

March, April, May

There is a best time for doing everything—that is, a time when a thing can be done to the best advantage, most easily and most effectively. Now is the best time for purifying your blood. Why? Because your system is now trying to purify it—you know this by the pimples and other eruptions that have come on your face and body.

Hood's Sarsaparilla and Pills

Are the medicines to take—they do the work thoroughly and agreeably and never fail to do it.

Hood's are the medicines you have always heard recommended.

"I cannot recommend Hood's Sarsaparilla too highly as a spring medicine. When we take it in the spring we all feel better through the summer." Mrs. S. H. Neal, McCray, Pa.

Hood's Sarsaparilla promises to cure and keeps the promise.

His Load With Him.

Do Tanque—Guzler says he doesn't believe in carrying other people's burdens.

O'Soague—No wonder; he is generally carrying a pretty good load of his own.—Philadelphia Record.

TWO REASONS.

No One Need Neglect Their Teeth Any More—No Pains, Small Cost.

The two great reasons why people need to neglect their teeth were: Fear of being hurt, and the expense.

When you come to think it over now, it is truly remarkable what a revolution has taken place in modern dental methods.

Wise Brothers, the famous Portland dentists, are among the foremost in the United States in this respect.

Their announcements that there is not a particle of pain connected with any dental work done in their office is literally true.

And it is also literally true that every person who goes to these dentists is greatly surprised at the small cost of having the teeth put in fine order.

A whole set of teeth now costs less than some time ago it cost to have one pulled or filled. There is no excuse whatever for anyone to neglect his, or her, teeth.

Even the man or woman receiving the lowest wages paid in this Northwest can well afford to have the teeth looked after and begin to enjoy life.

Again, a word about the children. When a young person has second teeth, fathers and mothers should see to it that their son or daughter goes to the dentist and has the teeth examined.

Often times just a little work before it is too late saves the teeth pure and beautiful for a lifetime. Take time by the forelock and consult Wise Brothers, Failing Building, Portland, Oregon.

Back Talk.

"I shall never marry," said Miss Ann Teek, with an air of determination.

"Perhaps not," replied Miss Peri, "but everyone admits you have made a brave fight against the inevitable."—Brooklyn Life.

If You Don't Know

How much different a can of Monopole peaches or pears or corn or other variety of fruits and vegetables taste from the ordinary brands we hope you will instruct your dealer to send you a can of Monopole today.

We know Monopole brand is better than any other because we have compared them with all other so-called high class ones.

Most dealers handle Monopole goods. If yours don't send us his name.

Wadhams & Kerr Bros., Monopole Grocers and Dry Coffee Roasters, 81-83, 85 Front street, Portland, Ore.

That Would Never Do.

She—Why don't you go out occasionally, dearest, and enjoy yourself, say at the club?

He—But I don't want to get into the habit of having a good time.—Life.

White Tailed Eagles.

Although the golden eagle has disappeared from Wales, white tailed eagles are still to be found in north Wales and Shropshire.

Millions in a Mantle.

One of the marvels of the recent Durbar was the display of jewelry and precious stones worn by the Maharaja Gaikwar of Baroda, who wore his state mantle of woven pearls, with its arabesque border of diamonds, rubies, emeralds and sapphires, whose value, estimated by a famous London jeweler, is \$5,000,000.

The Importance of Steel.

Steel, when made into a sword, was the emblem of power. Steel, in the uses of peace and civilization, is just as important as it is in war. The country which is pre-eminently endowed with steel, or with coal and iron, of which and by means of which it is made, will stand at the head of the civilized world.

A Pessimist.

Rev. Thomas R. Slicer, during a recent discussion with a friend, asked him if he knew the definition of a pessimist.

"Of course," replied his friend, "he is one who is sore on himself and the world in general. Is not that your definition?"

"Hardly," replied Dr. Slicer. "A pessimist, in my opinion, is a man who has just left an optimist."—New York Times.

