## PORTHENND

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| ABBY WHITESIDE, Pianist |  |  |
|  |  |  |
|  | Grace Adams |  |

Edith I. Phillips, Optometrist and Optician
ORIENTAL CAFE
We Will Rent You an Auto City Garage

## TIRES

| COLUMBIA | Direct from the packer to your door, $10 c$ a pound. |
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| RIVER SMELTS |  |
| Single Frozen |  |

Wallpaper

AUTO The House of Parts and Accessories for Auto. Parts

rom Safe

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De Laval Separators Dixi, Gremery nad Chese Murs bium al

re You Getting all the Cream?

## Nome

MONROE \& CRISELL
St. Nitholas Cuferteria
JUST OUT Complete History America's War for Humanity
 every home must have one




## HOTEL ALDER




## AMERICAN FEED COMPANY



Wothen wito in
JAEGER BROS., (








 जु) MEET ME IN PORTLAND






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SAGE I IE DANOY
TO DRREE HAR

## Bring Back Color and

 Lustre to HairYou can turn gray, faded hair
beautifully dark and lustrous almost You can turn gray, faded hair
beautifully dark and lustrous almost
over night if youTl get a bottle of over night if yount get a bottle of
"Wyeth's Sage and sulphur Com-
pound" at any drug store. Millions

HAVE ROSY CHEEKS AND FEEL FRESH AS A DAISY-TRY THIS

Says glass of hot water with washes out polsons,

To see the tinge of healthy bloom
your face, to see your'skin get
learer and clearer, to ware up with
ut headache, backache, coated
sel your best, nasty breath, in fact to
iry inside-bathing every morning for
one week.
Before breakfast each day, drink a
glass of real hot water with a t teapno a
full of limestone phosphate in it as a
furmiess mestone phosphate in it as a
harmanhing from the
stomach, Her, kidneys and bowels
previous day's indigestible wa
sour bilie and toxings; thus cleansing,
sweetening and purifying the entire
alimentary canal before putting more
food Into the stomach. The actlon o
hot water and limestone phosphate on
an empty stomach is wonderfully in
an empty stomach is wonderfully in-
vigorating. It cleans out all the sour
fermentations, gases and acidity and

A quarter pound of limestone phow-
hate will cost very little at the drug
store but is surficlent te demonstrate
that. Those who are subject to con-
stipation, bllows attacks, accd stomach,
rheumatic twinges, also those whose
skin is saliow skin is saliow and complexion pallid,
that one week of inside-bathing will
have them both looking and feeling

There is linfe special grace requi-
site and manifest in watchful perseverance in little kindnesses and habit-
ual patience at home, in abstinence others, and in resistance to habits of
of sloth and undue self-indulgence in
private ufe than in the performance
of great public duties under the ob-
have you a swetheart
 Pine Leaf Paper. It has been estimated that if the
immense waste were eliminated, the dally output of the long-leat pine in-
dustry would be 4,000 tons of paper,
3,000 tons of rosin, 300,000 gallons of ethyl.
To Have a Clear Sweet Skin.
Touch pimples, redngss, roughness
or itching, if any, with Cuticura Ointor itching, if any, with Cutcura oin-
ment, then bathe with Cuticura soap
nod hot water. Rinse, dry gently and and hot water. Rinse, dry gently and
dust on a little Cuticura Talcum to leave a fascinating fragrance on sima
Everywhere 25 c each.-Adv.

Windmill Electricity.
Windmills are used to generate elec-
tricity in the Netherlands, where waerpower is scanty. The wind acting
through the windmill drives the generator, producing the electricity,

## IF KDNEVS ACT

 BAD TARE SALITSSays Backache is sign you have been eating to When you wake up with backache
and dull misery in the kidney region
it generally means you have been eatIng too much meat, says a well-known
authority. Meat forms uric actd whith
overworks the kldneys in their effort
YOUT ${ }_{\text {Eyes }}^{\text {Gralated Eyelids }}$


 cause it darkens the hair so naturally
and evenly that no one can tell it has been applied.
Those whose hair is turning gray or
becoming faded have a surprise awaitIng them, because after one or two
applications the gray halr vanishe
and your locks become luxurianty dark and beautiful.
This is the age of youth. Gray-hair around, so get busy with wyeth's Sab you'll be dellghted with your dark,
handsome hair and your youthful apThis preparation is a toilet requisite
and is not intended for the cure, mitt-
gation or prevent
Much Good in Kind Words.
Kind words do not cost much. The




Are You Satisfied? BEHNKEWALKER
 overworks the kidneys in their effort
to fitter it from the blood and they
beome sort of paralyed and loggy,
When your kidneys get sluggish and When your kudneys get sluggish and
clog you must relleve them, like you
relleve your bowels; removing all the
body's urinous waste, else you have body's urinous waste, else you have
backache, sick hoadache, dizzy spells;
your stomach sours tonge is coated,
ond when the weather is had you tave and when the weather is bad you have
rheumatic twinge. The urine is cloudy, full of sediment, channels of-
ten get sore, water scalds and you are
obliged to seek reliet two or three times during the night.
Either consult a good, relable physietan at once or get from your pharma-
cist about four ounces of Jad Salts:
ald take a tablespoontul in a glass of water
before brealfast for a few days and
your kidneys will then act fine. Thls
 dons to clean and stimulate sluggish
kidneys, also to neutrailize acelds in the
unine so it no lonker irritates, thus
 injure and makes a delifbtful, effer-
vescent lithia-water drink.

