Be on your Guard.

If some grocers urge another baking powder upon you in place of the "Royal." it is because of the greater profit upon it. This of itself is evidence of the superiority of the "Royal." To give greater profit the other must be a lower cost powder, and to cost less it must be made with cheaper and inferior materials, and thus, though selling for the same, give less value to the consumer.

To insure the finest cake, the most wholesome food, be sure that no substitute for Royal Baking Powder is accepted by you.

Nothing can be substituted for the Royal Baking Powder and give as good results.

The English drawing room has a new fad, which is as unique as it is interesting. On a table in the drawing room or the reception room is kept a handsomely bound volume with the word "confessions" running in large gilt letters over the handsome binding. In it are contained all the gossipy or sentimental thoughts of the members of the family and intimate friends, which they in-scribe from day to day. Here and there one finds a line quoted from some more or less noted poet to indicate the sentiment that swayed the writer's heart and communicated itself to his pen at the time he made the inscription, or some sad or joyful happening that has caused him to leave behind the imprint of his state of mind by purloining a phrase from a familiar author.

The name of the writer is signed to each inscription, and for weeks afterward this quaint volume furnishes food for the amusement of the initiated by its curious contents. It is not only in many cases an index to the character of those who are permitted to write in it, but it reflects their temperament as well, like a diary, in which are entered the events of a space of one's life .- Jenness Miller's

She Knew One. She - Indeed! Who's the other one?-



Waiter-What'll you have? Rube Jayseed-Waal, I don't know which ter take, whether roast beef, veal or mut-

Waiter-Take corn beef hash, and yer'll or ther whole lot .- Truth.

DOUCLAS \$3 SHOE IS THE BEST.



You can save money by wearing the
W. L. Douglas \$3.00 Shee.
Secause, we are the largest manufacturers of
sgradeof shoes in the world, and guarantee their
use by stamping the name and price on the
toom, which protect you against high prices and
a middleman's profits. Our shoes equal custom
rk in style, easy fitting and wearing qualities,
have them sold everywhere as lower prices for
value given than any other make. Take no subtute. If your dealer cannot supply you, we can.

Nobody

need have Consumption. It is not inherited. The inherited tendencies toward it are overcome by

the Cream of Cod-liver Oil, witch makes children robut and healthy, and stimul tes the development of the lungs in old and young alike. Physicians, the world over, endorse it.

Don't be deceived by Substitutes! Prepared by Scott & Bowne, N. Y. All Druggiste.

ELY'S CREAM BALM M n Woman or Child Supreming from CATARRH, apply into the nostrils. Druggists. 500

Many girls believe that their possibilities are inferior to those of boys, and thereby their best efforts are hindered. It is an erroneous belief, and a girl should maintain the opposite opinion without fear or favor. She need not be an egotist nor indulge in overweening self confidence, but simply rise above the false sentiment that girls are more "the creatures of circumstances" than boys. Too many are so content with the actual that they do not aspire after the possible. They accept the present, situation as if change for better or worse were out of the question. Perhaps they are wholly unconscious of their reserved powers-do not even reflect that the mind is capable of constant and eternal prog-

ress. Hence they do not dream that they may become superior to misfortune and sorrow, greater than vicissitudes and trials, and abundantly qualified for the highest positions. They live dependently, languidly and hopelessly. Lacking the inspiration of conscious greatness, they settle down into unwomanly littleness to become the sport of a change of fortune and be miserable thereafter. Girls should feel that such an experience is both unnecessary and degrading; that even the reverses of life may be made subservient to mental and moral triumph.-Jenness Miller's Magazine.