Loquacious.

The family was discussing the high prices of provisions generally, when the small boy butted into the conversation.

"Jam has gone up, too," he remarked. "Ma keeps it on the top shelf now."

And then it suddenly dawned on his youthful perceptions that he had injured his case by talking too much.—Batavia News.

The Hotel of 2003.

Clerk—Michael, are you about through moving those trunks?

"Yes, sorr," in a few minutes."

"Well, when you've finished, stretch the life net over the front pavement. Mrs. Hibwal has just telephoned from the top floor that her husband has fallen out of the window."—Smart Set.

At Delhi.

Pesterly will look upon the picture of a vast and utterly barbaric population numbering nearly one-fourth of the human family, subdued, governed, educated, Christianized and led up to the dignity of self-government by a handful of strangers who come from an inconceivable island 15,000 miles away."

An old prophecy about India.—New York Press.

Geographical.

Kentucky Teacher of infant geography class—Tommy Blood may tell us what a strait is.

Tommy Blood—It's jes' the plain stuff 'bout nothin' in it.—Ohio State Journal.

His Theory.

"There's no doubt that colored men often make good soldiers."

"Course dey does," answered Mr. Erastus Pinkley. "You put a culled man along of a purcellion an' he's gwine ter feller it to de finish, no matter whut de danger is."—Washington Star.

The Influence.

Jerry—How do good clothes make a man a gentleman?

Joe—They make him feel as if he was expected to act like one.—Detroit Free Press.

To Break in New Shoes.

Always shake in Allen Foot-Powder. It cures chills, damp, sweating, itching, swollen feet. Cures Corns and Bunions. At all drug stores and shoe stores. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmstead, LeRoy, N. Y.

Ending the Dissertation.

"Would you call a cat herbivorous or carnivorous?" asked the man who learned but tedious.

"Neither," answered the man who yawns, "merely vociferous."

An Ingenious Clock.

Brussels has a church clock wound by atmospheric expansion induced by the heat of the sun.

Won in a Walk.

Say, how did you get off in the glie club try out?

Made first base on four bawls.

BREAKFAST FOR ONE.

There is No Accounting for the Wisdom of the Woodchuck.

That keen observer of nature, John Muir, tells in "Our National Parks" a pretty story of a woodchuck. In the spring of 1875 he was exploring the peaks and glaciers about the head of the middle fork of the San Joaquin, and when passing round a frozen lake where the snow was ten feet deep, was surprised to find the fresh track of a woodchuck.

What could the animal be thinking of to come out so early while all the ground was snow-buried? The steady direction of his track showed he had a definite aim, and fortunately it was toward a mountain thirteen thousand feet high that I meant to climb. So I followed to see if I could find out what he was up to.

From the base of the mountain the track pointed straight up, and I knew by the melting snow that I was not far behind him. I lost the track on a crumbling ridge partly projecting through the snow, but soon discovered it again.

Toward the summit of the mountain, in an open spot on the south side, nearly enclosed by disintegrating pinnacles among which the sun beat reverberated, making a isolated patch of warm climate, I found a fine garden, full of rock crevices, phlox, silene, draba, and a few grasses; and in this garden I overtook the wanderer, enjoying a fine fresh meal, perhaps the first of the season.

How did he know the way to this one garden spot, so high and so far off, and what told him that it was in bloom while yet the snow was ten feet deep over his den? He must have had more botanical, topographical and climatological knowledge than most mountaineers possess.

CRECULITY OF THE HINDU.

Sample of the Delusions Which He Occasionally Harbors.

Here is a remarkable instance of the credulity of the Hindu, and the wild kind of delusions which he occasionally harbors. The writer is described as a Hindu gentleman of standing and reputation, and this extract is taken from a letter written to a gentleman in England:

"We are having awfully serious news circulated in the papers here. Extracts purported to be from the Morning Leader, of London, and La Bon Guondia of Spain, impress us that the emperor on the coronation day was dangerously ill, and was never really crowned, for the ministers caused him to be personated by a beggar of White-chapel. We are really very concerned to hear it, and we firmly believe the news to be a false creation, but wonder why the government is still inactive as regard to taking any steps to punish the author of so foul a calumny."

