"DEAR MRS. PINEHAM :- It was my ardent desire to have a child. I had n married three years and was sa, so wrote to you to find out the reason. After following your kind advice and taking Lydia E. Pinkham's Vege-

\$

table Compound, I be-came the mother of a beautiful baby boy, the joy of our fat, healthy baby, hanks to your medi cine."-MRS. MINDA FINKLE, ROSCOE

From Grateful Mrs. Lane "DEAR MES. PINKHAM: - I wrote you a let-

ago, stating my case to you.
"I had pains through my bowels, headache, and backache, felt tired and sleepy all the time, was troubled whites. I followed your advice, took your Vegetable Com-pound, and it did me lots of good. I now have a baby girl. I certainly believe I would have miscarried had it not been for Lydia E. Pinkham's Vegetable Compound. I had a very easy time; was sick only a short tim think your medicine is a godsend to women in the condition in which I was. I recommend it to all as the best dicine for women."-MRS. MARY LANE, Coytee, Tenn.

Connecticut figures from its recen state school census shows that it has 20 per cent more inhabitants than it had in 1890. The population of the country on this basis is 75,150,000.

SHAKE INTO YOUR SHOES

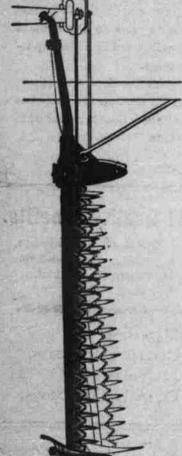
Allen's Foot-Ease, a powder for the feet Allen's Foot-Ease, a powder for the feet. It cures painful, swolien, smarting, nervous feet, and instantly takes the sting our of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight or net shoes feel ease. It is a certain cure for Ingrowing Nails, sweating, callous and hot, tired, aching feet. We have over 30,000 testimonials. Try it today. Sold by all druggists and shoe stores. By mail for 25c. in stamps. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

With the men all at the front fighting on the kopjes, the Boer women may be forced to harvest the croppes, and, if the worst comes, to defend their homes

THREE DAILY TRAINS BETWEEN OGDEN AND DENVER.

The increase in transcontinental travel by way of Salt Lake City in consequence of the scenic and other attrac s of the route, has recently justified the Rio Grande Western Railway-in connection with the Denver & Rio Grande and Colorado Midland Railroads —says the Salt Lake Tribune, in estab-lishing a triple daily tast passenger service between Ogden and Denver. All of these trains are equipped with the latest appliances, improveme cars. This road now operates through sleepers between Chicago, Ogden and San Francisco, also a perfect dining car service. Send 2c postage for literature, rates or other information to J. D. Mansfield, 253 Washington street, Portland; or Geo. W. Heintz, general pas-

enger agent, Salt Lake City. Two lions escaped from a menagerie in Valencia, Spain, and injured several people before they were captured. One of them leaped through the plate glass window of a jewelry store, and ttered watches and diamonds with recklessness.



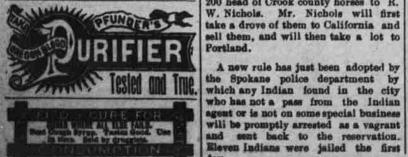
By a simple twist of the wrist you can lin

10,000 pounds of milk per day, and will soon have a branch running at Champion Draw Cut Mower You can't do it on any other. And there ar other points too. Send for Catalogue. Freewater. One-half of the milk now consumed comes from Umatilla county, MITCHELL, LEWIS & STAVER CO., PORTLAND, OREGON.

BAD SPRING BLOOD

Requires some sort of a tonic that cleans on the impurities. One that really does this—and

Moore's Revealed Remedy



SITUATION IS FAVORABLE. PACIFIC COAST NEWS

of Interest in the Growing Western States.

At a meeting held at Sheridan, Or., for the purpose of discussing the cream-ery question, H. E. Loundsbury, of the Southern Pacific, and Dr. Withycombe, of the state agriculture college, made addresses. A large number of the representative farmers of that district were present and listened very attentively to the interesting data presented by Dr. Withycombe's address. Questions were asked, and all present were impressed with the desirability of starting a creamery at that point, as they all admit that no money can be made or mortgages lifted with wheat at present prices, and especially as fruit and hop raising have not given the relief expected-mainly, however, on account of lack of co-operation in marketing the product.

