

PERUNA PRAISED.



MRS. ESTHER M. MILNER.

Box 321, DeGraff, Ohio.
Dr. S. B. Hartman, Columbus, Ohio.
Dear Sir:—

I was a terrible sufferer from pelvic weakness and had headache continuously. I was not able to do my housework for myself and husband.

I wrote you and described my condition as nearly as possible. You recommended Peruna. I took four bottles of it and was completely cured. I think Peruna a wonderful medicine and have recommended it to my friends with the very best of results. Esther M. Milner.

Very few of the great multitude of women who have been relieved of some pelvic disease or weakness by Peruna ever consent to give a testimonial to be read by the public.

There are, however, a few courageous, self-sacrificing women who will for the sake of their suffering sisters allow their cures to be published.

Mrs. Milner is one of these. In her gratitude for her restoration to health she is willing that the women of the whole world should know it. A chronic invalid brought back to health is no small matter. Words are inadequate to express complete gratitude.

A GRATEFUL LETTER TO DR. HARTMAN

Like a Gun.

"I want to get an alarm clock," said the customer.

"Here's one of silver plate for \$10," said the clerk.

"Too high."

"Well, here's one made of nickel for \$5."

"Too high yet."

"Here's one made of gun metal for \$2."

"Gun metal? That sounds all right. I want it for my 12-year-old boy, and if it sounds anything like a gun when it goes off in the morning I guess it's what I want."—Yonkers Statesman.

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE trial bottle and treatise, Dr. R. H. Kline, 14, 281 Arch St., Phila., Pa.

After a Fashion.

"I presume," said his old friend, "now that you have a young man as an assistant pastor, you divide the parish work with him."

"Yes," answered the elderly preacher, scratching his chin reflectively. "I suppose you could call it that. He does the marrying, and I do the burying."

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TEAK, Wholesale Druggists, Toledo, O. WALKING, KIRKMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists. Testimonials free. Hall's Family Pills are the best.

Balked.

"Doctor," asked the caller with the badly inflamed eye, "what will it cost to take this grain of sand out of my eye?"

"I shall probably have to charge you \$5 for the operation," said the eminent oculist.

"I can carry it cheaper than that," rejoined the other, turning on his heel and walking out.

Thus, owing to the greed of both parties, another prospective deal in real estate came to naught.—Chicago Tribune.

Salvation and Railroad Rates.

A writer in Harper's Weekly quotes an amusing story attributed to Dr. Rice of Springfield, apropos of the recent meeting of railroad men and their lawyers to find out what the new rate law really means. Dr. Rice, it seems, used to tell of a young Methodist who went forth from Wilbraham Academy to preach his trial sermon.

"What was your text?" he was asked when he came back.

"How shall ye escape if ye neglect so great a salvation?"

"A good text—how did you handle it?"

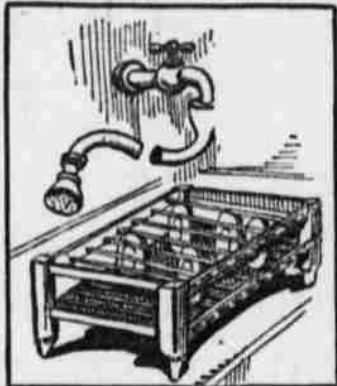
"First, I showed 'em how great this salvation is, then I showed 'em how to escape if they neglected it."

One Kind.

Teacher—Miss Badger, what do you understand by "the privileged classes?"
Coed—The botany classes. They can go out in the woods once in a while.



For Cleaning Dishes.
Numerous dishwashing machines have been devised, all of them useful for the purpose, but, being complicated, they are not appreciated for household use, being suitable only for restaurants, hotels and such places where dishes are washed by the hundreds. Any housewife would gladly welcome the one shown here, which is exceedingly simple in form, but at the



WASHES AND DRIES DISHES.

same time amply sufficient. An extended description is unnecessary, as its construction is readily apparent. The frame is made of metal, the rods being of wire and extending from two sides, and the bottom of the frame a screen of large mesh. When the articles to be cleaned are in position between the rods and the rack has been set in the kitchen sink, or where the water applied can be readily drained off, hot water is applied to the dishes through a hose attached to the faucet. A spraying nozzle at the end of the hose provides the exact distribution of the water. After standing in the rack for a few minutes the dishes will be dry from the action of the heat and the perfect drainage afforded.

Rib of Beef.

If the joint is a large one it is well to cover the top with a sheet of paper well spread with beef dripping; this will prevent the fat from burning and drying up too quickly, which spoils the appearance of the joint; sprinkle with flour, and put in a hot oven or before a brisk fire; allow one-quarter hour to each pound of meat, and one-half hour over; baste constantly; when three parts cooked, draw a little away from the fire, or let the heat of the oven go down a little; just before it is dished sprinkle with a little more flour and salt; dish on a hot dish garnished with tufts of finely scraped horseradish. To scrape the horseradish: After having washed it well, peel off the outside, then use a blunt knife to scrape with; if a sharp knife is used one is liable to cut off little shavings rather than scrape it finely.

Soda Cakes.

