Spring Humors

Come to most people and cause many troubles,—pimples, boils and other eruptions, besides loss of appetite, that tired feeling, fits of biliousness, indigestion and headache.

The sooner one gets rid of them the better, and the way to get rid of them and to build up the system that has suffered from them is to take

Hood's Sarsaparilla and Pills

Forming in combination the Spring Medicine *par excellence*, of unequalled strength in purifying the blood as shown by unequalled, radical and permanent cures of

Scrofula	Salt Rheum
Scald Head	Boils, Pimples
All Kinds of Humor	Psoriasis
Blood Poisoning	Rheumatism
Catarrh	Dyspepsia, Etc

Accept no substitute, but be sure to get Hood's, and get it today.

Something About Canals.

The Suez canal is usually considered the most important example of ship canals, though the number of vessels passing through it annually does not equal that passing through the canals connecting Lake Superior with the chain of great lakes at the south. In length, however, it exceeds any of the other great ship canals, its total length being 90 miles, of which about two-thirds is through shallow lakes, says Harper's Weekly.

The canal connecting the Bay of Cronstadt with St. Petersburg is a work of great strategic and commercial importance to Russia. The canal and sailing course in the bay are about 16 miles long, the canal proper being about six miles and the bay channel about 10 miles, and they together extend from Cronstadt, on the Gulf of Finland, to St. Petersburg.

The next of the great ship canals connecting bodies of salt water in the order of date of construction is the Corinth canal, which connects the Gulf of Corinth with the Gulf of Aegina. The canal reduces the distance from Adriatic ports about 175 miles, and from Mediterranean ports about 100 miles. Its length is about four miles.

This Is Miraculous.

Manhattan, Kansas, March 14.—One of the strangest cases that has ever been heard of in Riley county is that of the three year old daughter of Mr. Jonas Brubaker of this place.

Sometime ago the little girl took whooping cough, which was followed by pneumonia When the pneumonia left her, she was taken down with malaria fever with at times symptoms of Spinal Meningitis.

The family doctor brought her safely through these troubles, but after the fever Bright's Disease set in, and the doctors gave her up. Her father tells the rest of the story:

"We began to give her Dodd's Kidney Pills and after she had taken about three and a half boxes, she was entirely cured. Now she is well as any child, running and playing as if nothing had ever been the matter. The doctors said she was beyond the reach of medicine. Dodd's Kidney Pills certainly saved our little girl's life, when she was so far into the chronic stage of Bright's Disease that we thought nothing could save her."

Old Marriage Certificates.

Theorists are to be found all over the world who advocate that no man or woman shall be allowed to marry who has not a certificate of freedom from transmissible disease. Not even the most extreme, however, would go so far as a Prussian official in the town of Rappin, one of whose duties is to inspect butchers' meat and another to place the official seal on marriage certificates. The Berlin Lokalanzeiger states that on one occasion he used the wrong stamp and instead of sealing the nuptial contract he certified that the happy pair were free from trichinosis. The absurd mistake was not discovered until some days had elapsed, with the result that the high court of Berlin has had to be set in motion to rectify the error.

The Enterprising Drummer.

Shopkeeper (whose patience is completely exhausted)—Snippers, call the porter to kick this fellow out.

Importunate commercial traveler (undaunted)—Now, while we're waiting for the porter I'll show you an entirely new line—best thing you ever laid eyes on.—Glasgow Evening Times.

SEED POTATOES
500,000 BUSHELS
FOR SALE CHEAP

Largest seed potato growers in the world!
Elegant stock. Tremendous yields. From 400 to 1000 bushels per acre.
FOR 10 CENTS
and this notice we send you lots of farm seed samples and big catalogue, telling all about Teosinte, Spelts, Peaoat, Aerid Land Barley, Macaroni Wheat, Bromus, Earliest Cane, etc. Send for same today.
JOHN A. SALZER,
SEED CO. LA CROSSE, WIS.

