

GOOD ROADS,
GOOD HOMES,
BEST CHEESE

CLOVERDALE COURIER.

The Nestucca Valley First,
Last and all the
Time.

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RAILROADS ALSO HIT BY H. C. L.

An Interesting Cost List of Rail-
road Equipment and the
Advance in Prices.

The alarm with which the house-
wife views the rising cost of food-
stuffs is paralleled by the concern
shown by railroad officials over the
way material is soaring to the
skies.

It is averred by railroad mana-
gers that these figures presage the
crossing of the danger line.

Comparison of the cost of rail-
road equipment in May, 1915, and
May of this year, indicate that in
two years such material has risen
in some cases as high as 488 per
cent.

How the cost of railroad ma-
terial has advanced in two years:

	Price May, 1915	Price May, 1917
Locomotives		
Switch	\$15,600	\$27,300
Atlantic	20,240	35,400
Pacific	27,000	47,290
Mogul	18,235	31,900
Mikado passenger	24,580	43,000
Mikado freight	26,410	46,200
Consolidation	21,320	37,300
Mallet Mogul	38,800	67,900
Mallet Consolid.	42,375	74,100
Passenger cars		
Chair, steel	12,500	18,750
Coach	11,500	17,250
Dining	22,000	33,000
Baggage	9,700	11,550
Postal	10,500	15,750
Freight cars		
Box, steel under- frame	1,255	2,010
Gondola, all steel	1,180	2,185
Spikes, per ton	30	69
Bolts	36	80
Bar brass	305	810
Ingot copper	280	680
Pig Lead	74	185
Manganese	78	400
Cotton waste	97	163

Queer Idea About the Brain.

Old writers had no idea that the
brain had anything to do with the
mind. They associated the mind with
the heart or with other organs of the
body, doubtless because these organs
are moved or affected by mental ac-
tion. Aristotle, the best informed of
the Greeks, said that the chief busi-
ness of the brain was to cool the blood
for the heart.

AGRICULTURAL NOTES

By R. C. Jones, County Agricultural
Agent.

Save the Dairy Cow.

(From Hoard's Dairyman)
In our national preparedness
for the impending food crisis it is
just as essential that provision be
made for an adequate supply of
milk, butter and cheese as for a
supply of bread-stuffs. It is, there-
fore, very necessary that the source
of milk supply, the dairy cow, be
preserved.

As the price of beef advances the
tendency is to utilize the dairy
cattle for meat. Our earnest pro-
test is that dairy cattle should not
be slaughtered promiscuously, for
there is no other animal that can
convert the rough feeds into such
nourishing and necessary foods
and do it so economically.

No food has taken such an im-
portant part in the development
and growth of mankind as milk.
Sufficient evidence to prove this
statement lies in the fact that the
mortality of children under two
years of age has exceeded 90 per
cent. in all of the countries engaged
in the present war, with the excep-
tion of England who has been con-
stantly supplied with condensed
milk from the United States. Sta-
tistics gathered by the Red
Cross show that in Serbia today,
the mortality of infants is so great
there are practically no children
under the age of two years.

The future of our country depends
upon the children of today and no
food can take the place of milk in
the nourishment of the child. This
is sufficient evidence that such an
important industry as dairying
should have immediate considera-
tion. One of the largest distribut-
ors of food products to the allies, in
Rotterdam, Holland, states that no
food has added more to the strength
and endurance of the soldiers in
the trenches than condensed milk.

Mr. Nunn, President of the Na-
tional Dairy Council, makes this
statement: "Our people should bear
in mind the significance of the
heart-rending appeal made to the

German Reichstag by Field Mar-
shal von Hindenburg. He cries
for fat-fat fat fat for his soldiers
and fat for the weakened people."

Mr. Nunn contends that the fate
of Germany hangs upon their be-
ing able to obtain fat and since
butterfat contains the material
which promotes a growth to much
greater degree than any other fat,
and since the dairy cow produces
during her lifetime the same
amount of human food as 17 steers,
provision should be made for the
conservation of the dairy cow in
our scheme of preparedness.

Cheese is one of the cheapest
sources of energy giving protein
and is very essential in the rations
of the soldiers. The cow produces
on an average enough milk in one
year to make 600 to 700 pounds of
cheese, which is equivalent in food
to 1800 to 2220 pounds of meat.
If the cow is slaughtered she will
furnish not more than 325 and
more likely less than 250 pounds
of edible meat after the waste has
been deducted.

Meat from one cow will supply a
sufficient amount of beef in a ra-
tion for two soldiers for a year,
while milk from one cow of good
average production will supply an
equivalent food value for 20 sol-
diers for one year.

In addition to this, the cow pro-
duces a calf for the future propa-
gation of the production of milk.
When she is slaughtered for meat
her existence ends, but if used for
milk production she will duplicate
her work the following year. This
alone is sufficient evidence of the
supreme necessity of preserving
this valuable animal.

Moreover, the dairy cow has an-
other asset, in that she consumes
rough feed and produces the best
human food. She also produces
manure which increases soil fer-
tility and makes crop production
more abundant and more profit-
able. Without the addition of
such fertility our production would
be seriously impaired in a few
years. The preservation of the
dairy cow and the dairy heifer is
most essential, and if the nation
does not preserve this source of our
food supply it will soon find itself
in distress.

