

Be on your Guard.

If some grocers urge another baking powder upon you in place of the "Royal," it is because of the greater profit upon it. This of itself is evidence of the superiority of the "Royal." To give greater profit the other must be a lower cost powder, and to cost less it must be made with cheaper and inferior materials, and thus, though selling for the same, give less value to the consumer.

To insure the finest cake, the most wholesome food, be sure that no substitute for Royal Baking Powder is accepted by you.

Nothing can be substituted for the Royal Baking Powder and give as good results.

John Drew on Acting.

The actor, unless he be in nature perverted, must exhibit in his life the effect of his calling, a calling desirous of the same results as other arts—the advancement of the human mind through the ministrations of beauty and truth—an advancement out of which necessarily flow increased civilization and augmented happiness for the human race. —Scribner's Magazine.

A GENUINE HERO.

Though Weak and Ailing, He Did the Proper Thing.

"Have you ever wondered just what you would do if, without a word of warning, you were placed in a situation where you had the choice of risking your own life suddenly presented to you?" asked Gaddery at the club the other night. Several members declared they had not.

"I recall a vivid instance of the kind," said Gaddery as he ordered another bottle and braced himself back in his chair. "It had often been a matter of speculation with me as to just what my action would be in a moment of extreme peril, and I am glad to say, gentlemen, that when the time did come I was not unequal to the occasion."

There was a subdued murmur of suppressed interest.

"Some time ago," he continued, "my health was so poor that upon the advice of my physician I engaged passage in a schooner bound for Florida. The captain had on board his little daughter, a sweet child of 13 years. One balmy day after we had been out a week I was slowly pacing the deck, and I may say that it was a particularly memorable occasion for me, that being the first day I was strong enough to walk, when I heard a sudden splash, and looking up hastily I discovered that the little girl had fallen overboard. Gentlemen, you can imagine my feelings."

Several members nodded.

"Here was the opportunity of my life. There was a light breeze, and the schooner was moving lazily through the water. I rushed to the railing. For a brief instant I caught a glimpse of the terror stricken face of my little companion, and then she sank. In that brief moment, gentlemen, I have no hesitation in saying that I lived a lifetime. And yet—I say it calmly and dispassionately—the determination to save that little girl's life never once was shaken. Before any one on deck knew what I was about I sprang to the railing and threw"

"Excuse me a moment," interrupted his friend Gilback. "Old man, you know you can't swim."

"I know it," quietly replied Gaddery.

"And you said," persisted Gilback, "that you were so weak that you could scarcely walk?"

"I did," responded Gaddery.

"Then how could you throw yourself overboard and save that child's life?" triumphantly questioned Gilback.

"My dear fellow," said Gaddery, "you misunderstood me entirely. I did not say that I jumped overboard. The captain had already done that."

"Then what did you do?" breathlessly inquired his audience.

"As I was about to remark when I was interrupted," replied Gaddery, gracefully filling his glass. "I sprang to the railing and threw him a life preserver." —New York World.

Two Standards.

Jokes of a "practical" order are usually dangerous in one way or another, but a story is told of one harmless joke which illustrated the power of imagination in an amusing way some years ago.

At the time when most of the North river sloops came in at Coenties slip the Levant, a packet from Fishkill, anchored off the Battery to wait for a change of tide. A passenger who had been for the first time in his life on a sailing vessel, and who had been anxiously begging to steer the craft, not noticing that the vessel was at anchor, was told at last that he might take the helm.

He obeyed the summons with alacrity and listened to the captain's cautions in regard to keeping clear of other vessels, etc., and then the captain went below.

The tide was making by at a great rate, and the amateur helmsman felt much gratified with the progress his craft was making as he looked down at the water.

In time, however, an investigation of the surrounding landscape led to a slight feeling of dissatisfaction on his part, which steadily increased as time went on. At last the captain appeared again and inquired gravely how he was getting on.

"Well," replied the amateur, with a dubious smile, "I appear to be getting on first rate by water, but plaguy slow by land, if I'm any judge, captain." —Youth's Companion.

Only a Flight.

I'd like to be a bleak stone wall
That winds near country lanes,
And let the leaves each autumn fall
Around my hard remains.

I'd like to be a lofty tree
Upon a mountain top,
And let the clouds, so wild and free,
Around me flap and flop.

I'd like to be an ocean bold,
Where fleets of ships might float,
And let the sands of lands unfold
Sift down my mammoth throat.

I'd like to be a comet swift,
With heart of fire, to throbb
In endless space, and drift and drift
And with the stars hobnob.

I'd like—but, hold! It's but a sham—
A leaf from fancy's shores.
I'd like to be just what I am—
The fellow she adores.

—Detroit Free Press.

AT ANTWERP'S FAIR.

AMERICA WELL REPRESENTED IN THE BELGIAN EXPOSITION.

It Will Be Pre-eminently a Business Exhibition and Offers Great Inducements to Our Merchants and Manufacturers—Antwerp's Advantages as a Market.

