

Buy Hair at Auction?

At any rate, you seem to be getting rid of it on auction-sale principles: "going, going, g-o-n-e!" Stop the auction with Ayer's Hair Vigor. It checks falling hair, and always restores color to gray hair. A splendid dressing also. Sold for over sixty years.

"My hair came out so badly I nearly lost it all. I had heard so much about Ayer's Hair Vigor I thought I would give it a trial. I did so and it completely stopped the falling, and made my hair grow very rapidly."—MARY H. FISH, Northfield, Mass.

Made by J. C. Ayer & Co., Lowell, Mass.
Also manufacturers of
Ayer's
SARSAPARILLA,
PILLS,
CHERRY PECTORAL.

A Balanced Account.

"A fair exchange is no robbery." So the text-books have taught us, and now another instance, quoted by the New York Tribune, arises to illustrate the proverb anew. An American, well known for his wealth, receives innumerable letters asking him to subscribe to charities, and often, when the credentials of the project seem dubious, he has to refuse.

Not long ago he had a letter from London, signed by an unfamiliar name. "Knowing as I do your generosity," the stranger wrote, "I have put you down for a two-hundred-dollar subscription to our miners' widows' fund. Christmas is approaching, and we propose to give a fowl and a Christmas pudding to each miner's widow, on Christmas eve."

The millionaire replied: "Though I know nothing of you or your fund, I respond gladly to the call you make upon me. I, too, am interested in a charity similar to yours. It is an American charity, and since it stands in need of funds for a Christmas treat I have not hesitated to put you down for a subscription of two hundred dollars. Thus no money need pass between us."

To save the knees of boys' ribbed stockings one may re-enforce them by sewing a piece of strong black cloth behind them before they are worn at all. It is remarkable how much longer stockings wear when treated in this way.

SADIE ROBINSON.

Pretty Girl Suffered From Nervousness and Pelvic Catarrh—Found Quick Relief in a Few Days.



NERVOUSNESS AND WEAKNESS CURED BY PE-RU-NA

Miss Sadie Robinson, 4 Rand street, Malden, Mass., writes:

"Peruna was recommended to me about a year ago as an excellent remedy for the troubles peculiar to our sex, and as I found that all that was said of this medicine was true, I am pleased to endorse it."

"I began to use it about seven months ago for weakness and nervousness, caused from overwork and sleeplessness, and found that in a few days I began to grow strong, my appetite increased and I began to sleep better, consequently my nervousness passed away and the weakness in the pelvic organs soon disappeared and I have been well and strong ever since."

Address Dr. S. B. Hartman, President of the Hartman Sanitarium, Columbus, O., for free medical advice. All correspondence strictly confidential.

PISO'S CURE FOR
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.
CONSUMPTION



Dark and Light Candy.

Half a pound of chocolate, two pounds of white sugar, one tablespoonful of butter, one of cream, one tablespoonful of vanilla. Stir this all the while it is cooking. This will be brown. Then butter a flat dish and put a layer on it, let it harden a little, and add a layer of white candy, made as follows: Three cupfuls of white sugar and one of cream, flavored with orange or lemon, and boiled for twenty minutes. Do not stir this very much. After the white layer hardens a little, put another of the brown. Mark off into squares or long pieces, and cut so as to show to advantage the alternating stripes of color. Instead of the brown, one can color the first with pokeberry jelly or other coloring that will give a red tint, and if vanilla is not liked, pineapple will make a nice contrast to the flavor of the white candy.

Chicken Pie.

Pump young hens are preferable. Prepare as for fricassee with the addition of a few shreds of salt pork. Slice three hard boiled eggs and lay among the chicken in the pie, together with a little minced parsley, a hint of onions if acceptable, celery salt and white pepper. After thickening the liquor, add a cup of very thick sweet cream and pour over the chicken. Make a crust as for soda biscuit with considerable additional shortening, roll to about three-eighths of an inch in thickness, use a deep pan and line throughout and cover with crust. Bake from twenty-five to forty minutes according to the temperature of the oven.

Sunshine Cake.

