

Are you getting the most out of the library?

Last month this column praised volunteers and donors whose contributions have allowed our nonprofit, private library to provide Cannon Beach and Arch Cape with library and information services for 90 years.

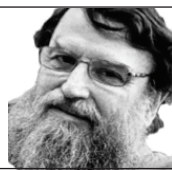
Message received, judging from the success of this month's Fourth of July Book Sale. Library patrons donated hundreds of books in the two weeks before this major fundraiser. Fully 64 volunteers staffed the sale, including four Coaster Construction employees and their serious truck that moved thousands of books warehoused in Judy and Doug Wood's basement to the Cannon Beach Library. This record-breaking sale raised a \$8,235 to fund future book acquisitions and other library expense, including e-books.

Today's column highlights two library services, interlibrary loan and e-books. Both extend patron access to thousands of titles otherwise unavailable at the library.

For six years Jeremy Randolph, a library member and desk volunteer, has helped patrons obtain titles through his work with interlibrary loan services at the Seaside Library.

"Cannon Beach has a very good reading library," Randolph notes, "but it's impossible to have everything. Interlibrary loan makes it possible to get nearly anything in Cannon Beach from throughout the

AT THE LIBRARY
JOSEPH BERNT



United States." He credits Connie Word, who manages interlibrary loan requests at Seaside, for the success of this service.

"She does an excellent job, and most of the work, for us," Randolph says. "Our part is pretty simple. A person comes on to a title we don't have, fills out a short form, gives it to me, and I go online and order it. If it's in Seaside, the item will arrive within 24 hours. Books at Astoria take a couple of days, and titles from elsewhere can take as long as two weeks, sometimes longer if arcane."

Jeremy describes this volunteer work as "the art of the possible," but this former prosecuting attorney, judge and historian considers ILL an essential library service.

"We want to make this library as complete as possible; interlibrary loan is part of that," he says. "And I don't mind being pressured to do more; volunteering here keeps me sane in the winter when I can't garden."

"It was my dying mother's wish that I get involved in volunteering after retiring," Randolph says, but he cites patron reactions as motivat-



FILE PHOTO

Cannon Beach local Brett Willyard shows kids a magic trick. He returns to the Cannon Beach Library July 28.

ing his ILL work.

"People smile when they get their books," Jeremy continues, flashing his own smile. "I get thank-you notes. It's fun to see people happy, and the Seaside staff is a fun group to work with, too."

For even faster access to thousands of titles, patrons can exploit the Oregon Digital Library Consortium, a network the library joined in

2015 with funding from an anonymous donor. Recently increased fundraising lets the library devote \$3,500 annually to continue this service.

"Patrons are taking note of e-books, but we hope use expands with increased publicity and as desk volunteers receive more information," says library board president Phyllis Bernt. "Through the e-books

system, patrons easily download current and classic books and audio-books to their computers, tablets or smart phones.

"We don't see this as replacing our physical book collection but as a complementary service," Phyllis adds, echoing Randolph's justification for ILL services. "The library wants patrons to benefit from a service most libraries now consider standard."

To set up an e-book account, ask a desk volunteer or call the library to obtain your patron number and information about downloading the e-book app to your electronic device. Then access the library's website, click on the "Library2go" button, enter your patron identification when prompted and select titles to download.

Cannon Beach Reads, led by Bob Lundy, discusses Voltaire's "Candide" at 7 p.m., Wednesday, July 18, at the library. First published in 1759, this satire targets authority figures of the Enlightenment; examines the problem of evil and mocks Leibniz's optimism regarding "this best of all possible worlds." Come for the discussion and savor cookies and coffee.

Finally, Brett Willyard's Magic Show returns to the library at 1 p.m., Saturday, July 28. Last summer Willyard, who ran track at Seaside High and the University of Oregon, packed the library, mesmerizing both toddlers and graybeards.

Finding a home for your emergency, routine dental care

Many of us already visit our primary care doctors and have a regular medical home. But did you know you can also have a dental home?

"A dental home is where you go to get your routine dental care and emergency dental care. You can choose your primary dental care provider, or your dental plan will help you find one. The benefit of having a dental home is that you get to know the staff and they get to know you, according to James H. Tyack, a dental care provider who works with Columbia Pacific CCO members with Oregon Health Plan in Astoria, Clatskanie and St. Helens.