Belgium's international exposition, which opens at Antwerp on May 8, will be more important, interesting and attractive to Americans than any other of the numerous European exhibitions of this year, though we shall probably be adequately represented at all of them in the matter of exhibits as well as by the number of our people in attendance. Antwerp's exhibition will be by far the largest of the lot and is expected to surpass the famous Paris exposition and all others of recent years, excepting only that of last year at Chicago. It will be pre-eminently a business fair, and will probably afford more profitable opportunities to our merchants and manufacturers than ever offered even at the Columbian exposition.

The advantages of Antwerp as a great exchange market for American products can hardly be overestimated. It is the great commercial emporium for all north-western Europe, and as its neutrality is guaranteed by the powers the port is safe from blockade in case of war, a fact which gives it an advantage over any port in France or Germany as a place for the establishment of branches of foreign mercantile houses. The foreign trade of the city has increased enormously since the Scheldt was opened to commerce by the



THE AMERICAN BUILDING.

treaty of Paris in 1839, and probably no other city of the world has so many foreign establishments, if the various colonial branches in London and Liverpool be excepted.

To the scholar, the artist and the ordinary sightseeing tourist Antwerp is no less interesting than to the merchant. The archaeologist must feel an interest in the city which had its beginning on the banks of the Scheldt two centuries before the Trojan war. The historical student must pay his respects to the city so closely associated with Godfrey of Boulogne, Philip II, William of Orange and the great struggle against Spanish domination. The artist must feel a reverence for the city which cradled Rubens, Van Dyck, the two Teniers, Jordans, Frans Floris and Quentin Matsys and still guards their masterpieces as her most precious possessions.

The ordinary tourist will feel or affect an interest in the famous old cathedral, with its 400 foot tower and its great atarpiece by Rubens. "The Descent from the Cross," in the great artist's equally famous "Holy Family," which hangs in the Church of St. Jacques, or in some one or all of the hundred other examples of his finest productions which the city has to show, or perhaps they will grow enthusiastic over the celebrated wall cover of delicate iron tracery forged by Quentin Matsys or over his pictures or those of some of the other great lights of the artistic world. They will find much to interest them, too, in the Plantin museum, which includes the famous sixteenth century printing office of Christopher Plantin, where the great Polygot Bible was printed, besides a priceless collection of books, pictures, manuscripts, etc.

The exposition is located in the southern part of the city in a park covering over 200 acres, fronting on the Scheldt. Its magnitude can best be appreciated from a few figures. The Hall of Industries is 1,750 feet long by 1,400 feet wide. The Electric building measures 885 by 263 feet and Machinery hall 787 by 262. The art exhibit occupies a building 436 by 233 feet, and Festival hall covers a space 347 feet by 163. The main buildings are all constructed of iron and steel and roofed with zinc and cover collectively 1,080,000 square feet.

One of the most beautiful pieces of architecture on the grounds is the American building, which faces the grand entrance and occupies the most prominent site accorded to any foreign nationality. It measures 240 feet by 150 and is of the modern renaissance architecture. It is approached by a broad marble staircase, and the main court is open to the dome and surrounded by a gallery containing 18 exhibition rooms for the various states. The largest of these, 40 by 82 feet, is devoted to the United States government exhibit.

In an annex to the building is a complete modern American shoe factory, which will be in full operation during the fair. Besides the 25,000 square feet included in the American building and its annex 60,000 square feet of space have been allotted to American exhibitors in the Hall of Industries, 30,000 square feet in the Electric building and 30,000 square feet in Machinery hall, making a grand total of 145,000 square feet of space devoted to the display of American products. France and Germany will each be accorded only 100,000 square feet, and Great Britain gets but 60,000.

America has also been favored in other respects. A Philadelphia syndicate has secured a concession of 16 acres, which will be devoted to what is called the American pleasure, with the idea of showing by practical illustrations many of the most picturesque phases of American life as it is now and as it has existed in the past. The attractions here will be varied. Pawnee Bill, the leader of the Oklahoma boomers, will have a wild west show, with a company of 125 people, including Indians, cowboys, Mexicans and soldiers, and any number of American wild animals, such as buffaloes, elk, deer, bears, a pack train of burros and a troop of bucking bronchos.

Other features of the pleasure will be an Aztec village, a California ostrich farm, a southern cotton plantation, with negroes at work, and a Florida everglade, with real live alligators. Then in a large corrugated iron auditorium, seating 1,500 people, there will be delivered every day a series of lectures in French on picturesque tours in America, illustrated by stereoscopic views of our best scenery, most notable buildings and places of historic interest, as well as some of our principal manufactures, which will undoubtedly give home staying foreigners a fair idea of our scenic attractions, vast resources and material progress. Under the grand stand of the wild west show is to be a typical American bar, conducted on an unusually large scale, a feature that is always very attractive to foreigners. —C. T. BAYTER.

Not All From Her.

Fiddleback (in Castleton's room)—Isn't that a picture of the girl you have been so much in love with?

Castleton—Yes, that's the girl.

Fiddleback—Pretty girl, old man. I suppose she gave you that mouchoir case, didn't she?

Castleton—Yes.

Fiddleback—Come to think of it, there are quite a number of things here I haven't seen before. There's a pretty piece of china.

Castleton—Yes; she painted that herself.