Beat the yolks of five eggs very light, then add a cup of sifted granulated sugar and a dash of salt. Stir in now, gradually, three-quarters of a cup of flour that has been sifted twice, with one-half teaspoonful of cream of tartar. Beat hard for twenty minutes. Have ready the whites of seven eggs beaten stiff, with a teaspoonful of white sugar, a teaspoonful of lemon juice and a tablespoonful of orange juice. Just before the cake is ready for the oven fill in lightly this white-of-egg mixture. Turn at once into a pan that has been buttered and then sprinkled with flour. Bake in a steady oven for three-quarters of an hour.

Potato Soup.

Peel and slice one dozen good-sized potatoes and one large onion. Melt one ounce of dripping in a saucepan and fry the potatoes and onion for five minutes, taking care that they do not brown. Wash a stick of celery and chop it into smaller pieces, add it with a pint and a half of water and a bunch of sweet herbs to the potatoes. A ham bone may be put in the soup if liked. When the potatoes are quite soft, rub them through a sieve. Return them to the saucepan with a pint of milk and a lump of sugar; stir until the soup boils. Serve immediately.

Wax Beans.

An English recipe for serving wax beans is novel. Cut the beans breadthwise in half or quarter-inch pieces and boil in salted water. Drain well and prepare the following sauce: Make a sauce with equal quantities of flour and butter, add salt and pepper and a cupful of sour cream. Add the beans and allow them to boil up once, stirring all the time. If no sour cream is at hand sweet cream or rich sweet milk with a few drops of lemon-juice will serve.

Cookies.

One and one-half cupfuls of sugar and one-half cupfuls of butter creamed together; add two-thirds of a cupful of sour milk or cream in which one small teaspoonful of soda is dissolved; use flour enough to make a soft dough. Flavor with nutmeg or vanilla, or use a few caraway seeds. Roll thin, with a cookie cutter, sprinkle with a pinch of sugar or cocoanut and bake quickly on buttered tins.

Fruit Jelly.

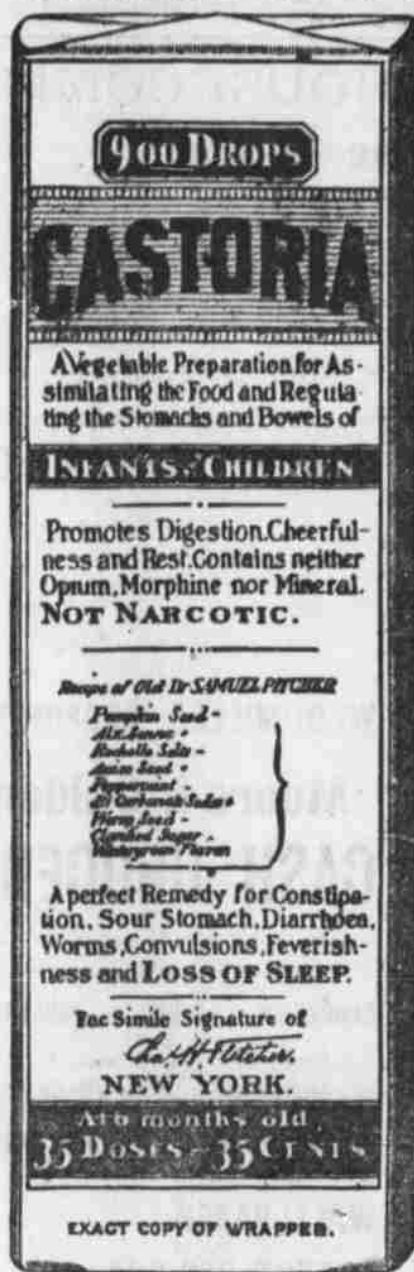
Soak one box of gelatine one hour in one pint of cold water; when soaked, pour on one pint of boiling water, then put in a quart of fruit. Pineapples, canned strawberries or raspberries or other fruits may be used. Add one-half cup of sugar and one teaspoonful of lemon, then pour in mould to harden. Serve with whipped cream.

Waldorf Salad.

