

LIVER AND KIDNEYS

It is highly important that these organs should properly perform their functions. When they don't, what lameness of the side and back, what yellowness of the skin, what constipation, bad taste in the mouth, sick headache, pimples and blotches, and loss of courage, tell the story.

A great alternative and tonic

Hood's Sarsaparilla

Gives these organs vigor and tone for the proper performance of their functions, and cures all their ordinary ailments. Take it.

Advertising Did It.

He didn't have a dollar; he didn't have a dime. His clothes and shoes were looking just as though they'd served their time. He didn't try to kill himself to dodge misfortune's whacks. Instead, he got some ashes and he filled five down sacks. Then, next he begged a dollar. In the paper in the morn he advertised in plain that would put the sun to scorn. He kept on advertising, and, just now, office to say, he's out in California in his cottage on the bay.—The Lyre.

LOWEST RATES

To Chicago, Dubuque and the East; to Des Moines, Kansas City and the Southeast, via Chicago Great Western railway. Electric lighted trains. Unequaled service. Write to J. P. Elmer, G. P. A., Chicago, for information.

Women No Longer Kiss.

No smart women kiss one another, and the most they now do is to rub hats. This is as it should be. In all the world of women nothing has so flabbergasted the men as the reckless valor with which ladies used to broase on each other's complexions without the slightest provocation.—Vanity Fair.

Cultivate a Calm Temper.

When the worries and cares of the day fret you and begin to wear you out you chafe under the friction—be calm. Stop, rest for a moment, and let calmness and peace assert themselves. If you let those irritating outside influences get the better of you, you are confessing your inferiority to them by permitting them to dominate.

Not a Dangerous Malady.

"I hope that Jenkins will pull through his siege of sickness," remarked one friend, "for he was always such a jolly fellow." "He must be in pretty good condition and still very volatile," answered the other friend. "This morning I overheard his maid tell my wife that Mr. Jenkins was suffering from amonia."

Great Demonstration.

"They say when the great pianist played in this town the people went wild," remarked the comedian. "They did the same when I played," remarked the young lady who blows the cornet. "Were they demanding that you come back?" "No, they were demanding their money back."

Confession.

"Do you make much out of your literary work?" asked the inquisitive person. "Yes, replied the man who scribbles occasionally, "much more out of it than I do in it."

Canada Is Building Railroads.

The number of miles of railroad completed in the Dominion of Canada is 18,868, an increase of 574 miles over the previous year.

Undoubtedly.

"Wisdom," remarked the man with the chronic quotation habit, "is better than riches." "Of course," rejoined the philosophical person, "you refer to your wisdom and other people's riches."

Couldn't Fool Her.

"My dear Miss Millions," said the impetuous young man, "I love you more than I can find words to tell." "But I presume you could tell me in figures," rejoined the beautiful heiress in tones that suggested the ice man.

He Ties Cravats.

An enterprising draper in New York employs an assistant who is particularly expert in arranging cravats in the most fashionable shapes. The assistant attends weddings and helps the bridegroom and best man to properly adjust their ties for no auspicious occasion.

As Aesop Might Write It Now.

One day a fox saw a fine ripe plum, but it was beyond his reach. So, as he had no friend to shake the tree for him, he turned up his nose at it and passed on.

"It's wormy!" he said.—Chicago Tribune.

Queen Alexandra's Epigram.

"It is a pity," said Queen Alexandra to the late Bishop of London, one day, "that women are not as devoted to the birds in the air as they are to the birds in their hats."

Lost Hair

"My hair came out by the handful, and the gray hairs began to creep in. I tried Ayer's Hair Vigor, and it stopped the hair from coming out and restored the color."—Mrs. M. D. Gray, No. Salem, Mass.

There's a pleasure in offering such a preparation as Ayer's Hair Vigor. It gives to all who use it such satisfaction. The hair becomes thicker, longer, softer, and more glossy. And you feel so secure in using such an old and reliable preparation.

\$1.00 a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will mail you a bottle. Be sure and give the name of your nearest express office. Address, J. C. Ayer & Co., Lowell, Mass.

QUEER STORIES

The Sultan of Turkey requires that all state documents and papers intended for his perusal shall first pass through a careful process of disinfection.

A curious sight in the streets of Tokio is to see an old man seated on a smooth piece of ground having round him little piles of sand of different colors, red, blue, yellow, black, etc. Placing a pinch from each pile in his right hand, he will draw on the smooth ground the figure of a man or woman, the dress all properly colored by the sand trickling through his fingers. It is done with great rapidity and shows remarkable dexterity.