Fiddleback—She didn't give you that volume of love songs, did she?

Castleton—Yes, she did.

Fiddleback—And that lamp?

Castleton—Yes.

Fiddleback—Well, you are in luck. That girl must think a great deal of you, old fellow. Hello! What's in that bundle over there? Something else she has sent?

Castleton (glaring)—No, sir, it isn't.

Fiddleback—I beg your pardon. I didn't mean to be inquisitive.

Castleton (glomily)—Not at all. There's no secret about what's in that bundle.

Fiddleback—What is it, old man?

Castleton—That's a wedding present I am going to send her.—Exchange.

Taking It For Granted.



Sadie—I had a proposal yesterday from a man of 75, with an income of \$30,000.

Bertha—When are you going to be married?—Truth.

Spring.

Spring, gentle spring, is here at last.
The snow has gone away,
No more we feel the winter's blast—
The spring has come to stay.

The small boy, with his heart a-thump,
Determination grim,
Into the river takes a jump
And has his first spring swim.

The clerk, with figures in a row,
Now counts his meager hoard
And wonders where he'd better go
For two weeks' country board.

And every married man is sad
To think that he is broke,
Because his darling wife has had
To buy that new spring cloak.

Digestibility of Foods.

Cal's foot jelly, tripe and rice are the articles of food most easily digested, the time required for the first being only thirty minutes, and for the other two one hour each. Among the fish the short fiber of the whiting, "the chicken of the sea," makes it easily digestible. But the foods that are most easily digested are not always the most nutritious. Thus rice, which is more extensively used as an article of food than anything else, forming as it does the principal diet of a third of the human race, is not nearly so nutritious as wheat or some other grains, though it is far more easily digested than they; more than nine-tenths of its substance consists of starch and water, and it consequently forms more fat than muscle. Digestion is rather hindered by care and worry or ill health. The process usually occupies from two to three hours.—Brooklyn Eagle.

MAN'S INHUMANITY TO HIMSELF.

The most inhuman outrages, outrages which would disgrace the savage, man perpetrates upon his own system by swallowing drastic purgatives which contract his stomach, agonize his intestines and weaken his system. Many people constantly do this under the impression that medicines only which are violent in their action, and particularly cathartics, are of any avail. Irreparable injury to health is wrought under this mistaken idea. The laxative which most nearly approaches the beneficial action of nature is Hostetter's Stomach Bitters, which is painless, but thorough, and invigorates the intestinal canal instead of weakening and irritating it. The liver and the stomach, which are the benign discipline instituted by this comprehensive medicine, whose healthful influence is felt throughout the system. Malarious, rheumatic, kidney and nervous complaints succumb to it.

"Was there no one to sympathize with the poor wretch who was being lynched?" "I believe a voice did call out and tell him his necktie was up behind."

CURES OTHERS.

To purify, enrich and vitalize the blood, and thereby invigorate the liver and digestive organs, brace up the nerves, and put the system in order generally, "Golden Medical Discovery" has no equal.

DYSPEPSIA IN ITS WORST FORM.

ERVIN DIERBERG, Esq., of Gettysburg, Pa., writes: "Only those who have had dyspepsia in its worst forms know what it really can be. What such a case needs I have found in your kindly encouragement, and your 'Golden Medical Discovery'." I always keep your 'Golden Medical Discovery' and the 'Pell's' on hand when acting down from an active summer's vacation, to quiet student life.

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I heartily recommend these medicines to every one whose suffering is of the nature that mine was." Sold everywhere.

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"The above is the only testimonial I have ever given in favor of any plaster, and if my name has been used to recommend any other, it is without my authority or sanction."
MRS. HENRY WARD BEECHER.

BRANDRETH'S PILLS are the best medicine known.

Caller—Your office is as hot as an oven. Merchant—Well it might be! I make my daily bread here, you know.

As a cure for sore throat and coughs "Brown's Bronchial Trochoc" have been thoroughly tested, and maintain a good reputation.

Life (angrily)—Yes; before you married me you loved me! Husband—Yes; and I had nothing taken of my sentence for doing so, either.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last fifteen years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by their firm. WEST & TRUAX, Wholesale Druggists, Toledo, O. WARDING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75 cents per bottle. Sold by all druggists. Testimonials free.

Guard yourself for summer malaria, tired feeling, by using new Oregon Blood Purifier.

Use Khamelion Stove Polish; no dust no smell.

TRY GERBER for breakfast.

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ONE ENJOYS

Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the system effectually, dispels colds, headaches and fevers and cures habitual constipation. Syrup of Figs is the only remedy of its kind ever produced, pleasing to the taste and acceptable to the stomach, prompt in its action and truly beneficial in its effects, prepared only from the most healthy and agreeable substances, its many excellent qualities commend it to all and have made it the most popular remedy known.

Syrup of Figs is for sale in 50c and \$1 bottles by all leading druggists. Any reliable druggist who may not have it on hand will procure it promptly for any one who wishes to try it. Do not accept any substitute.

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now I weigh 162 pounds. I have been at work steadily at farm labor, that being my occupation, ever since I was cured by Hood's Sarsaparilla. C. E. BOHALL, West Union, Minn.

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