

Providence Seaside donates \$10,000 to South County Food Bank



SUBMITTED PHOTO/CANNON BEACH GAZETTE

Kendall Sawa, RN, new chief executive for Providence Seaside presents a check for \$10,000. Mary Blake, fundraising board chair, Kendal Sawa, Karla Gann, manager South County Food Bank, and Neal Wallace, president of the board.

Fresh Foods breaks ground in Tolovana

A crowd gathered in Tolovana Wednesday, Jan. 13. Workers were already busy at the South Hemlock Street site as Jon Welsh, his brother, Tim, and his father, James, held shiny shovels and local dignitaries were gathered round, including Mayor Sam Steidel, Councilors George Vetter and Mike Benefield.

The Welshes were officially launching construction of their new Fresh Foods store, planned to open late this spring.

"We're pretty excited, we've been in Manzanita for almost 20 years now," James Welsh said. "For the past couple of years we've thought, 'Cannon Beach really needs a store.' They've

had stores, but there was a need for more full service, so we started looking for property."

Before shovels hit the dirt, Tim Welsh added thank-yous to builder Keeley O'Brien of O'Brien Constructors LLC and banker Donna Sayre, a commercial lender at Columbia Bank. Jon Welsh credited architect Vito Cerelli for adding the "wow factor."

"The opportunity came, stars aligned, and here we are," Jon Welsh said. "We hope to bring Cannon Beach something it doesn't have now, and something unique that's really going to focus on the needs of the customer base."

Coast Happenings Calendar

YOUR GUIDE TO MUSIC, ART, COMMUNITY AND CULTURAL EVENTS ON THE NORTH COAST

Friday, Jan. 29

Maggie & the Cats

6:30 p.m., Sweet Basil's Café, 271 N. Hemlock St., Cannon Beach, 503-436-1539, www.cafesweetbasils.com, no cover, 21 and older. Maggie and the Cats play blues, funk and rhythm-n-blues.

Dive-in & Movie

7 p.m., Sunset Pool, 1140 Broadway, Seaside, 503-738-3311, www.sunsetempire.com, \$2 to \$3, all ages, PG. The Dive-in Movie & Swim will screen "Goosebumps," a story about its author R.L. Stine, starring Jack Black.

Texas Hold'em

7 p.m., American Legion 168, 1216 S. Hemlock St., Cannon Beach, 503-436-2973, 21 and older. Cannon Beach American Legion offers a Texas Hold'em poker tournament every Friday.

"Dead Guilty" Opens

7:30 p.m., Coaster Theatre Playhouse, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$15 to \$20, PG-13. Richard Harris' psychological thriller is an intense tale that goes awry when an affair causes a chain of events.

Saturday, Jan. 30

Sexuality Workshop

9 a.m., Haystack Gardens, 148 E. Gower Ave., Cannon Beach, www.glenmaiden.com. Martin Hospitality will sponsor a Healthy Sexuality Workshop with Dr. Glen Maiden, a certified sex addition Therapist-C. The workshop will examine definitions, trends in addiction, cybersex, neurobiology and treatments. Registration required.

Kick-off Event

4:30 p.m., Chamber of Commerce, 207 N. Spruce St., Cannon Beach, 541-231-8041, free, all ages. Friends of Cape Falcon Marine Reserve will kick-off an historic event marking Oregon's fifth marine reserve site, includes music, food, drinks and activities.

Tillamook Head Gathering

7 p.m., Seaside Civic & Convention Center, 415 First Ave., Seaside, \$10 to \$15, all ages. In support of the arts at Seaside High School, Tillamook Head Gathering offers live music with the SHS Jazz Choir and Frogtown, a silent auction and appetizers. Tickets available at the school, Beach Books or Seaside Coffee House.

"Dead Guilty"

7:30 p.m., Coaster Theatre Playhouse, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$15 to \$20, PG-13.

Sunday, Jan. 31

Volunteer Party

3 p.m., Coaster Theatre Playhouse, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com. Coaster Theatre board of directors will host a thank you party for its many volunteers including actors, ushers, technicians and strike assistants.

Monday, Feb. 1

Knochlers Pinochle Group

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, all ages, \$1 per session per person. This is a weekly, regular play card game. Prizes awarded.

Burgers & Jam

6 p.m., American Legion 168, 1216 S. Hemlock St., Cannon Beach, 503-436-2973. Monday night at the legion is the place to be for good burgers and good music.

