For Health, Strength and "Pep"

The muscle-builder—will keep you "fit" without the aid of medicine. Made of selected whole wheat and the choicest barley malt, it combines all the element necessary for building muscle, nerve and vitality. "Force" is Nature's food—good for everybody.

[*Sunny Jim*]
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Your
Grocer's

HOTEL ROLAND

One hundred and sixty-five Rooms, all Modern improvements: free phones on every floor.

Rates: 75c to $1.50 per day: $2.50 to $5.00 per week.

Opposite Courthouse, 2 blocks from Postoffice. Fire Proof. S. P and Oregon Electric pass door.

200 Rooms 100 Baths — Near Both Depots — Absolutely Fireproof

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Corner Sixth and Hoyt Sts., Portland, Ore.
LOU HIMES, Manager.
RATES:—75c to $2. SPECIAL—Week or Month

HIDES, PELTS, CASCARA BARK, WOOL AND MOHAIR.

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THE H. F. NORTON CO. Portland, Ore.; Seattle, Wn.

SHIP Veal, Pork, Beef, Poultry, Butter, Eggs and Farm Produce.
to the Old Reliable Everding house with a record of 45 years of Square Dealings, and be assured of TOP MARKET PRICES.
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for THANKSGIVING and CHRISTMAS trade. Write for prices. Ship us your Veal, Hogs, Poultry, Eggs, Hides and Cascara bark. Top prices and fair treatment.
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ABSORBINE TRADE MARK REG. U.S. PAT. OFF.
will reduce inflamed, swollen Joints, Sprains, Bruises, Soft Bunches; Heals Boils, Poll Evil, Quittor, Fistula and infected sores quickly as it is a positive antiseptic and germicide. Pleasant to use; does not blister or remove the hair, and you can work the horse. $2.00 per bottle, delivered.
Book 7 M free.
ABSORBINE, JR., the antiseptic liniment for mankind, reduces Painful, Swollen Veins, Wens, Strains, Bruises; stops pain and inflammation. Price $1.00 per bottle at dealers or delivered. Will tell you more if you write. Liberal Trial Bottle for 10c in stamps.
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MURINE FOR YOUR EYES — Granulated Eyelids, Sore Eyes, Eyes Inflamed by *Sun, Dust* and *Wind* quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes. No Smarting, Just Eye Comfort
Murine Eye Remedy At Your Druggist's or by mail, 60c per bottle. Murine Eye Salve, in Tubes 25c. *Eye Book of the Eye*—Free. Ask Murine Eye Remedy Co., Chicago.

Young men and women with business training find positions everywhere. Go to Northwest's largest Business College. BEHNKE-WALKER, Portland, Ore. All courses. Positions guaranteed. Write for free illustrated catalog.

The Difference.

"I don't see so much difference between the way Gladys dresses for the street and the way she dresses to go swimming," remarked Mr. Cumrox. "But there is a great difference," replied his wife. "The bathing suit has to be made of material that won't shrink or fade."—Washington Star.

Fiction.

"Has Crimson Gulch quit drinking?"
"Yes," replied Broncho Bob.
"And playing faro bank?"
"Quit entirely."
"What do you do for amusement?"
"Go to moving pictures and laugh at the reckless way they think us Wild West fellers behave."

The Part That Counts.

Before boasting that he has grown potato vines nine feet long, the amateur farmer should dig a little underneath them.—Boston Globe.

The Silver Lining.

"Brown is certainly an optimist. He sees the bright side even of the high cost of things."
"Where is it, for goodness' sake?"
"He says it doesn't allow him to get enough money ahead to invest in worthless stocks."—Boston Transcript.

The Reason.

Teacher—Many of the presidents were lawyers, but George Washington was a farmer. How was that?
Pupil—I suppose it was because he couldn't tell a lie.—Baltimore Amer.

"If Germany is defeated, the kaiser will be deprived of one human excuse."
"What is that"
"He can't say it was all his wife's fault."—Exchange.

BUY DIRECT

Do Your Own Plumbing

By buying direct from us at wholesale prices and save the plumber's profits. Write us today your needs. We will give you our rock-bottom "direct-to-you" prices, f. o. b. rail or boat. We actually save you from 10 to 35 per cent. All goods guaranteed.
Northwest headquarters for Leader Water Systems and Fuller & Johnson Engines.
STARK-DAVIS CO.
212 Third Street. Portland, Oregon

WHAT'S YOUR INCOME? MARRIED OR SINGLE? HERE'S WHAT YOU PAY.

