

Help kids build strong teeth

By Sue Cody
For EO Media Group

On a cloudy day in May, third-graders at Warrenton Grade School eagerly brushed the teeth on big puppets, flossed markings off building blocks, painted fluoride on pictures of teeth, wiped “sugar bugs” off a board representing teeth, and watched as magnets representing sticky, sweet foods stuck to teeth, while healthier foods did not.

Part of Providence Healthy Smiles, the five-year program is funded by the Oregon Community Foundation and Providence Seaside Hospital to educate school children and their parents about the importance of dental care and access to it.

Dental decay is the most common childhood chronic disease, according to the Oregon Health Authority, and 58 percent of third-graders have tooth decay.

“If left untreated, dental disease can be devastating to children’s health, educational success, productivity, self-image and future,” writes Alana Kujala, manager of community partnerships and volunteer services at Providence Seaside Hospital.

Mackenna Taylor, program coordinator, works with school nurses and staff to bring resources to Clatsop County schools. Different ages are targeted each year.

“Nothing makes your day better than spending time with kids,” Taylor says. “Kids are eager to learn and with hands-on activities, they catch on fast.”

Students sit on the floor as Taylor asks how often they should floss and brush their teeth, what foods and drinks contain the most sugar, etc.

In orderly groups, the students visit each of the five stations hosted by volunteers. Parents and Tongue Point Job Corps students in the dental hygiene program manned the tables at Warrenton.

“I love that the schools support this program,” says Ruth Evans, one of the stu-



SUBMITTED PHOTO

School volunteer Paul Fredericksen shows kids how to floss.

dent volunteers. Bethany Burd, another Job Corps volunteer, says she likes volunteering with kids because they have such an interesting way of looking at things.

“This is a fantastic opportunity to improve this community,” says Paul Fredericksen, a parent volunteer. He is a medic in Tillamook who loves his schedule, which allows him to spend a maximum amount of time volunteering at school.

Free dental care

Healthy Smiles gets kids off to a good start, and another Providence program helps adults get free dental care. Most adults have some oral disease. About one in five adults have lost six or more teeth, according to the Oregon Health Authority.

Parked outside Providence Seaside Hospital is a mobile dental van. Hygienists and dental assistants screen patients for needs and can place sealants on teeth. About once a month, dentists volun-

‘I like to deal with pleasant little people — they smile and giggle.’

Mackenna Taylor,
program coordinator

teer to offer free fillings and extractions for people who don’t have dental insurance. Taylor assists parents with options for oral health care and how to navigate the system. At the hospital, she can take people to Clatsop Com-

munity Action’s Community referral desk, where Marcello Hernandez can provide connections to all sorts of social services.

Oral health care is one of seven target areas the Oregon Health Improvement Plan identified to improve by the year 2020. The Way to Wellville encourages dental check-ups and teeth cleaning as a key to good health.

“When one has pain from a tooth or gum problem, it affects everything,” Taylor says. “I like to deal with pleasant little people — they smile and giggle.”

OBITUARIES

Jeremy Sisseck

Dec. 6, 1977 — June 16, 2017

Our most beloved son, brother and friend, Jeremy Sisseck was born on Dec. 6, 1977, to Carey Birkenfeld and Michael Sisseck. He was raised in the Seaside area.

He was an entrepreneur and loved being involved in all of his business endeavors. His kind, generous and caring spirit will be remembered and treasured by all who knew him. He was always there for everybody and knew just the right thing to say and do to help them out. He enjoyed life to the fullest and loved snowboarding, helicopter skiing, running, bicycling and spending time with his family and friends. He was planning on retiring soon, simplifying his life and then enjoy traveling the world.

He will leave a big hole in the lives of his parents; sister Cassie and husband Chris; the love of his life, Ashley Grider; his grandmother Alice Sisseck; his aunt and uncle, Irene and Perry Smith; Uncle Jerry



Jeremy Sisseck

and Aunt Sandy Sisseck, and Aunt Diane Haight. His cousins, Alice and Dustin Crawford, Amy and Charlie Hill, Jordon Dobson, Keith Smith, Sally and Jeremy Tietz, Tim Smith and Rachel Sisseck, will miss him too.

The celebration of life will take place July 15 at 3 p.m. at Camp Rilea Warrior Hall. In lieu of flowers, please make a donation in Jeremy’s name to your favorite charity.

Hughes-Ransom Mortuary is in charge of arrangements.

Obituary Policy

The Cannon Beach Gazette publishes paid obituaries. The obituary can include a small photo and, for veterans, a flag symbol at no charge. The deadline for all obituaries is 9 a.m. the business day prior. Death notices will be published at no charge and must be submitted by 9 a.m. the day of publication.

Obituaries and notices may be submitted online at www.dailyastorian.com/forms/obits, by email at ewilson@dailyastorian.com, placed via the funeral home or in person at The Daily Astorian office, 949 Exchange St. in Astoria. For more information, call 503-325-3211, ext. 257.

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PUBLIC MEETINGS

Tuesday, July 18
Cannon Beach Public Works Committee, 9 a.m., City Hall, 163 E. Gower St.

Thursday, July 20
Cannon Beach Parks and Community Services Committee, 9 a.m., City Hall, 163 E. Gower St.

Thursday, July 27
Cannon Beach Planning Commission, 6 p.m., City Hall, 163 E. Gower St.

Friday, July 28
Cannon Beach Emergency Preparedness Committee, 9 a.m., City Hall, 163 E. Gower St.

Tuesday, Aug. 1
Cannon Beach City Council, 7 p.m., City Hall, 163 E. Gower St.

Tuesday, Aug. 8
Cannon Beach City Council, 5:30 p.m., worksession, City Hall, 163 E. Gower St.

Tuesday, Aug. 15
Cannon Beach Public Works Committee, 9 a.m., City Hall, 163 E. Gower St.

Thursday, Aug. 17
Cannon Beach Parks and Community Services Committee, 9 a.m., City Hall, 163 E. Gower St.

Cannon Beach Design Review Board, 6 p.m., City Hall, 163 E. Gower St.

Thursday, Aug. 24
Cannon Beach Planning Commission, 6 p.m., City Hall, 163 E. Gower St.

Friday, Aug. 25
Cannon Beach Emergency Preparedness Committee, 9 a.m., City Hall, 163 E. Gower St.

Tuesday, Sept. 5
Cannon Beach City Council, 7 p.m., City Hall, 163 E. Gower St.

Tuesday, Sept. 12
Cannon Beach City Council, 7 p.m., worksession, City Hall, 163 E. Gower St.

Tuesday, Sept. 19
Cannon Beach Public Works Committee, 9 a.m., City Hall, 163 E. Gower St.

Thursday, Sept. 21
Cannon Beach Parks and Community Services Committee, 9 a.m., City Hall, 163 E. Gower St.

Cannon Beach Design Review Board, 6 p.m., City Hall, 163 E. Gower St.

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