

Take a guided hike up Neah-Kah-Nie Mountain

Experience the connection between land and sea during the upcoming World Oceans Day Hike to the summit of Neah-Kah-Nie Mountain in Oswald West State Park Wednesday, June 8, at 10 a.m. This free guided hike is part of the Explore Nature series of hikes, walks, paddles and outdoor adventures. Hosted by a consortium of volunteer community and non-profit organizations, these meaningful nature-based experiences highlight the unique beauty of Tillamook County and the work being done to preserve and conserve the area's natural resources and natural resource-based economy.



CANNON BEACH GAZETTE/SUBMITTED PHOTO

View from Neah-Kah-Nie Mountain.

The climb to the summit of Neah-Kah-Nie Mountain offers views of the Nehalem River valley, Nehalem Bay

and watershed, Oswald West State Park and the Cape Falcon Marine Reserve. An area where ocean and land conservation meet, this 5-mile hike will highlight the interconnection of the marine and terres-

trial environment along the north coast and the work being done to protect these areas.

The event is free and open to the public. There are no bathrooms or drinking water facilities on this

hike. Bring water and snacks/lunch. Weather on the Oregon Coast is unpredictable and trails can be slick and muddy. Be prepared and bring appropriate gear and clothing.

Expect to spend three to four hours on the trail. The trail is steep at times and was damaged some by winter storms. Be prepared to scamper over or under sizable fallen trees and larger rocks blocking the trail.

Meet at Neah-Kah-Nie Mountain South Trailhead parking area located on the east side of Highway 101, just south of milepost 40 and, two miles south of Short Sands Beach in Oswald West State Park. Parking is limited; carpool when possible. Register at online at Cape Falcon Marine Reserve Facebook page.

Haystack program seeks volunteers

Cannon Beach is seeking qualified applicants for rocky shore interpreters and lead rocky shore interpreters for the Haystack Rock Awareness Program. These seasonal part-time positions run February through October under the supervision of the program's coordinator.

The awareness program is a stewardship and environmental educational program whose mission is to protect, through education, the intertidal and seabird ecology of the Marine Garden and Oregon Islands National Wildlife Refuge at Haystack Rock.

Interpreters educate the public about intertidal and seabird ecology, support school field trip programs, promote stewardship, redirect visitors engaging in prohibited activities, set-up and

break down the program's mobile education unit, collect accurate data, and maintain equipment off the beach. Since beach program schedules vary daily around low tide, applicants must be willing to work early mornings, mid-days, evenings and weekends. Work schedules are coordinated one month in advance.

Interviews will begin in May and continue until all positions are filled.

To apply, send a completed city application available at www.ci.cannon-beach.or.us along with a cover letter or resume and at least three references to Melissa Keyser, HRAP Coordinator, City of Cannon Beach, PO Box 368, Cannon Beach, OR 97110 or email hrap@ci.cannon-beach.or.us.

Volunteer stands up for whales, dolphins

Coordinator from Page 1A

volunteers in protecting Haystack Rock, a national wildlife refuge and marine garden.

"I can see the effect that we're having and that's what is really important to me, to be able to directly protect these ecosystems," she said.

Holtman has found it useful to have an interpreter north of the rock inform people about wildlife in the marine garden — like sea anemones — and let them know that the best wildlife views might be on the other side of the rock.

"To have one interpreter telling people that can prevent hundreds of people from trampling the marine garden," she said. "It just makes a better experience for everyone."

The marine garden is always changing, Holtman said. In a negative tide, visitors can walk farther out to the needles and see different views. Black oystercatchers will soon establish their nests on one side of the rock.

Dolphins and whales

Holtman's passion for dolphins and whales led her to do field work in both the north Atlantic Ocean and the



LYRA FONTAINE/CANNON BEACH GAZETTE

Frances Holtman is the new volunteer coordinator for the Haystack Rock Awareness Program.

Pacific Northwest, as well as support dolphin and whale conservation efforts throughout the world, such as in Antarctica and Japan. Some whales are "apex predators that have a significant impact on all the other species in the ecosystem," she said.

For months, Holtman worked in the Faroe Islands to address the mass slaughter of pilot whales and dolphins during hunts, which she said is an outdated tradition that needs to end.