Washington, D. C.—The new income taxes assessed in the war revenue bill, joined with the existing income taxes, are shown by a treasury expert to apply as follows:

Annual Income	Married Man's Tax	Single Man's Tax
$ 1,000	$	$ ....
2,000	....	20
3,000	20	40
4,000	40	80
5,000	80	120
6,000	130	170
7,000	180	220
8,000	235	275
9,000	295	335
10,000	355	395
11,000	425	465
12,000	495	535
13,000	570	610
14,000	650	690
15,000	730	770
16,000	830	870
17,000	930	970
18,000	1,030	1,070
19,000	1,130	1,170
20,000	1,230	1,270
21,000	1,340	1,400
22,000	1,490	1,530
23,000	1,620	1,660
24,000	1,750	1,790
25,000	1,880	1,920
26,000	2,010	2,050
27,000	2,140	2,180
28,000	2,270	2,310
29,000	2,400	2,440
30,000	2,530	2,570
31,000	2,660	2,700
32,000	2,790	2,830
33,000	2,920	2,960
34,000	3,050	3,090
35,000	3,180	3,220
36,000	3,310	3,350
37,000	3,440	3,480
39,000	3,700	3,740
40,000	3,830	3,870
41,000	3,990	4,030
42,000	4,150	4,190
43,000	4,310	4,350
44,000	4,470	4,510
45,000	4,630	4,670
46,000	4,790	4,830
47,000	4,950	4,990
48,000	5,110	5,150
49,000	5,270	5,310
50,000	5,430	5,478
75,000	10,180	10,220
100,000	16,420	16,470
150,000	31,930	31,970
250,000	69,930	69,970
500,000	192,930	192,970
1,000,000	475,430	475,470
10,000,000	6,490,430	6,490,470

Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.

Pershing Made General.

Washington, D. C.—With the $10,000 maximum insurance plan restored as urged by the administration and with an additional provision raising Major General Pershing, commanding the American forces in France, and Major General Bliss, chief of staff, to the rank of General, the soldiers' and sailors' insurance bill, carrying an appropriation of $176,000,000, was passed Friday night by the senate by a vote of 71 to 0.

State of Suspense.

"I wonder whether daughter loves that young man or not? She's got us all guessing."
"Seems to be even keeping him in the dark," suggested dad, who had noticed that the gas in the parlor was turned very low.—Ex.

Proof Positive.

"He runs mad after every fad he takes up. Now, he is always dosing himself with some infusion of bark."
"No wonder his health is going to the dogs."—Baltimore American.

His Advantage.

"I have a cousin who does not need to care how bad business is."
"He's lucky. What does he do?"
"He's a chirododist, so he can always manage to get a foothold."—Baltimore American.

Recalled the Circumstance.

She — Tom, do you remember the night you asked papa for my hand — how fortunate you were?
He—Perfectly—he asked me to lend him $10 and I didn't have it.—Boston Transcript.

WOMEN ON BATTLEFIELD

We hear much these days of what the women are doing on the battle-line. How few American women are strong enough to go to the front and endure the hardships of the men!

Help is offered, and is freely given to every nervous, delicate woman, by Dr. Pierce's Favorite Prescription. Remember ingredients on label. In tablet or liquid form. No alcohol.

In "female complaint," irregularity, or weakness, and in every exhausted condition of the female system, the "Prescription" seldom fails to benefit or cure. Bearing-down pains, internal inflammation and ulceration, weak back, and kindred ailments are cured by it, ask your neighbor. It's a marvelous remedy for nervous and general debility, insomnia, or inability to sleep.

Write Dr. Pierce, President of the Invalids' Hotel, Buffalo, N. Y., for confidential advice and you will receive the medical attention of a specialist, wholly without fee—no charge whatever.

Send 10c for trial pkg. "Favorite Prescription Tablets."

WILL FEED PRISONERS

Red Cross to Care for Uncle Sam's Men in Germany.

Speedy Relief Made Necessary by Fact That Rations Given Captives by Teutons Are Inadequate.

The American Red Cross has perfected plans for Americans who may be captured and held in German prison camps. A prisoner's relief committee has been organized at Berne, Switzerland, under the supervision of Ellis L. Dresel of the American legation. Mr. Dresel served from the outbreak of the war in 1914 up to our recall of Mr. Gerard as an attache of the American embassy at Berlin, where his duties included relief work for men of the entente nationalities in German prison camps.

