

Highest of all in Leavening Power.—Latest U.S. Gov't Report

Royal Baking Powder

ABSOLUTELY PURE

These Girls Earn Their Pin Money.

The girls of Gilliam county, Or., make considerable pin money by poisoning coyotes and collecting the bounty on the scalps.

A Pickpocket Alarm.

A Manchester man carries on his person a complete pickpocket alarm system. Removal of his watch, pin or other jewelry causes the ringing of a bell. The electric plant weighs 22 ounces.

BEFORE A FULL HEAD OF STEAM

Is gathered by that tremendously destructive engine, malaria, put on the brakes by Hostetter's Stomach Bitters, which will check its progress and avert disaster. Colds and fever, dizziness, drowsy, dull, and aching are promptly relieved and ultimately cured by this genial specific, which is also a comprehensive family medicine, speedily useful in cases of dyspepsia, biliousness, constipation, sick headache, nervousness, rheumatism and neuritis. Against the harmful effects of sudden changes of temperature, exposure to wet weather, close application to laborious mental pursuits and other influences prejudicial to health it is a most trustworthy safeguard. It fortifies the system against disease, promotes appetite and sleep, and hastens convalescence after debilitating and flesh-wasting diseases.

Whenever we eat cranberries we conclude that we have found another woman who doesn't know how to cook them.

EXERCISE.

One reason for the fact that the general health of the community is growing better every year is that more people take regular exercise. Exercise, however, has its difficulties. If indulged in a little too long, or so violently as to make one liable to take cold, it results in stiffness and soreness of the muscles and joints.

ALLCOCK'S POROUS PLASTER are invaluable in such cases. Placed on the back, the chest, on the limbs, they afford instant relief and leave the muscles free from all soreness. Some athletes cut them into strips and apply them to parts of the limbs where they could not put a whole PLASTER and find that they are a great relief and assistance.

BRANDRETH'S PILLS cure constipation.

She—I'm going right home to mother. He—Well, that's better than bringing mother right home to us.

Use Enameled Stove Polish; no dust no smell.

TRY GEMMA for breakfast.

Waste

Is overcome by giving the body proper and sufficient nourishment. When waste is active and you are losing flesh and strength, take

Scott's Emulsion

the Cream of Cod-liver Oil. It will overcome the waste by giving ample nourishment. Physicians, the world over, endorse it.

Don't be deceived by Substitutes!

Prepared by Scott & Borne, N. Y. All Druggists.

One of my children had a very bad discharge from the nose. Physicians prescribed without benefit. After using Ely's Cream Balm a short time the discharge was cured.—A. O. Cary, Corning, N. Y.



CATARRH

ELY'S CREAM BALM Opens and cleanses the Nasal Passages, Allays Pain and Inflammation, Heals the Sore, Protects the Membrane from colds, Restores the Senses of Taste and Smell. The Balm is quickly absorbed and gives relief at once.

A paste is applied into each nostril, and is agreeable. Price, 50 cents at Druggists or by mail. Sold by Druggists.

66 Warren Street, New York.



R. HALL'S PULMONARY BALM

The Best CURE for Coughs, Colds and Consumption. Sold by all Druggists. Price, 10 cents. J. R. GATES & CO., Proprietors, 417 Sansome St., S. F.

SMOKE Sweet Virginia

PLUG CUT

MEN DR. LIEBIG & CO.,

Special Doctors for Chronic, Private and Venereal Diseases.

Dr. Liebig's Investigator the greatest remedy for venereal diseases, gonorrhea, syphilis, and all other venereal diseases, and prepares all for marriage life's duties, pleasures and responsibilities; \$1 trial bottle given or sent free to any one describing symptoms; call or address 490 Geary St., private entrance 405 Mason St., San Francisco.



ROBBERIES OF BANKS.

Insiders Get Most of the Spoil—A Book-keeper's Confession.

Here is a list of the most important lootings of New York banks by trusted officials and employees during the past four or five years. It will be seen that it amounts to more than \$1,250,000; that it does not include the defalcations of John C. Eno, inasmuch as the records examined do not extend as far back as the discovery of his crime. According to the New York Press, which compiled the list, these sums exceed in the aggregate the total amount stolen from New York banks by burglars and professional swindlers for a quarter of a century and more. Here is the list:

Shoe and Leather bank cheated out of \$354,000 by a bookkeeper and one or more confederates.

Chemical bank robbed of \$15,000 by a paying teller.

Mechanics and Traders' bank robbed of \$35,000 by bookkeeper and two depositors.