Washington State Militia.

the militia state encampment at Taco-

ma in July. Governor Rogers favors

the project. The state provides for the

event of the state encampment idea is

carried out. There are no funds avail-

able from the state treasury for en-

campment purposes this year, but efforts are being made by the Tacoma

contingent to provide for the entertain-ment of the visiting companies.

A sawmill of 40,000 feet capacity

daily is soon to be in running order on

Deer creek, one half mile above Britton

station. This new company has been

formed by Robert Service, Charlie Tibbs and Thomas Tibbs. The Tibbs

brothers have timber that will make

15,000,000 feet of lumber on Deer

creek. The mill is furnished with a large dynamo, which will furnish lights for the mill and lumber yard.

The machinery is all in transit, and is

to be in running order within 40 days.

Putting in a Rallast.

The Northern Pacific is still working

large force of men on the roadbed

between Vollmer and Clearwater, Ida.,

and putting in a ballast of a most per-

manent nature. The ballast consists

of clay and small rock about the size of

an egg, which, when once set, becomes

like concrete. It will take about two

months yet to put the grade in first-class condition, and the company is

not sparing any pains to do everything

Asked to Pledge Acrenge.

At Newberg, Or., blank contracts furnished by the Willamette Beet Sugar

Company have been received and the

canvass among the farmers for securing

acreage will begin at once. Solicitors

for beginning the canvass 1,000 acres

have already been subscribed at public

Small Strike at the Paper Mills.

the Willamette Pulp & Paper Mills, at

Oregon City, Or., walked into the com-

pany's office and asked for an increase

of wages from 75 cents to \$1 per day.

The matter was finally compromised by a promise to give the boys steady

work. Only about three of the num-

ber were working on full time, the

others getting on an average of 15 to 20

Smallpox Among Indians.

of Cayote gulch, near Lewiston, Idaho,

some weeks ago, has been raised.

There were nine cases of smallpox un

der quarantine, and one of the victims,

bathing while afflicted with the dis

New posts are being set in the tele-

The Toledo, Or., creamery is now re

J. T. Moylan, representing an east-

per quarter section.

coming summer.

rates are advertised.

the people of Elgin, Or.

near McMinnville, Or., April 23.

New Whatcom has \$73.80 on hand to

Preparations are making for a big season at the watering places of West-port and Cohasset, Gray's Harbor.

New seashore attractions and excursion

The Walla Walla creamery is using

George Mapes is gathering his cattle

K. Elliott, of Lebanon, Or., has sold

A new rule has just been adopted by the Spokane police department by

which any Indian found in the city

who has not a pass from the Indian

days each month.

Eleven boys employed as cutters in

in good shape.

aggregate done some short time ago. Crop prospects, except in the wheat moded sections of the South, remain all that might be wished for. Retail demand is improving and nothing of a definitely depressing character has yet There is a movement on foot to hold

There Are Bad Peatures, But they Are in the Minority.

Brad street's says: Evidences of the

the country and lines of business return

tivity of some time ago, is also evident.

Excluding the great speculative cen-ters, the aggregate of business is un-

very large even to those bearishly in-clined had it not been for the enormous

In the abrupt readjustment of steel nd wire prices, the iron and steel industries received a notable shock, but have stood the ordeal very well.