The gentleman who sends me the above extract gives some other quaint examples of the amusing fictions which gain currency among the natives of India, says a writer in London Truth.

The bigger and the more preposterous the lie, he says, the more readily it is believed. When the Jubilee bridge over the Hooghly was being built, the story got about that the government required thousands of natives for the foundations of the bridge, and had given orders that all natives walking over the maidan after dark were to be seized, and taken to the "Shantan Khana"—the native name name for the Masonic lodge—where their heads were to be cut off for use in this uncanny engineering operation. The natives, it is said, were afraid to walk in that direction after dark for this reason. Again, at the time of the last Indian frontier war, a fat Babu clerk disappeared from one of the government offices and could not be found. It was firmly believed, says my correspondent, that he had been seized by order of the government, to be made into oilment for the benefit of the wounded soldiers. Happily, the fat Babu turned up again safe and sound; so no serious consequences resulted from this delusion. If an idea like this can be seriously accepted, as my informant says it was, by the class of natives who pass examinations and hold public appointments, nothing that may find acceptance with the "lower orders" can be wondered at.

Something Equally Good.

Teacher—Johnny, have you been vaccinated?

Johnny—No'm; but mamma made me put my bannels on this morning, and they itch just as much.—Chicago Record Herald.

Austin Well Machinery

FOR Oil or Water any Depth.

Write for catalogue. BEALL & CO., Gen'l Agts. 313 Commercial Block PORTLAND, OREGON.

AMERICAN CREAM SEPARATORS

Are sold subject to approval and at a price that will enable you to make a good profit on a few cows. The cleanest, fastest machine in the world.

Strongest in ALL these points that any other, viz: Close Skimming. Easy Cleanly. Light Running. Durability.

Write for free catalogue. MITCHELL, LEWIS & STAYER CO. PORTLAND, Ore. SPOKANE, Wash. BOISE, Idaho Won Medal, Paris, 1900.

DR. C. GEE WO

WONDERFUL HOME TREATMENT.

This wonderful Chinese doctor is called great because he cures people without operation that are given up to die. He cures with these herbs, roots, barks, and vegetables that are entirely unknown to medical science in this country.

Through the use of these harmless remedies this famous doctor knows the action of over 90 different remedies, which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, lung, throat, rheumatism, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send cent stamp. CONSULTATION FREE. ADDRESS: THE C. GEE WO CHINESE MEDICINE CO. 122 1/2 Third St., Portland, Oregon. 67-Mention paper.

PISO'S CURE FOR CONSUMPTION

CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists.

CHANGE OF LIFE.



Some sensible advice to women passing through this trying period.

The painful and annoying symptoms experienced by most women at this period of life are easily overcome by Lydia E. Pinkham's Vegetable Compound. It is especially designed to meet the needs of woman's system at the trying time of change of life.

It is no exaggeration to state that Mrs. Pinkham has over 8000 letters like the following proving the great value of her medicine at such times.

"I wish to thank Mrs. Pinkham for what her medicine has done for me. My trouble was change of life. Four years ago my health began to fail, my head began to grow dizzy, my eyes began to pain me, and at times it seemed as if my back would fall on me. I had terrible pains across the kidneys. Hot flashes were very frequent and trying. A friend advised me to try Lydia E. Pinkham's Vegetable Compound. I have taken six bottles of it, and am today free from those troubles. I cannot speak in high enough terms of the medicine. I recommend it to all and wish every suffering woman would give it a trial."—Bella Ross, 88 Montclair Ave., Roslindale, Mass.—\$5.00 per bottle if ordered by mail.

