

Take no Substitute for Royal Baking Powder. It is Absolutely Pure.
All others contain alum or ammonia.

Spontaneous Combustion of the Body.
The theory of spontaneous combustion of the human body in former times was held by almost every expert. French scientists in particular supported it, and several of them published pamphlets in which numerous cases of alleged spontaneous combustion of the human body were described at length, but there are three very significant points to be noticed in connection with such reports. One is the invariable admission that there was a light or fire in the room where the catastrophe occurred; another, that the alleged instances always happened in families composed of ignorant persons; and another, that in no case was there any actual witness of the occurrence.

Something like 75 per cent. of the human body consists of water. This fact in itself is sufficient to discredit any of the alleged instances of spontaneous combustion. It is just conceivable that persons who drink an enormous amount of spirituous liquors may become so saturated, as it were, with this inflammable material that their bodies burn much more easily than would those of people who do not overindulge in this way, but it is perfectly certain that the fire would have to be applied from without, for no such thing as spontaneous combustion could be possible in any article containing so great a preponderance of the liquid element as does the human body.—Pearson's Weekly.

She Wouldn't Be Alone.
A female teacher in a New York school was on very intimate terms with a male teacher in the same school. He was in the habit of strolling into her room during the recess and chatting with the object of his affections. His name was Smith. One day the lady teacher endeavored to make the class comprehend the omnipresence of God. She explained to them that God was everywhere.

"Now, my dear children, suppose you all go out of this room except myself, do I stay in here alone?" asked the female teacher.

"No," exclaimed one of the little girls, "you will not be alone, for Mr. Smith will be with you."—Texas Siftings.

Out of Observation.
Miss De Fashion—I've been having a perfectly lovely time—teas and parties and music and dancing and private theatricals and everything you can think of. Haven't had so much fun for a year.

Friend (shocked)—What? During Lent?
Miss De Fashion—Oh, it's all right, dear. We were in the country.—New York Weekly.

A Smart Old Lady.
A smart old lady of our village, in her seventy-fifth year, spun five skeins of yarn one morning and then went out sliding with her grandson in the afternoon.—Farmington (Me.) Chronicle.

Vassar's share of the Fayerweather bequest, \$50,000, is to be used in building the new dormitory made necessary by the increase in the number of students.

A petrified human body was taken from the Phillipsburg (N. J.) cemetery one day recently. The body was buried sixteen years ago.

"German Syrup"
My niece, Emeline Hawley, was taken with spitting blood, and she became very much alarmed, fearing that dreaded disease, Consumption. She tried nearly all kinds of medicine but nothing did her any good. Finally she took German Syrup and she told me it did her more good than anything she ever tried. It stopped the blood, gave her strength and ease, and a good appetite. I had it from her own lips. Mrs. Mary A. Stacey, Trumbull, Conn. Honor to German Syrup.

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Character of the German Emperor.
The new emperor, on mounting the throne, was of course expected to sustain the policy of a minister whom his grandfather had honored with every mark that a loyal subject or even a money loving one could ask. The reign of Frederick III. less than a hundred days, had been too short and too full of physical suffering to let the world know the strength and breadth of the ruler whom Bismarck next appeared to represent. In his successor the Germans have an emperor who has not only abundant physical energy and endurance, but has with it a contempt for humbug, socialisms and the crooked politics methods that always suggest a feeble or rotten executive. He is a practical manager and does not pretend to be a savior of society. He has no quack nostrum for poverty, crime, prostitution, or the discontent that sets class against class.

His business is to see that the government machine runs smoothly, that competent men are employed, that the people's taxes are spent for the public good, that the law is administered without favor and that reforms are inquired into. He has the mind of a Yankee, he loves experiment, his methods are direct. He is the sort of man that forges the front in a new country. We can imagine him learning his trade in some machine shop, then rapidly rising to a position where inventive talent, thoroughness, patience and, above all, honesty tell—say, at the head of some great manufacturing or shipbuilding enterprise.

On his succession to power, 1888, he did what most intelligent young men do when suddenly placed in charge of an estate. He inquired how the previous manager had done his work; he examined personally into cases of alleged wrong; he noted carefully the testimony of qualified observers; his eyes were opened to the need of reform in many directions; he suggested these reforms to his manager; the manager did not agree with the master; the manager resigned and now spends his time in embarrassing as far as he can the movements of the manager who has superseded him. The immediate cause of Bismarck's resignation will be known when the emperor chooses to make the matter public. Today we can regard only the official acts of the minister, and from these infer what reason there was for his being retired.—Poultney Bigelow in Forum.