In agricultural products the situaexpenses while in camp only, and rail-way fare and other expenses incurred will have to be borne by the men if the tion is generally one of sustained strength. Some slight shading in wheat prices is largely the result of flattering winter wheat crop prospects in the sections west of the

Wheat, including flour chipments, for the week aggregate 3,583,683 bushels, against 3,898,451 last week. Failures for the week in the United

States are well down to the minimum, numbering only 182, an increase of 21 Canadian failures for the week num

ber 18, as compared with 19 last week PACIFIC COAST TRADE. Souttle Markets

Onions, \$9. Lettuce, hot house, 40@45c dos. Potatoes, \$16@17; \$17@18. Beets, per sack, 50@60c. Turnipe, per sack, 40@60c. Carrots, per sack, 75@85c. Parsnips, per sack, 50@75c. Cauliflower, California 85@90c. Cabbage, native and California

11.00@1.25 per 100 pounds. Apples, \$2.00@2.75; \$3.00@3.50. Prunes, 60c per box. Butter—Creamery, 22c; Eastern 22c; dairy, 17@22c; ranch, 18@17c pound.

Eggs-15@16c. Cheese-14@15c. Poultry-14c; dressed, 14@15c pring, \$5. Hay-Puget Sound timothy, \$11.00

timothy, \$18.00@19.00 Corn-Whole, \$28.00; cracked, \$23; feed meal, \$38. Barley-Rolled or ground, per ton

@12.00; choice Eastern Washington

Flour-Patent, per barrel, \$8.25; blended straights, \$3.00; California, \$8.25; buckwheat flour, \$6.00; grahave been appointed, viz.: A. Clark, D. Turner, W. Cooper, William Man-ning and R. B. Linnville. As a basis ham, per barrel, \$3.00; whole wheat flour, \$3.00; rye flour, \$3.80@4.00. Millstuffs-Bran, per ton, \$13.00;

shorts, per ton, \$14.00. Feed—Chopped feed, \$19.00 per ton middlings, per ton, \$20; oil cake meal, Fresh Meats-Choice dressed beef teers, price 8c; cows, 7c; mutton 8c;

Hams—Large, 13c; small, 13½; breakfast bacon, 12½c; dry salt sides,

Wheat - Walla Walla 52@53c Valley, 53c; Bluestem, 56c per bushel. Flour-Best grades, \$3.00; graham, \$2.50; superfine, \$2.10 per barrel. Oats—Choice white, 35c; choice The quarantine that had been placed gray, 34c per bushel

Barley—Feed barley, \$14@14.50; A Blood rewing, \$17.00@17.50 per ton. Millstuffs-Bran, \$13 per ton; middlings, \$19; shorts, \$15; chop, \$14 per

a woman, died as a result of going Hay-Timothy, \$9@10; clover, \$7@ 1.50; Oregon wild hay, \$6@7 per ton. econds. 45c: dairy, 25@30c; phone line between Vale and Ontario, tore, 20@25c.

Eggs-14c per dozen. Cheese-Oregon full cream, 13c; Young America, 14c; new cheese 10c

ceiving about 1,000 pounds of milk daily, and will shortly have nearly all Poultry-Chickens, mixed, \$3.50@ .50 per dozen; hens, \$5.00; springs, ern syndicate, was in Kalama, Wash., closing a deal for purchase of timber \$2.50@3.50; geese, \$6.50@8.00 for old; \$4.50@6.50; ducks, \$5.50@6.00 per lands on the Coweeman river. The turkeys, live, 10@11c per

prices paid ran rom \$1,600 to \$3,500 Potatoes-40@70c per sack; sweets, 2@2%c per pound. Vegetables—Beets, \$1; turnips, 75c; A gilt-watch faker has been working

per sack; garlic, 7e per pound; cab-bage, 11/6e per pound; parsnips, 75; onions, \$2.50@8.00; carrots, 50c. Ripe wild strawberries were picked Hops—8@8c per pound Wool—Valley, 12@13c per pound; An expert is examining the coal pros-

pects on Birch creek, 20 miles south of Pendleton, Or. Eastern Oregon, 10@15c; mohair, 27@ 30c per pound. Mutton—Gross, best sheep, wethers Ellensburg's, Wash., municipal electric lighting plant is about to be

and ewes, 8%c; dressed mutton, 7@ 7%c per pound; lambs, \$2.50 each. improved at a cost of a little more than \$3,000. Hogs—Gross, choice heavy, \$5.00; light and feeders, \$4.50; dressed, entertain President McKinley when he \$5.00@6.50 per 100 pounds shall visit the coast and that town the

Beef-Gross, top steers, \$4.00@4.50; cows, \$3.50@4.00; dressed beef, 61/4@ 7%c per pound. Veal—Large, 6%@7%c; small, 8@ 81/c per pound. Tallow—5@51/c; No. 2 and grease

8 1/4 @ 4c per pound. San Francisco Market. Wool-Spring-Nevada, 14@16c po pound; Eastern Oregon, 12@16c; Valley, 20@22c; Northern, 10@12c.