Cut enough stalks of white celery into bits to make a pint. Blanch and chop fine one dozen English walnuts. Peel and cut into dice of uniform size two large apples, or enough to make a cupful. Mix these ingredients together, adding mayonnaise dressing. Put into a bowl lined with lettuce and pour mayonnaise dressing over all.

Physicians Recommend Castoria

CASTORIA has met with pronounced favor on the part of physicians, pharmaceutical societies and medical authorities. It is used by physicians with results most gratifying. The extended use of Castoria is unquestionably the result of three facts: *First*—The indisputable evidence that it is harmless: *Second*—That it not only allays stomach pains and quiets the nerves, but assimilates the food: *Third*—It is an agreeable and perfect substitute for Castor Oil. It is absolutely safe. It does not contain any Opium, Morphine, or other narcotic and does not stupefy. It is unlike Soothing Syrups, Bateman's Drops, Godfrey's Cordial, etc. This is a good deal for a Medical Journal to say. Our duty, however, is to expose danger and record the means of advancing health. The day for poisoning innocent children through greed or ignorance ought to end. To our knowledge, Castoria is a remedy which produces composure and health, by regulating the system—not by stupefying it—and our readers are entitled to the information.—*Hall's Journal of Health.*



Letters from Prominent Physicians Addressed to Charles H. Fletcher.

Dr. B. Halstead Scott, of Chicago, Ill., says: "I have prescribed your Castoria often for infants during my practice, and find it very satisfactory."

Dr. William Belmont, of Cleveland, Ohio, says: "Your Castoria stands first in its class. In my thirty years of practice I can say I never have found anything that so filled the place."

Dr. J. H. Taft, of Brooklyn, N. Y., says: "I have used your Castoria and found it an excellent remedy in my household and private practice for many years. The formula is excellent."

Dr. Wm. L. Besserman, of Buffalo, N. Y., says: "I am pleased to speak a good word for your Castoria. I think so highly of it that I not only recommend it to others, but have used it in my own family."

Dr. R. J. Hamlen, of Detroit, Mich., says: "I prescribe your Castoria extensively, as I have never found anything to equal it for children's troubles. I am aware that there are imitations in the field, but I always see that my patients get Fletcher's."

Dr. Wm. I. McCann, of Omaha, Neb., says: "As the father of thirteen children I certainly know something about your great medicine, and aside from my own family experience I have in my years of practice found Castoria a popular and efficient remedy in almost every home."

Dr. J. R. Clausen, of Philadelphia, Pa., says: "The name that your Castoria has made for itself in the tens of thousands of homes blessed by the presence of children, scarcely needs to be supplemented by the endorsement of the medical profession, but I, for one, most heartily endorse it and believe it an excellent remedy."

Dr. Channing H. Cook, of St. Louis, Mo., says: "I have used your Castoria for several years past in my own family and have always found it thoroughly efficient and never objected to by children, which is a great consideration in view of the fact that most medicines of this character are obnoxious and therefore difficult of administration. As a laxative, I consider it the peer of anything that I ever prescribed."

Dr. R. M. Ward, of Kansas City, Mo., says: "Physicians generally do not prescribe proprietary preparations, but in the case of Castoria my experience, like that of many other physicians, has taught me to make an exception. I prescribe your Castoria in my practice because I have found it to be a thoroughly reliable remedy for children's complaints. Any physician who has raised a family, as I have, will join me in heartiest recommendation of Castoria."

GENUINE CASTORIA ALWAYS Bears the Signature of

Charles H. Fletcher.

The Kind You Have Always Bought In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY ST., NEW YORK CITY.

Maternal Curiosity.

"Tommy," asked Mrs. Tucker, "I don't see Mrs. Carston's old cat in our back yard any more. What has become of it?"

"I don't know where it is now," said Tommy. "Last time I saw that cat it was going towards Michigan."

"Toward Michigan? On a train?"

"None. 'Cross the lake."

"In a boat?"

"None. It kind o' jumped into the water."

"Where?"

"Off the fishin' pier."

"You don't mean to say it was trying to swim in the lake?"

"None. I guess it couldn't have swum much, anyway, 'cause there was a rock tied—say, it seems to me you're gettin' awful curious about that old cat, all at once!"

Bouttown's Singular Power.

