# Feed Your Nerves

Upon rich, pure, nourishing blood by taking Hood's Sarsaparilla, and you will be free from those spells of despair, those sleepless nights and anxious days, those gloomy, deathlike feelings, those sudden starts at mere nothings, those dyspeptic symptoms and blinding headaches. Hood's Sarsaparilla has done this for many others – it will cure you.

## Hood's Sarsaparilla

In usual liquid form or in chocolated tablets known as **Sarsatabs.** 100 doses $1.


**Envelopes.**

Postpaid envelopes originated in the reign of Louis XIV. of France. De Valfver in 1653 established with royal approbation a private penny post by placing boxes at the corners of the streets for the reception of letters wrapped up in these envelopes, which were sold to patrons at offices for that purpose. This is also the first instance of a cheap postal service.


**Beware of Ointments for Catarrh that Contain Mercury**

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists, price 75c. per bottle.
Hall's Family Pills are the best.


**No Way Out.**

"Why do you insist that you will never go into politics?" asked the patriotic citizen.

"Because," answered the self-centered man, "at present I am not rich enough to afford it. And when I am rich enough the public will regard me with suspicion for that very reason."—Washington Star.


HOWARD E. BURTON.—Assayer and Chemist, Leadville, Colorado. Specimen prices: Gold, Silver, Lead, $1; Gold, Silver, 75c; Gold, 60c; Zinc or Copper, $1. Cyanide tests. Mailing envelopes and full price list sent on application. Control and Umpire work solicited. References: Carbonate National Bank.

**RUBBER STAMPS** Best in America We make them

We do not take orders and peddle our Rubber Stamps, Seals, Etc. **We manufacture our own goods.** Our equipment is the newest and best money can buy. Write today for our "Rubber Stamp Catalogue."

**THE IRWIN-HODSON CO.,**
**Portland, Oregon**

**Wow!**

"Magianism, rosicrucianism, gnosticism, occultism, together with Mosaic and Hermetic mysteries, are flourishing in this country and Europe. Packets, locks of hair, wands, vagaries, fakes and morbid mental states due to these are on all sides. How can mental physicians keep up with the new brain diseases? Superstition is now intensely alive, and all kinds of mind distortion, born in prehistoric and barbarous ages, when men did not know a single law of nature, are rife, even in the shadows of universities and colleges."—Professor Larkin, of Mount Lome Observatory.


Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.


**Defining the Situation.**

Henry B. Stanford, for several years with Sir Henry Irving's company, tells this good story of the famous actor: "Sir Henry's wit was of an almost Voltairian character. Once, while I was rehearsing 'Faust' with him at the Lyceum Theater, in London—we were doing the Brocken scene and he had occasion to reprove an army of exuberant supers—he stopped the rehearsal and all was silence. Then, in that quiet, grim way of his, he said: 'Very charming—but you must remember that you are in hell—not picnicking on Hampstead heath.'"—Rochester Herald.


**Keep in Good Health.**

There are many thousands of people all over the world who can attribute their good health to taking one or two Brandreth's Pills every night. These pills cleanse the stomach and bowels, stimulate the kidneys and liver and purify the blood. They are the same fine laxative tonic pill your grandparents used and being purely vegetable they are adapted to children and old people, as well as to those in the vigor of manhood and womanhood.

Brandreth's Pills have been in use for over a century and are for sale everywhere, either plain or sugar-coated.


**Only Too Well Satisfied.**

The husband who is always growling over everything looked up from his paper and remarked sulkily:

"Madam, I see where a man went from home, remained thirty years and then returned and gave his wife $5,000. If you don't do better you may find me doing the same trick some day."

The patient little wife looked up from her sewing and replied sweetly:

"All right, James, but if you will only remain away the thirty years you needn't trouble yourself about the $5,000." And after that he stopped growling.


