Royal
BAKING POWDER
Absolutely Pure

Importance of the Exchange Reader.

The man who reads the exchanges is a very important man, and, let me say, too, he is a pretty highly paid man. He has to read, we will say, 3,000 papers regularly. All the newspapers in the country come into the office, and he does not do anything else. He sits at his desk all day, and a pile of newspapers, or, say, a cord of newspapers, is laid before him every morning. He starts to work and turns them over and over to see what is in them. He has to know what it is that should be taken from them and put into his paper. What is the interesting story? It requires judgment to know this. It requires knowledge and experience as well as talent. It also requires a sense of humor, because there are a great many things that are really important that may not seem so at the first glance, and the newspaper reader has got to judge about that. He must always be on hand and spend a great many hours at his desk, and he is pretty tired when he gets through with his day's task. It is a hard duty, but he has lots of amusement, and, as I said, he is very well paid. So he is happy.—Charles A. Dana in McClure's Magazine.

A Winning Bluff.

Fogg—What do you mean by saying that the thing can't be done? Gouger says it can be done, and Gouger is the best authority in the whole world. I suppose you will admit that?

Fenderson—Oh, of course! If Gouger says it can be done, I have nothing more to say.

Figg (after Fenderson's departure)—Who is this Gouger and is he such an authority upon the matter?

Fogg—Never heard of him in my life. Don't know there is such a person. Probably there isn't. If there is, don't know whether he is an authority on this or any other question.—Boston Transcript.

Just a Marriage.

An old negro named Mammy who had taken a "day off" in order to attend that most important function among Afro-Americans—a wedding—was asked how she had enjoyed herself.

"Enj'y meself! I didnt' enj'y meself no how," was her reply. "'Twan't no weddin, dat ar. 'Twas jest a marryin. Dere wasn't no cake nor ice cream nor nuffin else to eat wuff talkin about. 'Twan't no weddin. 'Twas jest a marryin."—New York Sun.

The Statesman's Wife.

"Pfwat," asked Mrs. Grogan severely, "kep' yez so late th' night?"

"Oi wuz down at Harrigan's barroom discoosin questions av the coinage. Intherchangin oideas, Oi may say, Misthress Grogan, on free silver."

"And fwin yez got t'rough yez had the oideas and Harrigan had th' silver. It is a foine statesman ye are, Oi doin't think!"—Indianapolis Journal.

Jonathan Edwards had sharp, strident tones that grated unpleasantly on the ears of all who heard him.

Walter Baker & Co. Limited,

The Largest Manufacturers of PURE, HIGH GRADE COCOAS and CHOCOLATES On this Continent, have received HIGHEST AWARDS from the great Industrial and Food EXPOSITIONS IN EUROPE AND AMERICA.

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A SURE CURE FOR PILES

Itching Piles known by moisture like perspiration, cause intense itching when warm. This form and Blind, Bleeding or Protruding Piles yield at once to DR. BO-SAN-KO'S PILE REMEDY, which acts directly on parts affected, absorbs tumors, allays itching, effecting a permanent cure. Price 50c. Druggists or mail. Dr. Bosanko, Philada., Pa.

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A PECULIAR CASE.

PHYSICIANS PUZZLED IN THE CASE OF MRS. BOWEN.

The Episcopal Hospital Said She Had Consumption and Gave Her Proofs in Substantiation.

From the Record, Philadelphia, Pa.]

Last July the Episcopal hospital admitted a woman whose pale and emaciated face and racking cough proclaimed her the victim of consumption. She gave her name as Mrs. Sallie G. Bowen, wife of Wm. G. Bowen, residence 1849 Meighan Street, Philadelphia. The case was diagnosed and she was told plainly that she was in an advanced stage of consumption. The examining physician even showed her the sunken place in her breast where the cavity in her lung was supposed to exist. She went home to her family a broken, disheartened woman with death staring her in the face. That was the beginning of the story. The end was told by Mrs. Bowen, who no longer expects to die, to a reporter who visited her home.

"The first symptoms of consumption came in the form of terrible sweats, both night and day. From April until September I was constantly cold and kept wrapped up in blankets through the hottest weather. A terrible cough took possession of me, my breats were sore to the slightest touch, and my limbs were like cold clay. The hardest rubbing with the coarsest towel would not create the slightest flush, and the least exertion would so exhaust me that I could barely gasp for water.