Modern Cloud Compellers.
A curious and interesting experiment was tried early one morning at the Jardine d'Acclimation. Some ingenious person has hit upon a scheme for making artificial clouds for the warming of fields and preventing damage to crops. A number of stoves had been placed ten yards apart around the spot selected, and when they were lighted a thick black smoke was produced. Unfortunately for the success of the experiment, there was too much wind, and the "clouds" were dispersed immediately, the smoke being blown toward the inclosure occupied by the seals, who did not seem at all to appreciate it.

It is said that some experiments carried on in the Gironde were far more successful, and that the system will be largely used there to protect the vines. It is said that a vineyard could be made two or three degrees warmer. Several officers attended the experiments yesterday to see whether the process could be utilized for military purposes.—Galician Messenger.

He Knew All About It.
The British legation building in Washington is draped in mourning for the late Duke of Clarence, but everybody doesn't seem to know it. Last week when a visiting delegation was there, two delegates, whether they were from Chicago or not it is not necessary to state, were showing each other the town. As they passed along Connecticut avenue one of them said:

"That big brick over there with the portico—there in front of it is the English legation."

"Is that so," said the other, taking it in carefully as tourists do. "It's got mourning on it, I see."

"Yes," explained the first one with an air of superior knowledge, "that's for Justice Bradley, who died recently."—Detroit Free Press.

Growing a New Hoof.
A singular condition has developed in the buffalo herd at the Philadelphia Zoo. Late in last year the hoof and mouth disease affected the cattle of Europe very seriously, and there were slight visitations of it in this country. One of these was at the Philadelphia Zoo among the buffalo. Eight of the herd were isolated. Since then the symptoms of this disease have disappeared from all but one of those isolated. This one, however, has lost a hoof, and is now hard at work raising a new one, hobbling around on three legs. This is the only case on record in America of a buffalo losing a hoof and growing a new one in captivity.—St. Louis Globe-Democrat.

HELEN.
I am Helen, and my name is a glory and a shame,
For my beauty was Earth's crown,
And my sin shook cities down.
Oh, the days, and oh, the dances
When I was queen,
By the glamour of my glances
And the splendor of my spleen!
My life was all romances,
And no dull days between.
From the golden dais
Where I reigned alone,
As a woman's way is,
I descended to a throne.
And my life, that lately
Leapt as a mountain stream,
Now crept still and stately
As a river in a dream.

He came;
In his eyes was flame
And a new desire,
Unknown by name,
The godhead dire
No god can tame,
Took all my frame
With fire.
The years, the ten swift years, are fled;
Troy is fall'n, and on my head
Lies the guilt. Her princes dead
In the darkness through me round,
Showing each his bleeding wound.
No word speaking,
No wail wailing,
They pass in silence one by one;
And when I think the dream is done,
Lo! the white haired king appears,
Kneeling, as he bathes in tears
The hands that slew his son.
—F. W. Bourdillon in London Spectator.

HOUSEHOLD ECONOMY.
The Prevailing Fault Among Americans of All Grades is Extravagance.
If the question were asked what one quality in a woman most conduces to a happy home I should say frugality and economy, and if what quality in a man most conduces to home happiness I should repeat—economy and frugality. The great American crime is want of rational economy. The woman wastes in the parlor and kitchen. The man wastes everywhere. There is no class that is careful of outgoes. No one man or woman in one hundred keeps an account of personal expenses. If our schools, instead of the rule of three, would teach the children the simplest elements of plain bookkeeping, mathematics would be of some value. The farmer who once puts down in figures his expenditures and his income and honestly writes down his losses by bad management—carelessness—will be on the road to amendment. Every housekeeper should have a slate hanging in the kitchen, on which to jot down daily expenses, and a pocket account book to see how quickly \$100 slips away. When statistics prove that average life is provided with far more comforts than fifty years ago, and I look about at the amount now expended in a year compared with what was formerly needed, I wonder how much it will take to satisfy the wants of a family fifty years hence. There is not a question but half of our boys and girls are harmed by too free use of money and the other half by being jealous and dissatisfied.