**You Can Get Allen's Foot-Ease FREE.**

Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

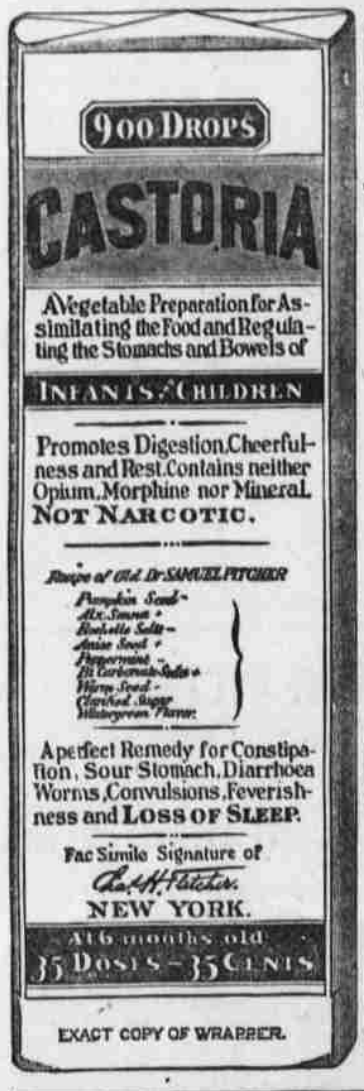

**Insinuating.**

Sweet Singer—The heavy tragedian seems so gloomy to-day.

Comedian—Yes, it is his birthday.

Sweet Singer—His birthday? Why, I should think he would be in the best of spirits.

Comedian—Hardly. One of his friends sent him a cake with frost over the top and he is just about to start on an eastern tour.


EXACT COPY OF WRAPPER.

# CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher.

In Use For Over Thirty Years

# CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

**Improved Colander.**

Some of the recent improvements in cooking utensils are a great help to the housewife, who is always on the lookout for anything that will lighten her duties. The latest is a colander for straining liquids, an illustration of which is shown below. In addition to being serviceable in straining preserves, jellies, etc., it also thoroughly beats and stirs them up, so that the seeds or other undesirable portion is thoroughly separated from that which is to be retained. To make the operation doubly easy, the colander portion is attached to a bracket, the latter being clamped to the table. The colander is in two sections, the lower portion containing the perforations and the upper portion serving as a cover to prevent the contents from splashing out on the table when the beater is operated.

IMPROVED COLANDER

**Baked Oysters.**

These have a different flavor from scalloped oysters, and are nice for a change. Butter a common granite pie plate and cover to the depth of a quarter of an inch with fine bread crumbs, moisten slightly with oyster liquor, then place large oysters upon the crumbs, dotting plentifully with bits of butter and adding salt and pepper to taste. Dip a few spoonfuls of cream over them and bake ten minutes. Serve them in the dish they were baked in, wrapping the edge in a folded napkins. A small plate of sliced lemons should accompany this dish.

**Caramel Custard.**

Put one-half cupful of sugar in an omelet-pan and stir until it melts and is light brown. Stir this gradually into one quart of warm milk. Beat five eggs slightly and add one-half teaspoonful of salt and one teaspoonful of vanilla. Pour into a buttered mold. Set this in a pan of warm water and bake about thirty minutes or till firm. Serve cold, with caramel sauce made with a half a cupful of sugar in an omelet-pan stirred over the fire until light brown. Add half a cupful of boiling water and simmer ten minutes.

**Baked Bananas.**

Strip the skin from one side of the bananas and arrange in a pan. Loosen the skin about them, sprinkle over each a teaspoonful of sugar, and bake in a moderate oven twenty minutes, basting them frequently wth an orange sauce poured over them, and made with one teaspoonful of cornstarch mixed with a quarter of a cupful of sugar. Press the juice from three large oranges, put it over the fire and when hot add sugar and cornstarch. Stir and cook a moment.

**Hamburg Steak with Peppers.**

When Hamburg steak is served for dinner it should be flattened out into a large oval cake about an inch and a half thick and broiled; so prepared it is sometimes spoken of as a broiled chopped steak. As an accompaniment to this or a steak or tenderer cut, quarter green or red sweet peppers, remove seeds and veins and fry quickly in dep fat or a little butter. Serve these on and around the meat.