It should be the duty of the
state and the nation to im-
mediately take steps to main-
tain and stimulate dairy produc-
tion in the following ways:

First, by the prohibition of the
sale of productive and profitable
dairy cows and dairy heifers from
good producing cows.

Second, by the use of selected
and efficient sires in the propaga-
tion of herds, since there are sires
whose daughters have produced
550,000 pounds more butterfat dur-
ing their lives than the daughters
of the average bull.

Third, by an extensive campaign
to educate the farmers so that they
will increase rather than decrease
the number of efficient dairy cattle
in their herds.

Fourth, by arranging some
method by which the dairyman
will receive proper remuneration
for his products, so there will be
an incentive for him to remain in
the business.

Fifth, by educating the consum-
ing public to the food value and
the relative economy of the use of
milk and its products to assist in
the economy of food in our present
crisis.

THE CONVENIENCE OF HAVING

The "RIGHT CHANGE"

With a checking account at this Bank you will always have
just the "right change" no matter where you pay the bill or to
whom you pay it.

You can draw your check for any ODD AMOUNT and pay
your bill either in person or BY MAIL which is a real convenience
you can enjoy by

OPENING A CHECKING ACCOUNT

All supplies furnished free.

TILLAMOOK COUNTY BANK

A Bank for all the People

What Women Like to Know

Spring Topcoat

Stitchery, strapping and novelty but-
tons add distinction to this topcoat of



Photo by American Press Association.

SMART AND NEW.

Jade green broadcloth. It is worn with
a spangled Russian hat.

Removing Furniture Bruises.

To remove bruises from furniture
moisten the part with warm water,
double a piece of heavy brown paper
five or six times, moisten it thoroug-
hly with warm water and lay it over
the bruise. Place a moderately hot
iron on the paper until the moisture is
evaporated, being careful not to ex-
pose the wood to the direct heat of the
iron. If the bruise has not disappear-
ed repeat. After two or three applica-
tions the bruise will be raised level
with the surface.

Treatment For Old Floors.

A common method of treating old
floors in bad condition is to use a good
floor paint after the floor has been
cleaned. A dark color, such as a
brown, produced by burned umber, or
such neutral colors as will harmonize
with the color scheme of the room
should be used. It is not advisable to
use a cheap varnish, as it is not per-
manent and will not pay in the long run.

Sun dried oysters are a delicacy in
China.

Japan is becoming interested in sheep
raising.

Inspiration Miscellany

Grow, but Don't Swell

It is well for you to have confidence
in your ability, but when it reaches the
stage of "swelledheadedness" your
value to yourself or to any one else
begins to dwindle.

"Some men grow with responsibility;
others merely swell." The man who
swells has ceased to grow.

He has reached a place where he
thinks he has all the knowledge he
needs, and naturally all growth is re-
tarded.

The best way—the most convincing
way—to prove one's capability, is by
actions, not words.

The fellow who is continually brag-
ging about what he can do is seldom
of much account.

It is the man who does things in a
quick, intelligent manner who wins.

Such a man will be found at the top,
because he deserves to be there.

All concerns want him, because he
not only accomplishes much as the
result of his concentrated endeavor,
but his influence is good on the other
employees.

Save the exertion it takes to tell
what you can do and use it in per-
forming your tasks. In this way you
will get so much consideration event-
ually that you will not be tempted to
brag.

The other fellow will do it for you.—
Louisville Herald.

The Battle of Life.

In God's eyes the differences of
social position, of intellect, of dress,
which different men exhibit and all the
other rarities on which they so fan-
tastically pin their pride, must be so
small as practically to vanish, and all
that should remain is the common fact
that here we are, a countless multi-
tude of vessels of life, each of us pent
in to peculiar difficulties, with which
we must severally struggle by using
whatever of fortitude and goodness
we can summon up.—William James.

Mistakes.

When you make a mistake don't look
back at it long. Take the reason of the
thing into your own mind, see how
similar mistakes can be avoided and
then look forward. Mistakes are les-
sons of wisdom. The past cannot be
changed. The future is yet in your
power.—White.

The Simplon Pass.

The Simplon pass always has been
the great highway of travel from
Switzerland into Italy. It was used by
Caesar and his legions as far back as
50 B. C., and, although Napoleon hap-
pened to use the St. Bernard pass, he
recognized the superior importance of
the Simplon and ordered a military
road to be built over it to serve in fu-
ture campaigns. It was begun in 1800,
but before it was completed, in 1806,
the fortunes of the battlefield led the
emperor elsewhere, so he never saw it.
While thus constructed for war, no
army ever crossed it. Instead of fur-
nishing a route for cannons, it became
a peaceful medium for international
commerce.

An Illusion.

Touch your forehead with the fore-
finger. Keep the latter motionless and
slowly rotate your head and you will
have an irresistible sensation that it
is the finger tip that is moving and
not the head.

Be Prepared to Weather a Storm.



THINGS may be going well with you today. You may have
a fine position. Your business may be prospering. You
may be in the full vigor of youth and health. Of course
none cares to look on the dark side. But it always is
well to be prepared for a change in the tide. The greatest prep-
aration is a healthy bank account. Drop in and see us about an
account. We'll gladly talk it over.

NESTUCCA VALLEY BANK

Cloverdale, Oregon.