"I went to the hospital in July and they diagnosed my case as above stated. It was when the clouds were the darkest that the first glint of sunshine came. Mr. Shelmerdine, a friend who lives around at 1844 Clementine street, said to me one day, 'Mrs. Bowen, did you ever try Dr. Williams' Pink Pills for Pale People?' I had never heard of the medicine, but in my condition could not turn a deaf ear to anything that offered relief. It was after considerable thought and investigation that I concluded to discontinue all the medicine I was taking, including cod liver oil, and depend entirely upon Pink Pills. I began to take the pills, at first with but little encouragement. The first sign of improvement was a warmth and a tingling sensation in my limbs. Finally the cough disappeared, my chest lost its soreness and I began to gain flesh until I was fifteen pounds heavier. All this I owe to Dr. Williams' Pink Pills, and I cannot praise them too highly."

Mrs. Bowen is a kindly faced lady of middle age, a church member well known and highly esteemed. She looks today well and strong, and it seems almost impossible that she was ever given up by eminent physicians as an incurable consumptive. Yet such is the case beyond all dispute.

Dr. Williams' Pink Pills contain all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are for sale by all druggists, or may be had by mail from Dr. Williams' Medicine Company, Schenectady, N. Y., for 50c per box, or six boxes for $2.50.

Wonders of Minute Animal Life.

The following, which might very appropriately bear the heading of "A Wonder of Wonders," is from the pen of Sir Robert S. Ball, F. R. S., astronomer royal of Ireland: "The microscope teaches us that there are animals so wonderfully minute that if a thousand of them were ranked abreast they could easily swim, without being thrown out of order, through the eye of the finest cambric needle ever made. Yet each of the minute creatures is a highly organized number of particles, capable of moving about, of finding and devouring food and of behaving in all respects as becomes an animal as distinguished from a fragment of unorganized matter." The human mind is utterly incapable of realizing the structure of these little creatures and of fully appreciating their marvelous adaptation to the life they are destined to lead.

The Secret of French Cooking.

The gentle heat is said to be the secret of the superior delicacy and richness of French cooking. With a gentle heat and tight covers we may have just the amount of juice we like in our vegetables. A glance will decide this, or perhaps the ear, if the hand at the same time rests on the cover. Many kinds of meat may be cooked in this way to the best advantage. A rump steak, three or four inches thick, kept closely covered and cooked in its own juices alone, will be far more tender than when put into the oven, and this without basting and without fat, the latter having been trimmed off closely.—New York World.

The Duke of Marlborough had a voice that, it was said, could be heard above the roar of artillery.

TO RIDE ASTRIDE.

A Divided Skirt Which Finds Popularity Among Chicago Horsewomen.

Emancipation from skirts is one of the privileges which the advanced woman has long been contending for, and the prevailing popularity of bicycling and other outdoor exercises for women gives a sudden and considerable impetus to that long delayed reform. Bloomers and divided skirts no longer excite wonder when seen on the highways, and the day when the horsewoman may ride astride man fashion without fear of criticism is at hand. The sidesaddle has always been a serious handicap, and Miss Woods, an enterprising Chicago woman, has invented a costume which enables her to discard it without derogation of her womanly modesty and dignity.

MISS WOODS' DIVIDED SKIRT.

The lower garment of this costume may be called a divided skirt, but practically it resembles a pair of very wide trousers. The two skirts, each a third of a yard in width, are fastened in a belt at the waist, and gathered in with a row of plaits at the middle of the front and back. These plaits give the divided garment the appearance of a single skirt, and the fullness of each skirt at the bottom completes the illusion. A panel almost as wide as the apparent width of the skirt falls on each side, from the belt almost to the foot, which adds to the effectiveness and conventional appearance of the costume when the wearer is astride a horse. The improvement claimed for this costume over the ordinary divided skirt is that there is no clumsy fullness at the bottom. The skirt hangs straight, and is no wider than an ordinary riding habit. It displays less of the contour of the figure than the regular costume used with the sidesaddle.

Miss Woods introduced the innovation as a result of her experience in Palestine. After much discomfort and several mishaps in riding in a dilapidated sidesaddle she one day boldly threw her leg across the horse's back and rode that way all day before any one discovered her. Then she refused to ride any other way. All the Arabian women ride astride, and she followed the custom of the country during the rest of her stay there. With the remembrance of the comfort experienced on that trip she decided to adopt man's fashion in Chicago, and did so, with the result that her example is being followed by a large and increasing number of women in the Windy City.

