

The opinion that hurry in eating is a prolific cause of dyspepsia is founded on common observation. The ill results of bolting the food have been attributed to the lack of thorough mastication, and to the incomplete action of the saliva upon the food. Two-thirds of the food we eat is starch, and starch cannot be utilized in the system as food until it has been converted into sugar, and this change is principally effected by the saliva. But there is a third reason why rapidity of eating interferes with digestion. The presence of salivary secretion in the stomach acts as a stimulus to the secretion of the gastric juice. Irrespective of the mechanical function of the teeth, food which goes into the stomach incompletely mingled with saliva passes slowly and imperfectly through the process of stomach digestion. Therefore, as a sanitary maxim of no mean value, teach the children to eat slowly and in giving this instruction by example, the teacher as well as the pupil may receive a benefit.

A farmer in Eastern Pennsylvania, has been converted by experience from some common opinions on money. He did not believe in banks and he did believe in silver. So he held all his funds in the form of silver dollars, stored them in a keg marked "prime leaf lard" and hid the deposit in his wagon shed. But a thunder shower came up one day last week and a shaft of lightning took a perniciously active part in the demonstration of the necessity of one quality in money. It reduced the wagon shed to ashes, and the silver dollars to a shapeless mass of bullion. As a result, \$1000 or so of silver was turned into just about half its face value. Had the coin been of gold it would be worth just as much after it was melted as it was before. This is a highly expensive way of getting a grasp of the factors of the monetary problem, but the man who learns at the cost of \$500 a lesson will be likely to remember what he has paid for.—Oregonian.

There is no excuse for young men loafing about the streets, stores and saloons. If a young man cannot find employment he can at least read. Good books are a man's best friend and he who spends his time reading such will certainly not have wasted it. A young man who is seen continually loafing is soon looked upon as an idler and finds himself thought of and spoken of in the same manner as the lowest class of degraded men are thought and spoken of. Don't loaf. If you can't find work, don't stand out on the sidewalk and make a public nuisance and eye-sore out of yourself.—World.

The supreme court of the United States not long ago sustained the territorial court of Utah in overruling the challenge of a juror who admitted having read newspaper reports of the crime, and that these had made an impression upon his mind, but who insisted that this impression could be removed by testimony. If this example was practiced oftener trials would take up less time and waste less money, besides in a majority of cases resulting in a better verdict than could be rendered by a jury that doesn't read and never has opinions that are not drummed into it.

The Spanish war in Cuba is carried on with much courtesy. We base this statement on the following words occurring in a dispatch: "We then went through the out-houses and found upwards of forty sick and wounded. These we killed with our machetes and then applied the torch. Those who were killed outside of the house we threw into the flames. We then resumed our march." And yet some people will say that Spain is a civilized country.

County Warrants at Face. I will take county warrants at their face value in trade at my store in Condon.

Dr. Price's Cream Baking Powder Awarded Gold Medal Midwinter Fair, San Francisco.

PROGRAM

For the Fourth at Olex on July 4, 1896.

Procession at 10 a. m. Brass Band, Liberty Car, G. A. R. etc. will march to stand, where program will open by music by the Condon Brass Band. Prayer by Rev. Walbridge. Flag salute by children. Song by choir. Reading Declaration of Independence by Mrs. J. M. Johns. Music by the band. Oration by J. M. Johns. Song by choir. Recitation by Goddess of Liberty. Recitation by Nora Miller. "Drill the Blue and the Gray," by children. Song by choir.

DINNER.

Music by band. Recitations by Mrs. Doerfer, Cynthia Weatherford, Lillian Snell and Edith McKinney. Song by choir. Plug-uglies. Amusements of the day will consist of horse race for all, 100 yds, turn a stake, change horses at start and run again—800 yds in all; prize \$5; entrance 50c. Saddle-horse race, 300 yds; prize \$5; entrance \$1.50. The most graceful lady rider; entrance free; prize, a bridle. Riding for ring, 3 runs, a \$2.50 prize; entrance 50c. Tog of war; \$1.50 prize. Wheelbarrow race; prize, pocket knife. Free for all foot race; prize, straw hat. Ladies' foot race; prize, washboard. Hurdle race 250 yds, 4 panels; prize \$2.50. Base ball game. Olex against the ground, light weight (150 lbs) wrestling match; prize, plug of tobacco. Race for young couples, gentleman at one end of the track and lady at other end; prize goes to couple that meets first; track 100 yds; prize 50c worth of French candy. Grand ball in grove, platform 40x50 ft, well shaded, good floor, good music. Tickets \$1.00. Camp fire by G. A. R., evening of 3d.

