

Quite True.

Miss Boston—They say she's extremely haughty. Miss Tours—I should say so! The last time I saw her she was sailing down the street in—

Miss Boston—Pardon me; why do you use that senseless expression? How could she go "sailing" down the street? Miss Tours—Easy enough. I saw her last in Venice.—The Catholic Standard and Times.

Only the Promise.

A big sea turtle was sprawling around in the tank in front of the restaurant. "Look, papa!" exclaimed the little boy, "Let's go in and have some real green turtle soup!" "Not yet, Geordie," said the father. "Wait till some day when you see this tank empty."

FITS Dr. V. Van Dyke and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE TRIAL BOTTLE and treatise. Dr. R. H. Kline, Ltd., 911 Arch St., Phila., Pa.

Served It on Her, Anyway.

Misses (indisposed)—What is it you wish to say to me, Bridget? I am too ill to sit up. Domestic—Well, mum, ye can take notice without sittin' up. I lave ye next Sabbath, mum.

Wasted Effort.

"It takes time, trouble and infinite patience, of course, to be a good Sunday school teacher, but you have the satisfaction of knowing that you are helping to mold the character of the rising generation."

"Yes, but it makes me sad to think how quickly a year's work is undone when green apple time comes."

Mothers will find Mr. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

More Like It.

"Grapher is in financial straits, I hear." "Don't believe it, I'll bet they're financial crooked."—Philadelphia Ledger.

Bred Contempt.

Girl with the Gibson Girl Neck—Can't you see something familiar in the face of that man sitting on the opposite side of the car? Girl with the Julia Marlowe Dimple—Yes; it's his eyes. I wish he'd be a little less familiar with them.

STATE OF OHIO, CITY OF TOLEDO, Lucas County, ss.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

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An Appreciation.

"Have you ever seen Hamlet played precisely as you thought it should be?" "No," answered Mr. Stormington Barnes. "I have often wished I might be a spectator at one of my own performances."—Washington Star.

His Reputation.

Miss Medicus (sister of the new village doctor)—Have you heard of Dr. Medicus about here? Native—Rather, mum! Do you see that hearse and carriages goin' by over there? That's one of his funerals.—Harper's Weekly.

To Break in New Shoes.

Always shake in Allen's Foot-Powder, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Usual Dash of Cold Water.

Boris—I've been nearly dead for sleep during the last week. I could scarcely keep awake while I was writing that story that was printed yesterday. Nagus—I can easily believe it. It affected me the same way while I was reading it—from sympathy, I suppose.



Crisp Crust Rolls.

One pint warm water, one cake compressed yeast, one-half tablespoonful salt. Always test the yeast; break yeast in tumbler, add one-half tablespoonful of sugar and fill tumbler with a part of the warm water. If the yeast rises to the top of the water in a short time it is good; if not, it is not fit to use. Have warm sifted flour in pan and make a hole in center of it, pour in warm water, yeast and salt, mix in a soft dough and let it stand until it doubles itself, then roll out and cut into strips with a sharp knife and form into long, slender rolls. Let them stand until they double themselves, then bake. Makes about twenty-four rolls, and if temperature is right it only takes about three hours to bake them.

Home-Made Corned Beef.

Rub into the beef a mixture of one part saltpeter to ten parts salt, and when so much has been rubbed in that the salt lies dry on the surface set aside for twenty-four hours in a cold place, before repeating the process. Set aside again for twenty-four hours. At the end of that time put over the fire five gallons of water, one gallon of salt, four ounces of saltpeter and one and a half pounds of brown sugar. Boil for ten minutes, then set aside until stone cold. Wipe the beef carefully, put the beef in the pickle and set it in a cold place. If this pickle shows signs of spoiling remove the beef, wash and wipe and prepare more and stronger brine for it.

Rhubarb Pie.

Skin and chop two cups of rhubarb before measuring. Mix 1 1/2 cups sugar and two tablespoonfuls of flour together, and add to the rhubarb; then add the yolks of two eggs, slightly beaten, and one teaspoonful of butter. Line a pie plate with plain paste. Fill with the mixture and bake in a moderate oven until the rhubarb is soft. Cover with a meringue made of the whites beaten stiff, add two tablespoonfuls of powdered sugar and continue beating. Pile lightly on the pie and bake in a slow oven about fifteen minutes. If the rhubarb is scalded before using some of its acidity is lost, so less sugar is required.

Sweet Apple Pickles.

Select smooth apples below medium size and have them uniform; peel carefully and leave the stems on; allow two quarts of vinegar, four pounds of light brown sugar, one ounce each of ground cinnamon and cloves; tie the spice in little cheesecloth bags and some sticks of whole cinnamon; when scalding hot, put in enough apples to cook well; when they can be easily pierced with a broom straw, skim out in a store jar and cook the other apples; pour the hot vinegar over the pickles, turn an inverted plate or saucer over the jar and tie up securely with white muslin.

Plum Duff.

Sift a quart of flour with two teaspoonfuls of baking powder and a teaspoonful of salt, add a teaspoonful of finely chopped suet, and when well mixed stir in a cup of currants and just enough water to make a stiff dough. Tie up in a floured cloth, leaving room for swelling and drop into a kettle of boiling water. Boil for one hour. Eat with brown sugar.