CHIEF PENCIL PUSHER.

Louis N. Megargee Is President of the International League of Press Clubs.

The members of the International League of Press Clubs, who have recently been enjoying the profuse hospitality of Philadelphia, did a graceful act in electing to the highest office in their gift Mr. Louis N. Megargee, who as president of the Pen and Pencil club is largely responsible for their entertainment in the Quaker City. Mr. Megargee, who succeeds Clark Howell of Atlanta as president of the league, is one of the most widely known and popular newspaper men in the country. He is 38 years old and has been engaged in newspaper work ever since he was graduated from the Philadelphia high school about 20 years ago.

After an apprenticeship as a reporter on The Times he went to the Philadelphia Press in 1881 as city editor, and in that position was distinguished for enterprise and thoroughness. In 1884 he went to The News, then under the management of Major Moses P. Handy, as managing editor, and two years later removed to New York. There he soon gained a reputation as a writer of extraordinary facility and felicity, and as a correspondent for out of town papers was very successful. Three or four years ago he returned to Philadelphia to take the position of city editor of The Times. Mr. Megargee is happily married and has five children.

LOUIS N. MEGARGEE.

The International League of Press Clubs was organized five years ago, largely through the efforts of T. J. Keenan, Jr., of Pittsburg. It has prospered exceedingly, and at its annual meetings all the principal local press clubs of the United States and Canada are represented. The objects of the league are to stimulate the spirit of fraternity and to promote the interests of newspaper workers everywhere. One of its immediate objects is to establish a home for aged and indigent journalists on Ramapo mountain, New York. The league expects ultimately to extend its influence across the seas and hopes some day to hold a convention in Europe.

There are ten "fruit schools" in France where pupils are instructed practically how to cultivate and husband fruits.

Cardinal Di Rende.

Speculation on his successor by the pope himself is humorous and interesting. Leo XIII smilingly told some cardinals recently that Cardinal Di Rende, archbishop of Benevento, would be the next wearer of the tiara. On being asked why he thought so, Joachim Pecci looked round slyly at the cardinals and said: "Because he is the youngest. The mortality among aged members of the sacred college is so great." Cardinal Di Rende is one of the pope's favorites. He speaks English perfectly and was for some time attached to a church in the Marylebone road, London, and a professor at the Westminster diocesan seminary of St. Edmund's, Ware. He was afterward nuncio in Paris. He belongs to the Odescalchi family. The mention of his name by Leo XIII makes him topical.—New York Advertiser.

We See All of the Sun.

The inhabitants of this earth never get a glimpse of but one side of the moon, but in the course of a year every portion of the sun's surface is turned toward us. This is because the sun's equator is almost coincident with the plane of the ecliptic, the inclination being only about seven degrees.—St. Louis Republic.

China's Boy Emperor In Danger.

A letter dated Peking speaks of the disquiet felt among the Chinese on account of the reported change to be made in the ruler of the empire. The letter says: "The approaching celebration of the sixtieth birthday of the empress dowager promises to be a great event. Millions are being spent in preparation, but the country can ill afford the money. There is so much feeling that the air is full of rumors that there is to be a change of emperors. The present young fellow was not the rightful heir, but was put on the throne by intrigue. Many high officials, it is said, propose, as he has no son yet, to displace him and substitute one from another branch of the same family."

Visitor to Insane Asylum—What's this man here for? Attendant—He had a chance to slug an umpire and didn't.

THE KEYSTONE OF THE ARCH

In the edifice of health is vigor, which means not merely muscular energy, but an active discharge of the various functions of the body, such as digestion, secretion of the bile, the action of the bowels, the circulation of the blood. Nothing more actively or thoroughly contributes to the united performance of these functions than the renowned tonic and regulator, Hostetter's Stomach Bitters. The result of its use is a speedy gain in strength, together with the agreeable consciousness that the tenure of life is being strengthened—that one is laying up a store of vitality against the unavoidable draughts which old age makes upon the system. The fortifying influence of the Bitters constitute it a reliable safeguard against malaria, rheumatism and kidney trouble. Appetite and sleep improve through its use, and it protects the system against the effects of colds and damp.

A mustard plaster is not a very poetic subject; but, ah! how warmly it appeals to a man's feelings.

TRY GERMEA for breakfast.