"Whole pods are killed,

from the matriarch to the unborn fetuses," she said. "It's very brutal."

Videos of Faroe Islands "grinds," as the whale killings are called, show water turning red from blood. Although some still view the killings as tradition, many kill the whales for sport.

"There are awesome things about their culture that they can hold onto," Holtman said. "But I think at this point, it's better something like that is left in the history books."

Holtman helped save whales and dolphins with other Sea Shepherd Conservation Society volunteers. In 2014, the organization saved 1,500 pilot whales.

When she isn't standing up for marine mammals and coordinating Haystack Rock volunteers, Holtman enjoys exploring the Pacific Northwest through doing research and hiking.

The Tillamook County native also enjoys cars: she studied automotive technology at Umpqua Community College.

"I'm really passionate about working on vehicles, fixing things and being self-sustaining," she said.

Moving forward, Holtman said she hopes to study engineering and further her marine conservation work. She looks forward to volunteering for the black oystercatcher and seabird monitoring at Cape Falcon Marine Reserve, and supports organizations like the Audubon Society and Sea Turtles Forever.

"My goal is to build a life that you don't need a vacation from," she said, "so I feel really happy with the work that I'm doing."

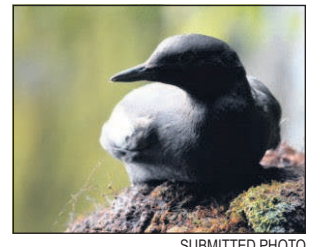


CANNON BEACH GAZETTE/SUBMITTED PHOTO

Nesting cormorants observed during monitoring

Study nesting bird colonies

The Audubon Society of Portland, Friends of Cape Falcon, HRAP, and other partners are initiating a citizen science project in the summer of 2016 to monitor seabird nesting colonies next to the Cape Falcon Marine Reserve in order to better understand how seabirds may respond to the new protections. Study species are Brandt's and pelagic cormorants in the Devil's Cauldron area and Haystack Rock, June through August. Volunteers are sought twice a month, three to four



SUBMITTED PHOTO

Pigeon Guillemot, a commonly monitored seabird.

hours each visit. Contact Amelia O'Connor (ameliajocannon@gmail.com) and Joe Liebezeit (jliebezeit@audubonportland.org).

CANNON BEACH GAZETTE Classifieds

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70 Help Wanted

Arnie's Cafe is hiring!
Our Team is looking for all positions (Breakfast and Prep Cook, Dishwasher, Hostess/Busser and Servers). If you are focused, motivated and a team player; we invite you to apply. Applications are available at Arnie's Café, 1609 S Main, Warrenton. No calls please.

Awakenings By The Sea is accepting applications for full-time Recovery Advocate, LPN/RN and part-time cook. 100% paid insurance (FT) and competitive pay. Send resume to rcook@awakeningshillcountry.com

Bill's Tavern and Brewhouse is hiring for the following positions:
•Prep Cook, PT/Nights
•Servers, PT/FT
•Bussers PT/FT
Please apply in person at 188 N Hemlock, Cannon Beach. 503-436-2202

70 Help Wanted

CASEY EYE INSTITUTE
Oregon Health & Science University

Oregon Health & Science University, a leading health and research university that strives for excellence in patient care, education, research and community service, is currently seeking a full-time Patient Access Services Specialist at the Casey Eye Institute Astoria clinic.

Position requirements: Requirements include six months of work experience in a medical office setting, including high volume direct patient contact; OR one year of work experience in a high volume direct public contact position; OR successful completion of the PAS Trainee position; basic computer keyboarding skills including typing of 30 - 45 wpm; strong customer service skills in all interactions, including both telephone and face-to-face situations; the ability to coordinate multiple tasks and prioritize; and the ability to sit for the majority of the work day. Preferred qualifications include two years of work experience in a medical office in a high volume direct patient contact; ophthalmology experience; and excellent computer and keyboarding skills.

Salary Range: \$17.06-\$23.09/hr

Benefits: OHSU offers employees a comprehensive benefits package with the flexibility to select the level of coverage needed. In addition to medical, dental and other insurance benefits, OHSU offers tuition assistance, mass transit discounts, and a variety of community based discount programs.

To Apply: Visit our website at www.ohsujobs.com and reference IRC53237.

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