Old Fashioned Herba. Old fashioned people could tell the names as well as the properties of many flowers, and had a smattering of knowledge, almost intuitive, of pot herbs and simples, and a certain degree of plant lore was handed down from parents to children. All this is being fast forgotten, and the pretty country names and the Old World meanings, often of themselves a whole history in a word, are alike relegated to the lumber room of the past, disappearing before the botany manuals, with their glib vocabulary, as swiftly as aborigines in the track of civilization. The modern Perdita would scarcely recognize her posy; you must go back two generations at least for the names, and, it is to be feared, further still for their derivations

"Poor selly things," said an old dame recently; "they can none of them do as they used. When I was a girl my mother would have stared to see the doctor's carriage at the door so long as she could stir the yarb pot; but it sims as no one has their health nowadays. They all larn themselves so onsatisfied they're forced to go to the towns to get ill." And for the few who remain behind the leisure, the ease and the carelessness of the country life are gone.-Macmillan's

New York Women and Beal Estate. Women are getting a foothold in the real estate business in this city. Necessity is usually the cause, but results so far have been most satisfactory. Agnes Murphy, now Mrs. Mulligan, who has for several years been the only woman member of the exchange, is likely soon to have company with the admission of Mrs. S. M. Blakeley, who has taken charge of the business which her husband conducted until his death a year ago. It will be remembered that Miss Murphy succeeded to the business left by the death of her father, and developed it far beyond any plans which he entertained. Mrs. Blakeley seems to have had similar good fortune with the business of her husband, having already negotiated several important sales. Some of the largest syndicate operations in the annexed district were organized and carried through by Miss Murphy. Several other women have also taken hold of this business, left them as their only legacy. They are all earnest and persistent, and have done so well as to compel the respect of everybody in the business -New York Times.

No Comparison,

When Lawrence Barrett's daughter was married, Stuart Robson sent a check for \$5,000 to the bridegroom. Miss Felicia Robon, who attended the wedding, conveyed

the gift.

"Felicia," said her father upon her return,
"did you give him the check?"

"Yes, father," answered the dutiful

"What did he say?" asked Robson.
"He didn't say anything," replied Miss
Felicia, "but he shed tears."
"How long did he cry?"
"Why, father, I didn't time him. I should

say, however, that he weptfully a minute."
"Fully a minute!" roared Robson. "Why,
I cried an hour after I'd signed it!"—Chica-

GONE FOREVER. flow a Young Girl's Heart Was Well Right

It was afternoon. There was a slight It was atternoon. There was a slight haze overhead, and the scurrying clouds in the western sky bore their warning of the coming shower to the passersby on the ave-nue, who hurried swiftly along, some with their overcoats turned up and others, more free and easy, with the hurried air of the free and easy, with the hurried air of the metropolitan pedestrian. It was not a pleasant afternoon in any sense of the word, and yet to Mildred Twilling, as she paced rapidly up and down the drawing room of her father's princely mansion on the avenue, it was the gladdest, gayest afternoon in the whole year, for was he not coming? As she stopped to think of what this meant to her, her heart gave a great throb of joy. Yes, he was coming at last—her tall, broad shouldered lover, who had said goodby to her on that terrible night two years ago and had left her to roam in foreign lands, and now—now he was coming.

eign lands, and now—now he was coming. She held his letter in her hands, and even as she stood thus, with all the eager joy of anticipation in her beautiful face, a tall and sunburned stranger, with the distinguished air of one who has traveled much, alighted

air of one who has traveled much, alighted from a carriage that but a moment before had rolled up to the door, walked slowly up the steps and rang the bell.

It needed but a glance to see that Edward Cashmere was not the same impassioned lover that had torn himself away two years before. His face was anxious, perturbed and showed no trace of the great joy that should have been his. He healtated a moment in the hall, and then, summoning all his resolution, threw open the drawing ment in the half, and then, summoning all his resolution, threw open the drawing room door and stood face to face with the woman who had clung to him so passionate-ly at parting and whom he had promised, even as he kissed her farewell, to be faith-ful to. And now what was he to bring her? Nothing but a record of broken promises, the charred ashes of a dead love. "Edward," she said, looking up into hi

face with a searching gaze, as if she would read his very soul, "have you nothing to say to me? After two long years of waiting, do you come back to me now only to tell me—ah, have I guessed the secret?— that your heart is another's?"