Is Your Blood Pure

If not, it is important that you make it pure at once with the great blood purifier,

Hood's Sarsaparilla

Because with impure blood you are in constant danger of serious illness.

Hood's Pills cure habitual constipation. Price 25c. per box

MERCURIAL POISON

Is the result of the usual treatment of blood disorders. The system is filled with Mercury and Potash remedies—more to be dreaded than the disease—and in a short while is in a far worse condition than before. The common result is

RHEUMATISM

for which S.S.S. is the most reliable cure. A few bottles will afford relief where all else has failed.

I suffered from a severe attack of Mercurial Rheumatism, my arms and legs being swollen to twice their natural size, causing the most excruciating pains. I spent hundreds of dollors without relief, but after taking a few bottles of **SSS** I improved rapidly and am now a well man, completely cured. I can heartily recommend it to any one suffering from this painful disease. W. F. DALEY, Brooklyn Elevated R. R.

Our Treatise on Blood and Skin Diseases mailed free to any address. SWIFT SPECIFIC CO., Atlanta, Ga.

I suffered terribly from roaring in my head during an attack of catarrh, and became very deaf, used Ely's Cream Balm and in three weeks could hear as well as ever.—A. E. Newman, Graling, Mich.

CATARRH

ELY'S CREAM BALM Opens and cleanses the Nasal Passages, Allays Pain and Inflammation, Heals the Sores, Protects the Membrane from colds, Restores the Senses of Taste and Smell. The Balm is quickly absorbed and gives relief at once.

A particle is applied into each nostril, and is agreeable. Price, 50 cents at Druggists' or by mail. ELY BROTHERS, 56 Warren Street, New York.

DR. GUNN'S IMPROVED **LIVER PILLS** A MILD PHYSIC.

ONE PILL FOR A DOSE.

A movement of the bowels each day is necessary for health. These pills supply what the system lacks to make it regular. They cure Headache, brighten the Eyes, and clear the Complexion better than cosmetics. They neither gripe nor sicken. To convince you, we will mail sample free, or a full box for 25c. Sold everywhere. BOSANKO MED. CO., Philadelphia, Pa.

PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION

HOITT'S SCHOOL.

Nowhere are boys better cared for and more thoroughly taught than at Hoitt's School, Burlingame, San Mateo county, Cal. The school is in charge of Ira G. Hoitt, Ph. D., and will reopen August 6th.—S. F. Chronicle.

HOW'S THIS!

We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

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We the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O.

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Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75c per bottle. Sold by all Druggists. Testimonials Free.

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ARE YOU SICK?

Send for circulars of Radam's Microbe Killer, 360 Morrison St., Portland, Or.

COUPON 36—The two new and popular songs "Goodbye" and "Parted," regular price 40c each, can be procured at the introductory price, 10c each, by sending this coupon—stamps taken. Wiley B. Allen Co., Portland, Oregon.

After physicians had given me up, I was saved by Piso's Cure.—RALPH ERBIG, Williamsport, Pa., Nov. 22, 1893.

Old Rip Van Winkle went up into the Catskill mountains to take a little nap of twenty years or so, and when he wakened, he found that the "cruel war was over," the monthly magazines had "fought it over" the second time and "blown up" all the officers that had participated in it. This much is history, and it is also an *historical fact* that, it took the same length of time, for Dr. Pierce's Golden Medical Discovery to become the most celebrated, as it is the most effective, Liver, Blood and Lung Remedy of the age. In purifying the blood and in all manner of pimples, blotches, eruptions, and other skin and scalp diseases, scrofulous sores and swellings, and kindred ailments, the "Golden Medical Discovery" manifests the most *positive* curative properties.

TO THE SICK

Radam's Microbe Killer

Is the only known remedy that will destroy the Microbe in the Blood without injury to the system. Millions of people testify to its wonderful cures.

BY REMOVING THE CAUSE—IT CURES ALL HUMAN DISEASES.

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Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the remedy, Syrup of Figs.

Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance.

Syrup of Figs is for sale by all druggists in 50c and $1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.

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WEINHARD'S WELL-KNOWN BEER —(IN KEGS OR BOTTLES)— Second to none— No matter where from. T. Y. IT., PORTLAND, OR.

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Preserves all kinds of Fruit without cooking, and retains their natural flavor.

"IT IS IGNORANCE THAT WASTES EFFORT." TRAINED SERVANTS USE

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