W. L. DOUGLAS
$3.50 & $3 SHOES UNION MADE

W. L. Douglas shoes have by their excellent style, easy-fitting, and superior wearing qualities, achieved the largest sale of any shoes in the world.
They are just as good as those that cost you $4 to $5—the only difference is the price.
Sold Everywhere.
Look for name and price on bottom.
Douglas uses Corona Coltskin, which is everywhere conceded to be the finest Patent Leather yet produced. *Fast Color Eyelets used.* Shoes by mail, 25c. extra. Write for Catalog. W. L. Douglas, Brockton, Mass

25 CTS PISO'S CURE FOR 25 CTS
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.
CONSUMPTION

GUYED FITZ TO HIS SORROW.

Pugilist's Unexpected Demonstration of His Hitting Power.

Bob Fitzsimmons gave an unexpected demonstration of his physical might the other day in a downtown sporting goods house. The big fighter drops into this establishment frequently and edifies the clerks and whatever customers may be about by his skill at drumming the punching bag. He rarely fails to perform his old trick of knocking the bag lose from its bearings, and on this occasion, after a hard blow had torn the bag loose from the string that held it, one of the officers of the concern who was loking on and who knows Fitz well, remarked to the pugilist:

"Oh, I don't think much of that stunt, Fitz; that piece of rope was an old one and it wouldn't take much of a blow to break it. It took you some time to get that bag loose, and my opinion is you are getting to be a back number. If you couldn't land on Corbett any harder than that he'd trim you in jig time."

Fitz didn't say anything in regard to the guying, but the mention of Corbett's name made his face take on a more determined expression.

"Then," said the business man in telling of the incident, "I got a brand-new piece of stout sash cord, nearly thick enough to lift a horse and rigged up the punching bag with this cord. 'Now,' I said to Fitz, 'there is something you could not knock loose in a hundred years.' Fitz lammed away at the bag viciously for a while, but didn't knock it loose. I stood there guying him some more, telling him how he'd gone back and all that, and then I walked away about twenty feet.

"I turned around to see how Fitz was getting along, and as I did so I saw his arm shoot through the air so fast it was only a blur in the air, and the next thing I knew the bag was shooting through space like a bullet.

"It was coming straight for me, too, and at such speed that I didn't have time to dodge it. It cleared an intervening show case, and the next instant I was wondering whether I was in the ring or in the hospital. The flying ball caught me squarely over the eye, and I surely thought I would have to take the count. The blow dazed me for a moment and nearly put me out.

"I guess I was the one that was being guyed all the time, but in any event between the kick of a mule and a man who can drive a punching bag twenty feet through the air and hard enough to almost knock you down, the mule for mine. I don't think Fitz is quite a candidate yet for the home for superannuated old men."—New York Sun.

Trees in China.

Tree planting in Northern China is being strenuously enjoined by the authorities, not only as a productive industry for the people, but alike as a means of strengthening the river embankments against floods and of checking drought. Of late years trees have been cut down wholesale for agricultural purposes, while the peasants do not take the trouble to plant fresh ones, because the soil is so loose that they must dig down very deep for a satisfactory foothold. So vast tracts of fertile land are left barren, while in the northern provinces especially the influx of sand carried by high winds from the Mongolian desert threatens to fill up the unoccupied ground.

So in the important Province of Chili, which contains the capital, Peking, is a government proclamation notifying the "eight directions for tree plantation"—most minute instructions as to the kind of trees required, the depth they should be planted and the fertilizers to be used—and the "ten benefits to be derived from the same," such, among others, as the sale of timber and fruit, the beneficial influence of trees in attracting rain, preserving the just equilibrium of wind influences, and purifying the atmosphere, while "travelers and families will find shade and rest under the branches."—a poetic truth for conclusion.—Golden Penny.

New Type of Engine.

From Germany comes news of a locomotive worked by steam and yet independent of fire of its own. The engine has just been completed at the Hohenzollern works at Dusseldorf and is of a type designed for shunting in explosive factories. Instead of carrying fire in its own boiler it is filled with steam from stationary boilers, and when so charged is capable of several hours' work. The first warming up occupies half an hour, and subsequent recharging can be done in a quarter of an hour. The apparatus is so simple that an unskilled workman is able to look after it. The absence of fire in a place where dynamite or gunpowder is being handled is the reason for the invention of this type of engine.

The Care of Umbrellas.