An indication of a new tendency in scientific study is furnished by the plan of the Geographical Society of Baltimore to send to the Bahama Islands a ship carrying a staff of fifty persons, who will study the geology, geography, botany, zoology, climatology, physics and medical and hygienic conditions of those islands. The ship, specially chartered for the purpose, will be fitted and equipped as the home and laboratory of the party during the entire trip.

Accounts of early writers show that squirrels must formerly have been amazingly numerous. Goldman says that the gray coat was a fearful scourge to the Colonial farmers and that Pennsylvania paid \$8,000 in bounties for their scalps in 1749 alone. This meant the destruction of 640,000 within a comparatively small district. In the early days of Western settlement regular hunts were organized by the inhabitants, who would range the woods in two companies from morning till night, vying as to which band should bring home the greatest number of trophies. The quantities thus killed are almost incredible now.

An African chief's umbrella is of great importance than many people imagine, apart from its enormous size. Its loss in battle more than equals the loss of a standard of a European commander. Some of the umbrellas are of prodigious dimensions, being no less than 25 feet in diameter, with ribs 12 feet 6 inches long. They are made of lancewood, and the covering is of gorgeously colored chintz, in varied sections of crimson, yellow and blue. The opening is performed by means of pulleys and ropes attached to the "runner," this operation requiring the services of three or four men. The pole, or handle, is of birch, and is about 14 or 15 feet high.

A new method of discovering beds of ore hidden underground, in which electricity serves for a detective, is said to have met with some success in Wales and in Cornwall. A current of high potential—30,000 or more volts—is led to two metal rods set in the ground. From these, lines of force spread in all directions, and can be detected by means of a telephonic receiver connected with another pair of metal rods, which may be placed in any desired position. When no sounds, or only very faint ones, are heard, that fact indicates a deflection of the lines of force, and by shifting the place of the rods the location of the metallic masses which produce the deflection can be determined.

WIFE SINGS HIS SONGS.

A feature of the Richard Strauss orchestral concerts in New York is the singing of his songs by his wife, a remarkably pretty and talented woman. Few musical compositions have ever excited the discussions which have

ARE YOU LOSING WEIGHT?

If so then your system is out of balance, and there is a flaw somewhere in your constitution, and a possibility that you are losing health, too. The falling off in weight may be slight, but it makes a wonderful change in one's looks and feelings, and unless the building up process is begun in time, vitality and strength are soon gone and health quickly follows. If you are losing weight there is a cause for it. Your blood is deteriorating and becoming too poor to properly nourish the body, and it must be purified and enriched before lost weight is regained. It requires something more than an ordinary tonic to build up a feeble constitution, for unless the poisons and germs that are lurking in the blood are destroyed, they will further impoverish the blood and weaken the system, and you continue to lose weight.

In S. S. S. will be found purifying and tonic properties combined. It not only builds up weak constitutions, but searches out and destroys germs and poisons of every description and cleanses the system of all impurities, thus laying the foundation for a healthy, steady increase in weight and future good health.

Food may be bountiful and the appetite good, but still the system weakens and we remain poor in flesh unless what we eat is properly digested and turned into rich, pure blood. S. S. S. re-inforces the Stomach and aids the digestion and assimilation of food, and there is a rapid up-building of health and strength. S. S. S. acts promptly and beneficially upon the nervous system, strengthens and tones it up, and relieves the strain by producing sound, refreshing sleep. You can find no tonic so invigorating as S. S. S., and being composed exclusively of roots and herbs its use is attended with no bad effects. Old people will find that it braces them up, improves the circulation of the blood, and stimulates all the bodily organs, and persons of delicate constitutions can take S. S. S. with safety, as it does not derange the Stomach like the strong mineral remedies, but acts gently and without any shock to the system. Those whose feelings tell them they are not strong or well, and who are growing thinner and falling below their usual weight, should take a course of S. S. S. and build up again. S. S. S. is recognized everywhere as the leading blood purifier and the safest and best of all tonics. We cheerfully furnish medical advice, without charge, to all who will write us.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Embryo Mosquitoes.

Certain species of mosquitoes hibernate in the adult state, others in the larva state and some in the egg. Larvae live through a winter in solid ice.

Milk in the Form of Powder.

Milk is now reduced to a powder by a new Swedish invention. Five quarts of skim milk yield one pound of powder.

Southwick Hay Press

The Southwick has the largest capacity, is fastest and easiest worker of any Hay Press made. Send for catalogue. Mailed free.