There are now comparatively few American prisoners in Germany. Most of these are civilians taken off American merchantmen that have been sunk by submarines. More recent arrivals in the prison camps had served as gun crews on merchant ships.

Speedy provision for their relief and for those who may be taken prisoners is necessitated by the German policy of giving prisoners food totally inadequate to keep them in good health.

A recent cable from Paris tells of a French soldier just back from a German prison camp and in the last stage of tuberculosis. This soldier was one of a battalion of a thousand young and healthy men captured in a body, early in the war. More than 50 per cent of the number are now dead, or have been returned to France, via Switzerland, as incurables.

Malnutrition, no less than unsanitary conditions, produces these results. British, Canadian, and Australian prisoners of war in Germany now depend exclusively upon food shipped to them from London and generally give the prison camp rations to prisoners of other countries, who are, as a rule, less well provided. Bread is already being dispatched from Berne to the Americans in Germany, and arrangements have also been made for transmitting letters and money from their families and friends in this country.

Thus far bread only has been supplied by the Berne committee of the American Red Cross. Assorted food parcels and clothing will also be forwarded. In the meantime the Central Prisoners of War committee of London is acting on behalf of American prisoners in Germany, sending them such foods as the committee regularly dispatch to British and colonial prisoners.

By arrangement with Germany these food parcels are sent to the prisoners three times a fortnight. Each of the parcels which supplement the bread, also regularly supplied, contains ten pounds of meat, butter, sugar, jam, coffee or tea, salt, rice, and dried fruit. The American Red Cross is forwarding to Berne stocks of the same foodstuffs, as well as cheese, evaporated milk, codfish, and mixed biscuit. Tinned goods cannot be sent to prisoners, for Germany has made over the tin containers as hand grenades.

WILL AID DIRECT MARKETING

Uncle Sam's Field Agents Will Endeavor to Foster Dealings Between Producer and Consumer.

Renewed efforts through a staff of field agents to bring about an increase in direct marketing by use of the parcel post, express, and similar agencies will be made by the bureau of Markets of the United States department of agriculture with funds made available in the recently enacted food production law. Agents will be placed in several large cities throughout the country to awaken interest in direct marketing among customers. At the same time the agents will work through the postmasters of small towns in their territory to interest producers in furnishing supplies.

This will be the first intensive field work in behalf of parcel post marketing that the bureau of markets has been in a position to carry on. It is expected to result in the formation of carefully selected lists of producers who may be depended on to supply various products directly to consumers.

Crops Worth Millions Are Saved From the Squirrels

More than $1,000,000 worth of crops were saved from ground squirrels in North Dakota this year as a result of a campaign conducted by the department of agriculture in co-operation with state authorities.

Similar savings may be effected elsewhere in the vast area infested by these animals," according to a department statement.

The squirrels on 7,000,000 acres in North Dakota were killed by means of poison at a cost of about five cents an acre. Nearly 20,000 farmers assisted in the work.

Similar work has been started in Montana, Idaho and Oregon and interest is being developed in Nevada and California in organizing like campaigns of extermination.

Not Called "Dead Sea" in Bible.

The name of "Dead sea" occurs nowhere in the Bible. This name does not appear to have existed until the second century after Christ. In the Old Testament this body of water is called the Salt sea and the Sea of the Plain.

Market for Boots.

A firm in British East Africa is in the market for leather and canvas boots and shoes of all kinds for men and women, about $5,000 worth of which can be used annually.

HEALTHY CHICKS GROW FAST

Keep Coops and Houses Clean and Sanitary to Prevent Disease—Get Rid of Vermin.

Every effort must be made to keep the coops and houses of little chicks clean and sanitary. Disease most frequently starts in unclean, poorly ventilated houses. Clean the house at least once a week. Sand or litter of some kind scattered over the floor of the house will assist in keeping it clean. When chicks are confined to a limited range, it is well to spade up the ground at frequent intervals, so as to provide fresh ground for them to scratch in. If lice are found, every effort must be made to get rid of them, by applying a small portion of a mixture of equal parts of vaseline and lard to the top of the head and around the vent. Sickly chicks can't grow fast enough to make money; healthy chicks can and will. Keep 'em well!