More umbrellas are spoiled through careless treatment than wear out from actual hard work. One great mistake that many people make is to leave an umbrella standing on its point to dry after it has been used in the rain. This is most harmful, as all the water trickles down and settles in the folds at the narrow end of the silk, and this not only causes the silk to rot, but the wire frame to grow rusty. The right way to treat a wet umbrella when brought into the house is to open it wide and wipe it as dry as possible, then half close it and leave it standing on its handle to drain. Wet umbrellas should never be put near a fire; this also is likely to cause the silk to split.

Equal to the Emergency.

The old sexton approached the pulpit.

"Parson," he exclaimed in a hoarse whisper, "the church is on fire!"

"All right, John, don't get excited," rejoined the good man as he stopped abruptly in the middle of his sermon. "You pass down one aisle while I go down the other and we'll quietly wake up the congregation."

Answered.

"When does a girl reach the 'marriageable age?"

"When her father's purse has reached the marriageable size."—Detroit Free Press.

When a leap-year girl proposes it's up to the young man to lose his self-possession.

Miss Whittaker, a prominent club woman of Savannah, Ga., tells how she was entirely cured of ovarian troubles by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I heartily recommend **Lydia E. Pinkham's Vegetable Compound** as a Uterine Tonic and Regulator. I suffered for four years with irregularities and Uterine troubles. No one but those who have experienced this dreadful agony can form any idea of the physical and mental misery those endure who are thus afflicted. Your **Vegetable Compound** cured me within three months. I was fully restored to health and strength, and now my periods are regular and painless. What a blessing it is to be able to obtain such a remedy when so many doctors fail to help you. **Lydia E. Pinkham's Vegetable Compound** is better than any doctor or medicine I ever had. Very truly yours, MISS EASY WHITTAKER, 604 39th St., W. Savannah, Ga."

No physician in the world has had such a training or such an amount of information at hand to assist in the treatment of all kinds of female ills as Mrs. Pinkham. In her office at Lynn, Mass., she is able to do more for the ailing women of America than the family physician. Any woman, therefore, is responsible for her own trouble who will not take the pains to write to Mrs. Pinkham for advice. Her address is Lynn, Mass., and her advice is free.

A letter from another woman showing what was accomplished in her case by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM: I am so grateful to you for the help **Lydia E. Pinkham's Vegetable Compound** has given me that I deem it but a small return to write you an expression of my experience.

"Many years suffering with weakness, inflammation, and a broken down system, made me more anxious to die than live, but **Lydia E. Pinkham's Vegetable Compound** soon restored my lost strength. Taking the medicine only two weeks produced a radical change, and two months restored me to perfect health. I am now a changed woman, and my friends wonder at the change, it is so marvellous. Sincerely yours, MISS MATTIE HENRY, 429 Green St., Danville, Va."

The testimonials which we are constantly publishing from grateful women prove beyond a doubt the power of Lydia E. Pinkham's Vegetable Compound to conquer female diseases.

$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness.
Lydia E. Pinkham Med. Co., Lynn, Mass.

Why It Failed to Appear.

Scribbles—I sent a poem to a daily paper last week, but for some reason it has failed to appear.

Criticus—Did you inclose a stamp?

Scribbles—No.

Criticus—Well, that accounts for it. Had you done so it would no doubt have appeared in your mail the next morning.

Mothers will find Mrs. Winslows's Soothing Syrup the best remedy to use for their children during the teething period..

Hadn't Heard of It.

Mr. Clifton—Do you think the North Pole will ever be found, Miss Lakeside?

Miss Lakeside—Why, I didn't know it was lost.

Piso's Cure is a remedy for coughs, colds and consumption. Try it. Price 25 cents, at druggists.

Never Been Practiced On.

"I wonder why it is they always call the doctor's business a practice?"

"Ha! I see what it is! You've never been under one!"—Exchange.

Teosinte and Billion Dollar Grass.

The two greatest fodder plants on earth, one good for 14 tons hay and the other 80 tons green fodder per acre. Grows everywhere, so does Victoria Rape, yielding 60,000 lbs. sheep and swine food per acre.

JUST SEND 10c IN STAMPS TO THE John A. Salzer Seed Co., La Crosse, Wis., and receive in return their big catalog and lots of farm seed samples. [P. C. L.]

Not Natural.

"I suppose the prisoner refused to talk—referred you to his lawyer, eh?"

"Oh, no; the prisoner is a woman."—Cincinnati Times-Star.