Strawberry Jam.

Cap the berries and to each pound of fruit allow three-quarters of a pound of granulated sugar. Put the berries into the preserving kettle, bring very slowly to a boil, so that they will not scorch, and boil for a half-hour, stirring hard and often. Dip out the superfluous juice and set aside for jelly. Add sugar to the berries, and cook for twenty minutes more. Put in glasses.

Salad Dressing.

Beat the yolk of one egg thoroughly, adding salad oil until very thick. Now add the stiffened white of the egg, a gill of vinegar and a small tablespoonful of flour. Beat hard until there are no lumps, then boil over a slow fire, stirring steadily until thick. Keep in the icebox. When needed dilute with cream or vinegar and season to taste.

Prune Whip.

Soak, stew and stone two dozen small or eighteen large prunes. Chop very fine. Make a meringue of five eggs, adding powdered sugar to taste, and beating very stiff. Whip in the prune pulp a little at a time until you have a brown frothy mixture. Serve in chilled glasses with spoons.

Cold Slaw.

Wash a firm, white cabbage and lay in cold water for half an hour. With a sharp knife cut into shreds, dropping these into iced water. When ready to serve drain in a colander, shaking hard, and pour over all a cold boiled salad dressing.

The number of timber sleepers on the railways of the world is calculated to be about 1,494,000,000.

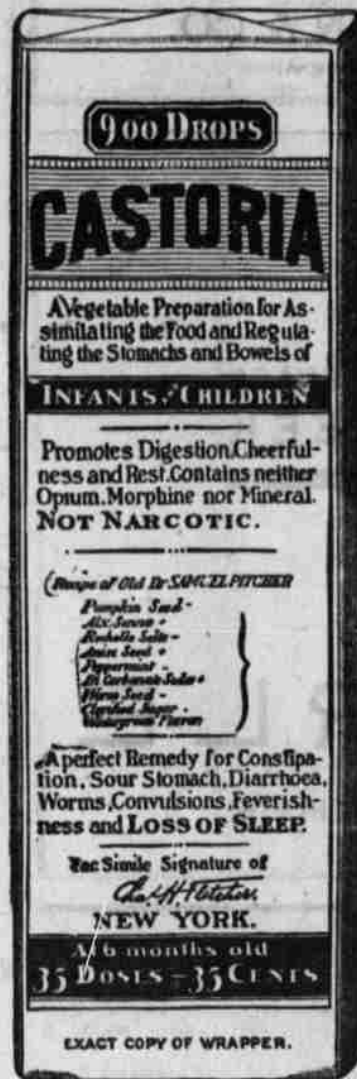
About 60,000 Italians and as many Austro-Hungarians have settled in New England in the last three years.

A Philadelphia teamster has been arrested for driving his team over a golf course.

# Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twentytwo per cent., or nearly one-quarter, die before they reach one year; thirtyseven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.



## Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy." Dr. E. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients." Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm." Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily commend its use. The formula contains nothing deleterious to the most delicate of children." Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children." Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments." Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality as to its efficiency and merits." Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

## GENUINE CASTORIA ALWAYS

Bears the Signature of *Chas. H. Fletcher*  
The Kind You Have Always Bought  
In Use For Over 30 Years.

## How Good Food may Turn to Poison

DECAY is not digestion, you know, even when it takes place in the stomach.

Food decayed in the body after being eaten is as dangerous to health as food decayed before being eaten.

Food nourishes or poisons, just according to how long it remains in the Bowels undigested.

Cascarets are the simplest and surest safeguard against Delayed Digestion yet discovered.

Sold in a thin Enamel Box, half as thick as your watch, which fits into the vest pocket or lady's purse as if it grew there.

In this round-edged Enamel Box are found six small Candy Tablets.

One of these toothsome tablets works wonders for digestion.

Soon as placed in the mouth it starts the Saliva flowing, which at once gets to work dissolving it.

The Saliva becomes blended with the Candy Cascaret tablet, and from the moment they start going down your throat together they start working together.

Now, what do they work at? Bowel-work, of course—Digestion.

Most of the Digestion occurs in the thirty feet of Intestines that connect with the Stomach.

They are lined with a set of little mouths, that squeeze Digestive Juices into the Food eaten.

The Digestive Juices thus mix with the food, just as Saliva mixes with Cascaret tablets, dissolving and changing that food into nourishment, as it passes along the channel.

The Intestines are also lined with millions of little suction pumps, that draw the Nutriments from Food, as it passes them in going through.

This Nutriments is then carried into the Blood, and spread over the Body as Brain, Bone and Brawn.

But, when the Bowel-Muscles are weak, the Food moves too slowly to stimulate the little Gastric Mouths and there is no flow, or too little flow of Digestive Juice, to change the food into nourishment.

Then, the food decays in the Bowels, and in the thirty feet of Intestines.

When this Decay begins the little suction pumps draw Poison from the decayed Food, into the blood, instead of the Nutrition it should have drawn.

Now, Cascarets contain the only combination of drugs that Stimulates these Muscles of the Bowels and Intestines just as a Cold Bath, or open-air Exercise, stimulates a Lazy Man.

Cascarets therefore act like Exercise.

They produce the same sort of Natural result that a Six Mile walk in the country would produce, without any injurious Chemical effect.

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