LIGHT HORSESHOE IS IDEAL

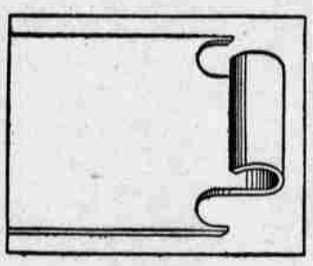
Keeps Foot Level and Takes Greater Pressure From Toe—Owner Thus Lessens Grain Bill.

The ideal horseshoe is one which is light, consistent with a month's wear. This will keep the foot level instead—as is the case with a heavy shoe and heels—of putting the greater pressure on the toe. Very careful examination and calculation has proved that if a four-pound shoe is used—as is sometimes the case on heavy horses—a horse, in an ordinary day's work lifts 52 tons on each foot, or 208 tons in all more than is necessary. This, of course, involves a needless expenditure of muscular energy, and more feed is needed to keep the animal in proper condition. With a lighter shoe the owner would not only relieve the horse, but lessen his grain bill.

WIRE SPLICER EASILY MADE

Neat and Strong Device Can Be Made With Little Instrument Shown in Illustration.

The neatest and strongest wire splicer can be made with this little instrument, says a Minnesota writer in The Farmer. Take a strip of iron one inch wide and one-eighth inch thick. Cut one end narrow and bend into a hook large enough to fit neatly



A Wire Splicer.

the largest wire to be spliced. At the sides of the hook two notches are filed. Turn splicer backward to make the splice. Use a pair of large pincers to hold the wires.

GIVE TURKEYS BEST OF CARE

Provide Place Where Fowls Can Roost by Themselves and Don't Overfeed—Keep Off Lice.

Don't overfeed the turkeys, and always have a place where they can roost by themselves. If kept with chickens, they soon become lousy. It does not take many lice to kill a young turkey. The best way to keep poults from getting lousy is to keep the old ones free from lice and then hatch the eggs under the turkey hens. When hatched under chicken hens they are almost sure to have the large body lice. They acquire these in spite of all efforts to prevent.

BEES HELPFUL TO ORCHARDS

Honey Gatherers Cannot Perforate Skin of Fruit—Damage Is Done by Some Other Agent.

The idea that bees do harm in an orchard has been disproved in an investigation made at Florence, Italy. The bees cannot perforate the skin of the fruit, and the damage is due to hornets, wild birds, wind or hail. By sucking injured fruit the bees really prevent fermentation and the spreading of rot. They also render service in the cross pollination of flowers and the resulting setting of fruit, orchards and vineyards frequentel by them bear most regularly.

VALUABLE AS A FERTILIZER

Where Leached by Rains or Otherwise Value Is Practically Nothing—Hardwood Best.

Ashes from soft woods only are of little value as compared with hardwood ashes and doubtless are of less value than ashes from trash piles or garden accumulations of weeds, etc. When soft ashes have been leached by rains or otherwise their market value is practically nothing.

BLANCHING ENDIVE IS EASY

When Leaves Are Dry Bring Up and Tie Together—Untie After Rain to Let Them Dry.

(By LE ROY CADY, Associate Horticulturist, University Farm, St. Paul.)

Endive may be blanched by bringing the leaves up together and tying. This must be done when the leaves are dry. It is a good plan to untie the leaves after every rain and let them dry out, otherwise they may decay.

Use for Coal Ashes.

Coal ashes are used largely for the physical effect of breaking up a compact, heavy soil. Such ashes do not take the place of fertilizer.

Cut at Right Time.

Do not cut the grass a day too early or a day too late. Send in the mower just when the blooms show like a mist over the field.

ADVANTAGES IN MULES

Have Faculty of Adapting Themselves to Any Condition.

Superiority They Hold Over Horses in Many Ways Compensate for Objectionable Length of Ear and Kicking Habit.

Those who are accustomed to handling mules and who know of their remarkable faculty for adapting themselves to almost any condition, realize their value and do not hesitate to pay well for good animals.