MITCHELL, LEWIS & STAYER CO., Portland, Oregon

THE SALESWOMAN

Compelled to Be on Her Feet the Larger Part of the Day Finds a Tonic in Pe-ru-na.



Miss Curtin of St. Paul, Gives Her Experience.

Miss Nellie Curtin, 646 Pearl street, St. Paul, Minn., head saleswoman in a department store writes:

"I have charge of a department in a dry goods store, and after standing the larger part of the day, I would go home with a dull ache, generally through my entire body. I used Peruna and feel so much better that I walk to and from the store now. I know Peruna to be the best medicine on the market for the diseases peculiar to women."—Miss Nellie Curtin.

Nothing is so weakening to the human system as the constant loss of mucus. Catarrhal inflammation of the mucus membrane produces an excessive formation of mucus. Whether the mucus membrane be located in the head or pelvic organs, the discharge of mucus is sure to occur.

This discharge of mucus constitutes a

An Admirable Tonic.

Congressman Mark H. Dunnell, National Hotel, Washington, D. C., writes:

"Your Peruna being used by myself and many of my friends and acquaintances not only as a cure for catarrh but also as an admirable tonic for physical recuperation, I gladly recommend it to all persons requiring such remedies."—Mark H. Dunnell.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Woman Given Piece of Honor.

Mrs. James R. Hopley of Bucyrus, O., is the only woman who has been given a piece upon the centennial program commemorating the 100th anniversary of the admission of Ohio to the union. The theme of her address will be "The Value of Good Women in Influencing Civilization." Mrs. Hopley is a former president of the Ohio Federated Clubs.

Not a Success.

Accum—Were you one of her chafing dish party?

Al. Way Seaton—Huh! we were a chafing dish party. The chafing dish didn't chafe as much as we did and some of us are hungry yet.—Philadelphia Press.

International School of Music.

Prof. W. L. Whitney of the Boston conservatory of music is to establish schools of opera in Boston, Paris and Florence, the headquarters to be in the first-named city.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children's teething season.

He Knew One.

"I have here," said the industrious book agent, "a volume which is especially helpful to business men. I'm certain it would be a treat to you!" "Can you mention on any business man it has benefited?" broke in the skeptical one in the office chair. "Sure. There's me, for instance. I get a big commission."—Kansas City Journal.

WONDERFUL GAIN IN WEIGHT.

Kuntsville, Ala., Jan. 10, 1908.

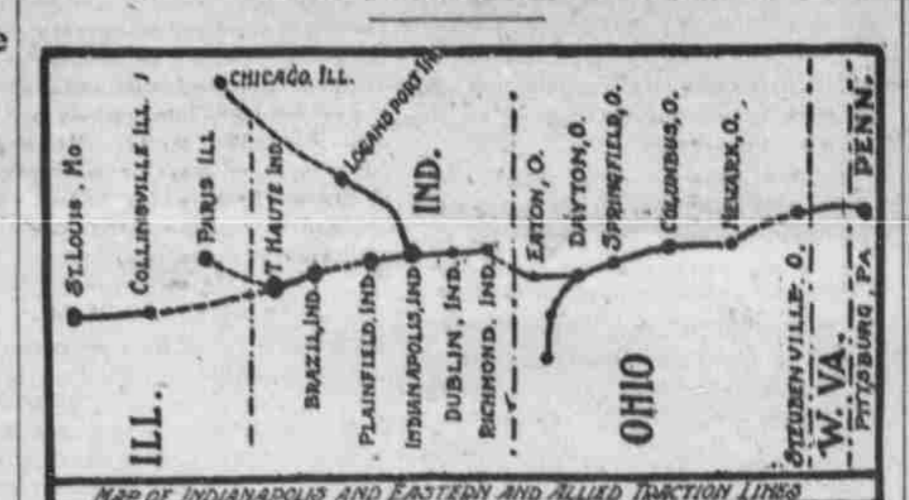
Some years ago my general health gave way; my nervous system was shattered, and I could get nothing to do me any good till I began to use S. S. S. I commenced to improve at once. My appetite became splendid and from 125 pounds I increased to 180. I became well again by taking S. S. S., and would take no amount for the good it did me. My health is now perfect, and I believe if every body would take a bottle of S. S. S. occasionally, they would enjoy life as I am doing. W. L. WINSTON.

