

Ayer's

When the nerves are weak everything goes wrong. You are tired all the time, easily discouraged, nervous, and irritable. Your cheeks are

Sarsaparilla

pale and your blood is thin. Your doctor says you are threatened with a nervous breakdown. He orders this grand old family medicine.

"For more than 30 years I have used Ayer's Sarsaparilla in my family. It is a grand tonic at all times, and a wonderful medicine for impure blood."—D. C. HOLT, West Haven, Conn.

25¢ a bottle. All druggists. J. C. AYER CO., Lowell, Mass.

Weak Nerves

Keep the bowels regular with Ayer's Pills, just one pill each night.

Cupid Defeated.

A half-repentant bachelor, with quite a pile of rocks,
Dropped in, one day, beside the way,
and bought a pair of socks.
Arrived at home—romantic joy!—he
wonderingly drew out
A note deep hidden in the hose—from
some fair hand, no doubt!

"I'm twenty years of age," it read, "and
called a country belle.
With you I'd like to correspond—if you
will never tell.
My object matrimony is, and yours, I
hope, the same.
If you'll address me, I'll respond." And
then she wrote her name.

On fire with hope, the bachelor that very
evening wrote,
And folded his epistle with a kiss inside
the note.
By Cupid had him in his mesh—no very
clever catch,
For, after all, quite foolish is a half-
repentant bach.

But oh how sheepish did he feel, when
from the fair unknown
This answer came, to quench his flame:
"An old maid I have grown
Alas 'twas forty years ago I planned
that fond surprise,
Defeated by a heartless wretch who
wouldn't advertise!"

Shock for the Lawyer.

A well-known lawyer of this city,
whose office is located close to the
city hall, received a tremendous shock
the other day. He was counsel for a
man charged with larceny, and, as the
evidence was conclusive, he advised
his client to plead guilty.

"You know that you have a bad record
and you have practically confessed
your guilt," said the lawyer in a soothing
manner, "and you will be sentenced
to about three years in jail."

This last sentence completely dum-
founded the prisoner, but after he had
looked about his cell for several minutes
he turned to his attorney and in a
very serious manner said: "Will you
kindly go out and get me a good lawyer?"

As soon as the lawyer recovered
from the shock he told the prisoner he
would argue the case for him.—Philadelphia Press.

A Beautiful Volume.

The most beautiful volume in the
Congressional Library at Washington
is a Bible which was transcribed on
parchment by a monk in the 16th century.
The general lettering is in the
German text, each letter is perfect,
and there is not a scratch or blot from
lid to lid. Each chapter begins with
a large illuminated letter, in which is
drawn the figure of a saint, some incident
of whom the chapter tells.

First Life Insurance Policy.

The first life insurance policy of
which the details are on record resulted
in a lawsuit. William Gybbons insured
himself on June 15, 1583, for
£383 against dying in twelve months.
He did die on May 18 of the next year,
and the disgusted underwriters (the
company of those days) contested payment
on the plea that he had lived
twelve months of twenty-eight days
each.—World's Work.

Joke on Her.

Member of congregation—Do you
know your sermon on covetousness
last Sunday grievously offended and
disgusted Brother Pner?

The Rev. K. Moffatt Lightly—Aha!
I shall have to tell my wife that. It's
a good one on her. She contended all
the way home from church that morning
that there wasn't a man in the audience
who had paid the slightest attention
to the sermon.

Not Quite Satisfactory.

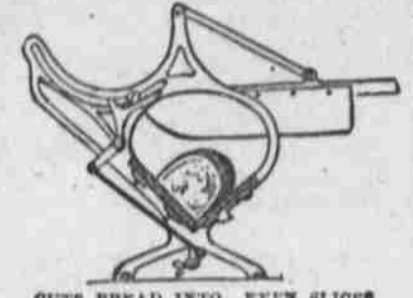
Hicks—I understand that you have
had a telephone put in your house. Mrs.
Wicks must find it a great convenience.
Wicks—Yes; but she doesn't like it
half as well as she thought she would.
You see, when she is using it she has
to listen half the time.—Somerville Journal.

PISO'S CURE FOR
CURES WHERE ALL ELSE FAILS
Best Cough Syrup, Throat Good, Use
in time. Sold by druggists.
CONSUMPTION



THE HOUSEHOLD

Cutter for Bread.
The majority of people are not particular about the way in which their bread is cut, while others must have it exactly to their taste—thick or thin. In the small family of only a few members this is an easy matter, but in hotels, restaurants and large boarding houses, where hundreds of loaves of bread are cut every day, it would



CUTS BREAD INTO EVEN SLICES.

take all one person's time to cut the bread if it were done by hand. An examination of the bread served in restaurants, for example, will show how evenly each piece is cut, which, of course, is not done by hand, but by a device designed for that purpose, made each time the knife is operated. The gauge can be adjusted to make a cut of any thickness desired. Such a device as shown in the illustration is a necessity in hotels and restaurants a device designed for that purpose, and a great time and labor saver. The patentee is Niels M. Anderson, of Brooklyn, N. Y.

