

LADIES! LOOK YOUNG DARKEN GRAY HAIR

Use the Old-time Sage Tea and Sulphur and Nobody Will Know.

Gray hair, however handsome, denotes advancing age. We all know the advantage of a youthful appearance. Your hair is your charm. It makes or mars the face. When it fades, turns gray and looks streaked, just a few applications of Sage Tea and Sulphur enhances its appearance a hundred-fold.

Don't stay gray! Look young! Either prepare the recipe at home or get from any drug store a 50-cent bottle of "Wyeth's Sage and Sulphur Compound," which is merely the old-time recipe improved by the addition of other ingredients. Thousands of folks recommend this ready-to-use preparation, because it darkens the hair beautifully, besides, no one can possibly tell, as it darkens naturally and evenly. You moisten a sponge or soft brush with it, drawing this through the hair, taking one small strand at a time. By morning the gray hair disappears; after another application or two, its natural color is restored and it becomes thick, glossy and lustrous, and you appear years younger.

Wyeth's Sage and Sulphur Compound is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.—Adv.

SKIN-TORTURED BABIES

Sleep, Mothers Rest After Treatment With Cuticura—Trial Free.

Send today for free samples of Cuticura Soap and Ointment and learn how quickly they relieve itching, burning skin troubles, and point to speedy healing of baby rashes, eczema and itchings. Having cleared baby's skin keep it clear by using Cuticura exclusively.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

MURINE Granulated Eyeids,
Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes. No Smarting, Just Eye Comfort.
Murine Eye Remedy At Your Druggist's or by Mail, 10c per bottle. Murine Eye Salve, in Tubes Etc., For Hook of the Eye—Free. Ask Murine Eye Remedy Co., Chicago.

MONEY FOR YOU.

Thousands of trained young people needed. Behrke-Walker Business College, Portland, places students in positions. Enroll any time. Free Catalogue.

200 Rooms Near Both Absolutely
100 Baths Depots Fireproof

Hotel Hoyt

Corner Sixth and Hoyt Sts., Portland, Ore.
LOU HIMES, Manager.
RATES—75c to \$2. SPECIAL—Week or Month

SHIP Veal, Pork, Beef, Poultry, Butter, Eggs and Farm Produce.
to the Old Reliable Everding house with a record of 46 years of Square Dealings, and be assured of TOP MARKET PRICES.
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5-47 Front Street Portland, Oregon

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Poultry, Veal and Hogs
HIGHEST MARKET PRICE
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Do Your Own Plumbing
By buying direct from us at wholesale prices and save the plumber's profits. Write us today your needs. We will give you our rock-bottom "direct-to-you" prices. f. o. b. rail or boat. We actually save you from 10 to 25 per cent. All goods guaranteed.
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212 Third Street. Portland, Oregon

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Small College Has Its Own Work to Do and Must Do It Efficiently

By L. P. POWELL, President of Hobart College

There are a few small colleges that stay small, and unless some of them mend their ways they will grow yet smaller as the years go by; for supporters are not going to confuse smallness with inefficiency, and the small college, however small, must function efficiently, or it will cease to have a reason for existence. But here and there you find a small college of which the alumni can proudly as well as truly say, with Daniel Webster, "It is a small college. And yet there are those who love it."

The small college is the real college. It has no ambition to be a university. It is not tainted seriously with the distinctively university spirit. It still stands for general mental discipline, a liberal outlook on life and what we call cultural interests, without longer narrowing the term merely to the pursuit of classical study.

The small college today must serve a valid purpose. It cannot rest on the laurels of the past.

The small college today must do well its own special work. Problems it has. What live institution has not problems, whether it is big or little? The small college has suffered much through the persistence of puerilities, but they are going. Sense and solidarity are taking their place. Brutal "hazing," vulgar "horsing," premature "rushing," vulgar "padding," and excessive drinking, made possible by scholarship funds given to the college by good Christians, are going because they have to go—and they are going rapidly because they cannot withstand the pitiless publicity of good breeding.

How to Make Torches for Boys in Trenches

Many women and schoolchildren are busy making trench torches for the American soldiers at the front, following the example of thousands of women in European countries. These torches are very easily made. Here are the directions given for their manufacture at home:

Spread out eight sheets of old newspaper and begin rolling at the long end. Roll as tightly as possible until the papers are half rolled. Then fold back the first three sheets toward the rolled part and continue to wrap around the roll almost to the first fold. Then fold back another three sheets and continue to wrap around the roll to the last margin of the paper. On



Completed Trench Torch.

this margin, consisting of two sheets, spread a little glue or paste and continue the rolling so as to make a compact roll of paper almost like a torch. Cut this into short lengths with a sharp knife. The pieces must then be bolted in enough paraffin to cover them for four minutes and then when they are taken out and allowed to cool they are ready to be put in boxes and sent to the front. Candle ends may be used for the paraffin, if any are available, or block paraffin may be purchased. Not only do these torches help to dispel the darkness of the trenches, but three of them, used together, provide sufficient heat to cook the soldier's rations and give some warmth to the trench.