Where will be the end of indulgence? The antidote is twofold. We must educate them to restrain their desires and very early to earn in proportion to their expenditures. Every child should be brought up to feel a responsibility for the household. I see girls daily that are surely preparing for misery. Heaven help a man who is inveigled into marrying such a woman. She has and can have no idea of earning or saving. She only considers a husband as a purveyor and provider. He in turn loses his highest aim in life. Home is a hopeless idea never to be gratified. His ideals drop down. He becomes a clubman if rich, a sordid man if poor. This one thought ought to be uppermost in training—to make our young people helpful, and the girls to comprehend the duty of being helpmates.

But about necessity: it is true that most of those who are supposed to be above the necessity of kitchen work really are so? I know the insidious truth about many families, and the slaves, in the majority of cases, is the husband. He has no leisure in life from money making. We women are creating a detestable class of men—money makers. On a moderate income they know that their family is not constituted to be happy. The outgoes are from one-fourth to three-fourths for things that could be spared without suffering. There is nothing so honorable as toil, and this every one without exception should be made to feel. The work of the world should be evenly distributed as a privilege and a joy. As for menial work, it is generally shown by inference; it is that which shows skill. Why should so many thousands of our women consider cooking and cleaning as out of their province? A woman that does not need to sweep a floor should nevertheless do it, and do it well.

Into Vassar and into our common schools must go the incultation of a nobler spirit. It makes very little difference whether it be in a rich home or a poor one, but a compelling spirit and a wasteful one spoils all comfort. Some one has said that one-half of the production of the United States gets wasted. He laid special stress on the bad habits of those who cultivate the soil and handle crops. My special trouble is with those of us who waste in the household. I am not urging penuriousness, but economy there is no escape from. Our young couples should be trained formally to a study of ways and means. It is instantly to start out in life ahead of income, or even flush with it. I wish all young married couples were compelled by law to go to a school of domestic economy for one year after marriage.—St. Louis Globe-Democrat.

Scarf in Place of the Tidy.
The day of the tidy is over. In its place is the silken scarf, which may be just as troublesome, but which has this good feature, that it is not the result of the toil of hours, perhaps of days, as the old fashioned embroidered affair often was. Many women find great comfort and pleasure in doing piles of fancy work, though it seems to be a fact that embroidery is not such a hobby as a few years ago. So beautiful for decorative purposes are the manufactured fabrics, designed solely for this purpose, that women are finding out it is foolish to spend their time in counting stitches and cross stitches when they might be reading a book or riding a bicycle. Men never seem to like to see women stooping over intricate patterns of fancy work. They think it is wasted time.—Brooklyn Eagle.

Worse Than Heathen Parents.
There are heathen parents who expose their weak and sickly children to wild beasts. How much worse are they than the parents in our land who do not provide wholesome reading matter for their children.—Ram's Horn.

The Only Way to Bring Up a Child.
The only way you can bring a child up is the way you're going yourself.—Woman's kind.

WHEN WAR IS DECLARED
Against a man's happiness by his stomach, the enemy may be pacified and brought speedily and easily to terms. That potent regulator of digestion, Hotter's Stomach Bitters, dispels the rebellious organ thoroughly. Indigestion arises from weakness of the stomach, and the food in it, for want of the power to digest, decomposes and acidifies, giving rise to nervous, flatulence and pain, besides a multitude of symptoms both cerebral and peripheral. But peace soon reigns when the great stomachic is resorted to and used with persistence. Dyspepsia gives rise to morbid discomposure of mind, and even sleeplessness and hypochondria in chronic cases. To the complete dismissal of these the Bitters is fully adequate. Liver complaint, constipation, debility, rheumatism and malaria are completely subdued by this genial medicine.

Sure—Jasper—is intoxication always followed by a swelled head? Jumpuppe—Yes; even when a man has been intoxicated by success.

EXERCISE.
One reason for the fact that the general health of the community is growing better every year is that more people take regular exercise. Exercise, however, has its difficulties. If indulged in a little too long, or so violently as to make one liable to take cold, it results in stiffness and soreness of the muscles and joints.

ALCOHOL'S FEROUS PLASTERS are invaluable in such cases. Placed on the back, chest, on the limbs, they afford instant relief and leave the muscles free from all soreness. Some athletes cut them into strips and apply them to parts of the limbs where they could not put a whole PLASTER and find that they are a great relief and assistance.

BRANDRETH'S PILLS cure constipation.

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