

IF KIDNEYS AND BLADDER BOTHER

Take Salts to Flush Kidneys and neutralize irritating acids.

Kidney and Bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night. The sufferer is in constant dread, the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in avoiding it.

Bladder weakness, most folks call it, because they can't control urination. While it is extremely annoying and sometimes very painful, this is really one of the most simple ailments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the acids in the urine so it no longer is a source of irritation to the bladder and urinary organs which then act normally again.

Jad Salts is inexpensive, harmless, and is made from the acid of grapes and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid irritation. Jad Salts is splendid for kidneys and causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-water drink, which quickly relieves bladder trouble.

Itching Burning Skins.

For eczemas, rashes, itchings, irritations, pimples, dandruff, sore hands, and baby humors, Cuticura Soap and Ointment are supremely effective. For free samples address "Cuticura, Dept. X, Boston." At druggists and by mail, Soap 25, Ointment 25 and 50.—Adv.

Why "Behemoth" Survives.

The books of the New Testament were originally in Greek; those of the Old Testament, of course, in Hebrew. When the first "authorized version" of the Bible was framed, early in the seventeenth century, the scholars who undertook the work of translation were puzzled to identify some of the scriptural beasts. The crocodile was unknown in Europe at that period, and, not having even heard of the hippopotamus, they let the Hebrew word "behemoth" stand.



ADDED EARNINGS

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BOY SCOUTS

(Conducted by National Council of the Boy Scouts of America.)

HEROISM OF SCOUT RESCUERS

While several boys were in swimming in the Tennessee river near Knoxville, two of the number became imperiled and cried for help. John and Tauxe Yule, both of whom are boy scouts, quickly responded to the cries.

John Yule succeeded in reaching one boy and bringing him to the shore. Tauxe Yule went to Louis Hassell's assistance. He states that they went down twice, but he was able to bring the terror-stricken lad to the surface in both instances, and believed they were safe, when young Hassell, again frightened, threw his lower limbs about his rescuer, and they went to the bottom.

The splendid heroism and hazarding of their own lives, as exemplified by the Yule brothers, was commended and they did everything possible to save their friend, himself a much-beloved boy.

Scout Executive J. M. Gore says that Tauxe Yule would undoubtedly have saved Hassell if the drowning boy had not secured a scissors lock, a thing never before thought possible when the rescuer had the life-saving arm lock.

Tauxe Yule is an accomplished swimmer and only a week before had saved a boy from drowning in the Tennessee river.

USING A FIELD TELEPHONE.



This Boy Scout is on Park Conservation Work and is Holding Down His Post Well.

THOUSANDS IN SCOUT CAMPS.

Thousands of Boy Scouts of America are enjoying their wonderful camps all over the country. For the time they will forget all about cities, sidewalks and civilization in the joys of swimming, boating, mountain-climbing and athletics of all kinds. Instruction in scouting will be mingled with these sports.

At all of these camps, the scouts are having a good time, while gaining in health, self-reliance and everything that helps them to be prepared for the unselfish patriotic service which is the heroic dream of every true scout in khaki.

SCOUTS FEED THE SOLDIERS.

Surplus vegetables from the many war gardens in Kingsville, Tex., are gathered, picked and shipped to the mess officers at the army camp by the boy scouts of that city.

The army officials are very appreciative of the movement. The garden owners are glad to contribute vegetables, and the scouts are glad to assemble them.

In some instances they gather them from the gardens, ice them if necessary, pack them in hamper and bushel crates and express them. The government pays the transportation charges and provides new hampers.

SCOUTS AND TORN FLAGS.

Pawtucket (R. I.) scouts are endeavoring to secure the removal of United States flags which have been flown until they were badly tattered, and in doing so have come up against the problem of what to do with these worn-out flags.

They have asked for suggestions. One official is working out a symbolic ceremony to be used.

ROAD BUILDING

IDEAL CONVICT ROAD CAMP

Prisoners Worked Without Armed Guards and Without Special Inducements of Reward.

Without a single attempt to escape, an average of 40 negro convicts were maintained for ten months in the Fulton county (Ga.) honor camp conducted under the observation of the United States office of public roads and rural engineering and the United States public health service. This notwithstanding the facts that the convicts were worked without armed guards, without exceptional conditions as to hours of labor, without special rewards or other unusual inducements to good behavior and with the camp located near a trolley line and within 11 miles of the city of Atlanta, from which most of the convicts were sentenced, a condition admitted by all competent authorities to be most unfavorable to the successful operation of an honor camp.