The advantages they possess over horses in many ways compensate for the somewhat objectionable length of ear and exaggerated reputation for kicking. They are ready to work when two years old and on account of their toughness and steadiness of

Hardy Farm Type.

nerve may be kept at it twice as long as horses are fit for service. Mules can be raised more cheaply than any other stock, and, unlike horses, will never founder themselves if by chance they should have access to more feed than is good for them. They can be put into the market much sooner than horses, and if properly handled, when two years old, will do as much work and stand it better, than four-year-old colts. Mules are less liable to contract diseases than horses, and their value is not decreased by blemishes as is that of horses. Mules seldom run away, but when they do they seem to run more from sport than fright and generally wind up safely. They instinctively avoid holes, obstacles or dangerous places. They can stand heat, abuse or hardship better than horses and can always be relied upon. They are sensitive as well as sensible animals, responding quickly to kind treatment by docility and gentleness.

The great profit in mule raising lies largely in their growth. Mules grow so quickly that they are marketable when three years old, while horse colts cannot advantageously be sold under five years. In this way the cost of feeding and the trouble and risk of raising are decreased.

Buyers will always handle good mules, as the demand for them is steady. Where large numbers of mules are raised there are always plenty of mule buyers in that section of the country. Buyers do not go where there are no mules to sell. In time of war mules are always in great demand and bring good prices owing to their powers of endurance.

Comparing cattle with mules, one steer will eat as much as two mules. As compared with swine, if the same amount of feed that is fed to a bunch of hogs is fed to mules it will not take long to find which makes the most money, aside from the fact that there is no risk from cholera.

ONIONS PLANTED IN AUTUMN

Multiplier Can Be Grown From Sets and Will Produce Excellent Early Vegetables.

There are several kinds of onions that may remain in the soil over winter. The multiplier, or potato onion, for example, can be planted from sets in the autumn and will produce excellent green early onions. A large onion of this type contains a number of distinct hearts, and if planted will produce a number of small onions. On the other hand, a small onion contains but one heart and will produce a large onion. A few of the large ones may be planted to produce sets for the following year's planting.

KEEP CHOLERA OUT OF HERD

First Thing to Do Is to Keep Hogs Clean—Keep Them Out of Wallow Holes and Dirty Places.

If you want to keep cholera out of your herd the first thing to do is to keep the hogs clean. Keep them out of wallow holes or filthy places and see that they have clean beds. Do not let the sows that are going to farrow run with the rest of the hogs. Keep lime water where the hogs can get a drink of it once a day but they should not be made to quench their thirst on this. Give a tablespoonful of oil cake for each once a day in slop or soft feed.

CULLING AS CHICKENS GROW

Special Tag Band Should Be Put on Particularly Promising Specimen—Note Its Development.

It is a good plan to cull the flock as the chickens grow. When a particularly promising specimen is noted, that is full of life and vigor and growing all the time, a special leg band may be put upon it and note taken of its development. Successful poultrymen know their best breeders from chickenhood to maturity.

$100.00 INVESTED

Pat. Applied For.

in our NEW ANIMATED ADVERTISING SIGNS, puts you into a money-making business that can be run in your spare time. Frame holds 10 different cards. Get merchants' ads. at $3 to $5 per week each, and clear $25 to $50 per week. Write QUICK—NOW—for full details to,
PARK ANIMATED SIGN CO.,
194 Third Street, Portland, Oregon

VALUE OF OUTDOOR LIFE

Only Those Familiar With Freedom of Woods and Fields Enjoy Complete Happiness.

Too many people are merely on speaking terms with nature. Too many are unfamiliar with the wonderful advantage of outdoor. Too many cherish heated comforts. They forget that their ancestors did not know what a steam-heated house meant. It is time to broaden our views and to get closer in touch with the great health-giving life of the open air.

There died not long ago a naturalist, John Muir, who had lived the better part of his life with nature. He loved the mountains and the natural life of all outdoors. His existence was a happy one. He died amid the surroundings of peace, happily, with a contented heart.

It is only those who know the freedom of the woods and the health-giving tonic of the open air who really enjoy complete happiness.

It is related that a sickly mother, not a great many months ago, carried a sickly baby to Doctor Evans, who looked the boy over and smilingly advised the worried parent to turn her boy loose in the parks, "let him live in the open air," he advised, "it is the only medicine that will do him any good."

This same advice can be applied today to thousands of cases. On inclement days it is unwise to expose oneself. But when the sun shines and the air is keen and crisp, is filled with the germs of life, one is extremely foolish not to take advantage of it.

If parents would only see that their youngsters are warmly clothed, that their shoes are sound and that their little legs are well protected, and then turn them out of doors and tell them to stay there, they would find their doctors' bills growing less and the health of their children growing better. They will also see a glow of rosy health in the young cheeks which is a certain indication of expanding youth, of glowing blood, of the creation of good health.—Memphis Commercial Appeal.