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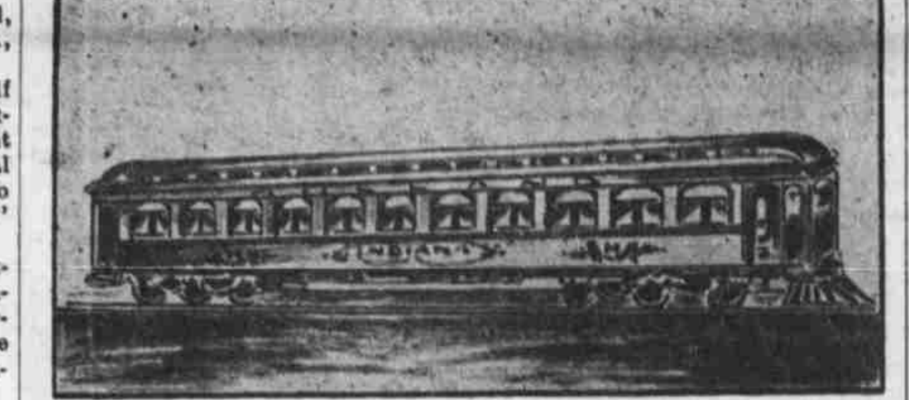
HOW ST. LOUIS MAY BE CONNECTED WITH PITTSBURG BY ELECTRIC LINE



The Indianapolis and Eastern Interurban Railway has inaugurated the first interurban railway sleeping car that has ever been operated in the world. With the starting of the first interurban sleeping car service it is expected that sleeping car service will be run on all the electric lines of any consequence in the country.

The Indianapolis and Eastern, through its allied traffic lines, has begun a through limited service out of Indianapolis through this place for Dayton and Columbus, Ohio.

Before many months has passed through traffic will have been established the entire distance from St. Louis, Mo., to Pittsburg, Pa., and Cincinnati, Ohio, making the longest interurban railway system in the world. All that is now lacking for the completion of this great system of interurban railways are short stretches of track west of Terre Haute, Ind., a short



INTERURBAN SLEEPING CAR.

stretch five miles east of Richmond, Ind., and a stretch from Newark to Steubenville, Ohio. These lines are already under course of construction. A through line from Chicago to Cincinnati will also have been completed by the close of the year.

The course of the St. Louis-Pittsburg line will be as follows: East St. Louis Traction Company, St. Louis to Collinsville, Ill. (line under construction from Collinsville to Terre Haute, Ind.); Terre Haute and Brazil Traction Company, Terre Haute to Harmony, Ind.; Indianapolis and Plainfield Traction Company, Plainfield to Indianapolis; Indianapolis and Eastern, Indianapolis to Dublin, Ind.; Richmond Street and Interurban Traction Company, Dublin to Richmond; Dayton and Western Traction Company, Richmond to Dayton, Ohio; Columbus, London and Springfield, Dayton to Columbus; Columbus and Newark Traction Company, Columbus to Newark, Ohio; Newark to Steubenville, Ohio (building); Steubenville to Pittsburg, Pa., the Pittsburg and Steubenville Interurban.

THE BATTLE OF MONMOUTH.

Patriotic Celebration of Its Anniversary in Freehold, N. J.

Freehold, N. J., recently appropriately observed the anniversary of the battle of Monmouth. Patriotic citizens from all of the Eastern States, prominent government and New Jersey State officials and troops of militia lent dignity to the celebration. A century and a quarter have passed away since that memorable day when Washington checked the disgraceful retreat of the troops under Maj. Gen. Lee, turning defeat into victory, and brave Molly Pitcher performed the heroic deed which won for her undying fame and enshrined her name in the heart of every American citizen.

The battle of Monmouth was the first engagement of importance which the troops under Washington fought after leaving their winter quarters at Valley Forge. The privations and sufferings endured by the American patriots at Valley Forge had well-nigh



WHERE THE BATTLE OF MONMOUTH WAS FOUGHT.

discouraged them, and Washington realized the advisability of winning a victory over the British, which would tend to hearten his men and raise the flagging spirits of the nation. Accordingly, when the British, under Sir Henry Clinton, evacuated Philadelphia, on June 13, and marched toward Brunswick, N. J., with a view of embarking on the Raritan river, Washington broke camp at Valley Forge, sent forward some light troops to harass the enemy, and then with the main body started in pursuit. At Allentown Clinton suddenly turned to the right by a road leading through Freehold to Sandy Hook. The evening of June 27 found the main body of the British encamped at Monmouth Courthouse, in the town of Freehold, while the American advance, under Maj. Gen. Lee, was five miles away.

Early on the 28th Lee engaged the rear division of the enemy, his orders being to hold it in check until the main body should come up. The Americans were successful at first, but the charges of the British regulars soon threw them into confusion and they began a disorderly retreat in which their commander participated. Washington, coming up with the main body of troops, beheld Lee's flying men, the face of the American commander-in-chief flushed angrily, as he spurred his horse through the demoralized troops to Lee's side. Sternly he rebuked the commander, and then, rallying the fugitives, hastened back to bring up the main body.

