The Athena Bress

AN INDEPENDENT NEWSPAPER is that the woman is dead, F. B. BOYD. Owner and Publisher

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Athena, Oregon, December 14, 1928

TREATMENT OF INFLUENZA Concerning the treatment of influenza the following is taken from a recent report of the state board

Now that influenza is undoubtedly epidemic in this state, it is well to know how to treat this disease and how to control it. In a preceding letter we warned the public of the possibility of an epidemic and gave a list of precautions to be taken to prevent the spread of this disease. Both the cure and prevention of influenza depend on knowing the cause. The best way to keep from taking influenza is to keep away from people having this highly contagious

When you feel an attack of influenza coming on, take a laxative and a glass of hot lemonade and go to bed early. Eat lightly, drink water freely and stay in bed until all symptoms have disappeared. Isolate yourself. Do not kiss or even shake hands. Just because some one has passed this disease on to you is no excuse for your being careless. This is not a spectacular course of treatment nor will it produce striking results, but it will cut down greatly the chances for complications, such as pneumonia and other infections.

The streptococus hemolyticus is usually unable to invade the healthy body but gains entrance in persons who are run down by influenza. Streptococus pneumonia is a very serious complication and the chances of pulling through after this infection has invaded the body are none too good.

The importance of calling in a physician early can not be too highly emphasized. Many of the complications of influenza can be prevented by proper treatment. For the sake of others it is well to remember that influenza is a contagious disease and it is up to you to keep it to yourself. Use your handkerchief and prevent the spread of influenza. Sneezing and coughing spray out droplets of moisture loaded with germs and any one nearby is almost certain to get a good dose of this. If you have influenza, go to bed and isolate yourself.

-AND HOW

Casually reading of the European situation to be faced by the League Council which convened this week, makes one wonder what of the Locarno spirit-and how. Germany is openly pessimistic over results of the peace pact so long as her territory remains occupied by allied troops; Mussolini in public speech proclaims that all the world is arming and Italy must be prepared. Failure of last week's conference at "Geneva for the control and manufacture of arms is ascribed to the disinclination of certain European powers to reveal data concerning their armaments, which naturally arouses suspicion and dissatisfaction among countries which do not manufacture, but must buy arms abroad, and thus necessarily disclose their secrets of national defense. France grooms the privilege of no naval restriction whatever, and England wants the inside track on cruiser construction. Here at home, Uncle Sam is chawing his tobacco a little finer while he keeps count of Britain's cruiser tonnage, and last week when Kellogg appeared in the senate nursing the latest effort toward prevention of war, instead of receiving the glad hand all he got was a few mumbles over "reservations" and a frosty

It is easy for one to become susceptible to calls from the wild and contract the habit of rusticating in places other than one's own home That conservative Cal has caught the bug that tolls men away from their desks to ramble in paths that lead to golf links, fishing trips and hunting grounds is disclosed in his advocacy of the serious need of a summer white house for use of the executive family, to be located somewhere in the hills near the national capitol.

The king of the Britains has made a brave fight to survive the ravages of a critical illness and his subjects have proven loyalty to him by their marked solicitude for his welfare, and their prayers for his recovery. The world knows King George for a kindly sovereign and a ruler whose traits of character symbolize liberality to a greater degree than is shown by other hereditary rulers,

Five Portland detectives and a deputy coroner are in disagreement over the probable cause of a woman's death. The detectives say their construction of the case shows that the lady had fallen from her porch while intoxicated. The deputy coroner maintains that she had been robbed

and beaten, and fell only after a terrific struggle. A concensus of opinion

It is barely possible that Bolivia warfare these peppery republics may same will be sold as by law provided: decide to pull off, would be sideshows in comparison with what Hoover has seen before.

Wanted-Millions of Jack Rabbit, domestic rabbit, and other raw furs. Highest Prices. Valcauda Fur Co., 2131 Western Ave., Seattle.

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NOTICE OF FINAL ACCOUNT In the County Court of the State of Oregon for Umatilla County. In the Matter of the Estate of Adolph L. Schaefer, Deceased. Notice is hereby given to all per-

sons whom it may concern:
That Lessie L. Schaefer, executrix
of the last will and testament of
Adolph L. Schaefer, deceased, has
filed her final account and report in the administration of the estate; that the County Judge by order duly made and entered has appointed Wednesday the 9th day of January, 1929, at the hour of ten o'clock in the forenoon as the time and the County Court House at Pendleton as the place where all objections and exceptions to said final account and report will be heard and a settlement of the estate made. Dated the 7th day of December

LESSIE L. SCHAEFER, Executrix.
Will M. Peterson, George R. Lewis
Attorneys for Executrix.
D7J4

NOTICE TO CREDITORS In the County Court of the State of Oregon for Umatilla County. In the Matter of the Estate of Wil-liam Matheny, Deceased. Notice is hereby given to all per-

ons whom it may concern: That Herman Peters has been appointed administrator of the estate of William Matheny, deceased. All persons having claims against the estate are hereby required to present them with proper vouchers as required by law, with the administrator, at the law office of Will M. Peterson attentor, at law Stangier Peterson, attorney at law, Stangier Building, Pendleton, Oregon, within six months of the date of the first publication of this notice which is the 16th day of November, 1928. HERMAN PETERS, Administrator Will M. Peterson, George R. Lewis Attorneys for Administrator. N16D14

In accordance with the provisions of Section 3, Umatilla County Herd Law, providing for the taking up and sale of live stock running at large, the following described livestock was and Paraguay are staging hostilities taken up by the undersigned at his for mere entertainment of President- ranch about five miles south of Athelect Hoover while he is taking his ena, Oregon, and unless redeemed by South American jaunt. However, any the owner as provided in said law, the

> One buckskin horse about seven years old, some white in face, saddle marks, weight about 900 pounds, heart shape brand on right shoulder. Said sale will be held at the ranch of A. R. Coppock as above stated, on December 24, 1928, at 10 o'clock A. M. for cash in hand to the highest bidder, to pay for advertising, damages, cost of sale and all other expenses and charges regularly and legally incurred. A. R. COPPOCK.

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