

Eagle Valley News

Straight, Truthful, Direct

C. E. Thorp

Editor

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ADVICE TO "FLU" CONVALESCENTS

SPAIN AND ENGLAND REPORT INCREASE IN TUBERCULOSIS AFTER INFLUENZA EPIDEMIC.

U. S. Public Health Service Warns Public Against Tuberculosis. One Million Cases Tuberculosis in United States—Each a Source of Danger.

Influenza Convalescents Should Have Lungs Examined—Colds Which Hang On Offer Beginning of Tuberculosis. No Cause for Alarm if Tuberculosis is Recognized Early—Patent Medicines Not to Be Trusted.

- *****
- * Beware tuberculosis after influenza. No need to worry if you take precautions in time.
- * Don't diagnose your own condition. Have your doctor examine your lungs several times at monthly intervals. Build up your strength with right living, good food and plenty of fresh air.
- * Don't waste money on patent medicines advertised to cure tuberculosis.
- * Become a fresh-air crank and enjoy life.
- *****

Washington, D. C.—(Special.)—According to a report made to the United States Public Health Service, the epidemic of influenza in Spain has already caused an increase in the prevalence and deaths from pulmonary tuberculosis. A similar association between influenza and tuberculosis was recently made by Sir Arthur Newsholme, the chief medical officer of the English public health service, in his analysis of the tuberculosis death rate in England.

In order that the people of the United States may profit by the experience of other countries Surgeon General Rupert Blue of the United States Public Health Service has just issued a warning emphasizing the need of special precautions at the present time. "Experience seems to indicate," says the Surgeon General, "that persons whose resistance has been weakened by an attack of influenza are peculiarly susceptible to tuberculosis. With millions of its people recently affected with influenza this country now offers conditions favoring the spread of tuberculosis."

One Million Consumptives in the United States.

"Then you consider this a serious menace?" was asked. "In my opinion it is, though I hasten to add it is distinctly one against which the people can guard. So far as one can estimate there are at present about one million cases of tuberculosis in the United States. There is unfortunately no complete census available to show exactly the number of tuberculosis persons in each state despite the fact that most of the states have made the disease reportable. In New York city, where reporting has been in force for many years, over 35,000 cases of tuberculosis are registered with the Department of Health. Those familiar with the situation believe that the ad-

Catarrhal Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure catarrhal deafness, and that is by a constitutional remedy. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrh, which is an inflamed condition of the mucous surfaces. Hall's Catarrh Medicine acts thru the blood on the mucous surfaces of the system.

We will give One Hundred Dollars for any case of Catarrhal Deafness that cannot be cured by Hall's Catarrh Medicine. Circulars free. All Druggists, etc. Sold by F. J. CHENEY & CO., Toledo, O.

What to Do.
 In his statement to the public Surgeon General Blue points out how those who have had influenza should protect themselves against tuberculosis. "All who have recovered from influenza," says the Surgeon General, "should have their lungs carefully examined by a competent physician. In fact, it is desirable to have several examinations made a month apart. Such examinations cannot be made through the clothing nor can they be carried out in two or three minutes. If the lungs are found to be free from tuberculosis every effort should be made to keep them so. This can be done by right living, good food and plenty of fresh air."

Danger Signs.
 The Surgeon General warned especially against certain danger signs, such as "decline" and "colds which hang on."
 These, he explained, were often the beginning of tuberculosis. "If you do not get well promptly, if your cold seems to hang on or your health and strength decline, remember that these are often the early signs of tuberculosis. Place yourself at once under the care of a competent physician. Tuberculosis is curable in the early stages."

Patent Medicines Dangerous in Tuberculosis.
 "Above all do not trust in the misleading statements of unscrupulous patent medicine makers. There is no specific medicine for the cure of tuberculosis. The money spent on such medicines is thrown away; it should be spent instead for good food and decent living."



COLDS, INFLUENZA, PNEUMONIA, AND TUBERCULOSIS ARE SPREAD THIS WAY

Copies of this poster can be obtained free of charge by writing to the Surgeon General, U. S. Public Health Service, Washington, D. C.

Buy W. S. S.

Notice of Appointment of Administrator.

In the County Court of the State of Oregon for Baker County.
 In the Matter of the Estate of Mary Ann Kirby, Deceased.
 Notice is hereby given that by consideration of the above entitled court, by order made and entered therein on the 18th day of November, A. D. 1918, W. W. Kirby was duly appointed administrator of the estate of Mary Ann Kirby, late of said county and state, Deceased. All persons having valid claims against said estate are hereby required to present the same to said administrator, with proper vouchers, at his home in Richland, Oregon, within six months from the date of this notice.
 Dated this 21st day of November, A. D., 1918.
 W. W. KIRBY,
 Administrator of the Estate of Mary Ann Kirby, Deceased.
 J. B. Messick, Attorney for Administrator.
 First publication Nov. 25, 1918.
 Last publication Dec. 26, 1918.

ALLIES ARE FED BY SELF DENIAL

Generous Doing Without in America Supplied Food to Europe.