Her Call.

"I ran into town today to do some shopping, dear," said Mrs. Subbube, entering her husband's office, "and I—"

"I see," he interrupted, "and you just ran in here because you ran out." "Run out?"

"Yes—of money."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The Time To Retire.

Ex-Senator Jewett, of St. Louis, is ninety-four years old. Someone asked him not long ago how old he thought a man should be before retiring from business. The old gentleman gravely responded: "I don't really think a man should keep on after he has reached the age of ninety."

Beware of Ointments for Catarrh That Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them. HALL'S CATARRH CURE, manufactured by Dr. J. C. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by Dr. J. C. Cheney & Co. Testimonials free. Sold by Druggists, price 75c. per bottle. Hall's Family Pills are the best.

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HOUSEHOLD DEPARTMENT

Chicken Soup.

After plucking a fowl carefully, clean the skin with a wet cloth, remove the pin-feathers and singe off the hairs; then wipe the bird with a wet cloth, and cut the flesh in small pieces, separating the bones, but not breaking them so fine as to endanger their remaining in the soup after straining it.

The head and feet are to be skinned and scalded after cutting off the beak and claws, and the heart, liver and gizzard properly cleaned and put into the soup. Allow a quart and a pint of water to each pound of chicken, and season rather below the taste, because the quantity of soup will be lessened by boiling. Cover the soup kettle, place it at one side of the fire where it will boil gently for several hours until the meat falls apart; the soup will then be ready to strain, removing the bones, and finish for the table by the addition of some delicate dumplings, such as batter-flores or egg-barley dumplings.

Floor Stain.

Floors that are stained and oiled are easily kept clean. The material costs very little, and any one can apply it. For an oak stain, take raw linseed, add a little turpentine to it, and mix half a pint of linseed oil and one quart of turpentine. A tablespoonful of Japan dryer put into the turpentine will make it dry quickly. A cheap dark brown stain, which is better for old floors than a lighter color, is made by mixing one fourth of a pound of permanganate of potash in a pound of water. Apply with an old paint brush, and give the floor two coats if one does not make it dark enough. After the floor is stained, give it a coat of boiled linseed oil. If the oiling is repeated every spring or fall, your floor will always look well.

Whole-Wheat Bread.

Disolve a cake of compressed yeast in a gill of lukewarm water. Pour into a bowl a pint of milk and stir into this a pint of boiling water, add a teaspoonful each of salt and sugar, and when the mixture is bloodwarm add the dissolved yeast. Stir in a quart of whole wheat flour—or enough to make a batter. Beat for ten minutes, adding toward the last enough whole-wheat flour to make a dough that can be kneaded. Turn upon a floured board and knead for ten minutes and set to rise with a towel over it. At the end of three hours knead for five minutes, make into loaves, knead each of these for two minutes and set to rise for about an hour before baking in a steady oven.

Care of Lamps.

Buy the best oil. Fill the lamps by daylight. Lamps should be kept well filled. Never attempt to light a lamp that is only partly filled.

Keep the oil can closed and in a cool place. See that any hanging lamps you may have are securely hung.

When buying lamps select those in which the end of the burner is considerably elevated above the body of the lamp.

Watch your wicks closely, and change them before they become too short. If burning oil gets upon the floor, smother with woolen blankets or rugs.

Eggs a la Creme.

Boil twelve eggs fifteen minutes. Line a dish with very thin slices of bread and fill with layer of eggs cut in slices, strewn them with a little grated bread, pepper and salt; rub a quarter of a pound of butter with two tablespoonfuls of flour, put it in a saucepan with a tablespoonful of chopped parsley, a little onion grated, salt, pepper and half a pint of milk or cream; when hot pour over the eggs; cover the top with grated breadcrumbs and put it in the oven, let it heat thoroughly and brown.

Simple but Good Furniture Polish.