Hope-1899 crop, 11@13c Butter - Fancy creamery do seconds, 17@17%c; fancy dairy, 17c; do seconds, 15@16c per pound. Eggs-Store, 15c; fancy

head. He has wagons arranged like hayracks upon which to haul the calves 17c. Millstuffs - Middlings, \$17.00 20.00; bran, \$12.50@13.50. Hay-Wheat \$6.50@9.50; wheat and

oat \$6.00@9.00; best barley \$5.00@ 200 head of Crook county horses to R. 7.00; alfalfa, \$5.00@6.50 per ton; straw, 25@40c per bale. Potatoes-Early Rose, 60@65c; Oregon Burbanks, 70c@\$1.00; river Burbanks, 40@75c; Salinas Burbanks.

80c@1.10 per sack. Citrus Fruit—Oranges, \$2.75@8.25; Mexican limes, \$4.00@ 5.00; California lemons 75c@\$1.50; do choice \$1.75@2.00 per box. Tropical Fruits—Bananas, \$1.50@ 2.50 per bunch; pineapples, nom-

inal; Persian dates, 6@6%0

fished between Portland and Chicago, in which the O. R. & N., the Union Pacific and the Oregon Short Line are fact that there are now two sides of the interested, shortens the through time general trade situation, where for a 11 hours. Train No. 2, leaving Port-year past there was but one, come to land at 9:15 A. M., daily, is known as land at 9:15 A. M., daily, is known as the Chicago-Portland special. different reports, but that the situasuffers merely by commisseration with the enormous and almost fevrish ac-

equipment is new, making it fully the ual of any train now in service from the Pacific coast to the East. It consists of a mail car, baggage car, a library-composite car, a first-class Pullman eper, a dining car, two chair cars and a tourist sleeper. There is but one change of cars to all Eastern points. doubtedly larger than a year ago, and the business done in several industries reporting reduced activity would seem The full time is three days through to Chicago, or four days and two hours to New York.

New Train Service on the O. R. & N.

The double train service just estab

The second train, known as No. 6, leaves Portland daily at 6:30 P. M., connecting at East Portland with the Southern Pacific's overland train from San Francisco, and carries through equipment to Chicago via the Union Pacific and the Chicago & Northwestern, and also the equipment for the Washington division of the O. R. & N., in connection with the Great Northern for St. Paul. This train reaches Spokane at 10 A. M. A dining car serves breakfast into Spokane, and dinner is served on corresponding train leaving Spokane at 3:45 P. M. The new schedule as arranged, supplies the most complete service ever furnished on the O. R. & N., also provides increased service in Eastern Oregon, where it is greatly needed, and gives immediate connection with the Washington division at Penaleton. At this point there is a large interchange of traffic, on account of the various mining districts of Baker county, the Coeur d'Alene, the Republic and Kootenai mining camps. Portland is greatly benefitted by this change, in as much as increased service is given from Eastern Oregon and Idaho.

No. 2 arrives in Chicago at 9:30 A M.; No. 6 at 7:45 A. M., as at present The Westbound train out of Chicago. corresponding with No. 2, is No. 1. This arrives in Portland at 4 P. M. The train corresponding with the Eastbound No. 6, is No. 3, out of Chicago. This reaches Portland at 7:30 A. M. Westbound train No. 1 leaves Chicago at 6:30 P. M., and Omaha at 8:20 A. M. the following day. The time is reduced two hours and 45 minutes. No. 3. Westbound train, leaves Chicago at 10:30 P. M., and Omaha at 4:25 P. M. the next day.

