

# Pulitzer Prize-winning journalist comes to Astoria

Oregon Humanities hosts author Isabel Wilkerson at Fort George July 21

ASTORIA — Oregon Humanities' 2016 Think & Drink series of provocative conversations with Pulitzer Prize-winning writers will come to Astoria on Thursday, July 21.

Isabel Wilkerson, author of "The Warmth of Other Suns: The Epic Story of America's Great Migration" will speak at 7 p.m. at the Fort George Lovell Showroom, located at 426 14th St. Doors open at 6 p.m.; the event is free and open to all ages. Wilkerson will join Adam Davis, executive director of Oregon Humanities.

Wilkerson spent 15 years researching "The Warmth of Other Suns," interviewing more than 1,200 people to tell the story of the nearly six million African Americans who, between 1915 and 1970,



SUBMITTED PHOTO BY JOE HENSON  
Isabel Wilkerson won a Pulitzer Prize in 1994.

fled the South for northern and western cities in search of a better life.

Wilkerson won the Pulitzer Prize for feature writing for her work as Chicago bureau chief of The New York Times in 1994, making her the first black woman in the history of American journalism to win a Pulitzer Prize and the first African-American to win

for individual reporting. In her lectures and essays, she often explores connections between the Great Migration, the civil rights movement, and contemporary issues of race and power.

The 2016 Think & Drink series features conversations with Pulitzer Prize winners and finalists in Portland, Bend, Eugene, Astoria and Ashland. The series is part of the Pulitzer Prize Centennial Campfires Initiative, a joint venture of the Pulitzer Prize Board and the Federation of State Humanities Councils in celebration of the 2016 centennial of the prize.

Think & Drink is supported in part by a grant from the Oregon Cultural Trust. Community partners are Literary Arts, NAACP Portland Branch 1120, Portland Alumnae Chapter, Delta Sigma Theta Sorority, Inc., Self Enhancement Inc., Astoria Public Library, and Fort George Brewery. For more information, visit [prhspeakers.com](http://prhspeakers.com)

## Fuel your week with North Coast Food Web's Sunday Supper cooking sessions

ASTORIA — "I'd like to eat healthier and save some money, but I just don't have time."

"When I get home from work, I'm too tired to cook."

"I never learned, and it sounds too complicated."

Sound familiar? The cooking instructors at North Coast Food Web understand. Better yet, they have a fun way to address the problem.

Sunday Supper is a once-a-month opportunity to join others in cooking up scrumptious, healthy, economical entrées to take home, freeze and pop in the oven at the end of a long day.

Each of the four or five entrées created will feed two people. If you have more mouths to feed, class fees can be adjusted to reflect the number of meals required.

It's fun, it's easy and, at an average of \$7.50 per meal per person, it's cheap. Class includes a packet of recipes and a sit-down meal together when the work is done.

Join this North Coast Food Web class from 10 a.m. to 1:30 p.m. Sunday, July 17 at 577 18th St.

Go to [northcoastfoodweb.org](http://northcoastfoodweb.org) to register, or call Wendy at 503-468-0921 for more information. Class size limited to 10 people.

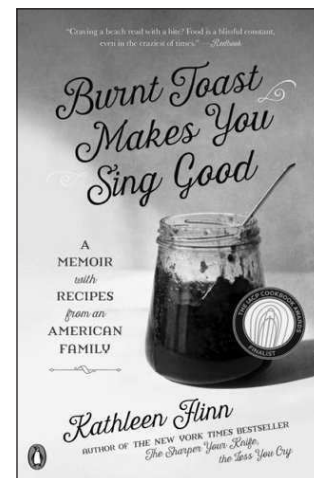
North Coast Food Web is a nonprofit organization dedicated to cultivating healthy communities and a vibrant economy through food.

## Author shares family history, recipes

SEASIDE — At 7 p.m. Thursday, July 21, the Friends of the Seaside Library will host Kathleen Flinn, author of "Burnt Toast Makes You Sing Good." The event will take place in the Community Room with book sales and signings.

The first line from "Burnt Toast Makes You Sing Good" is "I'm Swedish, which makes me sexy, and I'm Irish which makes me want to talk about it." Thus begins a multi-generational memoir of one family's culinary heritage, replete with recipes.

Cooking has defined the Flinn family even before Kathleen was born. In the late 1950s, her parents left Michigan to help her Irish uncle run an Italian restaurant in San Francisco. They returned to the Midwest and went to live on a run-down farm, where the family led a hand-to-mouth existence. The Flinn children "never had new clothes, fancy bikes,



Submitted photo  
"Burnt Toast Makes You Sing Good" by Kathleen Flinn.

or enough money for hot lunch at school." However, between the chickens they raised and fruits and vegetables they grew, the family never lacked for good food. In fact, cooking was the conduit through which previous generations of her working-class family expressed

their love for each other. "Burnt Toast Makes You Sing Good" is a humorous and flavorful tale spanning three generations. Brimming with anecdotes about her Uncle Clarence's cornflake-crusted fried chicken, Grandpa Charles's spicy San Antonio chili, and Grandma Inez's birthday-only cinnamon rolls, Flinn shows how meals can be memories and how cooking can be communication.

Flinn is the New York Times bestselling author of "The Sharper the Knife the Less You Cry" and "The Kitchen Counter Cooking School" which was named a 2012 book of the year. Her latest book was a finalist for the IACP Cookbook Awards as well as the Pacific Northwest Book Award. She lives in Seattle, Washington.

The Seaside Public Library is located at 1131 Broadway. For more information, call 503-738-6742.

## Hear art pop bossanova at KALA

ASTORIA — On Friday, July 15, KALA will present OK ECHO, an art-pop ensemble from San Francisco. Doors open at 8 p.m.; the show begins at 8:45 p.m. There is a \$5 cover.

OK ECHO began when Andrew Boylan posted flyers at the San Francisco Art Institute looking for a drummer, and Barry Despenza responded. A transplant from Chicago, Despenza didn't own a drum set because of his tendency to travel. Instead, he offered Boylan his skills as a cajon player, and the duo took to the streets as buskers.

The pair was able to gather large crowds with their upbeat music, and they knew it was necessary to expand their line-up. Boylan met multi-media artist Jamin Reyes at a house party and asked him to play bass for



SUBMITTED PHOTO

OK ECHO will perform art pop July 15 at KALA. [notforsale](http://notforsale)

the group. Reyes had studied jazz at San Francisco State University. Boylan also met Patti Weiss, a multilingual neuropsychologist who also happened to be a violin player. Together, they create a pop music that flirts with bossanova, jazz and funk.

As the leader of the outfit, Boylan composes and arranges the music. He also uses the band as a platform for art and design. Fine art and items from his clothing line will be available for sale at the show, as well as OK ECHO's debut CD.