A Real French Omelet.
Beat thoroughly, first, the yolks and then the whites of the eggs; to the yolks add a tablespoonful of boiling water, a pinch of salt and a dash of pepper; turn the stiff whites into the yolks and fold; that is, stir them in so that the air bubbles shall not be broken. Turn carefully into a frying pan, in which has been melted a large piece of butter. Set where it may cook very slowly, and when well browned on one side set in the oven to brown on the other. Send immediately to the table. The omelet may be varied by dropping chopped meat in it, chopped celery, grated cheese, or, if a sweet omelet is desired, by spreading jelly over and folding.

Pepper Pot.
Cut two pounds of cold boiled tripe into small bits and put it over the fire with a half-pound of cold boiled veal chopped fine and three quarts of veal stock skimmed free of fat. Bring to the boil, add a bunch of soup greens cut small, a chopped onion and a cupful of potato dice. Cover closely, simmer for an hour and a half, season to taste, thicken with a white roux and when thick and smooth drop in small dumplings. Serve as soon as these are done.

Chicken Sambayan.
Here is a delicious variation of chicken soup: Make a strong broth by boiling the carcasses of two chickens, together with the skinned feet, the ends of the pinions, and any scraps of meat left uneaten. Clear the broth of fat, season, and add the yolks of six or eight eggs, well beaten. Cook the eggs and the broth together in a double boiler, stirring all the time until the mixture thickens like a thin boiled custard. Serve in bouillon cups. This is called chicken sambayan.

Pickled Pumpkin Rind.
Peel the pumpkin, scraping out all the pulp and seeds. Cut into pieces of uniform size. Boil the rind in slightly salted water until tender, but not mushy. Drain and lay on a platter while you bring to a boil vinegar, adding sugar to suit the taste, and whole spices. Boil for five minutes, then strain out the spices. Pack the rind in jars and pour over all the speed vinegar. Seal.

Fish Cutlets.
Remove the crust from a half-loaf of bread and soak in boiling milk; press it dry and beat with a fork. Break up and pound an equal quantity of uncooked flounder and halibut; add the bread-crumbs, also an ounce of butter, three eggs, salt and pepper to taste, half a teaspoonful of anchovy sauce, and a few drops of essence of lemon or cinnamon. Stir all well together and shape into form of cutlets, and fry in hot lard.

Baked Beans and Tomatoes.
Soak the beans and boil until tender. Drain and put into a deep dish, with a large lump of salt pork that has been parboiled and pour over all a generous half-pint of seasoned and strained tomato sauce, into which a lump of butter has been stirred. The tomato sauce should not have been thickened. Cover closely and cook for three hours at least.

Chocolate Icing.
Into the unbeaten white of an egg whip a cup of powdered sugar. When very light and white add two tablespoonfuls of grated chocolate, adding more if you wish a very brown icing. Spread at once on the cake.

Muscles in Tension.
The Revue Scientifique has been asking what muscles tire soonest, with the conclusion that it is not the muscles in use, but those under tension, although doing no work. The writer urges us to use the arms and legs less and the back and neck more, for on them comes the greatest strain. He has been asking men of all occupations the same questions:

When you have worked much, where do you feel tired?

Before you were trained did fatigue show itself in the same regions?

All the answers point to the same conclusions. The baker who kneads dough all night complains of fatigue in his legs.

The blacksmith is tired, not in his arms and shoulders, but in his back and loins.

The young soldier, after a march, is especially tired in the back of the neck, even if he has carried no knapsack.

The earman who is in perfect training after prolonged exercise gets tired in his calves and insteps.

These facts point to the conclusion that in any continued effort we should try to alter the habit of contraction. That is to say, the body, like the mind, needs change of work.

Time and Books.
The economy of saving time is wise, but there is an economy of spending time. In reading, especially, hurry is most wasteful. Reading is the making of thoughts, of ideas, of pictures in the brain. All young photographers know how little is to be made out of an "under-exposed plate," but do they understand that there may be such a thing as an under-exposed brain? It takes time to make impressions on the mind. If you read too fast, either aloud or to yourself, or skim over your reading, the mind receives poor impressions or none at all.—St. Nicholas.

Oregon Blood Purifier is rightly named, because it purifies the blood and tones up the body.

Subservient to the Master.
Even in these days of gallantry, a woman is constantly reminded of her old inferior position in the eyes of the "lords of creation." The word "lady," which is supposed to be so complimentary, means "one who serves bread"—a waitress, nothing more or less; so that when you address a countess even as "My lady," you are simply saying the equivalent of "my waitress." "Wife" is another word for "weaver," the woman who weaves her lord's and her children's raiment. "Spinner" is, of course, a "spinner," a word reminiscent of the days when a girl had to spin her complete outfit of house linen before she was fit to be a wife; and "Mrs." is an abbreviation of mistress, the most flattering description of all, and yet showing that woman derives her position solely from her master.