Equal Division.

It's a good thing for man and wife to have tastes in common.

True to some extent. But you can divide the newspaper more amicably when she's satisfied with the society news and doesn't want to take the sporting section away from you.—Louisville Courier-Journal.

A Great Little Noticer.

"We notice," notices the Wellington News, "that very few automobile accidents happen to people on their way to church."—Boston Transcript.

These Girls.

"I wonder who is ringing the doorbell. Is it some chump who merely wants to hang around the parlor, or is it a nice chappie who wants to take me for a ride in his automobile?"

"Take a sniff at the keyhole, girlie, and see if you can smell gasoline."—Louisville Courier-Journal.

Appropriate Trial.

"What has become of the play you wrote about the races?"

"They've put it on for a run."—Baltimore American.

Hurrah! How's This

Cincinnati authority says corns dry up and lift out with fingers.

Ouch! ?!?!! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called freezone when applied to a tender, aching corn or hardened callous stops soreness at once, and soon the corn or callous dries up and lifts right off without pain.

He says freezone dries immediately and never inflames or even irritates the surrounding skin. A small bottle of freezone will cost very little at any drug store, but will positively remove every hard or soft corn or callous from one's feet. Millions of American women will welcome this announcement since the inauguration of the high heels. If your druggist doesn't have freezone tell him to order a small bottle for you.

To Remove the Mote.

When traveling one should always bear in mind that cinders are apt to find their way into the eyes. An eye cup, a lotion for bathing and a few flaxseed should be included in your package. A boracic acid solution will be found soothing for eyes that are inflamed from dust, wind or foreign matter.

Couldn't Corner Him.

An Irishman, passing a ship where a notice was displayed saying that everything was sold by the yard, thought he would play a joke on the shop man, so he entered the shop and asked for a yard of milk. The shopman, not in the least taken aback, dipped his fingers in a bowl of milk and drew a line a yeard long on the counter. Pat, not wishing to be caught in his own trap, asked the price.

"Sixpence," said the shopman.

"All right, sorr," said Pat. "Roll it up; I'll take it."—Exchange.

A New Word in the Dictionary.

Hoove, v. I. Intrans. To save food or control it.

II. Trans. To take any action contributing to food control or saving, or resulting from it.

Tom had hooved his belt three holes.—Baseball report.

Why did our cook leave? The missus hooved her.—Domestic Dialogs.

Even before the food bill passed, the management of the Chicago wheat pit had hooved the speculatosr.—Newspaper.

FOR PIMPLY FACES

Cuticura is Best—Samples Free by Mail to Anyone Anywhere.

An easy, speedy way to remove pimples and blackheads. Smear the affected surfaces with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water, bathing some minutes. Repeat night and morning. No better toilet preparations exist.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

A Medicine for Women

For Forty Years Lydia E. Pinkham's Vegetable Compound has Relieved the Sufferings of Women.

It hardly seems possible that there is a woman in this country who continues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, proving beyond contradiction that this grand old medicine has relieved more suffering among women than any other medicine in the world.

Mrs. Kieso Cured After Seven Month's Illness.

Aurora, Ill.—"For seven long months I suffered from a female trouble, with severe pains in my back and sides until I became so weak I could hardly walk from chair to chair, and got so nervous I would jump at the slightest noise. I was entirely unfit to do my house work, I was giving up hope of ever being well, when my sister asked me to try Lydia E. Pinkham's Vegetable Compound. I took six bottles and today I am a healthy woman able to do my own housework. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound, and find out for herself how good it is."—Mrs. Karl A. Kieso, 596 North Ave., Aurora, Ill.

Could Hardly Get Off Her Bed.

Cincinnati, Ohio.—"I want you to know the good Lydia E. Pinkham's Vegetable Compound has done for me. I was in such bad health from female troubles that I could hardly get off my bed. I had been doctoring for a long time and my mother said, 'I want you to try Lydia E. Pinkham's Vegetable Compound.' So I did, and it has certainly made me a well woman. I am able to do my house work and am so happy as I never expected to go around the way I do again, and I want others to know what Lydia E. Pinkham's Vegetable Compound has done for me."—Mrs. Josie Copner, 1668 Harrison Ave., Fairmount, Cincinnati, Ohio.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.