Manufacturers and Merchants' bank mulcted in \$28,000 by a bookkeeper.

Ninth National bank robbed of \$450,000 by the president.

National Park bank defrauded of \$95,000 by the cashier.

United States National bank robbed of \$48,000 by a bookkeeper.

Bank of the Republic mulcted in \$15,000 by a discount clerk.

Tradersmen's National bank robbed by a discount clerk of \$12,000.

Harlem River bank robbed of \$26,000 by a bookkeeper.

American Exchange National bank robbed of \$33,000 by a bookkeeper.

St. Nicholas National bank robbed by the receiving teller of \$42,000.

There have been many expressions of surprise that in a bank doing so large a business as the Shoe and Leather the old fashioned plan of keeping one bookkeeper on the same set of books for a long term of years was so persistently adhered to; but, judging from the experience of other banks, the dishonest taking of the bank's money might have been done, no matter what the system employed. The old Union bank, the Continental, the Mechanics and Traders' and the Harlem River banks were successfully robbed by dishonest employees, both with and without confederates, notwithstanding the most complicated and seemingly perfect systems of book-keeping.

In fact, it is almost impossible to get up a plan that will prevent such swindling, and the only way in which security can be assured is the employment of none but strictly honest men. And even that some-



"OFFERED ME A GOOD CIGAR."

times fails, and here is a story in point. It was related to a Press reporter the other day by the defuncting bank employee himself, with the proviso that his name and the name of the institution by which he was employed should not be made public.

"It was about 15 years ago," said this man, "that I began to take money from the bank in which I was a clerk. I was not dishonest. I was sorely tempted. I was young then and working for a very moderate salary. Still it was ample for my personal needs, but when my father died and left the family penniless, and at the same time my mother became a hopeless invalid, it was at once evident to me that I must in some way procure more money, for there were four younger children in the family, all unable to contribute a cent to the general fund. I first tried to get an increase of salary, but failed, and then I began to take small sums from the bank."

"It was because of my defalcations that I stuck closer to my desk than any other of the clerks and worked harder. I knew that if I took a vacation I should inevitably be found out and then all would go for naught. It was because of my apparent devotion to the interests of the bank that my salary was gradually raised, so that just three years after I began to steal I was certain I should have to steal no more. I even hoped soon to be able to pay up, but it was three months afterward before I began that difficult task. Then my brother, next young man in the family, began to earn money, and I told him the whole story. He acted in the most noble fashion and turned over to me as much of his earnings as he possibly could, and little by little, as the ant takes an atom of earth at a time we reduced the balance against me."

"Oh, it was slow work and far more trying to my nerves than had been the stealing, but I never had the slightest impulse to continue covering up the shortage beyond the earliest possible date at which I could repay the whole. My salary now began to be increased every year, and finally, nearly ten years ago, and but a little more than five years after I began to steal, I paid back the last cent. During all this time I had been economical even to parsimony in my personal expenditures, never buying clothes until I was absolutely forced to do so, and never owning but one suit at a time. Finally, the day after I had made everything good and covered all my tracks, the vice president asked me to come into his office for a private talk. My heart was in my mouth. He said afterward that I turned as pale as a sheet, and I knew I nearly fainted, but I went in, and he offered me a good cigar and asked me to be seated. I began to like him."

"We have decided, Mr. Black," he said, "to offer you the post of cashier, for you have been watching your course with approval for some years, but we wish to suggest that you should be a little more careful as to your dress. You are really shabby, although your salary is large enough to enable you to be clothed at least fairly well. It's rather a delicate matter to speak of and may seem trivial to you, but if you become cashier here, you should dress as becomes the situation."

"I gasped and asked for time to consider it. That night I was taken down with brain fever. The stein had overcome me at last and I was kept to my bed for three months. When I recovered, I was offered the place in the bank again, but I wouldn't have gone back there for \$100,000 a year. In fact, I have never trusted myself to handle other people's money since then, and I never shall. But the fact that I had been a defaulter for five years was never discovered at the bank."

A VERY NOBLE FIGHT

AN EMINENT LAWYER'S LONG CONFLICT WITH DISEASE.

Twenty-Five Years of Prosperity, Adversity and Suffering—The Great Victory Won by Science Over a Stubborn Disease.

From the Atlanta (Ga.) Constitution.