The service on the Union Pacific on all these trains includes buffet-smoking-library cars and dining cars. No. 6 carries a daily ordinary sleeper to Kansas City, with change en route to ordinary cars to Chicago.

Consult the nearest ticket agent for

detailed information. W. H. HURLBURT.

General Passenger Agent.

The ordinary step of an ostrich, when seeding, is about 21 inches; when walking, but not feeding, it is 26 inches: when fleeing from an enemy, its stride ranges from 11 1/4 to 14 feet.

A deacon in a Baptist church in Trenton is a stickler for decorum. He saw a young lady whisper to another during prayer at a church, service, and he loudly rebuked her. In indignation she was passing out of the edifice, when he said the church was no piace for her. Aroused by this taunt, she proseeded to return to her pew, but he slutched her back hair and thus drew pork, 8c; trimmed, 9c; veal, 81/4@ her out of the church.

Prospectors are boring for zinc in four counties in northern Arkaneas, and within the last year several changes in the ownership of land there has resulted in consequence. One syndicate is said to have purchased 13,000 acres of

Trouble

Is that tired feeling-blood lacks vitality and richness, and hence you feel like a lag Butter-Fancy creamery, 35@40c; gard all day and can't get rested at night. Hood's Sarsaparilla will cure you because it will restore to the blood the qualities it needs to nourish, strengthen and sustain the muscles, nerves and organs of the body. It gives sweet, refreshing sleep and imparts new life and vigor to every func-

Feit Tired—"In the spring I would have no appetite and would feel tired and without ambition. Took Hood's Sarsaparilla in small doses, increasing as I grew stronger. That sired feeling left me and I feit better in every way." W. E. Baker, Box 96, Milford, Ohio.

Hood's Sarsaparilla

ALABASTINE Is a durable and natural coment-base wall conting. in 5 lb. paper packages, made ready for use in white and fourteen beautiful tints by mixing with cold water. It is a cement that goes through a process of setting, hardens with age, and can be coated and recoated without washing

off its old coats before renewing. various kalsomines on the market, being d and not stuck on the wall with gine. Ala ners should insist on having the goods in ges properly labeled. They should reject

Prevents much sickness, particularly throat and lung difficulties, attributable to unsanitary coatings on walls. It has been recommended in a paper published by the Michigan State Board of Health on account of its sanitary features; which paper strongly condemned kalsomines. Alabastine can be used on either plastered walls, wood ceilings, brick or canvas, and any one can brush it on. It admits of radical changes from wall paper decorations, thus securing at reasonable expense the latest and best effects. Alabastine is manufactured by the Michigan emerged forms Easile Michigan

Alabastine Company of Grand Rapids, Michigan. Instructive and interesting booklet mailed free



A Well-Kept Life It requires a well-kept life to do the will of God, and even a better kept life have been notified that they shall not to will to do His will. To be willing maintain in connection with their is a rarer grace than to be doing the saloons wine rooms or private stalls or will of God. For he who is willing rooms not at all times open to public may sometimes have nothing to do and gaze. They were also notified to dismust be willing to wait; and it is continue and prohibit music and to easier far to be doing God's will than prevent dissolute women and criminals to be willing to have nothing to do-it from frequenting their saloons, under is easier far to be working for Christ than it is to be willing to cease. there is nothing rarer in the world day than the truly willing soul, and there is nothing more worth coveting than the will to will God's will. There is no grander possession for any Christian life than the transparently simple mechanism of a sincerely obeving

heart.—Henry Drummond. Information While You Watt. Mr. Spellem, of Highlandtown, rites: "Dere Sur: Please tell me writes: wat is the holesumest food fer chil-

'holesomest' articles of diet .- Balti-

Strength in Stillness. Those who make the most noise in the world are not those who have the most power in the world. Quiet influences are the potent forces in God's esteem, and even in man's sight. As Aubrey Moore says: "Great men think, while ordinary men talk. Great saints pray, ordinary men preach. High-sounding words and showy acts may impose upon the few, but it is si-lent effort which moves the world." This truth is not held popularly; yet Elijah learned when he was divinely shown that God was not to be recognized in the whirlwind, the earth-quake, or the fire, as he could be in 'the still small voice." Even this world's wisdom testifies to the truth in the adage: "Deep waters run stillest." It is God's voice which says: 'Be still, and know that I am God." -S. S. Times

Christ for All. It must never be supposed that the beautiful words and condescending acts of Christ were just for Peter, James and John and their companions. John is not the only beloved disciple who is encouraged to lean on the bosom of his Lord. His love for the family in Bethany is not a singular love with which other families have nothing to do. It is a specimen of his love, rather, intended to make glad ten thousand other families.-George Bowen.