Didn't Bother Him.
Mrs. Grogan—Pat, wake up! Oi can't shape a wink on account ay yure schnoring.
Grogan—Ye musht thry an' git used to it the same as Oi have. Oi niver notice it meself at all, at all.

Even Steel Gets Tired; Engines Must Have Rest Just Like Human Beings

A train pulled into a station the other day several hours behind time— which in itself isn't anything unusual these strenuous days of railroading, says an exchange. When the engineer was asked why he could not make the time he said his engine was tired, that it had had no rest. A new employee smiled at the fellow, for he couldn't believe that a piece of steel actually required rest. But it is absolutely true, and the engineer understands it as does no other class of people.

An engine's working hours are as definitely fixed as a man's working hours. There is just as well defined limit to its endurance. It gets tired pulling a train, just as a man gets tired dragging a burden, and the more tired it becomes the less efficient it is, for all the world like a human being.

In the case mentioned nothing about the engine was broken. Its parts were well adjusted. But it had been sent out on the road for a second trip after having made a long, laborious run, and it was tired and didn't do its work as it would have done had it been allowed to rest for 24 hours.

A Parliament of Seven.

Excellent even the Scottish St. Kilda in loneliness is Pitcairn Island, a British possession in the Pacific, almost midway between Australia and South America. About two square miles in area, the island has a population of 160; including three Americans. The people are half-castes of Tahitian blood; but English is the only language spoken. A parliament, consisting of seven members, and boasting a president, a vice president, and a judge, conducts the affairs of the community. All persons above the age of eighteen can vote, and voting is done verbally. The natives are great music

FOR THE POULTRY GROWER

Planning the Poultry House.

The height of the poultry house is governed by its width, or, rather, its length as a whole.

From four to six feet should be ample for the rear side of a practical poultry house.

But the front of the house must be of sufficient height for admitting light to the rear of the house.

Houses 12 feet wide should have windows that are at least six feet high to the top, and wider houses in proportion. At least one-third of the front of a poultry house should be open, without glass, and provided with a muslin curtain for closing the opening in extremely bad weather.

In planning the poultry house provide a scratching shed, when the house is limited in size, for feeding the grain food and for exercising the fowls.

For the front use muslin in inclement weather, which gives sufficient light and ventilation.

When poultry houses are built as stationary fixtures they should have substantial foundations, with concrete floors, either plain or covered with flooring.

"SOMEWHERE IN FRANCE"

By EMMA COWAN BARBER.

"Somewhere in France" is all that she may know
Of where her husband waits to meet the foe;
Torn from his home, when life was past its noon,
To lead his troops beneath an alien moon.
But this she knows, through days of anxious care,
Wherever he may be, her flag is there;
Through days of hope, through days of dreadful chance,
Her loyal heart is there, "somewhere in France."

"Somewhere in France" her lover waits the call
To hurl himself amid the battle's pall;
Gone from her side, when all their rosy dreams
Had led through peaceful fields, by laughing streams,
She would not call him back, for this she knows,
Wherever he may go "Old Glory" goes.
Though thus may end for her life's dear romance,
Her loyal heart is there, "somewhere in France."

"Somewhere in France," her baby lips repeat;
She lifts inquiring eyes, so gravely sweet.
Torn from her arms, her father marched away,
And mother's face grows paler, day by day.
She may not know that where their loved one walks,
By night and day, a frightful spectre stalks;
That now, their pictured faces lie, perchance,
Against a silent heart, "somewhere in France."

"Somewhere in France," her brother, on the field,
Presents his splendid body as her shield;
Willing to die, or live a hopeless wreck,
If so, he helps to hold the foe in check.
Through busy days she feels the seasons drag;
Her thoughts are with her brother, and the flag;
With heart aflame, defiance in her glance,
She longs to fight with him "somewhere in France."

"Somewhere in France" her son is at his post,
Impatient to confront the hostile host;
Torn from her arms where yesterday, it seems,
He lay, an infant, smiling in his dreams.
And now, from smoke wreaths, dark against the skies,
His dear face seems to look, with smiling eyes,
If he should die, this boon a harsh fate grants;
He'll die with honor bright "somewhere in France."