Washington succeeded in placing his troops on an eminence in a favorable position and soon was turning defeat into victory. The British made an ineffectual attempt to turn the American left wing and then turned their attention to the right, where they were also repulsed.

All through the day the fight went on. The drill which the American

troops received from Baron Steuben at Valley Forge stood them in good stead. They fought like veterans, and the day was won.

There was one other who shared the honors of the battle of Monmouth with Washington, and that was brave Molly Pitcher. Her husband, an artilleryman in Oswald's command, was stationed with his battery in an exposed position in the American line. Time and again the men at the guns were mowed down, but the survivors continued the fight with vigor. Molly Pitcher had been carrying water from a nearby spring for the gunners to wet the sponges when they swabbed out the cannon. While returning from one of these excursions to the spring Molly saw her husband fall. There was no one to take his place at the gun. With out a moment's hesitation the brave woman set down the water she was carrying, seized the rammer and took her husband's place. The army cheered her wildly as she discharged the can-



Mrs. Emmons, saved from an operation for Ovaritis, tells how she was cured by Lydia E. Pinkham's Vegetable Compound.

"I am so pleased with the results I obtained from Lydia E. Pinkham's Vegetable Compound that I feel it a duty and a privilege to write you about it.

"I suffered for over five years with ovarian troubles, causing an unpleasant discharge, a great weakness, and at times a faintness would come over me which no amount of medicine, diet, or exercise seemed to correct. Your Vegetable Compound found the weak spot, however, within a few weeks—and saved me from an operation—all my troubles had disappeared, and I found myself once more healthy and well. Words fail to describe the real, true grateful feeling that is in my heart, and I want to tell every sick and suffering sister. Don't daily with medicine, you know nothing about it, but take Lydia E. Pinkham's Vegetable Compound, and take my word for it, you will be a different woman in a short time."—Mrs. LAURA EMMONS, Wallkillville, Ont.—\$5000 forfeit if original of above letter proving genuineness cannot be produced.

Don't hesitate to write to Mrs. Pinkham if there is anything about your case which you do not understand. She will treat you with kindness and her advice is free. No woman ever regretted writing her and she has helped thousands. Address is Lynn, Mass.

Relson Machine Co.

SUCCESSORS TO JOHN POOLE.

1000 Morris St., Portland, Oregon.

Pumps, Hawkeye, Automatic, Self Feeding, Fuel and Steam Engines, Turbine Power, and two kinds. Buckeye Sawmill Machinery, Engines and Boilers, and all kinds of machinery. Write us when in want of anything in machinery line.

THE Keeley Cure

ALCOHOL, OPIUM, TOBACCO USING.

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Regular Collegiate Courses in Classics, English, General Science, History and Economics, Finance and Commerce, Civil Engineering, Mechanical Engineering and Electrical Engineering.

The scholastic year, beginning Sept. 7, 1903, ends June 16, 1904.

Catalogue sent free on application. Address

REV. M. A. QUINLAN, C. S. C. UNIVERSITY PARK, OREGON.

PIMPLES

"My wife had pimples on her face, but she has been taking CASCARETS and they have all disappeared. I had been troubled with constipation for some time, but after taking the first CASCARETS, I have had no trouble with this ailment. We cannot speak too highly of CASCARETS."—FRED WATMAN, 608 Germantown Ave., Philadelphia, Pa.

CANDY CATHARTIC

Cascarets

TRADE MARK REGISTERED

REGULATE THE LIVER

Pleasant, Palatable, Painless, Taste Good, Do Not, Never Sickens, Weakens or Grievs. See Box for Full Directions.

... CURE CONSTIPATION. ...

Selling Everywhere, Chicago, Montreal, New York, etc.

NO-TO-RAG Sold and guaranteed by all druggists to cure all cases of Constipation.

KOPALINE

USE KOPALINE TO BEAUTIFY YOUR HOMES

FOR FINISHING CHAIRS, TABLES, FLOORS, ETC.

LUSTROUS AND DURABLE DRIES HARD. WILL NOT SCRATCH 24 SHADES OF COLORS INSIST ON HAVING KOPALINE FROM DEALER.

When a lazy man condescends to work he soon discovers he's a little too good for the job.

PISO'S CURE FOR CONSUMPTION

CURES WHERE ALL ELSE FAILS. Has cured 100,000 cases of Consumption. Use in time. Sold by druggists.