

Good Health

Able to Work Every Day Since Taking Hood's Sarsaparilla.

"I was a great sufferer from stomach trouble and was not able to retain food. After taking a few bottles of Hood's Sarsaparilla I was able to eat almost anything I wished, and I have been well enough to work every day. I am now enjoying good health."—L. J. Ferguson, Monroe, Or.

Hood's Sarsaparilla
Is America's Greatest Medicine. It is for 63¢.
Hood's Pills cure indigestion, 25 cents.

Westernization of the Japs.
Kioto, Japan, formerly regarded as the sacred city of the Mikado, is being thoroughly westernized, having adopted the overhead trolley and arc and incandescent lighting. The power for the operation of the street railway is supplied by the waters of Lake Biwa, which are utilized through the agency of extensive canals, the plant being one of the largest engineering projects completed by native engineers.

A PHILIPPINE HEROINE.

One of the Philippine insurgent leaders is a beautiful woman whose life seems to be charmed. She has often rushed bravely into the very teeth of death from guns and cannon, but has never been wounded. Frequently she sees people in this country who live so long that their lives seem charmed also, but the only charm about it is that they keep up their strength and vitality their blood with that celebrated remedy, Hostetter's Stomach Bitters.

The word "hairbreadth," now used for an infinitesimal space, was once a regular measure. It was the width of 16 hairs laid side by side.

DEAR MADAM:
Your bread needn't smell of soda or alum or lime.

Schilling's Best baking powder has no lime or alum or excess of soda.

It is stated that vast uncovered untouched beds of sheet mica lie within 50 miles of Kiao-Chow bay, China.

Try Schilling's Best tea and baking powder.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that can not be cured by Hall's Catarrh Cure.

E. J. CHENEY & CO., Props., Toledo, O.
We the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly honest in all business transactions, and socially able to carry out all obligations made by their firm.

WET & TRAVEL.
Wholesale Druggists, Toledo, O.
Wholesale Druggists, Toledo, O.
Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system. Price 75¢ per bottle. Sold by all druggists. Testimonials free.
Hall's Family Pills 75¢ per box.

In Egypt fans were used in religious ceremonies, made of parchment or feathers.

CONSULTING A WOMAN.

Mrs. Pinkham's Advice Inspires Confidence and Hope.

Examination by a male physician is a hard trial to a delicately organized woman.

She puts it off as long as she dare, and is only driven to it by fear of cancer, polypus, or some dreadful ail.

Most frequently such a woman leaves a physician's office where she has undergone a critical examination with an impression, more or less, of discouragement.

This condition of the mind destroys the effect of advice; and she grows worse rather than better.

In consulting Mrs. Pinkham no hesitation need be felt, the story is told to a woman and is wholly confidential. Mrs. Pinkham's address is Lynn, Mass., she offers sick women her advice without charge.

Her intimate knowledge of women's troubles makes her letter of advice a wellspring of hope, and her wide experience and skill point the way to health.

"I suffered with ovarian trouble for seven years, and no doctor knew what was the matter with me. I had spells which would last for two days or more. I thought I would try Lydia E. Pinkham's Vegetable Compound. I have taken seven bottles of it, and am entirely cured."—Mrs. JOHN FOREMAN, 26 N. Woodbury Ave., Baltimore, Md.

The above letter from Mrs. Foreman is only one of thousands.

WANTED EMPLOYMENT.

An experienced accountant and salesman is open for an engagement. Twenty-five years' experience as a salesman, book-keeper and buyer. General merchandise and hardware preferred. Address: J. M. G. 1000 Broadway, New York City.

Zufgepaßt!

Im unteren Blatt, die "Nachrichten", in Folge dieser Eintragung, in dem ich bisher noch nicht gemeldet worden war, (sicher wird es sein) ist mir am 1. Januar 1899 frei an die diesigen, welche für das nächste Jahr unter dem Namen werden und den Betrag dafür \$2.00, jetzt einreichen. Wenn alle die Probe-Nummern schicken.
German Publishing Co., Portland, Or.

CURE YOURSELF!

Use the Fig for all ailments of the bladder, inflammation, irritation, etc. It is a natural, healthy, and safe remedy. It is sold by all druggists.