The methods of discipline contrasted sharply with those practiced in the other camps of the county, state and section. So far as can be learned, similar methods never have been applied to any convict camp in the South, and for this reason the success of the system is one of the most striking and important results of the experiment, which appears to demonstrate conclusively that there is little foundation for the belief that negro convicts are amenable only to the discipline of locks, shackles and lash.

In this camp no guard was armed and no convict was shackled; the only building locked night or day was the commissary. Plain gray clothing was substituted for convict stripes and the use of the whip was prohibited. In place of negative measures, order, security and obedience were obtained by the positive measures of attractive food, light, airy quarters, clean and comfortable beds, reasonable, kind treatment and greater privileges. During the day on the work the constant menace of the gun was removed and



Repairing Concrete Road in Georgia.

the men worked under the foremen as free men work. Instead of putting the men "on the chain" immediately after the evening meal, in this camp they were permitted to remain outside the building, reading, smoking, playing quoits or baseball until dark, or in the messroom to enjoy a phonograph which was provided for them. Saturday afternoons, during the summer, were holidays, and the time was devoted to baseball and other games.

Minor infractions of the rules, disobedience and unsatisfactory work were punished by demeriting the offender. When the number of such demerits exceeded the established limit the convict was returned to the county headquarters camp to be placed again under the more rigid discipline of one of the other camps. Attempted escape would have been punished in a similar manner, but it was unnecessary to administer any punishment for this cause during the ten months the camp was under observation.

The full measure of the success of the system of discipline is realized when it is understood that no attempt was made to hold the men by rewards of money or allowances of "good time" greater than those granted to other county convicts. The only measure of this kind was the granting of the customary ration of tobacco. This was used at the rate of about one-quarter pound per convict per week.

The morale of the force was excellent. With few exceptions the men were content with the treatment they received, and freely expressed their appreciation of it, not only in words, but in a willingness to work and a prompt response to orders, such as is observed seldom in convict camps.



Why Compare Beef and Coal Profits?

Swift & Company has frequently stated that its profit on beef averages only one-fourth of a cent a pound, and hence has practically no effect on the price.

Comparison has been made by the Federal Trade Commission of this profit with the profit on coal, and it has pointed out that anthracite coal operators are content with a profit of 25 cents a ton, whereas the beef profit of one-fourth of a cent a pound means a profit of \$5.00 a ton.

The comparison does *not* point out that anthracite coal at the seaboard is worth at wholesale about \$7.00 a ton, whereas a ton of beef of fair quality is worth about \$400.00 wholesale.

To carry the comparison further, the 25 cent profit on coal is 3½ per cent of the \$7.00 value.

The \$5.00 profit on beef is only 1¼ per cent of the \$400.00 value.

The profit has little effect on price in either case, but has less effect on the price of beef than on the price of coal.

Coal may be stored in the open air indefinitely; beef must be kept in expensive coolers because it is highly perishable and must be refrigerated.

Coals handled by the carload or ton; beef is delivered to retailers by the pound or hundred weight.

Methods of handling are vastly different. Coal is handled in open cars; beef *must* be shipped in refrigerator cars at an even temperature.

Fairness to the public, fairness to Swift & Company, fairness to the packing industry, demands that these indisputable facts be considered. It is impossible to disprove Swift & Company's statement, that its profits on beef are so small as to have practically no effect on prices.

Swift & Company, U. S. A.



AN OLD RECIPE TO DARKEN HAIR

Sage Tea and Sulphur Turns Gray, Faded Hair Dark and Glossy.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Compound." You will get a large bottle of this old-time recipe improved by the addition of other ingredients, at very little cost. Everybody uses this preparation now, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger. Wyeth's Sage and Sulphur Compound is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.

Gloom spells ill health. When he comes snooping about your premises, don't entertain him. If he insists on staying, throw him out.

THAT CHANGE IN WOMAN'S LIFE

Mrs. Godden Tells How It May be Passed in Safety and Comfort.

Fremont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GODDEN, 925 Napoleon St., Fremont, Ohio.



Such annoying symptoms as heat flashes, nervousness, backache, headache, irritability and "the blues," may be speedily overcome and the system restored to normal conditions by this famous root and herb remedy Lydia E. Pinkham's Vegetable Compound.

If any complications present themselves write the Pinkham Medicine Co., Lynn, Mass., for suggestions how to overcome them. The result of forty years experience is at your service and your letter held in strict confidence.