Piety in the Home. Parents must show piety at home; that is, they must give good example and reverent deportment in the face of their children. . . All significations of love and tenderness, care and watchfulness must be expressed toward children that they may look upon their parents as their friends and patrons, their defense and sanctuary, their treasure and their guide .- Jeremy Taylor.

a stiff fight.

Beform at St. Louis

rooms not at all times open to public gaze. They were also notified to dispenalty of forfeiture of their licenses and having their places closed as disorderly houses .- Union Signal.

Fow College Students Die. The death rate in colleges is extremely low. The strict attention to the physique is given as the cause. People outside of colleges, as well, may have health and strength. Hostetier's Stomach Bitters is recommended most highly for preventing as well as curing bodily weakness. It is for the blood, the nerves and all stomach disorders, and its cures of constipation, indigestion, dyspepsia, sluggish liver or digestion, dyspepsia, sluggish li weak kidneys, are most remarkable

Six mourners who officiated as pall You will find doughnuts about the Ind., have sent in bills of indebtedness against the man's estate for carrying him to the grave.

SIOS REWARD SIOS.

The readers of this paper will be pleased to marn that there is at least one dreaded disease that seience has been able to cure in all its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraiernity. Catarrh being a constitutional disease, requires a constitutional reatment, Hall's Catarrh Cure is taken internally, acting directly upon the blood and nuccon surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address.

F. J. CHENEY & CO., Toledo, O. Sold by druggists, 70c.
Hall's Family Fills are the best.

A contract made over the telephone sylvania lawsuit.

Mothers will find Mrs. Winslow's Sooth-ing Syrup the best remedy to use for their children during the teething period.

Inoculation for the plague is coming more in favor in Bombay city, as many as 7,179 persons having been treated in one week.

Piso's cure cannot be too highly spoken of as a cough cure. - J. W. O'BRIEN, 322 Third Ave. N., Minneapolis., Minn., Jan.

Living animals have been newly discovered at a depth in the ocean two miles greater than any hitherto reached. Steel Platforms for Passenger Cars.

Instructions have been issued by the platforms. Already many have been equipped, and as fast as the coaches platforms taken off and a new steel one put in its place.

Small retailers in Germany have organized for an attack on the departsylor. ment stores. A bill has been intro-Sweeden has ordered 47 batteries of duced in the reichstag to tax the sales the largest artillery. These little coun- of the big stores on an increasing ratio keep an even temperature, therefore do tries are learning that they can put up until they reach 20 per cent of the not need to be changed, like those heat-

DAN BROSVEHOR SAYS:

"Peruna Is an Excellent Spring Catarrh Remedy-I am as



Hon. Dan. A. Grosvenor, deputy auditor for the war department, in a letter written from Washington, D. C.,

you for the benefit derived from one bottle of Peruna. One week has brought wonderful changes and I am now as well as ever. Besides being one of the very best spring tonics it is an excellent catarrh remedy." Very respectfully, Dan. A. Grosvenor. Hal P. Denton, chief national export

exposition, Philadelphia, Pa., writes: "I was completely run down from overwork and the responsibility natur-ally connected with the exploitation of A contract made over the telephone a great international exposition. My is legal and binding, according to a physician recommended an extended decision recently rendered in a Penn-vacation. When life seemed almost a burden I began taking Peruna, and with the use of the fifth bottle I found myself in a normal condition. I have since enjoyed the best of health."

