Coast Happenings Calendar

YOUR GUIDE TO MUSIC, ART, COMMUNITY AND CULTURAL EVENTS UP AND DOWN THE COAST

Friday, July 17 Maggie & the Cats

6:30 p.m., Sweet Basil's Café, 271 N. Hemlock St., Cannon Beach, 503-436-1539, www.cafesweetbasils.com, no cover, 21 and older. Maggie & the Cats play world-class blues, funk and rhythm-n-blues every Fri-

"Little Shop of Horrors"

7:30 p.m., Coaster Theatre, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www. coastertheatre.com, \$18 to \$23, rated PG-13. "Little Shop of Horrors" is a science fiction, rock musical about a timid floral assistant, a sadistic dentist and a carnivorous

Saturday, July 18

Sunkat Feline Convention 10 a.m., Seaside Civic and Convention Center, 415 First Ave., Seaside, 425-882-3061, www.sunkats.org. The Sunkat Feline Fanciers, a CFA affiliated all breed cat club, will have their annual cat show featuring cats from around the Pacific Northwest. Felines will be presented and judged.

Book Signing

2 p.m., Cannon Beach Book Company, 130 N. Hemlock St., Cannon Beach, 503-436-1301. Local authors Honey Perkel and Gloria Linkey will sign copies of their books and chat with readers.

Artist Reception

5 p.m., White Bird Gallery, 251 N. Hemlock St., Cannon Beach, 503-436-2681, www. whitebirdgallery.com. White Bird will host an artist reception for Randall Tipton, Tom Cramer and Boni and Dave Deal, featuring new works in wood, ceramic and paint.

"It Could Be... Us"

7:30 p.m., Coaster Theatre, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$15 to \$20, rated PG. A family of artistic failures wrangles over a will and a victim in Alan Ayckbourn's comedy "It Could Be Any One Of Us."

Sunday, July 19

Legion Breakfast

9 a.m., American Legion Post 168, 1216 S. Hemlock St., Cannon Beach, \$7 adults, \$3 children. Proceeds help support local veterans, families, community organizations and the high school scholarship fund.

Songbird Walk

9 a.m., meet at Les Shirley Park parking lot, Cannon Beach, 503-436-0143, free, all ages. Local birder Susan Boac will

FREE CONSULTATION

lead a songbird walk from Les Shirley Park along Ecola Creek to the Cannon Beach Lagoons. Ecola Creek Awareness Project is sponsoring this walk. The walk is easy and participants should bring binoculars.

Sunkat Feline Convention

10 a.m., Seaside Civic and Convention Center, 415 First Ave., Seaside, 425-882-3061, www.sunkats.org.

Depression Support

4 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-325-8930. The Depression & Bipolar Support Alliance is open to anyone who has been diagnosed with a mood disor-

Brad Griswold

6 p.m., Sweet Basil's Café, 271 N. Hemlock St., Cannon Beach, 503-436-1539, www.cafesweetbasils.com, no cover, 21 and older. Every Sunday, Brad Griswold offers a night of folk and bluegrass on banjo, guitar and mandolin.

Evensong

6 p.m., Cannon Beach Community Church, 132 E. Washington St., Cannon Beach, 503-436-1222. Evensong features performers Jennifer Goodenberger and Wes Wahrmund, meditative songs, Psalms, readings and quiet reflection.

Monday, July 20

Knochlers Pinochle

1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside, all ages, \$1 per session per person. Knochlers host regular play in the card game of pinochle every Monday. Prizes awarded.

Burgers & Jam

6 p.m., American Legion 168, 1216 S. Hemlock St., Cannon Beach, 503-436-2973. The legion offers good burgers and good music every Monday.

Tuesday, July 21

CB Farmers Market

2 p.m., Cannon Beach City Hall, 163 E. Gower Ave., Cannon Beach, www.cannonbeachmarket.org. This market offers a wide variety of fresh produce, pasture-raised meat, organic cheeses, artisan food products and a children's program is included through Au-

Wednesday, July 22

HEART Support

10 a.m., The Harbor, 1361 Duane St., Astoria, 503-325-3426, www.harbornw.org. Every Wednesday, this support group focuses on the effects

of domestic violence. Reserve seating.