One of the nicest furniture polishes you can have is made of equal parts of salad oil and vinegar shaken up together. Apply very sparingly with a soft fannel and polish thoroughly with soft cloths till not the faintest trace of oiliness remains. Remember that an important adjunct to this polish is "elbow grease," and that without it the polish is worse than useless, for any oiliness left on will only gather the dirt and make the furniture dull.

Corned Beef Hash.

Put in a large frying-pan one ounce of butter; when hot add four ounces of potatoes and six ounces of corned beef, but cut in three-sixteenths of an inch squares. Season with pepper and nutmeg and fry, slowly inclining the pan so that the hash assumes the shape of an omelet. When a fine color drain off the butter, and turn it on to a long dish the same as an omelet.

Prune Souffle.

Mince very fine one dozen stewed prunes and the kernels of six and add them to the whites of five or six eggs which have been beaten to a stiff froth with a small cupful of powdered sugar. Whip all well together, add vanilla flavoring and bake in a hot oven for fifteen or twenty minutes. Chill, then serve with whipped cream. This souffle will not fall.

Chocolate Caramels.

Put together in a porcelain-lined saucepan two pounds of brown sugar, a half-pound of good chocolate broken into bits, and a cup of cold water. Boil until a little dropped in cold water hardens; stir in two teaspoonfuls of vanilla and two tablespoonfuls of butter, turn into buttered pans and cut into squares.

Lemon Butter Sauce.

Put a large tablespoonful of cornstarch, two heaping tablespoonfuls of granulated sugar, a pinch of salt, the grated rind of a lemon and the juice of an ounce of butter and the yolks of two eggs in a saucepan and beat them together until smooth and light; then add quickly a pint of boiling water; and cook until it begins to thicken.

Asthma

"One of my daughters had a terrible case of asthma. We tried almost everything, but without relief. We then tried Ayer's Cherry Pectoral, and three and one-half bottles cured her."—Emma Jane Entsminger, Langsville, O.

Ayer's Cherry Pectoral certainly cures many cases of asthma.

And it cures bronchitis, hoarseness, weak lungs, whooping-cough, croup, winter coughs, night coughs, and hard colds.

Three sizes: 25c., 50c., \$1. All druggists.

Consult your doctor. If he says take it, then do as he says. If he tells you not to take it, then don't take it. We are willing. Leave it with him. We are willing. J. C. AYER & CO., Lowell, Mass.

Mike's Poodle.

Hogan—An' he is a blooded dog, Mike?

"Blooded? I eh'd say he wuz. W'y, when he wuz a pup th' doc had ter bleed him to kape him from bein' a blood hound, faith!"

FITS Permanently cured. No fits or nervousness after first trial. Dr. J. C. Ayer & Co., Lowell, Mass. Send for FREE BOOK "Fits and How to Cure Them." Dr. J. C. Ayer & Co., Lowell, Mass.

Home Discomforts.

"No," grumbled the husband in a spasmodic confidence to a friend, "I have no place at all for my books. The storage room is kept exclusively for my wife."

"And what does she use it all for?" "Oh, she puts away the things that are a trifle too good to be destroyed, yet scarcely good enough to be of use."

For bronchial troubles try Piso's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

Strange Case.

A woman has sued for divorce because her husband "gives too much attention to the church." This will puzzle a lot of women who heretofore thought they knew something about man.

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Disolve a cake of compressed yeast in a gill of lukewarm water. Pour into a bowl a pint of milk and stir into this a pint of boiling water, add a teaspoonful each of salt and sugar, and when the mixture is bloodwarm add the dissolved yeast. Stir in a quart of whole wheat flour—or enough to make a batter. Beat for ten minutes, adding toward the last enough whole-wheat flour to make a dough that can be kneaded. Turn upon a floured board and knead for ten minutes and set to rise with a towel over it. At the end of three hours knead for five minutes, make into loaves, knead each of these for two minutes and set to rise for about an hour before baking in a steady oven.

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