That Language of Ours.

"Oh, don't worry about such trifles," said the girl. "Just keep a stiff upper lip and everything will come out all right."

"But," protested the other maid, "it is a physical impossibility for me to maintain a superior labial rigidity."

Perrin's Pile Specific
The INTERNAL REMEDY
No Case Exists it Will Not Cure

WET WEATHER COMFORT
There is no satisfaction keener than being dry and comfortable when out in the hardest storm.
YOU ARE SURE OF THIS IF YOU WEAR

WATERPROOF OILED CLOTHING
MADE IN BLACK OR YELLOW
AND BACKED BY OUR GUARANTEE.
A. J. TOWER CO. BOSTON, MASS. U.S.A.
TOWER CANADIAN CO. LIMITED, TORONTO, CAN.
ASK YOUR DEALER.
If he will not supply you send for our free catalogue of garments and hats.

P. N. U. No. 12—1904.

WHEN writing to advertisers please mention this paper.

There is a way of trifling that costs a heap of money. Neglect
Lumbago and Sciatica
and it may put you on crutches, with loss of time and money.
St. Jacobs Oil
will cure surely, promptly. Price, 25c. and 50c.

I INTEND TO SUCCEED

That's the motto you should put in your hat, and always remember it. You can succeed best in business. We educate you practically for business and assist you to a well-paying position when competent. Write for catalogue today while you think of it.

Behnke - Walker Business College
Portland Oregon

PRUSSIAN LICE KILLER Kills Lice on Poultry. You paint the perches, the fumes kill the lice. Hens cannot feed lice and feed you. Price, 50c and $1.00 a can. Sold by dealers.
PRUSSIAN REMEDY CO., St. Paul, Minn.
Gentlemen:—I am a breeder of first-class Sil-Lace Wyandottes. I won a can of your PRUSSIAN LIQUID LICE KILLER as a special premium at the St. Paul Poultry Show of 1899, and find it is all right. There are several here that want a reliable lice killer and yours is all right. WM. M. SWAGGERT, Wayzata, Minn.
J. H. MALONE of Adel, Mo., says the PRUSSIAN LICE KILLER is just the thing for lice on hogs, and is worth five times its cost.
PORTLAND SEMD CO., Portland, Or., Coast Agents

MISTAKES IN DRESS.

Women of Moderate Income Buy Too Many and Too Expensive Clothes.

Lady Jeune, in writing on dress allowances for girls, notes the fact that one reason why upper-class Englishwomen do not look smarter than they do is that they will buy too many clothes. They commit the mistake of buying much that is unnecessary and that they never wear, because they see it and it is cheap.

"All Englishwomen," she goes on, "have too many clothes—in fact, too much of everything—and the consequence is that their things are old-fashioned and unwearable long before they are worn out. French women have very few gowns, they have just what they want and wear them out. An Englishwoman loves her old clothes and wears them a little, then puts them away, and when she finds they are old-fashioned she has them done up and remodeled, believing that she is practicing great economy, whereas it would be far better and cheaper to give them away. She clings to her old gowns, jackets, hats, boots and shoes with a sort of romantic tenacity."

The same may be said of many American girls and women, and it offers one good reason for not buying the very best materials in everything, as one is often recommended to do. There are many trifling accessories of dress which are nice only so long as they are fresh and hit the fancy of the hour. Then why sink much money in them? The same is true of the tailored suit.

"It is commonly supposed that a good tailor gown is a thing that a woman of limited means can safely invest her money in, with confidence that she will get every dollar's worth of wear out of it," says an authority. "Yet how many women find themselves with a $75 suit on their hands which is demode, which they cannot afford to give or throw away, and upon which they have to lay out often a considerable sum to make it wearable. Almost any woman would say under these circumstances the person in question would have fared better to have laid out only $40 or $50 on her suit originally. When she had 'shabbled' it, or it had got out of style, she could then have bought herself a new one with a clear conscience and at hardly any extra expense, considering what she would have to pay to get the old suit renovated. Supposing the woman in question has only one tailored suit, and has to wear it four years; she would certainly cut a smarter appearance on two suits at half the price. This seems to be one of the instances where, while it is never prudent to buy the cheapest, it is certainly not wisdom to buy the highest priced. A good part of the accumulations of clothes from which women suffer is due to buying too expensive things, as well as too many of them."