Neahkahnie Hike

10 a.m., Oswald West State Park, Arch Cape, 503-738-9126, www.nclctrust.org, free. Nadia Gardner and Katie Voelke will lead a difficult, threemile hike on the Arch Cape and Falcon Cove trail. Registration required.

Seaside Farmers Market

3 p.m., American Legion 99, 1315 Broadway, Seaside, 503-738-7393, www.seasidemarket. org. Every Wednesday, this market features a variety of fresh produce, meat, cheeses, seafood and artisan food products. It offers kids entertainment, live music and a master gardeners booth.

Paul & Margo Dueber

p.m., The Bistro, 263 N. Hemlock St., Cannon Beach, 503-436-2661. Every Wednesday, Paul and Margo Dueber perform original tunes, folk and Americana from the 70s and 80s.

Native Berries Class

5:30 p.m., CCC Seaside Campus, 1455 N. Roosevelt Drive, Seaside, 503-338-2408, www. clatsopcc.edu/schedule, Dorota Haber-Lehigh show how to recognize and identify native plants. Bring a journal for sketching. Class meets Wednesdays and Saturdays.

The Coconuts

6 p.m., Sweet Basil's Café, 271 N. Hemlock St., Cannon Beach, 503-436-1539, www.cafesweetbasils.com, no cover, 21 and older. The Coconuts play swing, jazz, country, bluegrass and folk every Wednesday.

"It Could Be... Us"

7:30 p.m., Coaster Theatre, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www. coastertheatre.com, \$15 to \$20,

Thursday, July 23

Refresher Pinochle 1 p.m., Bob Chisholm Com-

munity Center, 1225 Avenue A, Seaside. The Knochlers pinochle group offers a free refresher and beginning course on the fourth Thursday of the month, open to anyone 55 and

Puppy Hour

3 p.m., Sweet Basil's Café, 271 N. Hemlock St., Cannon Beach, 503-436-1539, www. cafesweetbasils.com, \$5. Enjoy wine by the glass in the courtyard and help raise money for

the Clatsop County Animal Shelter. Live music with a cast of local musicians included.

Dallas Williams 6 p.m., Sweet Basil's Café, 271 N. Hemlock St., Cannon Beach, 503-436-1539, www. cafesweetbasils.com, no cover, 21 and older. Dallas Williams plays folk music and Ameri-

Book Presentation

cana every Thursday.

7 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6742, www.seasidelibrary. org, free, all ages. Author Kristin Ohlson will discuss her book "The Soil Will Save Us." Books will be available for purchase and signing.

Floating Glass Balls 7 p.m., Bill's Tavern, 188 N. Hemlock St., Cannon Beach, 503-436-2202, www.billstavernandbrewhouse.com, no cover. Every Thursday, the Floating Glass Balls plays a blend of bluegrass, Caribbean, folk, swing, contemporary and

"Little Shop of Horrors"

7:30 p.m., Coaster Theatre, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre. com, \$18 to \$23, rated PG-13.

Friday, July 24

and older.

Maggie & the Cats 6:30 p.m., Sweet Basil's Café, 271 N. Hemlock St., Cannon Beach, 503-436-1539, www.ca-

"It Could Be... Us"

fesweetbasils.com, no cover, 21

7:30 p.m., Coaster Theatre, 108 N. Hemlock St., Cannon Beach, 503-436-1242, www.coastertheatre.com, \$15 to \$20, rated PG.

Saturday, July 25

Bake Sale for Veterans 9 a.m., American Legion 168,

1216 S. Hemlock St., Cannon Beach. The American Legion Auxiliary in Cannon Beach will host its annual craft bazaar and bake sale fundraiser to benefit hospitalized veterans. This year's raffle prize will be the "American Valor" red, white and blue quilt.

Ribbon Cutting

p.m., South County Food Pantry, 2041 N. Roosevelt Drive, Seaside, 503-738-9800, www.southcountyfood.com. The community is invited to celebrate the opening of the new food pantry in Seaside at a ribbon cutting ceremony and ice cream social.

"Little Shop of Horrors"

7:30 p.m., Coaster Theatre, 108 N.

com, \$18 to \$23, rated PG-13.

Sunday, July 26

436-1242,

Hemlock St., Cannon Beach, 503-

www.coastertheatre.