STATE OF OHIO, CITY OF TOLEDO, ss.
LUCAS COUNTY,
FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CASTORIA that cannot be cured by the use of HALL'S CATARRH CURE.
FRANK J. CHENEY.
Sworn to before me and subscribed in my presence, this 6th day of December, A. D., 1896.
A. W. GLEASON,
Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.
Hall's Family Pills are the best.

Taken at His Word.
Mr. Newly—We don't appreciate things we get for nothing. Everybody likes the things best that cost the most.

Mr. Newly—Then you must love me a great deal, because I've heard you say that you paid very dearly for me.
—Detroit Free Press.

ECZEMA A FLESH FIRE

Those afflicted with Eczema know more than can be told of the suffering imposed by this "flesh fire." It usually begins with a slight redness of the skin, which gradually spreads, followed by blisters and pustules discharging a thin, sticky fluid that dries and scales off, leaving an inflamed surface, and at times the itching and burning are almost unbearable. While any part of the body is liable to be attacked, the hands, feet, back, arms, face and legs are the parts most often afflicted. The cause of Eczema is a too acid condition of the blood. The circulation becomes loaded with fiery, acid poisons that are forced through the glands and pores of the skin which set the flesh aflame. Since the cause of the disease is in the blood it is a waste of time to try to cure it with local applications; the cause must be removed before a cure can be effected. S. S. S. has no equal as a remedy for Eczema; it enters the blood and forces out the poison through the natural channels, and builds up the entire system. The skin becomes smooth and soft again, and the Eczema is cured. Cases that have persistently refused to be cured under the ordinary treatment yield to its purifying, cooling effect on the blood. Book on Skin Diseases and any advice wished, without charge.

SSS
THE SWIFT SPECIFIC CO., ATLANTA, GA.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or we will send post paid at 10c a package. Write for free booklet how to dye, bleach and mix colors. MONROE DRUG CO., Unionville, Missouri.

PE-RU-NA MEASURES UP TO THE STANDARD



UNCLE SAM—"A High Standard is Required of Any Catarrh Remedy That Has Been Endorsed by so Many Trustworthy and Prominent People."

City Country Folks.
Mrs. Upmore—How is your experiment of living in the country succeeding?

Mrs. Hyems—It isn't so bad as you might expect. It costs us more, of course, to have our butter and fresh vegetables brought out to us from the city, but we don't have to entertain nearly as much company as we did in the city.—Scottish American.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Matrimonial Bliss.
"You must think I'm a fool!" exclaimed the angry husband.
"I never would have said so," calmly rejoined the other half of the combine, "but since you have mentioned it I'm not going to perjure myself by denying it."

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of *Wm. D. Hatch*

New Problem.
"Gracious me!" exclaimed the lady. "These servant girl problems are very vexing."

"What now?" asked her husband.
"Why, that Russian girl I hired refuses to wash my kimonos because they are Japanese."

Piso's Cure is a good cough medicine. It has cured coughs and colds for forty years. At druggists, 25 cents.

Forget It Not.
"Take heed unto this solemn truth," Thus spake the beggar, needy:
"A bloomin' chump was I in youth,
And now I'm old and seedy."

An Unkind Cut.
"Isn't it queer," remarked Newpop, "that the baby immediately becomes quiet the minute I began to sing to him?"
"Oh, there's nothing so very queer about it," rejoined Mrs. Newpop. "The poor little dear is evidently puzzled by the strange noise."

Plunder's
REGON BLOOD PURIFIER
HEALTH RESTORER
USE IT!

"All Signs Fall in a Dry Time"

THE SIGN OF THE FISH
NEVER FAILS IN A WET TIME
In ordering Tower's Slickers, a customer writes: "I know they will be all right if they have the 'FISH' on them." This confidence is the outgrowth of sixty-nine years of careful manufacturing.
Highest Award World's Fair, 1904.
A. J. TOWER CO., The Sign of the Fish
Boston, U.S.A.
Tower Canadian Co. Limited
Toronto, Canada
Makers of Warranted Wet Weather Clothing



Clean Your Grain FOR SEED

The CHATHAM FANNING MILL, with Sacking attachment, will clean and grade all kinds of Grain and Seeds. The only machine that has screens and riddles made especially for cleaning grain on the Coast. To convince you that this Grain Cleaner is as represented I will send you one on 30 days' free trial and will pay the freight.
Write me for our Descriptive Catalogue and "on time" proposition—it will interest you.

GEO. W. FOOT
Dept. 11 Portland, Oregon

P. N. U. No. 15-1905

WHEN writing to advertisers please mention this paper.