still?"

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Keeping Cut Flowers.
Most kinds of cut flowers will keep for a long time if they are completely immersed in water. Place the blossoms in bowls of water every night, and take them out and rearrange them in the morning. The flowers will often appear as fresh as if they had been newly gathered.—Popular Mechanics Magazine.

Get the Habit of Drinking Hot Water Before Breakfast

Says we can't look or feel right with the system full of poisons.

Millions of folks bathe internally now instead of loading their system with drugs. "What's an inside bath?" you say. Well, it is guaranteed to perform miracles if you could believe these hot water enthusiasts.

There are vast numbers of men and women who, immediately upon arising in the morning, drink a glass of real hot water with a teaspoonful of limestone phosphate in it. This is a very excellent health measure. It is intended to flush the stomach, liver, kidneys and the thirty feet of intestines of the previous day's waste, sour bile and indigestible material left over in the body which if not eliminated every day, become food for the millions of bacteria which infest the bowels, the quick result is poisons and toxins which are then absorbed into the blood causing headache, bilious attacks, foul breath, bad taste, colds, stomach trouble, kidney misery, sleeplessness, impure blood and all sorts of ailments.

People who feel good one day and badly the next, but who simply can not get feeling right are urged to obtain a quarter pound of limestone phosphate at the drug store. This will cost very little but is sufficient to make anyone a real crank on the subject of internal sanitation.

Aim at the sun. You may not reach it, but your arrow will fly far higher than if you aim at an object on a level with yourself.—J. Hawes.

TO BREAK IN NEW SHOES ALWAYS USE
Allen's Foot-Ease, the antiseptic powder. It prevents tightness and blistering. Relieves Corns, Bunions, and Swollen, Sweating, Aching Feet. Gives rest and comfort. Accept no substitute. Sample FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

Father Ate It.
The proprietor of a Cleveland meat market sold a nickel's worth of dog meat to a small boy, and was told the next day by the boy that the meat was not good, and that his father couldn't eat it. The butcher is now wondering who eats the meat he sells for dogs.

COMB SAGE TEA INTO GRAY HAIR

Darkens Beautifully and Restores Its Natural Color and Lustre at Once.

Common garden sage brewed into a heavy tea, with sulphur and alcohol added, will turn gray, streaked and faded hair beautifully dark and luxuriant. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is to get the ready-to-use preparation improved by the addition of other ingredients, a large bottle, at little cost, at drug stores, known as "Wyeth's Sage and Sulphur Compound," thus avoiding a lot of fuss.

While gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wyeth's Sage and Sulphur Compound, no one can tell, because it does it so naturally, so evenly. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning all gray hairs have disappeared. After another application or two your hair becomes beautifully dark, glossy, soft and luxuriant and you appear years younger. Wyeth's Sage and Sulphur Compound is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.—Adv.

IF BACKACHY OR KIDNEYS BOTHER

Eat less meat, also take glass of Salts before eating breakfast.

Uric acid in meat excites the kidneys, they become overworked; get sluggish, ache, and feel like lumps of lead. The urine becomes cloudy; the bladder is irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys clog you must help them flush off the body's urinous waste or you'll be a real sick person shortly. At first you feel a dull misery in the kidney region, you suffer from backache, sick headache, dizziness, stomach gets sour, tongue coated and you feel rheumatic twinges when the weather is bad.

Eat less meat, drink lots of water; also get from any pharmacist four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean clogged kidneys and stimulate them to normal activity, also to neutralize the acids in urine, so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive, cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active. Druggists here say they sell lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.—Adv.

Singleness of Purpose.
"It may sound strange," said the boarding-house bachelor, "but a lot of men are convinced that the easiest way to win the battle of life is to fight it single-handed."

Cuticura for Pimply Faces.
To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. Once clear keep your skin clear by using them for daily toilet purposes. Don't fail to include Cuticura Talcum.—Adv.

Capable of Anything.
Almost everything has been laid to diseased teeth except murder; and one never can tell what might be the outcome of jumping toothache.—St. Louis Globe-Democrat.

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IN MISERY FOR YEARS

Mrs. Courtney Tells How She Was Cured by Lydia E. Pinkham's Vegetable Compound.

Oskaloosa, Iowa.—"For years I was simply in misery from a weakness and



awful pains—and nothing seemed to do me any good. A friend advised me to take Lydia E. Pinkham's Vegetable Compound. I did so and got relief right away. I can certainly recommend this valuable medicine to other women who suffer, for it has done such good

work for me and I know it will help others if they will give it a fair trial."

—Mrs. LIZZIE COURTNEY, 108 8th Ave., West, Oskaloosa, Iowa.

Why will women drag along from day to day, year in and year out, suffering such misery as did Mrs. Courtney, when such letters as this are continually being published? Every woman who suffers from displacements, irregularities, inflammation, ulceration, backache, nervousness, or who is passing through the Change of Life should give this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service.