Foremost among the best known lawyers and farmers of North Carolina stands Colonel Isaac A. Sugg of Greenville. Mr. Sugg has resided in Greenville twenty-two years. While nearly every one in Pitt county knows Mr. S.'s history, perhaps all do not know of his return to business again after an illness of sixteen years. No man has gone through more than he and lived. It was a case of the entire breaking down of the nervous system, attended by excruciating, agonizing, unendurable pain. Opium and stimulants only quieted temporarily, and all treatments failed him. Only his love of family and friends prevented suicide. He told a reporter the following interesting story:

"I kept at my work as long as I could, but nature gave way at last and I succumbed to the inevitable. My entire nervous system had been shattered by the stimulants and opiates I had taken; my blood had actually turned to water; my weight had dropped from 173 pounds to 123, and it seemed to everybody that the end was in sight. Why, I could not bear the gentle hand of my wife to bathe my limbs with tepid water. I was simply living from hour to hour. I had made my will, settled my business and waited for the last strand of life to snap."

"It was at this time that a somewhat similar case as my own was brought to my notice. This man had suffered very much as I had; his life had been despaired of as mine had, and yet he had been cured. Think what that little word meant to me—CURED. The report stated that the work had been accomplished by a medicine known as Dr. Williams' Pink Pills for Pale People. I investigated the report thoroughly, and found that it was true in detail. Then I procured some of Dr. Williams' Pink Pills and began taking them, and began to get better. I began to sleep like a healthy child, sound, calm and peaceful. My appetite came back, and my nerves were soothed and restored to their normal condition and I felt like a new man. But the greatest blessing was the mental improvement. I began to read and digest, to formulate new plans, to take interest in my law practice, which began to come back to me as soon as my clients realized that I was again myself. After a lapse of ten years I ride horse back every day without fatigue."

"That Dr. Williams' Pink Pills saved my life is beyond doubt, and I am spreading their praise far and wide."

Inquiry about the town of Greenville substantiated the above facts of Colonel Sugg's case, and that many others are being benefited by Dr. Williams' Pink Pills.

Dr. Williams' Pink Pills are for sale by all druggists, or may be had by mail from Dr. Williams' Medicine Company, Schenectady, N. Y., for 50 cents per box or six boxes for \$2.50.

She Knew. "Do be quiet, Johnny. Don't you know that there's a visitor in the next room?" said Frances to her little brother.

"How do you know? You haven't been in."

"But," said Frances, "I hear mamma saying 'my dear' to papa."—Pick Me Up.

Remorse. A chemist had made a mistake in his weights and poisoned a customer. When the fatal tidings were brought to him, he pulled out two handfuls of hair and exclaimed:

"Wretch that I am—and my best customer too!"—London Judy.

NEW WAY EAST—NO DUST. Go East from Portland, Pendleton, Walla Walla, O. R., & N. to Spokane and Great Northern Railway to Montana, Dakotas, St. Paul, Minneapolis, Chicago, Omaha, St. Louis, East and South. Rock ballast track; fine scenery; new equipment; Great Northern Palace Sleepers and Dining; Family Tourist Cars; Buffet Library Cars. Write C. C. Donovan, General Agent, Portland, Oregon, or F. I. Whitney, G. P. & T. A., St. Paul, Minn., for printed matter and information about rates, routes, etc.

SYRUP OF FIGS



ONE ENJOYS

Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the system effectually, dispels colds, headaches and fevers and cures habitual constipation. Syrup of Figs is the only remedy of its kind ever produced, pleasing to the taste and acceptable to the stomach, prompt in its effects, prepared only from the most healthy and agreeable substances, its many excellent qualities commend it to all and have made it the most popular remedy known.

Syrup of Figs is for sale in 50c and \$1 bottles by all leading druggists. Any reliable druggist who may not have it on hand will procure it promptly for any one who wishes to try it. Do not accept any substitute.

CALIFORNIA FIG SYRUP CO. SAN FRANCISCO, CAL. LOUISVILLE, KY. NEW YORK, N.Y.

THE WORLD THEIR PARISH.

The Dr. Liebig World Dispensary and International Medical and Surgical Institute, both by the vastness of its business and the universal good done by it, reminds one of the late John Wesley, who was wont to say: "The World is My Parish." It is an acknowledged fact that ever since its inception the Dr. Liebig World Dispensary has continued to turn out after cures in cases which had been considered hopeless and incurable. The doctors comprising its staff of physicians are all medical men of large experience and recognized ability, and those suffering with chronic complaints may feel safely anchored when they have put themselves under the Institute's care. Dr. Liebig's plan to men receive special attention at the hands of these learned practitioners, and here, indeed, "may be said," "a stitch in time saves nine."