Public Notice.

In accordance with section 3418, page 1501 of Hills Annotated Laws of Oregon I hereby give notice that at the general election held on June 1, 1896, a majority of all votes cast were against swine running at large in Gilliam county, Oregon; and that in 60 days from the date hereof, it will be unlawful for swine to run at large in said county, under penalty of \$5 for the first offense, and \$10 for each and every subsequent offense, to be recovered from the owner of the swine by civil action in the name of the State of Oregon, before a justice of the peace of the precinct in which such owner or keeper or either of them may reside; and such penalty shall be for the benefit of, and when collected, paid into the common school fund of the county in which such action is brought, within 60 days after such animal is proved to be at large. Dated this 11th day of June, 1896. H. N. FRAZER, County Clerk.

Herbert Stephenson desires to inform the public that they can save many a dollar by trading with him and getting the benefit of his large discount for cash.

Notice.

Trains No. 1 & 2, West and East bound passengers respectively, now run by the way of Walla Walla, and arrive at Arlington as follows: No. "1" East bound 12:53 a. m. No. "1" West bound 2:47 a. m. Train No. "2" leaves Portland at 7 p. m. Train No. 2 for the east leaves Arlington at 12:30 a. m., train No. 1 for the west leaves Arlington at 2:45 a. m. F. C. HINDLE, Agent, Arlington, Or.

Anyone desirous of purchasing a new mower will make money by getting prices at the Olex store before purchasing, as the latest improved Buckeye and Osborn mowers are on hand at reduced prices.

You should see the Jones CHAIN MOWER before you buy. Simplest, longest-lived and lightest draft mower in the world. Never out of repair. No gears to wear out, no noise, nothing to make the farmer "cuss." Chain Power runs the great Ferris wheel. This proves its strength. Bicycles are Chain Drive. Why? Light draft! At Shurtz Bros.

H. H. & H. B. HENDRICKS, ATTORNEYS AT LAW, Fossil - and - Condon, - Oregon. Notaries Public, Agents for Firemans Fund and L. & L. and Globe Insurance Co. Abstracting, Collections, U. S. Land Business. Practice in all the courts.

You should see the new late improved steel frame Jones' self dump hay rake at Shurtz Bros.

James W. Smith's new spring and summer stock of gents' furnishing goods, boots and shoes, dry goods, etc., will all be in by March 1st. His goods are bought direct from the East, at prices that defy competition.

James W. Smith has the largest line of agricultural implements to select from in Gilliam county. Oliver plows and extras a specialty.

BUSINESS LOCALS.

Books of all kinds. L. W. Darling & Co. Dishes and glassware at L. W. Darling & Co.'s. The best lemon extracts for flavoring, just arrived. L. W. Darling & Co.

Have you seen our new display of toilet soaps? Something new and nice. L. W. Darling & Co. Buy choice bird seed, now reduced to 10c packages, from L. W. Darling & Co., and your bird will sing sweeter.

The famous "Williams Barber Bar Shaving Soap"—the best in the world for the outlet and for shaving. For sale by L. W. Darling & Co.

The freshest, purest and best stock of prescription medicines in the country can be found at the drug store of L. W. Darling & Co., Condon.

Remember that Liverine is a first-class remedy for the liver, and one of the very best for constipation. Liverine is a Green-Sand remedy. Patronize home industry by buying a bottle of Liverine at L. W. Darling's.

NEW GOODS! NEW GOODS!

AT THE STORE OF

JAMES W. SMITH IN ARLINGTON.

Our new summer stock has arrived and is being sold at Hard Times Prices.