"They'll remind you when it's

GUEST COLUMN
PATTI ATKINS

time for your cleaning and do your routine exams and fillings. And if you need emergency care, you can get it faster if you already have a dental home — no emergency room waits."

Your dental home has your dental records and provides care covered by your Oregon Health Plan benefits. It provides family friendly information about oral health and care. A dental home can also help connect you with other health pro-



CCO DENTAL

Dr. Jim Tyack

professionals or with your health plan to coordinate services. If you need a ride or an interpreter, your dental home knows how to help.

"Even children need a dental home. Getting your child to the dentist by the first birthday

helps prevent cavities., Dr. Tyack continued. "Regular dental care means problems are spotted early. Your child will have less fear about the dentist and can get referrals to specialists when necessary."

Denture wearers can also benefit from a dental home. Your dental team will make sure your dentures fit properly, take routine X-rays and perform an oral cancer screening.

Diabetes, pregnancy, heart disease, smoking or chewing tobacco and other health conditions can affect your oral health. Sometimes dental problems can make these conditions worse. Your dental home can help keep your mouth healthy.

If you don't have a dental home, call the dental plan number on your

Columbia Pacific CCO member card. Look for Advantage, Capitol, ODS or Willamette Dental. Your plan will connect you with a dentist in your area. Or feel free to call Columbia Pacific CCO's Customer Service 503-488-2822, or text 503-488-2886, and they will connect you to your dental plan.

Tyack provides dental care for Columbia Pacific CCO members who are on the Oregon Health Plan. Established in September 2012, Columbia Pacific CCO coordinates health services for more than 25,000 Oregon Health Plan members in Columbia, Clatsop and Tillamook counties. You can learn more about our services on our website at colpac-health.org or on Facebook.

Natural resource leadership class to start in November

Cannon Beach Gazette

Resource Education and Agricultural Leadership Oregon is seeking applications from around the state for Class 2, which will start this November.

REAL Oregon is a collaboration of industry and other groups throughout the state that have recognized the importance of developing and grooming natural resource leaders now and in the future. In addition to networking opportunities and learning more about the state, the program will bring current and future leaders together from agriculture, fishing, and forestry sectors in a series of five statewide sessions starting this fall. The annual leadership development program will expose this cross-section of representatives to the diversity of Oregon's geography, economy, and cultures through training in board governance, communication skills, conflict resolu-

tion, government interaction, public policy work, critical thinking, media relations, professional presentations, public speaking, relationship building and other areas.

The application deadline for program consideration is July 27. Application packages and additional information can be found at www.realoregon.net.

REAL Oregon Alumni are serving on various boards and commissions and have been recruited for other industry and service related organizations. In addition, many from the pioneer class have volunteered to help with future classes and even serve on the organization's governing board. Alumni are now serving on the organization's board of directors, its curriculum and fundraising committees, and helping in other capacities.

The REAL Oregon Board will review application material in August and announce the members of Class 2 in September.

Free nature walk and BioBlitz

NEAHKAHNE — "Conserving Our Land, Beach & Sea," a free nature walk and BioBlitz presented by local environmental organizations, takes place 9 to 11 a.m. Monday, July 16, at Neahkahnie Beach, north of Manzanita.

Neah-Kah-Nie Beach connects with Cape Falcon Marine Reserve and the Lower Nehalem Community Trust's Peregrine Point property, a protected lush green forest rising from the sand that extends the protected lands of Oswald West State Park.

Lower Nehalem Watershed Council, Lower Nehalem Community Trust, Friends of Cape Falcon Marine Reserve and the Oregon Coast Aquarium will lead this educational walk exploring the connections between headwaters and our local seas. A morning low tide will leave tide pools full of sea life waiting to be discovered.

The group will then take part in an intertidal "BioBlitz" — an intensive survey of a defined area on a single day with the goal of

identifying all the species to be found in that area at one time.

Participants must register at explorenaturetillamook-coast.com or contact Cape Falcon Marine Reserve at 541-231-8041 or capefalconmr@gmail.com.

To get involved in more BioBlitz in Oregon's Marine Reserves visit aquarium.org/bioblitz.



COURTESY DAN HAAG

Beachgoers study a sea star.

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