Almost everybody needs a tonic in the spring. Something to brace the nerves, invigorate the brain, and cleanse the blood. That Peruna willdo this is beyond all question. Every one who has tried it has had the same experience as Mrs. D. W. Timberlake, of Lynchburg, Va., who, in a recent letter, made use of the following words: "I always take a dose of Peruna after business hours, as it is a great thing for the nerves. There is no better spring tonic, and I have used about all

mechanical department of the Rock | For a free book on "Summer Ca-Island, that all passenger coaches of tarrh," address The Peruna Medicine the road must be equipped with steel Co., Columbus, Ohio. For a free book on "Summer Ca-

Quarreling among the members of can be spared from the daily service, the households is extremely rare in they are run into the shops and the old Japan. This is because the Japanese cat very little meat. Among great meat-eaters irritable tempers prevail, and family disputes are comme

Smoothing irons heated by electricity are used by the inmates of the lunatic asylum in Pontiac, Mich. They ed on the coals or with gas.

BILE BLOAT



Puffs under the eyes; red nose; pimpleblotched, greasy face don't mean hard drinking always as much as it shows that there is BILE IN THE BLOOD. It is true, drinking and over-eating overloads the stomach, but failure to assist nature in regularly disposing of the partially digested lumps of food that are dumped into the bowels and allowed to rot there, is what causes all the trouble. CASCARETS will help nature help you, and will keep the system from filling with poisons, will clean out the sores that tell of the system's rottenness. Bloated by bile the figure becomes unshapely, the breath foul, eyes and skin yellow; in fact the whole body kind of fills up with filth. Every time you neglect to help nature you lay the foundation for just such troubles. CASCARETS will carry the poisons out of the system and will regulate

you naturally and easily and without gripe or pain. Start to-night—one tablet—keep it up for a week and help the liver clean up the bowels, and you will feel right, your blood will be rich, face look clean, eyes bright. Get a 10c box of CASCARETS, take as directed. If you are not cured or satisfied you get your money back. Bile bloat is quickly and permanently

CURED BY CANDY CATHARTIC BOWELS 10c. ALL 25c. 50c. DRUGGISTS To any needy mortal suffering from bowel troubles and too poor to buy CASCARETS we will send a box free. Address
Sterling Remedy Company, Chicago or New York, mentioning advertisement and paper.

tors. Photographs cheerfully sent on ation. FRANK HOLCOMS & CO. 245 Washington St., Portland, Or.

NOTICE TO PROPERTY OWNERS

U Save 80 Per Cent

If you use the New Columbian Fire Grats in your house. With an ordinary grate 80 per cent of the heat goes up the chimney, but the New Columbian Grate makes a white flame, no smoke, and all the heat goes into the room. Entirely new and absolute perfection. For photograph and full description send to THE JOHN BARRETT CO., 91 First Street, Portland, Oregon.

BUFFALO PITTS MANUPACTURERS OF

Double Cylinder Parm Loco-Write for Catalogue Yambill St., POBTLAND, OR [Mention this paper.]

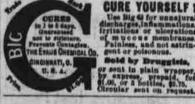
PORTLAND DIRECTORY. Machinery and Supplies.

CAWSTON & CO.: ENGINES, BOILERS, MA. chinery, supplies. 48-50 First St., Portland, Or

JOHN POOLE, PORTLAND, OREGON, can give you the best bargains in general machinery, engines, boilers, tanks, pumps, plows, belts and windmills. The new steel I X L windmill, sold by him, is unequalled.

Have You Seen The New McCormick Roller-Bearing Mower?





YOUNG MEN

OME FOR A DOSE. Cure flick Hendache and Dyspeptis, Remove Pimples, Purify the Blood, Aid Dignerion. Prevent Billousness. Donot Gripe or Sicken. To BOSANKO CO., Phila N. P. N. U.

WMEN writing to advertisers please

near Plush, Lake county, Or., to take them south. He will take about 1,200 that are not able to make the trip on And does it thoroughly. Pleasant to take. \$1.0 at your druggist's. W. Nichols. Mr. Nichols will first take a drove of them to California and sell them, and will then take a lot to