WHEAT

Make money by successful speculation in Chicago. We buy and sell wheat on margin. Fortunes have been made. Write for full particulars. Best of all—no risk. Several years' experience on the Chicago Board of Trade, and a thorough knowledge of the market. Send for our free reference book. BOWLING, HOPKINS & CO., Chicago, Board of Trade, 10th Floor. Offices in Portland, Oregon and Seattle, Wash.

WELL & RICE 60¢.

Well & Rice 60¢. The best quality of rice. Sold by all grocers.

YOUR LIVER

Is It Wrong? Get It Right. Keep It Right.

MULLIGAN'S BRIGADE.

The Gallant Chicago Regiment Composed of Irishmen.

"Rally! All Irishmen in favor of forming a regiment of Irish volunteers to sustain the government of the United States in and through the war will rally at North Market Hall this evening, April 20, at 7:30 o'clock. For the honor of the old land, rally! Rally for the defense of the new!"

This notice appeared in all the Chicago newspapers on April 20, 1861. Five days before Gov. Yates had issued a call for troops, and the patriotic fervor of the people was at a white heat. Enrollment had already commenced. Capt. Joseph Kellogg having begun the work of recruiting a company on April 15.

Those whose knowledge of war and war times is limited to the present conflict with Spain have small conception of the excitement that swept over the

de-camp, the Chevalier de Postgibaud, who relates the incident in his memoirs, heard him soliloquizing thus on the hopelessness of the situation and the emptiness of glory:

"Diablo! I have done well certainly. At my time of life—barely twenty years of age—with my name, rank and fortune, and after having married Madeiroselle de Noailles, to leave everything and serve as a breakfast for codfish!"—Youth's Companion.

HOT TIMES IN THE STROKEHOLE.

Tollers at the Furnace Twenty Feet Below the Surface of the Sea.

If a landsman wants an experience that he will not forget soon let him go down into the strokehole of a warship. Then he will realize, indeed, what it means to be in the bowels of a vessel, and, to an extent, what it means to be buried alive. If he can face the roaring furnaces without shrinking and stand



COLONEL MULLIGAN AND STAFF.

land, rising nowhere to a higher pitch than at Chicago when Fort Sumter was fired upon and the President issued a call for 75,000 troops.

The call for a meeting of the loyal Irishmen of the city, which was signed by James A. Mulligan, M. C. McDonald and eleven other Irish citizens, was royally responded to, North Market Hall being thronged to the doors. James A. Mulligan, an eloquent young Irish-American lawyer, delivered a ringing speech, as did several others, and the work of recruiting—the real business of the evening—was begun. No urging was required, men presenting themselves faster than they could sign the roll. In an hour and a half 325 names had been enrolled.

This meeting was but the beginning of the patriotic enthusiasm which speedily seized upon the people, and applications for admission to the Irish brigade, as the prospective regiment had been already named, continued to pour in, not from Chicago only, but from all portions of northern Illinois, one body of Detroit Irishmen offering their services. Within a week 1,200 names were signed and the regiment was complete.

The Confederates were bent on taking Lexington, and Gen. Sterling Price soon appeared with 25,000 men. Out-



IN THE STROKEHOLE OF A WARSHIP.

numbered ten to one, poorly provisioned and suffering from lack of water, Col. Mulligan made determined defense. Called upon by Price to surrender and agree to fight no more on Missouri soil, brave Mulligan replied:

"The Irish brigade makes no compromise."
At length after a resistance that fairly electrified all Northern hearts and called forth expressions of praise from the Confederates, Col. Mulligan was forced to surrender, the devoted Irishmen destroying their green flag in preference to yielding it to the enemy. The total Union loss in killed and wounded was 107. Col. Mulligan was retained as a prisoner of war, but was soon exchanged.

He was treated with great consideration by Gen. Price, who, in appreciation of his bravery, refused to accept his sword.

The heroic death of Col. Mulligan while fighting the main body of Gen. Jubal A. Early's army at Kernstown, Va., July 24, 1864, is known to all who are familiar with the stirring events of the war of the rebellion.

"Lay me down and save the flag," he said to those who were bearing him mortally wounded from the field.

The Irish brigade fought nobly for their country; they did more—they raised an enthusiasm that recruited many thousands of troops and imparted boldness to timid hearts. Their glory has not yet faded—will never fade. To have been a follower of Mulligan is an honor which no American disputes.

A Sea-ick Hero.