WAS THIS LAND PAID FOR?

Confederate Money Was the Only Consideration Received for It.

A suit has been filed in the second division of Pulaski circuit court which takes one back to the days of the confederacy, when the currency in circulation was that issued by the Confederate States of America.

The suit is a petition filed by the heirs of Mark Kelly, through their attorneys, Rose, Hemingway & Rose, praying a writ of mandamus directed to Francis E. Conway, State land commissioner, to compel him to issue a patent to certain lands in Green county, purchased by Kelly in 1858, and which were paid for in confederate money.

The petitioners are J. W. Kelly, C. E. Stone, H. L. Stone, Allie Stone and Frances Valley Bowen, by M. F. Collier.

The petition alleges that in 1858 Mark Kelly purchased at a sale by the common school commissioner of Greene county the west half of the southeast quarter of section 16, township 18 north, range 6 east, consisting of eighty acres, located in the northern part of Green county, about eight miles from Paragould. Later, "when the civil war was flagrant and when the only circulating medium was confederate money," Kelly paid for the land in confederate money, which was accepted by the State as good and sufficient payment.

However, Kelly neglected to secure from the State a patent for the land. He entered upon the land and remained in full and undisputed possession thereof until his death, since which time the heirs have continued in possession, claiming it as their own.

Recently they applied to the State land commissioner for a patent on the land, which he refused to issue on the sole ground that it was paid for in confederate money.—Little Rock Gazette.

Poet and Reader.

William Morris once heard one of his poems read by a famous elocutionist, says W. B. Yeats, the Irish poet. The reader was carefully obliterating all the original rhythm in order to give what he conceived to be the proper expression.

Mr. Morris sat in uneasy silence for some moments, but at last he could stand it no longer.

"Young man," he exclaimed, "it cost me a great deal of trouble to put that into verse! I wish you would read it as it is written."

Appetite of Russian Giant.

The Russian giant Machnow is suing Showman Sedelmeyer for starving him. The latter alleges that he supplied the giant every day for breakfast with two quarts of tea, a pound of butter, cheese and eight rolls; for dinner five plates of broth, four pounds of meat and several pounds of potatoes, and for supper two quarts of coffee, a pound of bacon and four pounds of black bread. The giant was hungry nevertheless.

An Easy Winner.

The porcupine may have his quills,
The elephant his trunk,
But when it comes to common scents,
My money's on the skunk.
—Cornell Widow.

When a woman dies the papers say she was a society woman, thinking it a great compliment. But it's not.

Anything seems to be legal if it has enough force behind it.

MAKING OF PATENT LEATHER.

Each Manufacturer Has His Own Process.

All manufacturers of patent leather have their own tanning processes, much like those of the calfskin tanner, though some patent leather is given a bark tanning. Horsehide and colt skins are the chief leathers made with a patent finish.

The patent or enamel finish is really painted and baked on, as the bicycle manufacturer paints and bakes enamel onto a frame. Tanners are very particular about keeping their processes secret, and nobody but workmen is ever allowed into the finishing rooms.

The hide or skin, having been stretched and dried as much as possible, is first given a coating of a mixture of linseed oil, litharge, white lead or similar materials boiled, together until they make a pasty mixture.

This is daubed on the surface with a steel tool and well rubbed in, so that the pores of the leather will be filled up. Then the leather is put into the oven, its surface being exposed to steam pipes at a temperature of about 160 degrees.

Next the surface is rubbed down with pumice stone, and then it is covered with linseed oil and ivory black, about six layers applied, each layer being dried and rubbed down. Finally a varnish is applied, and then the surface is rubbed down and finished off as nicely as a painter finishes a fine carriage.—Cleveland Plain Dealer.

Poor in Spelling.

Charles Steckler and a friend were driving along a country road on the Canadian shore of Lake Ontario when this sign, nailed to a gatepost, attracted their attention:

LAM.
SHEAP.

"Now, what does that fellow mean?" mused Mr. Steckler. "Is his name Lamb, and has he got sheep for sale, or is his name Sheap, and has he got lamb for sale?"