**Raised Cake.**

Cream one cup of sugar and two-thirds cup of butter, then work them into one pint of raised dough taken from the bread dough. Add a few gratings of nutmeg and a saltspoon of cinnamon, one-half level teaspoon of soda dissolved in a half-tablespoon of water, two well-beaten eggs, and last one cup of seeded raisins rolled in flour. Let rise well in a baking pan and bake in a moderate oven.

**Raisin Pie.**

Put three cups of boiling water on two cups of seeded raisins and cook ten minutes. Add two-thirds cup of sugar in which is mixed one well-beaten egg, two even tablespoons of cornstarch and a rounding teaspoon of butter. Let boil up and thicken, then cool; season with grated lemon peel and juice, and bake between two crusts. This will make two small pies.

**Date Loaf.**

One cupful of oatmeal cooked until soft. Into this stir one pound of stoned dates and turn into a mold. Served with whipped cream. This is a simple and delicious dessert, especially for children.

**Short Suggestions.**

A pinch of salt improves cakes, candies and almost everything that is cooked.

**Women Astronomers Startle World.**

Being proposed to in a balloon, is the latest adventure of a woman astronomer, writes Dewey Sheiden Beebe in Technical World Magazine. And the women astronomers of to-day have discovered more new stars than the men of science have been able to find in several centuries. But women in astronomical work are not the product of new world conditions alone, for they have been identified with every important advance in that science. From the time when the young and beautiful Hypatia of Alexandria gave her life a martyr to science, a tragedy of the fifth century, to the daring capture of Dorothea Klumpke while making a balloon voyage under the auspices of the Paris Observatory, a romance of the twentieth century, the story of women and astronomy is a record of achievement charged with sacrifice and devotion. Woman's natural carefulness, system, caution, accuracy, and love of detail, have made her indispensable in completing our knowledge of the constitution and distribution of the stars. She has achieved greater success, has met with more courteous recognition, and now occupies a more prominent place in astronomy than in any other branch of scientific activity. She has added greatly to our knowledge of the stars, not only through her untiring efforts and discoveries, but by the inspiration of her example and the stimulus of her devotion.

**Lafayette's Medal.**

Shortly after Lafayette's return to France from his second sojourn in America, he was at Versailles, where the King was about to review a division of troops. Lafayette was asked to join in the review.

He was dressed in the American uniform, and was standing by the side of the Prince de Conde, when the King, in his tour of conversation with the officers, came to him and, after speaking on several topics, asked him some questions about his uniform and the military costume of the United States. The King's attention was attracted by a little medal attached to the general's coat, and he asked what it was.

Lafayette replied that it was a symbol which it was the custom of foreign officers in American service to wear, and that it bore a device.

"And what is the device upon yours?" asked the King.

"My device," said the young general, pointing to his medal, "is a liberty pole standing on a broken crown and scepter."

The King smiled, and with some pleasantry upon the republican propensities of a French marquis in American uniform, turned the conversation into other channels. Conde looked grave, but was silent.

**More Information.**

Mrs. Chugwater—Josiah, the doctor says Mr. McJones has pleuro-pneumonia. What is pleuro-pneumonia?

Mr. Chugwater—You know what pneumonia is, don't you? Well, pleuro is the same as plural. It means more than one. Pleuro-pneumonia is what you have when you've got it in both lungs. Why can't you think these things out for yourself once in a while?

Tired of working for the small payments which the State allows them, the Austrian country doctors are preparing to strike.

The average age of death has increased from eighteen years in the sixteenth century to 35½ years in the present one.


# For Lung Troubles

Ayer's Cherry Pectoral certainly cures coughs, colds, bronchitis, consumption. And it certainly strengthens weak throats and weak lungs. There can be no mistake about this. You know it is true. And your own doctor will say so.

"My little boy had a terrible cough. I tried everything I could hear of but in vain until I tried Ayer's Cherry Pectoral. The first night he was better, and he steadily improved until he was perfectly well."—MRS. S. J. STEELE, Alton, Ill.

Made by J. C. Ayer Co., Lowell, Mass.
Also manufacturers of
**Ayer's** SARSAPARILLA. PILLS. HAIR VIGOR.

Keep the bowels regular with Ayer's Pills and thus hasten recovery.