Cases of this nature, unless speedily and intelligently attended to, usually result in complications whose name is legion and whose effect is premature and untimely death. A responsible institution, such as the leading authorities all over the United States have concurred in asserting, is the Dr. Liebig Dispensary to be, is invaluable to sufferers in instances of the above nature, for its staff swiftly, speedily and secretly restores them to their pristine condition by eradicating from the system the disease germs and places their feet once more on the firm and unadorned road leading to health and happiness and worldly enjoyment. The Dr. Liebig World Dispensary is one of the best equipped and most fully arranged institutions of the kind ever founded on the Coast; the best guarantee of what it can do for you is what it has done for others, and the best diploma which its celebrated staff of physicians and surgeons can show are not those which hang upon their walls, but those which are written in the sturdy characters of health upon the contented faces of all who have been their patients.

The Dr. Liebig World Dispensary employs no solicitors or coppers to bring patients to its doors. Like Wisdom, who sits back upon her throne, conscious of the good she can do for you if you only but seek her out and find her, but the dignified staff declines to adopt the methods of transient quacks to bring patients within the purview of her health-giving power. Patients, both male and female, will find this old established institution just what they want for the cure of their chronic ailments, and the elasticity of youth to their walk. The Dr. Liebig Company has been treating all the chronic, private and complicated diseases of men and women for twenty-five years in San Francisco. Their offices are open for free consultation from 9 A. M. to 5 P. M. on week days and 10 A. M. to 1 P. M. on Sundays. Home treatment of all kinds, who cannot visit the offices at 400 Geary street, San Francisco, Cal. Call or address for further particulars.

A Gentle Corrective

is what you need when your liver becomes inactive. It's what you get when you take Dr. Pierce's Pleasant Pellets; they're free from the violence and the griping that come with the ordinary pill. The best medical authorities agree that in regulating the bowels mild methods are preferable. For every derangement of the liver, stomach and bowels, these tiny, sugar coated pills are most effective. They go about their work in an easy and natural way, and their good faith. Once used, they are always in favor. Being composed of the choicest, concentrated vegetable extracts, they cost much more than other pills found in the market, yet from forty to forty-four are put up in each sealed glass vial, as sold through druggists, at the price of the cheaper made pills.

"Pleasant Pellets" cure biliousness, sick and bilious headache, dizziness, constipation, or constipation, sour stomach, loss of appetite, coated tongue, indigestion, or dyspepsia, windy belchings, "heart burn," pain and distress after eating, and kindred derangements of the liver, stomach and bowels. Put up in sealed glass vials, therefore always fresh and reliable. Whether as a laxative, or in larger doses, as a gently acting but searching cathartic, these little "Pellets" are unequaled.

As a "dinner pill," to promote digestion, take one each day after dinner. To relieve the distress arising from over-eating, nothing equals one of these little "Pellets." As a laxative, or in larger doses, as a gently acting but searching cathartic, these little "Pellets" are unequaled.

Accept no substitute that may be recommended to be "just as good." It may be better for the dealer, because of paying him a better profit, but it is not the one who needs help.

A free sample (4 to 7 doses) on trial, is mailed to any address, post-paid, on receipt of name and address on postal card.

Address: WORLD'S DISPENSARY MEDICAL ASSOCIATION, Buffalo, N. Y.

KARL'S GLOVER ROOT PURIFIER OF THE BLOOD. IT GIVES FRESHNESS AND CLEAR SKIN. CURES CONSTIPATION, INDIGESTION, DIZZINESS, Eruptions on the skin, BEAUTIFUL COMPLEXION, LEAD FOR A CASE IT WILL MAKE CURE.

Agreeable Laxative and NERVE TONIC. Sold by Druggists or sent by mail, 50c., and \$1.00 per package. Samples free.

KO NO. The Favorite TOOTH POWDER for the Teeth and Breath, 50c.

FRAZER AXLE GREASE. BEST IN THE WORLD. Its wearing qualities are unsurpassed, actually outlasting two boxes of any other brand. Free from Animal Oils. GET THE GENUINE. FOR SALE BY DRUGGISTS AND DEALERS GENERALLY.

HERCULES ENGINE Gas or Gasoline. A Positive Power. Requires No Licensed Engineer. Your Wife Can Run It. PALMER & REY, San Francisco, Cal. and Portland, Or. No Batteries or Electric Spark.