Prof. Steele—By simply holding a bright object before a person's eyes for five minutes, I can hypnotize him, and make him do anything I wish.

Bouttown—That's nothing. By holding a bright object before a restaurant waiter's eyes for three-quarters of a second, I can make him my slave.

Private Car Lines.

The railroads seem very willing to have the private car lines brought under the jurisdiction of the Interstate Commerce commission. A railroad president is authority for the statement that lines are paid mileage, without discrimination, and the question of excessive charges is a matter for the shipper to settle with the car lines, so long as there is no law to govern their rates. Car mileage paying has been decided to be as legal as the payment of rental for property.

An Opinion Reserved.

"Do you believe in government ownership?"

"That depends," answered the trust magnate, "on whether you mean that the government ought to own us or we ought to own the government."—Washington Star.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free 22 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

A man suggests that a little lard or vaseline be applied on a door or window to the part which rubs and prevents opening.

Long and Short of It.

It was 2 a. m. when he tried to steal softly up the stairs.

But his wife was awake.

"When you went out after supper," she said, reproachfully, "you said you wouldn't be gone long."

"Well," he answered wearily, as he rattled the keys in his pocket, "I came back short, anyway."

Piso's Cure is a good cough medicine. It has cured coughs and colds for forty years. At druggists, 25 cents.

The best way to clean brass is with sweet oil applied with a soft rag. Only in extreme necessity should any scouring substance be used, as this scratches. In case of a scourer being needed, powdered bath brick is excellent.

A Rough Road.

Farmer Wayback (starting home from the station)—Please, ma'am, do you wear false teeth?

Fair Boarder (for the summer)—Sir? Farmer Wayback—Oh, I don't mean to be curious. Only this road is a little rough, and of your teeth ain't good and fast you'd better put 'em in your pocket.

MALLEABLE IRON STUMP PULLERS

Fastest, lightest and strongest stump puller on the market. 119 Horse power on the sweep with two horses. Write for descriptive catalog and prices.

REIERSON MACHINERY CO.
Foot of Morrison Street Portland, Oregon
P. O. U. No. 25-1905

When writing to advertisers please mention this paper.

Unwilling to Arbitrate.

Husband—The cook appears to be in an ill humor. What's the matter?

Wife—Oh, we had a few words this morning. She threatened to leave because we have so much company, and I threatened to discharge her for the same cause.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Dear Friends.

Nellie—What did you say when he proposed last evening?

Bertha—How do you know he proposed?

Nellie—You were so glad to see me, you know. You felt so good you wanted me to feel bad.—Boston Transcript.

BLOOD POISON MAN'S GREATEST ENEMY

The disease that has done more than any other to wreck, ruin and humiliate life, is Contagious Blood Poison. Sorrow, shame and suffering go hand in hand with this great enemy, and man has always hated and fought it as he has no other disease. It is the most powerful of all poisons; no matter how pure the blood may be, when its virus enters, the entire circulation becomes poisoned and its chain of horrible symptoms begin to show. Usually the first sign is a small sore or ulcer, not at all alarming in appearance, but the blood is being saturated with the deadly poison, and soon the mouth and throat begin to ulcerate, the hair and eyebrows drop out, a red eruption breaks out on the body, copper-colored spots and sores make their appearance and the poison even works down into the bones and attacks the nerves. Not only is the disease hereditary, being transmitted from parent to child, in the form of scrofula, weak eyes, soft bones, weak, puny constitutions, etc., but is also so highly contagious that many a life has been ruined by a friendly hand shake, or from using the toilet articles of one infected with the poison. To cure this blighting, deadly curse the blood must be purified, and nothing will do it so quickly and surely as S. S. S. It goes down to the very bottom of the trouble, drives out every particle of the poison and makes the blood clean and strong. It does not hide or cover up anything, but from the first begins to expel the poison and build up and strengthen the system. S. S. S. is guaranteed purely vegetable. We offer a reward of \$1,000 for proof that it contains a particle of mineral of any kind. Book on the disease, with instructions for home treatment, and any advice desired, without charge.

THE SWIFT SPECIFIC CO., ATLANTA, GA.