**Nature's Part.**

The young women of a type which is by no means uncommon were gazing together upon the tranquil beauty of an English landscape.

"Oh, don't you love nature?" asked one, turning with clasped hands to her friend.

"Yes, indeed," was the response, in a tone of gratifying intensity. "It adds so much!"

**Opinion of an Expert.**

The South Chicago man, who was taking his first trip across central Michigan, looked out of the car window and saw one of those peculiar fences that the farmers of that region sometimes make by digging up old pine stumps and laying them in a row, with the roots facing the road.

"Well," he said, "I've seen all kinds of fads in landscape decoration, but, by George, there's the worst attempt in that line I ever saw!"


FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE $2 trial bottle and treatise. Dr. R. H. Kline, Ld. 931 Arch St., Phila., Pa.


**A Silent Conviction.**

"Remember," said George Washington's father, "that if I had punished you for chopping down that cherry tree it would have hurt me more than it hurt you."

George said nothing. But across his mind flashed the thought that his incapacity for prevarication was not an inherited trait.—Washington Star.


**DOES YOUR BACK ACHE?**

**Profit by the Experience of One Who Has Found Relief.**

James R. Keeler, retired farmer, of Fenner St., Cazenovia, N. Y., says: "About fifteen years ago I suffered with my back and kidneys. I doctored and used many remedies without getting relief. Beginning with Doan's Kidney Pills, I found relief from the first box, and two boxes restored me to good, sound condition. My wife and many of my friends have used Doan's Kidney Pills with good results and I can earnestly recommend them."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

# OLD SORES FED AND KEPT OPEN BY IMPURITIES IN THE BLOOD

Whenever a sore refuses to heal it is because the blood is not pure and healthy, as it should be, but is infected with poisonous germs or some old blood taint which has corrupted and polluted the circulation. Those most usually afflicted with old sores are persons who have reached or passed middle life. The vitality of the blood and strength of the system have naturally begun to decline, and the poisonous germs which have accumulated because of a sluggish and inactive condition of the system, or some hereditary taint which has hitherto been held in check, now force an outlet on the face, arms, legs or other part of the body. The place grows red and angry, festers and eats into the surrounding tissue until it becomes a chronic and stubborn ulcer, fed and kept open by the impurities with which the blood is saturated. Nothing is more trying and disagreeable than a stubborn, non-healing sore. The very fact that it resists ordinary remedies and treatments is good reason for suspicion; the same germ-producing cancerous ulcers is back of every old sore, and especially is this true if the trouble is an inherited one. Washes, salves, nor indeed anything else, applied directly to the sore, can do any permanent good; neither will removing the sore with caustic plasters or the surgeon's knife make a lasting cure. If every particle of the diseased flesh were taken away another sore would come, because the trouble is in the blood, and the ***BLOOD CANNOT BE CUT AWAY.*** The cure must come by a thorough cleansing of the blood. In S. S. S. will be found a remedy for sores and ulcers of every kind. It is an unequalled blood purifier—one that goes directly into the circulation and promptly cleanses it of all poisons and taints. It gets down to the very bottom of the trouble and forces out every trace of impurity and makes a complete and lasting cure. S. S. S. changes the quality of the blood so that instead of feeding the diseased parts with impurities, it nourishes the irritated, inflamed flesh with healthy blood. Then the sore begins to heal, new flesh is formed, all pain and inflammation leaves, the place scabs over, and when S. S. S. has purified the blood the sore is permanently cured. S. S. S. is for sale at all first class drug stores. Write for our special book on sores and ulcers and any other medical advice you desire. We make no charge for the book or advice.

**I was afflicted with a sore on my face of four years' standing. It was a small pimple at first but it gradually grew larger and worse in every way until I became alarmed about it and consulted several physicians. They all treated me but the sore continued to grow worse. I saw S. S. S. advertised and commenced its use and after taking it a while I was completely cured. My blood is now pure and healthy from the effect of S. S. S., and there has not been any sign of the sore since S. S. S. cured it.**

**THOS. OWEN**
**West Union, Ohio.**

**S.S.S.**
**PURELY VEGETABLE**

***THE SWIFT SPECIFIC CO., ATLANTA, GA.***