Dry goods, ladies' furnishing goods, clothing and gents' furnishing goods, overcoats and duck-lined goods, boots, shoes and rubber goods, mackintoshes and slickers, blankets and comforts, yarns and fancy notions, hats and caps, gloves and mittens, hardware, stoves and tinware, groceries of all kinds, lime, sulphur and cement, harness and saddlery, lumber and shingles, paints and oils, glass, crockery, wall paper, windows and doors, school books and stationery, machinery of all kinds, Studebaker and Old Hickory wagons, Oliver plows, Etc.

COME AND GET OUR PRICES. WHAT YOU DO NOT SEE, CALL FOR.

WANTED--500 MEN! TO BUY THEIR MACHINERY

SHURTE BROS., ARLINGTON, OREGON.

WE ARE HEADQUARTERS

Wagons, Buggies, Mowers, Rakes, Etc.

Latest Improved Headers MYERS PUMP, ETC.

IN-FACT-ANYTHING-USED-ON-A-FARM.

Administrator's Notice.

All persons having claims against the estate of Silas Brown, deceased, will please present them, with the proper vouchers, within six months from the date of this notice, to D. S. Brown of Condon or Wm. C. Brown of Lone Rock, Gilliam county, Oregon, administrators of said estate. Dated this 25th day of June, 1896. D. S. BROWN, Wm. C. BROWN, Administrators.

Mitchell wagons lead the world; strongest and best made wagon on earth. At Shurtz Bros.

Look Here!

To those who are indebted to the following firms, please call at my office at an early date and settle: Smith & Perrin, Barr & Stephenson, Halstead & Rinehart, G. S. Clark, E. E. Smith, assigned to Geo. Lawrence & Co., Portland and J. M. Johns (Record subscriptions.) H. B. HENDRICKS, Atty.

Anything you need on a farm at reasonable prices. Where? At Shurtz Bros.

Mothers will find Chamberlain's Cough Remedy especially valuable for croup and whooping cough. It will give prompt relief and is safe and pleasant. We have sold it for several years and it has never failed to give the most perfect satisfaction. G. W. Richards, Duquesne, Pa. Sold by all druggists.

The German-American Insurance Co., of New York, one of the most reliable companies in the world, has established an office at Condon with L. W. Darling as agent.

Notice to Sheepmen.

I am prepared to summer bucks at \$1 per head, on my range at the forks of Beaver and Beckhorn creeks, near Lone Rock. For further particulars call or address me at Lone Rock, Oregon. Ed COMPTON.

Wood! Wood!!

I have purchased a first-class wood saw and will be prepared to furnish the people of Gilliam county with all the wood they need, any size, and at prices that will make it worth your while to see me before buying elsewhere. At the old Lone Rock sawmill site. J. S. McKINNEY.

NOTICE FOR PUBLICATION.

LAND OFFICE AT THE DALLES, OR., May 28, 1896. Notice is hereby given that the following-named settler has filed notice of his intention to make final proof in support of his claim and that said proof will be made before H. H. Hendricks, U. S. Com. at Fossil, Or., on July 13, 1896, viz: WILLIAM M. STEWART, Hd. 326, for the 1/4, 1/2, 3/4 and 1/2 sec 29, 19 1/2 of T 23 E. He names the following witnesses to prove his continuous residence upon and cultivation of said land, viz: George Knox, John A. Ward, John Knox and J. A. Kiser, all of Condon, Oregon. JAS. F. MOORE, Register, 35-17.

NOTICE FOR PUBLICATION.

Timber Culture Final Proof. U. S. LAND OFFICE THE DALLES, OR. June 11, 1896. Notice is hereby given that Fremont Ward has filed notice of intention to make final proof before H. N. Frazer, county clerk, at his office in Condon, Oregon, on

Tuesday, July 28, 1896.

for the 1/4, 1/2, 3/4 and 1/2 sec 14 tp 4 s of r 23 e. He names as witnesses: G. S. Clark, G. W. Ward, John Knox and J. A. Kiser, all of Condon, Oregon. JAS. F. MOORE, Register, 35-19.

PHOTOGRAPHS.

For first-class photographic work come to my gallery at Condon. I respectfully invite the public to call and examine my work before going elsewhere. My prices are very reasonable and I guarantee satisfaction. W. L. RICHARDS.