Hailing a native, Mr. Steckler repeated the question. The native grinned and drawled:

"'Tis a leetle bit complex, come to look at it, ain't it? Farmer Towle there ain't much on spelling, but he's powerful strong at trading. What he's trying to let people know by that sign is that he has lamb for sale and that he'll sell it cheap."

Ayer's

If your blood is thin and impure, you are miserable all the time. It is pure, rich blood that invigorates, strengthens, refreshes. You certainly know

Sarsaparilla

the medicine that brings good health to the home, the only medicine tested and tried for 60 years. A doctor's medicine.

"I owe my life, without doubt, to Ayer's Sarsaparilla. It is the most wonderful medicine in the world for nervousness. My cure is permanent, and I cannot thank you enough." MRS. DELIA MCWALL, Newark, N. J.

$1.00 a bottle. All druggists. J. C. AYER CO., Lowell, Mass.

for

Poor Health

Laxative doses of Ayer's Pills each night greatly aid the Sarsaparilla.

Unexpected Happens.

Fred—How about that wedding check your father-in-law gave you; was it good?

Joe—Sure. You know, it's usually the unexpected that happens.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free $2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

Duel a la Francaise.

"Hold! My honor is satisfied!"

"Already?"

"Mais oui. I see the blood in your eye."—Harvard Lampoon.

Beware of Ointments for Catarrh That Contain Mercury,

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists, price 75c. per bottle.
Hall's Family Pills are the best.

The mind is refreshed and invigorated by distractions and amusements; but abuse of them leads to dissipation, and dissipation to vice.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought
Bears the Signature of
Chas. H. Fletcher.
In Use For Over 30 Years.
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Another "If."

If grown-up folks, like children,
Were forgetful and forgiving,
This earth would be a paradise
And life would be worth living.

A Small Income.

"Dolly Decollete, I hear, puts every penny her husband makes on her back."

"Then he can't be making much."—Brooklyn Life.

RHEUMATISM

AN INDESCRIBABLE TORTURE

Because Rheumatism sometimes comes on suddenly it doesn't prove that it is a chance disease or one due to accidental causes. It takes time for it to develop, and is at work in the system long before any symptoms are felt. The blood is the first point of attack, and the poisonous acids that cause the aches and pains are then distributed through the circulation to different parts of the system, and settle in joints, muscles and nerves; and when the system is in this condition it needs only some exciting cause like exposure to night air, damp, chilly weather, or the cold, bleak winds of winter, to arouse the slumbering poisons and bring on Rheumatism. The severity of the attack depends upon the amount of acid in the blood and the quantity of acrid matter in the joints and muscles. Some people are almost helpless from the first, while others have occasional spells or are uncomfortable, restless, nervous and half sick all the time from the nagging aches and pains. Rheumatism is a disagreeable companion even in its mildest form. It grows worse as we grow older, and frequently stiffens the joints, draws the muscles out of shape and breaks down the nervous system. A disease that originates in the blood, as Rheumatism does, cannot be cured with external remedies like liniments and plasters; such things scatter the pains or drive them to some other part of the body, but do not touch the disease or improve the condition of the blood. The thin acid blood must be restored to its normal purity and strength, so that all poisonous substances may be carried out of the system, and no medicine accomplishes this in so short a time as S.S.S., which not only neutralizes the acids and counteracts the poisons, but builds up the general health at the same time.

RHEUMATISM IN ELBOWS, WRISTS AND KNEES.
Urbana, Ohio, Aug. 25, 1903.
Last winter I had a severe attack of Rheumatism. It started in the right elbow, and from there to my wrists; the right wrist was the worse. It became swollen and extremely painful. My left knee joint was the next place to be attacked. It became swollen and of course painful. The next point to be affected was the hip and ankle, which gave me much trouble. I was barely able to get about for some time. I was under treatment of a physician for awhile, but getting no better I began S. S. S., and after taking it for some time I was entirely relieved of the Rheumatism. All swelling and soreness disappeared. I consider S. S. S. an excellent remedy for Rheumatism and all troubles having their origin in the blood.
GRIFFITH KELLY,
408 Bloomfield Ave.

SSS

Write for our special book on Rheumatism, and should you desire any special information or advice, our physicians will furnish it without charge, THE SWIFT SPECIFIC CO., ATLANTA, GA.