Exports from this country since it entered the war have kept starvation from Allied Europe and have maintained the health and strength of those who have been bearing the brunt of our battles, so that they could hold out to victory. Now that hostilities have ceased we must assume the added burden of keeping starvation from increasing its toll upon the millions who have been liberated from the Prussian yoke. Famine would undo the work which has been accomplished in freeing the world for democracy. No stable government can be established and maintained by a nation harassed by hunger. A starving people turns to rioting and anarchy. Food has given strength and courage to the nations fighting for democracy; it must now give the nations strength and tranquility to re-establish themselves in freedom and democracy. Without our help it would have been absolutely impossible for the Allies to maintain a living ration. Since our entry into the war we have been contributing largely to the support of one hundred and twenty million people whose normal food supplies have been cut off, whose production has fallen almost to the vanishing point, whose fields have been devastated by Germany. The food exported from the United States in the past year has been sufficient to supply the complete ration of twenty-two million people. It is hard to grasp the magnitude and significance of the assistance which has been lent the Allies by the patriotic, voluntary service of the American people. The food we sent abroad last year would have been sufficient to feed one-fifth of our population. And this was done in spite of the fact that we entered the year with short crops. Our surplus was practically nothing. An overwhelming proportion of the food that left this country last year was saved out of the normal home consumption of our own people.

In spite of difficulties met in internal transportation and shortage of ocean tonnage our food exports last year amounted to a figure that a few years ago would have been unbelievable. Even the most optimistic element of our population faced with anxious consternation the prospect which opened before us with the beginning of the 1917 harvest year. The American people have not been compelled to save. They have been appealed to on the basis of humanity and of patriotism. They have responded voluntarily.

Besides such incidental benefits as the improvement in figure and health that we've reaped from our meatless, wheatless days, think of the fun we've had out of them—the new crop of jokes, jibes, topical songs and cartoons to replace the mother-in-law joke and the boost to our reputation for ready humor!

W. W. Woods of Tonopah, Nev., a former resident of Eagle Valley, has added his name to our constantly growing subscription list.

Special Price

on a lot of

Young Men's Overcoats

Men's Overcoats

Also a lot of

BOYS' SUITS

ranging in size from 4 to 16 years

SAUNDERS BRO'S.

Exclusive Agents for Gossard Corsets

Mike laughed at the Judge



for chewing Gravely.

The Judge came right back at Mike with a friendly chew—just a couple of little squares off his plug of Real Gravely.

Mike found that the chew stayed with him for a long while, and the more he chewed the better it tasted.

"There's the real tobacco satisfaction," says the Judge: "and it costs nothing extra to chew this class of plug."

It goes further—that's why you can get the good taste of this class of tobacco without extra cost.

PEYTON BRAND

Real Gravely Chewing Plug

each piece packed in a pouch

P. O. GRAVELY TOBACCO CO. DANVILLE, VA.

NOTICE FOR PUBLICATION.
 (Publisher.)
 Department of the Interior,
 U. S. Land Office at LaGrande, Oregon, Nov. 8th, 1918.
 Notice is hereby given that Andrew J. Allen, of Durkee, Oregon, who, on November 5th, 1915, made Additional Homestead Entry, No. 014811, for E. J. SEM, Township 18, and N. 3/4 NW 3/4, Section 27, Township 11 South, Range 44 East, Willamette Meridian, has filed notice of intention to make three-year Proof, to establish claim to the land above described, before A. B. Combs, Jr., Clerk of County Court, at Baker, Oregon, on the 6th day of January, 1919.
 Claimant names as witnesses: O. R. Hindman and Wren Crisp, of Durkee, Oregon; William Goff and William Norris, of Baker, Oregon.
 C. S. Dunn, Register.
 First publication Nov. 21, 1918.
 Last publication Dec. 19, 1918.

Notice of Filing Final Account
 Notice is hereby given that by consideration of the County Court of the State of Oregon for Baker County, by an order made and entered therein on the 16th day of November, 1918, in the matter of the estate of Thomas H. Connall, Deceased, that the final account of C. E. Ashby, Administratrix of said estate, will be heard on the 23rd day of December, 1918, at the hour of ten o'clock in the forenoon, and all persons having objections to said final account are hereby required to file the same with the county clerk of Baker County, Oregon, on or before said date or they will be forever barred from being heard thereafter thereon. Dated this 16th day of November, 1918.
 C. E. Ashby,
 Administratrix of the Estate of Thomas H. Connall, Deceased.
 J. B. Messick, Attorney for Administratrix.

In the County Court of the State of Oregon for the County of Baker
 In the Matter of the Estate of ISAAC H. McCORD, Deceased.
 Notice is hereby given that the undersigned has been appointed by the County Court of the State of Oregon for Baker County as the administratrix of the estate of Isaac H. McCord, late of Baker County, Oregon, Deceased, and has qualified as such administratrix. All persons having claims against said estate are hereby notified to present the same, properly verified as by law required, to the undersigned at 1339 Valley Avenue, or to her attorney, C. T. Godwin, at his offices in the Sommer Building, all in the City of Baker, Baker County, Oregon, the same to be presented within six months from the date of the first publication of this notice.
 Dated this 25th day of November, 1918.
 CARRIE A. McCORD,
 Administratrix of the estate of Isaac H. McCord, Deceased.
 C. T. GODWIN, Attorney for Estate.
 First publication Nov. 28, 1918.
 Last publication Dec. 26, 1918.

VULCANIZING

I have installed a new plant and am prepared to vulcanize anything that it is possible to repair in that manner (even hot water bottles and rubber boots) CASINGS and INNER TUBES a specialty. All work guaranteed satisfactory.

W. E. HOLMES,
 Plant at Richland Auto Co.—adv