With a quick gesture of despair he hur-

With a quick gesture of despair ne nur-ried from her, and burying his face in his hands muttered hoarsely: "Alast have you so soon learned the truth? Yes, indeed, it is but too true," he went on. "One day is but too true," he went on. "One day while I was traveling through an unfre-quented portion of Italy I met by chance a beautiful girl from Plainfield. For nearly a day after that we were thrown almost constantly together. It is the same old

"And is she your wife?" she demanded, the color gradually fading away from her face and leaving it quite ghastly in its pal-

"She is," he replied brokenly. "We were married in Paris last month. But, Mildred, dear," he cried passionately, "do not grieve so. Cau it be possible that you still love me so? Oh, tell me that this is not true!" With a piercing cry the young girl threw herself prostrate on the sofa. "Oh, why did you not tell me this before?" she mouned. "No. Edward, it is not that I loved you so much, but now I fear that it is too late."
"Toe late!" he repeated mechanically.
"Why, what can you mean!"
"I mean this," she cried bysterically.

"Knowing that you were coming back and believing you to be true to me, this morning, fool that I was, I sent back four elegant engagement rings."-Tom Masson in

"Charley," said the young wife tenderly as she kissed him goodby preparatory to his going down town, "the cook is taking a holiday today, and the dinner you will get when you come home will be entirely of my cooking. It will be my first, Charley,

"Now, dear," she pouted, "why not de as I want you to do? Why do you want

Charles hesitated a moment and then took her hands in his own caressingly.

"Because, swanheart," he explained, "this is your first effort, and I'd feel so much easier in my mind if they were both here."—Detroit Free Press.

A company of soldiers is unfortunate if it does not contain a few wags to enliven the

A Georgia man of enormous girth stood at his gate watching the passage of General Johnston's army. All at once three or four men left the ranks and came running toward the gate, exclaiming: "We've found him! We've found him!"

tiresome march and the uncomfortable biv-

The fat man was astonished and perhaps a little frightened, and the captain of the company demanded: "What is it? Whom have you found?"

"Why, captain," answered the men, still dancing about the bewildered citizen, "don't you see? We've found the man that swallowed our bass drum!"-Youth's Compar

Inconsiderate.

"What are you wearing dark glasses for?" said one clerk to another. "You never had trouble with your eyes before, did you?" "Never. But the janitor came around when I wasn't looking and washed the window by my desk. The sudden glare was too much for me."—Washington Star.



The Greenborn—Arrah, phwat are ye pourin coffee grounds into the sink forf Don't ye know't will shtop cop the sewer

The Other One—Phwhishti Shure I da this phwiniver I'm lonesome for gintlemin's society. By this plan I kin count on havin the attintions of a plumber an a carpenther for the next three days.—Puck.

Republican Milton Made a Lord. My Paris correspondent writes, "Deep ly as British civic corporations are sunk n snobbism, none of them ever fell so low as, in naming a street after the hero of Trafalgar or of Waterloo, to cl. isten it Lord Nelson street or Duke of Wel-

lington street." My correspondent underestimated the depth of snobbism in civic human nature. There is, it appears, a "Lord Nelson street" in Liverpool. Even this is outdone in Newcastle-on-Tyne. Some years ago that city boasted of two Byron streets and two Milton streets. In order to get rid of the consequent confusion, the corporation, instead of altering "street" into some synonymous term, hit on the beautiful plan of turning one thoroughfare into "Lord Nelson street" and another into "Lord Milton street," and so the names remain to this day.

The idea of conferring a peerage at this date upon the author of "Paradise Lost" is novel and striking, and when one comes to think of it there are many obvious omissions of this kind in history which it may not yet be too late to rectify .- London Truth.