"Somewhere in France," a million hearts are there,
A million souls are rapt in silent prayer,
Prayer for the loved, wherever they may be,
And prayer for those enslaved, they fight to free.
Unknown to us the field where duties call,
But one there is, who watches over all;
Who guides our flag, that truth may still advance—
Our God is with them all "somewhere in France."

lovers, and take much pride in an organ presented to them by Queen Victoria. Sometimes a year passes without the arrival of a mail. It once happened that only two vessels called there during a period of 25 years.

Big Game Increasing.

British Columbia's big game is said to be increasing. In the seclusion of the deep forests and wild fastnesses of the mountains the black and grizzly bears, the moose, the caribou, the mule deer, the black-tail and coast deer, the Rocky Mountain goat and the sheep, ovis fannini, ovis canadensis and ovis stonoi, the finest game animals on the continent, have been on the increase during the last few years, it is reported. In the United States, except in the game preserves, the larger game animals are melting away.

Colony houses of the portable type have only wooden floors, which are covered with litter.

Roofs for poultry houses are generally shingles or roofing paper, as may be preferred, and no pains should be spared in making a perfectly tight roof.

Strong, tight and rigid walls are necessary for the wooden poultry house, and there should be no cracks, crevices or openings in the side walls to cause drafts.

Alleys in the average poultry house of a few number of pens are unnecessary and a waste of space, and a wire door in the partitions of the pens is to be preferred.

The fixtures of poultry houses are portable, or at least they should be, so that they may be easily kept clean. Place all high enough from the floor of the house so that the space underneath may be for scratching.

The roosts are placed at the rear end of the house, and all roosts should be on a level to prevent the birds from crowding.

Have the droppings board directly under the roosts; 10 or 12 inches will be sufficient, and cover the droppings board with dry bran or sand.

The walls of the poultry house are another of the important features that should not be overlooked.

The nests should be placed under the droppings board, and they should be portable to facilitate cleaning and attending to.

Young Mothers

Reserve strength for motherhood is of two-fold importance and thoughtful women before and after maternity take

SCOTT'S EMULSION

It supplies pure cod liver oil for rich blood and contains lime and soda with medicinal glycerine, all important ingredients for strengthening the nervous system and furnishing abundant nourishment.

It is free from alcohol. Insist on the genuine.

The Norwegian cod liver oil in Scott's Emulsion is now refined in our own American laboratories which makes it pure and palatable.

Scott & Bowne, Bloomfield, N.J. 17-22

SIGNS OF DANGER

Women Should Prepare Themselves

This nation will require a great deal from its heroic women. They will assist the wounded in the hospitals or in many cases they will suffer at home in doing their duty by the nation.

Thousands of women who are now blessed with robust health cannot understand why thousands of other women continue to worry and suffer from ailments peculiar to women when they can obtain for a trifling sum Dr. Pierce's Favorite Prescription which will surely and quickly banish all pain, distress and misery and restore the womanly functions to perfect health.

This old prescription of Dr. Pierce's is extracted from roots and herbs by means of pure glycerine and is a temperance remedy of 50 years' good standing. Send 10c for trial pkg. of tablets to Invalids' Hotel, Buffalo, N. Y.

Write Dr. Pierce for free 136-page book on woman's diseases. You may also have confidential medical advice without cost.—Adv.

Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.

Cynical.
"Miss Cynthia is such a sensible girl."

"Everybody knows she is. That is why the men keep away from her."—Exchange.
Nothing Doing There.
The seedy looking man took his seat at the table and scanned the menu.
"Walter, I've only 30 cents on me. Now, what would you recommend?"
The waiter gently removed the card from his would-be patron's grasp.
"Another restaurant," he said.—Exchange.

GLASS OF SALTS IF YOUR KIDNEYS HURT

Eat less meat if you feel Back-achy or have Bladder trouble.

Meat forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system. Regular eaters of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night.

To neutralize these irritating acids and flush off the body's urinous waste get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine and bladder disorders disappear. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive; harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.—Adv.

THICK, SWOLLEN GLANDS

that make a horse Wheeze, Roar, have Thick Wind or Choke-down, can be reduced with

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also other Bunches or Swellings. No blister, no hair gone, and horse kept at work. Economical—only a few drops required at an application. \$2 per bottle delivered. Book 3 in free. ABSORBINE, JR., the antiseptic liniment for mankind, reduces Cysts, Wens, Painful, Swollen Veins and Ulcers. \$1 and \$2 a bottle at dealers or delivered. Book "Evidence" free. W. F. YOUNG, P.O.F., 403 Temple St., Springfield, Mass.