One pound of flour, one level teaspoonful of carbonate of soda, one-quarter a level teaspoonful of cream of tartar, sufficient buttermilk to mix. Pass the flour, soda and cream of tartar through a sieve, or mix them thoroughly together. Then mix quickly with the buttermilk to a soft dough, but not too moist. Make into little cakes, and bake on a griddle or else in the oven. If buttermilk is not to be obtained use sour milk, or, still better, sour water made thus: Take a little oatmeal and put it in a jug of water; let it stand until next day till a little sour; then use. This will be found to make good cakes, and is an excellent substitute for buttermilk when it cannot be had. This mixture may be baked in one cake, if liked, instead of small ones.

Preserved Peaches.

Take ripe, but not soft, peaches. Pour boiling water over them to take off the skins, which will pull off easily. Weigh equal quantities of fruit and sugar, and put them together in an earthen pan over night. In the morning pour off the syrup and boil a few minutes; set off the kettle and take off the scum. Put back the kettle on the fire; when the syrup boils up, put in the peaches. Boil them slowly three-quarters of an hour, take them out and put in jars. Boil the syrup fifteen minutes more and pour over them.

Currants and Raspberries.

Currants are excellent served with raspberries. Slightly mash the currants, leaving as many whole ones as are mashed, sweeten plentifully, and just before serving mix them with an equal quantity of red raspberries, fresh and whole. Currant shortcake can be made after the same recipe for cherry shortcake.

RHEUMATISM

ALMOST AS COMMON IN SUMMER AS IN WINTER.

While the damp, cold, changing weather of Winter intensifies the pains and other disagreeable symptoms of Rheumatism, it is by no means a winter disease exclusively. Through the long months of Summer its wandering pains and twitching nerves are felt by those in whose blood the uric acid, which produces the disease, has accumulated.

Rheumatism is a disease that involves the entire system. Its primary cause results from the failure of the eliminative organs, the Liver, Kidneys and Bowels, to carry out of the system the urea, or natural refuse matter. This coming in contact with the different acids of the body forms uric acid which is taken up and absorbed by the blood. This acid causes fermentation of the blood, making it sour and unfit for properly nourishing the body, and as this vital stream goes to every nook and corner of the body, the poison is distributed to all parts. The nervous system weakens from lack of rich, pure blood, the skin becomes feverish and swollen, the stomach and digestion are affected, the appetite fails and a general diseased condition of the entire system is the result.

Not only is Rheumatism the most painful of all diseases, with its swollen, stiff joints, throbbing muscles and stinging nerves, but it is a formidable and dangerous trouble. If the uric acid is allowed to remain in the blood, and the disease becomes chronic, chalky deposits form at the joints, and they are rendered immovable and stiff, and the patient left a helpless cripple for life. Every day the poison remains in the system the disease gets a firmer hold. The best time to get rid of Rheumatism is in warm weather; because then the blood takes on new life and the skin is more active and can better assist in the elimination of the poisons. With the proper remedy to force the acid out of the blood, and at the same time build up and strengthen the Liver, Kidneys, Bowels and other organs of the body, Rheumatism can be permanently cured. External applications relieve the pain and temporarily reduce the inflammation, and for this reason are desirable, but they cannot have any effect on the disease. The blood is poisoned and the blood must be treated before a cure can be effected.

S. S. S., a remedy made from roots, herbs and barks, is the best treatment for Rheumatism. It goes into the blood and attacks the disease at its head, and by neutralizing the acid and driving it out, and building up the sour blood so it can supply nourishment and strength to every part of the body, it cures Rheumatism permanently. S. S. S. is the only safe cure for the disease; being purely vegetable, it will not injure the system in the least, as do those medicines which contain Potash or some other mineral ingredient. S. S. S. tones up every part of the body by its fine tonic properties. While cleansing the blood of all poisons it builds up the appetite and digestion, soothes the excited nerves, reduces all inflammation, relieves pain and completely cures Rheumatism in every form—Muscular, Inflammatory, Articular or Sciatic. If you are worried with the nagging pains of Rheumatism, do not wait for it to become chronic, but begin the use of S. S. S. and purge the blood of every particle of the poison. Write for our book on Rheumatism, and ask our physicians for any advice you wish. We make no charge for either.

THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.



Last Summer I had a severe attack of Inflammatory Rheumatism in the knees, from which I was unable to leave my room for several months. I was treated by two doctors and also tried different kinds of liniments and medicines which seemed to relieve me from pain for awhile, but at the same time I was not any nearer getting well. One day while reading a paper I saw an advertisement of S. S. S. for Rheumatism. I decided to give it a trial, which I did at once. After I had taken three bottles I felt a great deal better, and I continued to take it regularly until I was entirely cured. I now feel better than I have for years.
CHAS. E. GILDERPLEVE.
613 32nd Street, Newport News, Va.

SSS

Write for our book on Rheumatism, and ask our physicians for any advice you wish. We make no charge for either.

Overconfidence.
"Ruggles, can you do a little figuring for me? I want to win a bet. Is your fountain pen in working order?"
"Yes."
"You needn't do it, Ruggles. I've lost."

Could Prove an Alibi.
Scott (with bill of fare)—Chicken soup, s-u-p-e. How is that for spelling?
Mott—Sure is right. The chicken doesn't take any part in it to speak of.
—Boston Transcript.

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