Congregational Fund for Ministers. What becomes of disabled and aged ministers and their families? A good many of them depend on friends for support, some on public charity, some suffer in extreme poverty. The average salary of ministers allows no margin to be laid aside. The minister himself is likely to cease to be in demand at an age when men in other professions are most prosperous. Our denomination is far behind others in providing for worn-

out ministers and ministers' widows. A foundation has been laid for a fund sufficient to provide for the most pressing needs. The trustees of the national conneil, having charge of this work, have in hand about \$25,000. The Rev. N. H. Whittlesey, of Evanston, Ills., has consented to present this matter to the churches for three years, in the hope that by that time the needed amount will be raised.—Boston Congregation-

Glad to Congratulate Him.

When John Wanamaker celebrated his fifty-fifth birthday recently he received many congratulations and good wishes, but it may be doubted if any of his friends really wished for many happy returns of the day with as much stness as that felt by the twentyfour life insurance companies that have issued policies on the life of the Philadelphia shopkeeper. The whole amount of the insurance thus represented is said to be \$650,000. Every additional year of Mr. Wanamaker's life diminishes the companies' risk by increasing their premium receipts. Hence the sincerity of their wish for many recurring anniversaries of the day Wanamaker celebrates.-New York Times.

Colonel Henry Watterson has shaved off his luxuriant mustache and intends to depend upon flowery whiskers as facial adornments through which the sweet south wind can whisper its ideal messages. - Exchange.

Catherine de Medici always wore a wide black skirt, a black pointed bodice with wing sleeves, a black collar, ruff shaped, and a hood that came down in a point over

my cooking. It will be my man, the dear, and won't it be lovely?"

She twittered softly at the thought, and Charles turned his face away so she could not see the lines upon it, for he loved this wife of his and would not for worlds do or say aught to wound her feelings.

"Delightful,"he responded, stroking her sunlit hair, "and I'll bring those good friends of ours, the pastor and the physician, along to be with us."

"Oh, Charley!" she exclaimed. "Don't bring them. Bring some of the young fellows."

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Marrie† men are always preferr das workmen. They are more docile; they know what it is to

For throat troubles and coughs use 'Brown's Bronchial Troches." They possess real merit. Sundar-school Teacher—What kind of boys go to beaven? Small Boy—Dead ones.

There is more catarrh in this section of the country than all other disea esput together, and until the last few years was supposed to be insurable. For a great many years doctors pronunced it a local disease, and prescribed local remedies, and by constantly falling to cure with local treatment pronounced it incurable. Science has proven eaterrh to be a constitutional disease and therefore requires constitutional dreatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo Ohio, i the oniconstitutional cure on the market. It is taken internally in doses from ten drops to a teaspoonal. It acts directly on the blood and nucous surfaces of the system. They offer one han red lol'ars for any case it fails to care. Send for circulars and testimonias. Address F. J. CHENEY & CO., Toledo, O.

THE SCHOOL BOY



- is often a sufferer from headache. The seat of sick headache is not in the brain, for if you regulate the stom-ach and bowels you'll cure it. Too much brain-work and brain-tire brings on a rush of bloot to the bead with headache, dizzi-ness or "nose bleed."

Miss Bertha Wolfe, of Dayton, Catterangus Co., N. Y., writes: "I suffered from loss of appetite, coastipation, neuralgis, and great weakness, and had terrible attacks of sick headache very frequently; also nose bleed. My health was not able to go to school for two years. I took Dr. Pierce's Plessant Pellets and Golden Medical Discovery, and in a short time I was strefriends are taking your what they have done for MISS WOLFE.