No man is a hero while senile. Lafayette was sent by Washington and Congress to France to ask further supplies of men and money for the American colonists. He sailed from Boston in the frigate Alliance, on Jan. 11, 1779. The harbor was frozen, and a passage had to be cut for the ship through the ice.

Off the Newfoundland banks the ship was assailed by a terrible tempest.

Bad Digestion, Bad Heart.

Poor digestion often causes irregularity of the heart's action. This irregularity may be mistaken for real, organic heart disease. The symptoms are much the same. There is, however, a vast difference between the two: organic heart disease is often incurable; apparent heart disease is curable if good digestion be restored.

A case in point is quoted from the New Era, of Greensburg, Ind. Mrs. Ellen Colson, Newport, Ind., a woman 43 years old, had suffered for four years with distressing stomach trouble. The gases generated by the indigestion pressed on the heart, and caused an irregularity of its action. She had much pain in her stomach and heart, and was subject to frequent and severe choking spells which were most severe at night. Doctors were tried in vain; the patient became worse, dependent, and feared impending death.



A Case of Heart Failure.

She was much frightened, and noticed that in intervals in which her stomach did not annoy her, her heart's action became normal. Reasoning correctly that her digestion was alone at fault she procured the proper medicine to treat that trouble and with immediate good results. Her appetite came back, the choking spells became less frequent and finally ceased. Her weight, which had been greatly reduced was restored and she now weighs more than for years. Her blood soon became pure and her cheeks rosy.

The case is of general interest because the disease is a very common one. That others may know the means of cure we give the name of the medicine used—Dr. Williams' Pink Pills for Pale People. These pills contain all the elements necessary to give new life and richness to the blood and restore shattered nerves.

The tomb of Mohammed is covered with diamonds, sapphires and rubies, valued at \$12,500,000.

TRY ALLEN'S FOOT-EASE.

A powder to be shaken into the shoes. At this season your feet feel swollen, nervous, and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cures the feet and makes walking easy. Cures swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and gives rest and comfort. Ten thousand testimonials of cures. Try it today. Sold by all druggists and shoe stores for 25¢. Sent by mail for 50¢ in stamps. Trial package FREE. Address Allen S. Olmsted, Le Roy, New York.

Twenty words per minute is the average at which long hand is written.

FITS Permanently Cured. No other person ever after first day's use of Dr. Kilmer's Great Nerve Restorer. Sent for \$1.00. Write for free catalogue. JOHN POOLE, sole agent, foot of Morrison street, Portland, Or.

CIGAR RIBBONS.

A fine collection of cigar ribbons will be sent by enclosing 25¢ to Globe Cigar Co., 115 1/2 Fulton St., San Francisco, Cal.

WAGONS IMPROVED.

The new Improved Stoughton wagons stand the racket. Three more car loads are on the way. It pays to have the best. Write for free catalogue. JOHN POOLE, sole agent, foot of Morrison street, Portland, Or.

I believe my prompt use of Piso's Cure prevented quick consumption.—Mrs. Lucy Wallace, Marquette, Kansas, Dec. 12, 1885.

Dr. T. H. White, No. 271 1/2 Morrison street, cor. Fourth, Portland, Or., has the most complete modern dental appliances to be found in the Northwest. Electricity is used in all cases where indicated, and the result is pleasing, and a surprise to patients who have suffered under the old regime.

Teeth without plates, bridge work and gold crowns are welcome indeed to the patient who has had the opportunity to avail themselves of such as are made by Dr. White. Painless dental operations are performed daily. Teeth filled, cleaned, and where extraction is necessary, which is rare, without pain.

If a disinfectant smells good, it isn't a good disinfectant.



THE EXCELLENCE OF SYRUP OF FIGS

Is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes known to the CALIFORNIA FIG SYRUP Co. only, and we wish to impress upon all the importance of purchasing the true and original remedy. As the genuine Syrup of Figs is manufactured by the CALIFORNIA FIG SYRUP Co. only, a knowledge of that fact will assist one in avoiding the worthless imitations manufactured by other parties. The high standing of the CALIFORNIA FIG SYRUP Co. with the medical profession, and the satisfaction which the genuine Syrup of Figs has given to millions of families, makes the name of the Company a guarantee of the excellence of its remedy. It is far in advance of all other laxatives, as it acts on the kidneys, liver and bowels without irritating or weakening them, and it does not grip or nauseate. In order to get its beneficial effects, please remember the name of the Company.