Tuesday, Feb. 2

Art Showing

9 a.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6742, www.seasidelibrary.org, all ages. During February, artist Janet Bland will exhibit new work in her show "Presence" featuring coastal landscapes and seascapes.

Senior Karaoke

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-3311, www.sunsetempire.com, free. Senior karaoke follows the senior lunch program on the first Tuesday of the month. Time is approximate.

NOCS Rehearsals

6:30 p.m., Cannon Beach Community Church, 132 E. Washington St., Cannon Beach, 503-836-2198, www.northoregoncoastsymphony.org. Tuesday rehearsals are underway for the new concert season of the North Oregon Coast Symphony. NOCS is also seeking string players. Age range includes high school to adult and ability should be proficient to professional.

City Council Meeting

7 p.m., Cannon Beach City Hall, 163 E. Gower St., Cannon Beach, 503-436-1581, www.ci.cannon-beach.or.us. The Cannon Beach City Council meets

the first Tuesday of the month and on the second Tuesday for a worksession.

Wednesday, Feb. 3

Library Club Meeting

10:30 a.m., Cannon Beach Library, 131 N. Hemlock St., Cannon Beach, 503-436-1391, www.cannonbeachlibrary.org, free. Join the Library Club for a lite brunch and program with guest speaker Karen Reddick-Yurka discussing CARTM. Visitors and new members welcome.

Bingo!

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-3311, www.sunsetempire.com, 10 cents per card, \$2.40 all games. For an afternoon of Bingo fun, bring some friends, add a few lucky charms, grab a stamper and play Bingo!

Overeaters Anonymous

3:30 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-440-4390. OA groups seek recovery on three levels through the Twelve Steps program.

Paul & Margo Dueber

5 p.m., The Bistro, 263 N. Hemlock St., Cannon Beach, 503-436-2661. Paul and Margo Dueber perform original tunes, folk and Americana from the 70s and 80s.

Women's Auxiliary Meeting

6 p.m., American Legion Post 168, 1216 S. Hemlock St., Cannon Beach. The Cannon Beach Women's Auxiliary of the American Legion Post 168 meet the first Wednesday of the month.

Thursday, Feb. 4

Bereavement Support

2 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-338-6230, 18 and older. This group provides support through journaling and discussion. Hosted by Lower Columbia Hospice.

Floating Glass Balls

7 p.m., Bill's Tavern, 188 N. Hemlock St., Cannon Beach, 503-436-2202, www.billstavernandbrewhouse.com, no cover. Floating Glass Balls plays bluegrass, Caribbean, folk, swing and country.

Friday, Feb. 5

Texas Hold'em

7 p.m., American Legion 168,

1216 S. Hemlock St., Cannon Beach, 503-436-2973, 21 and older.

"Dead Guilty"

7:30 p.m., Coaster Theatre Playhouse, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$15 to \$20, PG-13.

Saturday, Feb. 6

Time 4 Coaching

11 a.m., Seaside Public Library, 1131 Broadway, Seaside, 720-301-3993, www.heart2heart-coaching.org, free. This is a small group coaching class on topics to support personal growth.

Gearhart ArtWalk

2 p.m., celebrate creative art forms during the monthly Gearhart ArtWalk at businesses and galleries in Gearhart. Look for the "Welcome to the Shore" flag at participating merchants.

Oyster Feed

5 p.m., American Legion 168, 1216 S. Hemlock St., Cannon Beach, 503-436-2973, \$15. The American Legion offers an Oyster Feed on the first Saturday of the month, includes sides and salad bar. Doors open at 4 p.m.

Saturday Art Walk

5 p.m., enjoy original artwork, live music and refreshments during Seaside's monthly First Saturday Art Walk. Look for the art walk signs at participating merchants.

"Dead Guilty"

7:30 p.m., Coaster Theatre Playhouse, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$15 to \$20, PG-13.

Sunday, Feb. 7

"Dead Guilty"

3 p.m., Coaster Theatre Playhouse, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$15 to \$20, PG-13.

Evensong

6 p.m., Cannon Beach Community Church, 132 E. Washington St., Cannon Beach, 503-436-1222. Evensong features performers Jennifer Goodenberger and Wes Wahrmond, meditative songs and quiet reflection.