Seaside Garden Tour 8 a.m., Beach Books, 616 Broadway, Seaside, 503-717www.seasidedowntown.com, \$8. Join Pam Fleming as she leads the annual garden tour through downtown Seaside. morning will begin with a brunch and presentation followed by the tour. The tour only is free and begins at 9 a.m. in front of the book-

CBCC Book Club

store.

10:45 a.m., Cannon Beach Community Church, 132 E. Washington St., Cannon Beach, www.cbccbookclub. wordpress.com, free. This group meets on the fourth unday of the month. The next book discussion will be Water From My Heart" by Charles Martin.

NAMI Meeting

2 p.m., Seaside Public Library, 1131 Broadway, Seaside, 503-738-6165, www. nami.org. The National Alliance on Mental Illness welcomes anyone who suffers from a mental illness. Membership is not required.

Brad Griswold

6 p.m., Sweet Basil's Café, 271 N. Hemlock St., Cannon Beach, 503-436-1539, www. cafesweetbasils.com, no cover, 21 and older.

Monday, July 27

Knochlers Pinochle p.m., Bob Chisholm Com-

munity Center, 1225 Avenue A, Seaside, all ages, \$1 per session per person.

6 p.m., American Legion 168, 1216 S. Hemlock St., Cannon Beach, 503-436-2973.

Tuesday, July 28 **CB Farmers Market**

2 p.m., Cannon Beach City Hall, 163 E. Gower Ave., Cannon Beach, www.cannonbeachmarket.org.

Wednesday, July 29 **Seaside Farmers Market**

3 p.m., American Legion 99, 1315 Broadway, Seaside, 503-738-7393, www.seaside-

Paul & Margo Dueber

5 p.m., The Bistro, 263 N. Hemlock St., Cannon Beach, 503-436-2661.

The Coconuts

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Thursday, July 30

Puppy Hour

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Dallas Williams

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Floating Glass Balls 7 p.m., Bill's Tavern, 188 N.

Hemlock St., Cannon Beach, 503-436-2202, www.billstavernandbrewhouse.com, no cover.

"It Could Be... Us"

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Friday, July 31

"Cooking Up A Storm" 6 p.m., The Wave Crest, 4008 S. Hemlock St., Cannon

Beach, 503-440-0684, www. tolovanaartscolony.org, \$50. French cooking with Hank Johnson includes seafood crepes and soufflé. Cost includes materials and meals.

Maggie & the Cats

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Couples Surf Day

9 a.m. to 4 p.m., Aug. 1, Cannon Beach, 503-440-5782, www. Couples Day Surf Camp includes surf instruction, coaching, beach yoga, gourmet box lunch, surf equipment, a tee shirt and goodie bag. Swimming skills and reservations required.



OPEN WEDNESDAY & FRIDAY 9-4:30 | 503-738-7710



Personal service and attention to detail

• The Seaside Senior Dining Center at the Bob Chisholm Center Serves more than 13,000 meals a year to senior citizens. Over 7000 of those meals are delivered to seniors who are homebound or are unable to cook for themselves. This could not happen without the help of a dedicated volunteer team, committed to serving seniors in the Seaside area.

Meals on Wheels volunteers are desperately needed right now

· Volunteer Meals on Wheels drivers not only help ensure good nutrition but also check on our senior citizens well-being and connect **them with vital resources in the community.** Often times, the Meals on Wheels drivers are the only people homebound seniors will see during the week.

reimbursement or use the agency vehicle. All drivers must pass a criminal

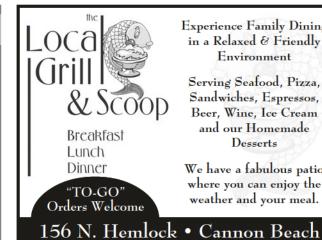
background check and have a valid driver's license prior to starting work. Lunches are delivered on Monday, Wednesday and Friday and take about 2-3 hours. • Come join our cheerful, "can do" volunteer team at

Drivers may use their own vehicles and receive .575 per mile

the Seaside Senior Dining Center. Call Michelle Lewis at NW Senior and Disability Services at 503-861-4202 or the Bob Chisholm Senior Dining Center at 503-738-9323 for more information.







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Tillamook Medical Plaza 1100 Third Street, Tillamook, Oregon adventisthealth.org/trmc