If it required an annual outlay of \$100 to insure a family against any serious consequences from an attack of bowel complaint during the year there are many who would feel it their duty to pay it; that they could not afford to risk their lives, and those of their family for such an amount. Anyone can get this insurance for 25c, that being the price of a bottle of Chamberlain's Colic, Cholera and Diarrhoea Remedy. In almost every neighborhood someone has died from an attack of bowel complaint before medicine could be procured or a physician summoned. One or two doses of this remedy will cure any ordinary case. It never fails. Can you afford to take the risk for so small an amount? For sale by all druggists.

Flour! Flour!!

For the cheapest and best flour on earth apply to Smith & Royal of the Fossil Mills.

ROBINSON BROS.

IS THE PLACE TO GO FOR BARGAINS.

GENERAL MERCHANDISE,

FRESH GROCERIES,

Tobacco, Confectionery, Stationery, Etc.,

FOR CASH ONLY, AT BEDROCK PRICES.

UNION BLOCK, ARLINGTON, OR.

NEW STORE NEW PRICES

I am now ready for business with a brand-new stock of

MERCHANDISE AND GROCERIES

AND EVERYTHING NEEDED BY THE FARMER, STOCKMAN AND MECHANIC.

I have marked my prices so low that I can not and will not do any credit business.

P. H. STEPHENSON

CONDON, - : - OREGON.

ARLINGTON NATIONAL BANK

Of Arlington, Or., No. 3918,

Transacts a General Banking Business.

Accounts Kept Subject to Check.

Drafts sold on all the principal cities of the United States and Europe. Interest allowed on time deposits.

SPECIAL ATTENTION GIVEN TO COLLECTIONS. WE SOLICIT YOUR BUSINESS.

D. M. FRENCH, President; W. W. STEIWER, Vice-President; FRANK T. HURLBURT, Cashier. DIRECTORS—D. M. FRENCH, W. W. STEIWER, E. B. McFARLAND, L. C. EDWARDS AND A. C. HAWSON.

PERRY L. HAM'S

Gen'l Merchandise Store

AT LONE ROCK, OREGON,

is now in full blast with a new and complete stock of

Dry Goods, Groceries, Hardware

BOOTS AND SHOES. ALL STAPLE ARTICLES A SPECIALTY.

In fact everything needed by the farmer, stockman and mechanic.

I BUY FOR CASH AND SELL FOR CASH

AND MY PRICES DEFY COMPETITION. CALL AND SEE FOR YOURSELVES.

DROP IN AT COE'S

SALOON

Lower Main St., Arlington, Oregon.,

—when you feel like enjoying a first-class—

CIGAR OR MILWAUKEE BEER ON DRAUGHT.

All kinds of first-class liquors on hand.

COME TO THE GLOBE JOB ROOMS FOR

ARTISTIC

JOB PRINTING, ALL KINDS.

Only Job Office in Gilliam County

CHARLES FIX,

Proprietor of LIVERY, FEED STABLE & CORRAL, Lower Main St., Condon, Or.

Hay and grain over night, cash, 30c; hay only, cash, 25c; stallroom, per pair, cash, 35c. Camp-horse with cook-stove free to patrons who furnish their own fuel. Price for weighing hay, grain, produce of all kinds, live stock, etc., on large scales, 25c a draft; back weighing free. A liberal reduction on contract weighing. The U. S. mail for Lone Rock leaves my barn every morning, except Sundays, at 6 o'clock. Passengers will please give notice the night previous. A share of the patronage is solicited. Confectionery store and soda fountain, tobacco, cigars, pool table, etc. in connection.

Choice Lots For Sale.

Two lots lying within one block of the school house in Condon will be sold if applied for soon, for \$50 (for both) that sold for \$75 four years ago. Plenty of water within ten feet of the surface. Most favorable residence location in my town. Easy terms. Apply at this office.

Up to Date.

Can't's harness is in the lead. He makes fine saddles and chaps. And things the farmers need. Goods that are up to date.

He has the best leather. He got from the east of late. Hand-made harness. Horses the trees cannot break. They are made up to date.

Give Can't a call. When goods in his line you need, His place is in Arlington. Opposite the stable of Dal Reed.

To The Public.

I have taken charge of the Cunningham livery stables in Arlington and beg my friends from everywhere will remember me when they come to town. My rates are very moderate and the very best care is taken of stock left in my care. Give me a chance. J. F. THOMAS.