Monday, Feb. 8

Pain Education

12:30 p.m., Providence Seaside Hospital, 725 S. Wahanna Road, Seaside, 800-562-8964, www.providence.org, free. This is a monthly class providing education on understanding pain.

providence.org, free. This is a monthly class providing education on understanding pain.

Spaghetti Feed Fundraiser

5 p.m., American Legion 99, 1315 Broadway, Seaside, \$6, all ages. Bring the family and enjoy a homemade pasta dinner plus dessert. Enter to win a raffle. Proceeds go towards a Seaside High School delegate's tuition for Oregon Girls State.

Burgers & Jam

6 p.m., American Legion 168, 1216 S. Hemlock St., Cannon Beach, 503-436-2973.

Tuesday, Feb. 9

Council Work Session

5:30 p.m., Cannon Beach City Hall, 163 E. Gower St., Cannon Beach, 503-436-1581, www.ci.cannon-beach.or.us.

NOCS Rehearsals

6:30 p.m., Cannon Beach Community Church, 132 E. Washington St., Cannon Beach, 503-836-2198.

Wednesday, Feb. 10

Coffee & Caucuses

10 a.m., Bagels by the Sea, 210 S. Holladay Drive, Seaside, nholmes105@yahoo.com. The community is invited for coffee and a discussion on the upcoming local, statewide and national election. There will be fun quizzes and prizes.

Bingo!

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, 503-738-3311, www.sunsetempire.com, 10 cents per card, \$2.40 all games.

Stroke Support

1 p.m., Providence Seaside Hospital, 725 S. Wahanna Road, Seaside, 503-717-7781, free. This group is affiliated with the American Stroke Association and is open to survivors and caregivers.

Overeaters Anonymous

3:30 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-440-4390.

Paul & Margo Dueber

5 p.m., The Bistro, 263 N. Hemlock St., Cannon Beach, 503-436-2661.

HRAP Lecture Series

7 p.m., Cannon Beach Library, 131 N. Hemlock St., Cannon

Beach, 503-436-1391, www.friendsofhaystackrock.org, free. The month's lecture will be "Marine Mammals, the Marine Mammal Stranding Network and Marine Reserves" with Dr. Debbie Duffield of Portland State University.

Thursday, Feb. 11

Better Breathers Club

1:30 p.m., Providence Seaside Hospital, 725 S. Wahanna Road, Seaside, 800-562-8964, www.providence.org, free. These sessions offer ways to cope with COPD, asthma and other respiratory issues.

Floating Glass Balls

7 p.m., Bill's Tavern, 188 N. Hemlock St., Cannon Beach, 503-436-2202, www.billstavernandbrewhouse.com, no cover.

Friday, Feb. 12

Maggie & the Cats

6:30 p.m., Sweet Basil's Café, 271 N. Hemlock St., Cannon Beach, 503-436-1539, www.cafesweetbasils.com, no cover, 21 and older.

Texas Hold'em

7 p.m., American Legion 168, 1216 S. Hemlock St., Cannon Beach, 503-436-2973, 21 and older.

"Dead Guilty"

7:30 p.m., Coaster Theatre Playhouse, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$15 to \$20, PG-13.

Preregister

Transitions in Life

1 p.m., Feb. 22, Chamber of Commerce, 207 N. Spruce St., Cannon Beach, 503-338-2402, \$49. Transitions in Life & Business will focus on preserving a legacy, enhancing value and fulfilling retirement. Registration required.

CB Yoga Festival

6 a.m., Feb. 26 to 29, Cannon Beach Yoga Arts, 251 N. Hemlock St., Cannon Beach, 503-440-1649, www.cannonbeachyogafestival.com, \$190 to \$375. The annual Cannon Beach Yoga Festival offers workshops, meditation, music and health/wellness treatments. Space is limited and venues vary throughout Cannon Beach. Registration required.

LOVE x 3

A Celebration in Song

St. Catherine's Episcopal Church
Sunday, February 7 at 2:00 pm
 Manzanita, Oregon

TICKETS \$10.00

For more information, visit musiclastsalifetime.com or call 503-436-0378

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Deac Guidi, Bass - Baritone
 Susan Buehler - Soprano
 Adam Schwend - Baritone
 with Cary Lewis - Pianist

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BY RICHARD HARRIS

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 Sunday shows at 3:00 pm

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