N. P. N. U. No. 580. S. F. N. U. No. 587

"IT IS IGNORANCE THAT WASTES EFFORT." TRAINED SERVANTS USE

SAPOLIO

(MALARIA) DO YOU FEEL BAD? DOES YOUR BACK ache? Does every step seem a burden? You need MOORE'S REVEALED REMEDY. Three doses only. Try it.

HOW TO SAVE MONEY. Buy your GROCERIES and PROVISIONS of us, and we will save you money. We handle the best goods and deliver free to trains or boats. We buy and sell for spot cash, and sell goods cheaper than any other firm in the country. Send your name and address, and we will mail you our new price list, which will be out soon. We offer to day: Choice tobacco, 40 cents per pound. Dry granulated sugar in 10-lb. sacks for \$4.75. Best coal oil per case, 40 cents per pound. Best brands of flour per barrel, 2.15. Arbuckle's coffee per pound, 25c. Send us list of what you need, and we will make you special prices. Address your orders to: MARK L. COHN & CO., 146 Front Street, Portland, Or.

Disordered Nerves

"For three long years I was a dreadful sufferer with stomach trouble. My nerves, too, were in an awful condition, and the least bit of noise would startle me. The doctor told me that I had a cancerous tumor in my stomach, and would have to have it cut out. I could not bear to think of this. One of our neighbors was very persistent in urging me to try Hood's Sarsaparilla, and at last I concluded to do so. Before I had taken one bottle, I began to get better."



Mrs. H. Burke. I had taken one bottle, I began to get better.

Hood's Sarsaparilla Cures

I have taken three now. My nerves are all right. My stomach trouble has gone. Mrs. H. BUNKE, 512 Willis avenue, Ashland, Wis. Get only Hood's.

Hood's Pills cure constipation by restoring the peristaltic action of the alimentary canal.

WALTER BAKER & CO.

The Largest Manufacturers of PURE, HIGH GRADE COCOAS AND CHOCOLATES. On this Continent, have received HIGHEST AWARDS from the great Industrial and Food EXPOSITIONS in Europe and America.

Unlike the Dutch Process, no Alkalies or other Chemicals or Dyes are used in any of their preparations. Their delicious BREAKFAST COCOA is absolutely pure and soluble, and costs less than one cent a cup.

SOLD BY GROCERS EVERYWHERE. WALTER BAKER & CO. DORCHESTER, MASS.

Known Everywhere. Sold Everywhere. Grown Everywhere.

FERRY'S SEEDS

Ask your dealer for them. Send for Ferry's Seed Annual. Invaluable to all planters and lovers of Fine Vegetables and Beautiful Flowers. Write for it—Free. D. M. FERRY & CO., Detroit, Mich.

W. L. DOUGLAS \$3 SHOE

IS THE BEST. FIT FOR A KING. CORDOVAN, FRENCH CHAMÉLÉ CALF. \$4.99 FINE CALF & KANGAROO. \$3.99 POLICE, 3 SOLES. \$2.99 \$2. WORKINGMEN. \$2.99 \$2. EXTRA FINE. \$3.99 \$2. BOYS SCHOOL SHOES. \$3.99 \$2. LADIES. \$3.99 \$2. BEST DONGOLA. SEND FOR CATALOGUE. W. L. DOUGLAS MANUFACTURING CO., CHICAGO, ILL.

Over One Million People wear the W. L. Douglas \$3 & \$4 Shoes. All our shoes are equally satisfactory. They give the best value for the money. They equal custom shoes in style and fit. Their wearing qualities are unsurpassed. The prices are uniform, stamped on sole. From \$1 to \$5 saved over other makes. If your dealer cannot supply you we can.

CHICKEN RAISING PAYS

If you use the Petaluma Incubators & Brooders. Make money while others are wasting time by old processes. Catalogue tells all about it. And describes every article needed for the poultry business. 48 Page Illustrated Catalogue FREE.

The "ERIE" mechanically the best wheel. Finest model. We are Pacific Coast Agents. Bicycle Catalogue, mailed free, gives full description, prices, etc. Send for it. PETALUMA INCUBATOR CO., Petaluma, Cal. BRANCH HOUSE, 231 S. Main St., Los Angeles.

Manhood restored. Night Emissions, Weak memory, Atrophy, Sexual Weakness, etc. Surely cured by POLLEN ACME NATURE'S REMEDY.

POLLEN ACME The most wonderful achievement in Medical Science. The only acknowledged permanent cure guaranteed. New York 115-117 Fulton St.

MRS. WINSLOW'S SOOTHING SYRUP FOR CHILDREN TEETHING. For sale by all Druggists. One a bottle.