Trading with These Own Faces

The population of Antwerp numbered 20,000 Germans, who, it is said, had

CALIFORNIA FIG SYRUP CO.

FLIGHT OF THE ARMADA.

Experiences of Phillip's Fleet in the Storm of the German Ocean.

In the Century there is an article on "The Spanish Armada," by William Frederick Tilton. After describing the defeat of the Armada, Mr. Tilton says: "Meanwhile the Spaniards were speeding, crestfallen, over the German Ocean, under all the canvas that their torn rigging and splintered spars would bear. For Sidonia's men were thinking only of getting home to the warm sun and sparkling water of their dear Espana—dear old Spain. Soldiers and sailors lounged in sullen, silent groups about the decks. The flag-ship would not respond to the salutes of her consort. The wind blew northerly at times, but the duke forgot his promise to sail back into the Channel. He thought only of flight, and offered his French pilot two thousand ducats if he should bring him safe to Spain. Soon the autumn storms burst, and the Spaniards had to lose everything but a rag of sail to steer by. Thick, black fogs often settled down upon them, so that they could not see one another's lights at night. One day, however, they had the melancholy satisfaction of capturing a few English pinnaces returning from their fishing-ground laden with cod and ling. This one almost regrets to say it—was the greatest achievement of the fleet that was to give Phillip the sovereignty over western Europe. The men had been supplied with clothes only for a short summer campaign, and these North Sea gales froze them to the bone. "We all expected to come home rich from this expedition," wrote a gentleman on board the flag-ship, as she was foundering past Scotland; "but now we are coming home in our shirts, for our clothes got so ragged that we had to throw them overboard." To increase the wretchedness, it became necessary to reduce the rations to starvation-point. The artillery mules and noblemen's horses, which a wise commander would have kept for food, were cast overboard to save water. It was heartrending to see the wild white eyes of the poor brutes as plunging and snorting, they tried to swim back to the ship's side.

It seemed imperative to punish somebody for all this disgrace and misery. A number of officers were accused of disobedience or cowardice. Some of these the duke deprived of their commands; and one captain was hanged in a pinnace, which was sent through the fleet with its gruesome freight dangling from the yard-arm as a warning to the rest.

The weather got ever wilder. The clumsy ships heaved and rolled, and plunged their yards deep into the waves. Hulls got so badly strained that they had to be stiffened with ropes. Strong men flocked to the chaplains, begging for their prayers. Many a poor fellow, losing hope of seeing land again, made his will and intrusted it to the ship's priest. Men sickened and died by hundreds, sons of Spain's noblest houses with the rest. Many ships got so short-handed that they dropped behind the main body, and had to struggle northward in isolated groups. Now and then a rotten leech would give way, and the sailors, weakened by hunger and sickness, had to go aloft in the gale to hoist the tugging and belling sail, lucky if shrouds and spars were not slippery and dangerous with the driving sleet. Though midsummer, it was as cold as Christmas. Everybody except the pilots stayed below as much as possible to keep warm. They were all perishing with hunger and thirst, and the little food they got was moldy. They might have tried catching rain-water in casks, but the spray would have turned it salt. Calderon, one of the paymasters, had a store of delicacies aboard his hulk, and distributed them, as well as the heavy sea allowed, among the sick and wounded of the fleet. The negroes and mutineers, it was observed, nearly perished with the cold. The men were now kept continuously at the pumps. Woe to the ship when pumps got clogged with ballast pebbles! It was hard and dangerous work shifting the crews of sinking vessels in the tempestuous weather.

Wages of Soldiers.
The regular rates of pay apply to the volunteer service, both to officers and to men, as stated in the army register, although there is an increase enjoyed by the regulars who have been in the army more than five years. The following is the monthly stipend of officers: Major general \$225 00 Brigadier general 187 50 Colonel 150 00 Lieutenant colonel 125 00 Major 100 00 Captain, mounted 75 00 Captain, not mounted 50 00 Regimental adjutant 25 00 Regimental quartermaster 25 00 First lieutenant, mounted 125 00 First lieutenant, not mounted 100 00 Second lieutenant, mounted 75 00 Second lieutenant, not mounted 50 00 Chaplain 125 00 Company:

Private 13 00 Smedley 13 00 Trumpeter 13 00 Wagoner 13 00 Artificer 15 00 Corporal (artillery, cavalry and infantry) 15 00 Bombardier and fitter 15 00 Saddler 15 00 Sergeant (engineers and ordnance) 20 00 Corporal (engineers and ordnance) 15 00 First sergeant 25 00 Sergeant (engineers, ordnance and signal corps) 34 00 Sergeant (signal corps) 45 00 Regiment:

Chief trumpeter 22 00 Principal musician 22 00 Saddler sergeant 22 00 Chief musician 20 00 Sergeant music 15 00 Quartermaster sergeant 25 00 Sergeant major and quartermaster sergeant 30 00 Post:

Ordnance sergeant 34 00 Commissary sergeant 34 00 Post quartermaster sergeant 14 00 Hospital corps:

Hospital steward 45 00 Acting hospital steward 35 00 Private 15 00 Veterinary surgeon (senior) 100 00 Veterinary surgeon (junior) 75 00 Hospital matron 10 00

Killing the Habit.

"I see by the papers that the cigarette habit is dying out."

"What's the cause? People smoking cigars?"

"No; the cigarette fiends are dying out."—New York World.

Judging from the Sound.

"Do you know that an ordinary piano contains about a mile of wire?"

"No. I should rather believe that an ordinary piano contains about a wag-

CONSUMPTION CAN BE CURED

The Doctor Slocum System Has Proven Beyond Any Doubt Its Positive Power Over the Dread Disease.

EXTERMINATING THE CURSE OF AGES

By Special Arrangement with the Doctor, Three Free Bottles Will be Sent to All Readers of This Paper.



EDITORIAL NOTE.—The Doctor Slocum System is Medicine reduced to an Exact Science by the World's most Famous Physician. All readers of this paper, anxious regarding the health of themselves, children, relatives or friends, may have three free bottles as represented in the above illustration, with complete directions, pamphlets, testimonials, advice, etc., by sending their full address to Dr. T. A. Slocum, the Slocum Building, New York City. This is a plain, honest, straightforward offer, and is made to introduce the merits of The New System of Treatment that Cures, and we advise all sufferers to accept this philanthropic offer at once. When writing the Doctor please mention this paper. All letters receive immediate and careful attention.

If You Suffer

From Epilepsy, Epileptic Spells, Fits, St. Vitus' Dance, Falling Sickness, Vertigo, etc., have children or relatives that do so, or know people that are afflicted, My New Discovery,

Epilepticide,

Will cure them, and all you are asked to do is to send for a Free Bottle and try it. I am quite prepared to abide by the result. It has cured thousands where everything else has failed. Please give full name, AGE, and postoffice and express address

Wm. H. May, M.D., May Laboratory, 94 Pine St., New York City.

EDITOR'S NOTE.—All sufferers are advised to send for Gratuitous Expert Advice and a Free Bottle of this New Discovery, which is an Unfailing Cure for any and all of the frightful forms of Epilepsy and allied nervous diseases. When writing Doctor May, please mention this paper.

A Beautiful Present

In order to further introduce ELASTIC STARCH (Flat Iron Brand), the manufacturers, J. C. Hubinger Bros. Co., of Keokuk, Iowa, have decided to GIVE AWAY a beautiful present with each package of starch sold. These presents are in the form of

Beautiful Pastel Pictures

They are 1 3/16 inches in size, and are entitled as follows:



Lilacs and Pansies. Wild American Poppies. Pansies and Marguerites. Lilacs and Iris.

These rare pictures, four in number, by the renowned pastel artist, R. LeRoy, of New York, have been chosen from the very choicest subjects in his studio and are now offered for the first time to the public. The pictures are accurately reproduced in all the colors used in the originals, and are pronounced by competent critics, works of art.

Elastic Starch

will be given away with each package of purchased of your grocer. It is the best laundry starch on the market, and is sold for 10 cents a package. Ask your grocer for this starch and get a beautiful picture.

ALL GROCERS KEEP ELASTIC STARCH. ACCEPT NO SUBSTITUTE

PISO'S CURE FOR

Best Lung Syrup, Famous Good. The only true Lung Cure.

OPIUM

Dr. J. C. Hoffman, 401 Isabella Bldg., Chicago, Ill. M. F. N. O. No. 20, '08. WHEN writing to advertisers please