Portland, Or. ng and well. Many medicines, seeing N. P. N. U. No. 552—8, F. N. U. No. 629

"A FAIR FACE MAY PROVE A FOUL BAR-GAIN." MARRY A PLAIN GIRL IF SHE USES

ARTORIA, OR.—I can state with pleasure that by the use of MOORE'S REVEALED EEMEDY my hurband was relieved from an old case of RHEUMATISM and my youngest boy cured entirely of INFLAMMATORY RHEUMATISM when the heat ould get did him no good. Yours in gratitude, Man. N. V. STERLE. Said by ter Proppid.

HOITT'S OAK GROVE SCHOOL.

atilibrae, San Mateo Co., Cal., is a first-class home school for boys, with beautiful surroundings. The best of care, superior instruction. Prepares boys for any university or for business. Fall term commences Aug. 8. Catalogue and all particulars can be had by addressing Ira G. Hoitt, Ph. D., Master (Ex-State Supt. Public Instruction).

Bilson—Jimson seems to be devoted to his wife. Timson—No wonder. She is the most angelic erestura I ever saw. Why, I believe she could even keep a girl.

REMOVE STIFFNESS.

None are so quick to see the advantage of remedy as those who may be called on at any time to avail themselves of it. In witness of this J. E. Sullivan, Secretary of the Amateur Athletic Union, President of the Pastime Athletic Club and Athletic Editor

Pastime Athletic Club and Athletic Editor of The Sporting Times, writes:

"For years I have been actively connected with athletic sports. I always found it to my advantage to use Alicock's Ponous Plasters while in training, as they quickly remove soreness and stiffness; and when attacked with any kind of pains, the result of sight colds, I always used Alicock's with beneficial results. I have noticed that most athletes of the present day use nothing else but Alicock's Plasters."

Branderth's Pills remove all impurities.

"Little b-y, coesn't it pain you to see an el-derly woman hauging on to a strap?" Boy (keeping his seat)—"No'm, 'less it's my ma."

Enameline Stove Polish; no dust no smell

TRY GERMES for break fast



KNOWLEDGE

Brings comfort and improvement and Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid axative principles embraced in the remedy, Syrup of Figs.

Its excellence is due to its presenting in the form most acceptable and pleas-

in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidprofession, because it acts on the Kidneys, Liver and Bowels without weak-

ening them and it is perfectly free from every objectionable substance. Syrup of Figs is for sale by all drug-gists in 50c and \$1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.



Lies in purchasing reputable brands of Belting and Hose. If you want the best and full value for more events were dealed for MONARCH and RED STRIP Beltin and Maltese Cross, Ridgewood and Wal-labout Hose. You can rely on thes-brands. Every length guaranteed.

Gutta Percha and Rubber Mfg. Co., Established 1855.

NO DIRT OR SMOKE. Your Wife Can Run it. Hereules Gas or Gasoli Engine. Palmer & Rey, S. F., Cal. and Portland, Or.

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PRESERVES FRUIT WITHOUT HEAT.

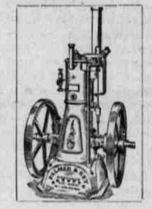
ANTIFERMENTINE preserves CIDER, MILK, BUTTER, CATSUP, PICKLE+, etc., and does it SUCCESSFULLY by preventing formentation. The use of this wonderful preservative assures success in canning and preserving fruits and vegetables of all kinds. NO MOULD on top of fruit. Saves time and labor, and is in every way a decided success.

SNELL, HEITSHU & WOODARD,



are all gone. I gave Hood's Earssparilla to my baby, not yet elkart months old, for sores on h-body, and it cursed him." Mas. W. J. Rote, Kilbourne, Illinois. Cet only HOOD'.

Hood's Pills are especially propered to be



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These engines are acknowledged by expert engineers to be worthy of highest commendation for simplicity, high-grade material and superior workmaniship. They develop the full actual home power, and run without an Electric Park Batters; the system of ignition is simple, incr. ensive and reliable For pumping outlits for irrigating purposes no better engine can be found on the Pacific

oast.
For hoisting outfits for mines they have met with highest approval.

For invermittent power their economy is un-

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