Adams and Costello release music video for debut album

Video for opening track 'Invincible' filmed in Cannon Beach

By Heather DouglasFor EO Media Group

Julie Adams and Michael Costello — the talented Cannon Beach couple of the musical duo "Adams and Costello" who recently released their debut album — met by chance more than twelve years ago at a Lucinda Williams concert at Boston's Orpheum Theatre.

As their romance blossomed, Costello followed Adams, who is from the west coast, back to Cannon Beach, planning to stay for a summer.

That one summer turned into five years, and the couple found themselves traveling back to the Orpheum on the same date — Oct. 7 — to see another Lucinda Williams concert, and to celebrate their five-year anniversary. This occasion would be just as memorable as the last.

During the show, Adams and Costello met up with a friend who happened to know Lucinda's manager. The story of a couple from Oregon who met at her show five years ago, and then traveled across the country to celebrate their anniversary, impressed Lucinda so much that she and her manager agreed to meet up with the couple at a bar around the corner after the show.

The group stayed out until 3 a.m. Costello remarked: "Not only is Lucinda super-cool and fun to hang out with, but I'm a huge fan of her album



Julie Adams and Michael Costello, a Cannon Beach-based musical duo, released their debut album in 2016.

'Car Wheels on a Gravel Road.' It became my new 'Sgt. Pepper.'"

Citing Williams as a huge inspiration, the couple formed their very own musical duo.

In 2016, they released their first album "You Better Believe It," and, a few weeks ago, released a music video, filmed in Cannon Beach, for the album's opening track, "Invincible." The album was done in live takes with two acoustic guitars.

Local music scene

Adams and Costello are both classically trained, the former on the

French horn and the latter on violin, but Adams wanted to pick up guitar. For years, she became a devoted student of Wes Wahrmund, a Cannon Beach musician. Her teacher also turned out to be very supportive by welcoming them to the local music scene. Wahrmund offered to accompany Adams and Costello for their first several gigs, which was a huge confidence-booster. John Sowa, owner of Sweet Basil provided a supportive venue from the beginning. The duo has also performed at KALA in Astoria.

While Adams is new to live per-

Where to find them

CONTACT INFO: www.adam-sandcostello.com

EMAIL: info@adamsand-

NEXT GIG: Sweet Basils, June 3

costello.com

formance, Costello is not new to the music scene. Years ago, he opened for notable acts such as Jimmy Cliff and Buddy Guy with his group The Razor's Edge back in Boston. Razor's Edge eventually broke up and Costello left to work in the trades. Costello started writing songs at 13, and was inspired by a teacher who passed along roots blues albums to him. Costello lists Stevie Ray Vaughn, Bob Dylan and Jimi Hendrix as musical influences.

Adams, who is new to songwriting, co-wrote "You Better Believe It," with Costello. She noted her musical inspirations: "I was really into Motown, R&B, Prince — anything with rhythm."

"It's really an album of the two of us trading songs back and forth," Adams said.

The writing process has taken her by surprise: "I wrote the song 'Pain' in my head while I was jogging. I had to keep humming it until I could get home and write it down," she said.

'A limitless art form'

"Invincible" was inspired by Adams' ill and aging father.

"The song is about a moment when my father, who was a retired doctor, was asking his own doctor for a specific procedure," Adams said. "That doctor pulled me aside and questioned my father's quality of life; he asked me to let him go.

"It was a moment where I had to either follow the advice of an expert authority figure or speak my truth. I stuck to my principles and my father lived eight more months of quality life," she continued.

"The same doctor saw my dad a few months later in a cafeteria enjoying a doughnut and coffee and you could tell he was shocked."

Lately, Adams and Costello are seeking new venues, and aim to take their music on the road. They are currently writing new songs for their next album, which will incorporate their acoustic/electric sound with additional musicians and a rhythm section.

For Adams, becoming a singer/songwriter is a bucket-list dream she has held since childhood.

"A jarring event like loss changes your thinking from 'maybe one day' to 'the time is now.' Music is expansive, expressive, freeing; you don't always know where it's going to take you. It's a limitless art form," she said.

The couple still gets nervous before a gig. "We tell ourselves every time, let's have fun," Adams said.

For Costello, the new adventure has rekindled his desire to perform: "Doing music with Julie is my second chance at music," he said.

LOCAL HAPPENINGS IN BRIEF

Memorial Day book sale in Manzanita

May 26 and 27 in Manzanita the North Tillamook Library hosts its book sale featuring thousands of donated books at two locations, the Hoffman Center for the Arts, 549 Laneda Ave. and Pine Grove Community House three blocks away at 225 Laneda.

The sale begins Friday eve-

ning, May 26, from 5 to 7 p.m. for Friends of the Library only. The sale for the general public is Saturday, May 27, from 9 a.m. to 4 p.m.

Beth Willis and Todd Chatalas in concert

The season finale of the Cannon Beach History Center and Museum's Acoustic Series takes place Friday, May 26, at 7 p.m. featuring soul-blues diva Beth Willis and guitarist Todd Chatalas

Willis and Chatalas perform both rock, acoustic and blues music. Willis, who has played in Cannon Beach before, is a local favorite who is well known for her smoky voice and stage presence. Willis was honored at the Portland Music Award in 2012 with the award for Best Female Artist.

Seating is limited. Tickets are \$15 and include refreshments. The Cannon Beach History Center and Museum is a private nonprofit museum featuring seasonal historic, textile, and artistic exhibits; 387 South Spruce St. in Cannon Beach.

Auditions for 'Alice in Wonderland'

During the summer, all lo-

cal grade-school children, from elementary to high school students, have the opportunity to take part in a production of "Alice in Wonderland (and Back Again)," written by Randy Wyatt and based on the books by Lewis Carroll.

Auditions will be held at 5:30 p.m. Friday, June 9, at the Bob Chisholm Community Center, 1225 Avenue A in Seaside. No prior acting expe-

rience is necessary.

Rehearsals will take place in Seaside a couple times per week from mid-June to August. The performances are scheduled for Aug. 18, 19 and 20 at the Seaside Civic and Convention Center.

For more information or audition requirements, contact Katherine Lacaze at 503-741-5668 or find Alice Comes to Seaside on Facebook.

7AK CONSTRUCTION Custom Homes & Remodels











Joe Zak
General Contractor
503-440-1500
503-368-3920

zakconst@gmail.com
Licensed • Bonded • Insured
CCB#76743
zakconstruction.net

