Cultivate It Earnestly, but De Not Carry It to Excess.

Thrift is a composite quality. It emgreat virtues it involves industry, rudence, forethought, self denial. It certainly has no relation to nig-

ne men would let their grand-

starve for the sake of a few follars. Such action cannot be called thrifty. A virtue carried to excess comes a vice and is no longer a virtue. Thrift that does not take into part-nership honesty of character develops

nto covetousness and avarice. Thrift is the opposite of thriftless-ess, prodigality, improvidence and

Thrift means better homes and bet ter food, more comfort and enjoyment. waste and less anxiety.

It is possible that a large proportion people have earnings so small that saving seems impossible. But this is no reason for their being unthrifty. On the contrary, it is reason for making the best and the most of the little they have for their health, comfort and true

A few dollars in a home or a savings bank, or any safe invesment, is as good

seed as ever was sown.
Out of it grow confidence, quickened energies, firmer courage, more stalwart thought and hope, more orderly citizenship, education for the children and the independence and self respect that lift aimless, hopeless drudges up to the true manhood that aspires and achieves. -Christian Herald.

QUEER WEDDING CUSTOMS.

In India the Native Guesta Literally

Paint the Town Red. They have some curious wedding customs in India. At a native wedding in Bombay the wedding guests literally "paint the town red" by throwing on one another a kind of red powder until they are crimson from hend to foot. Their disordered white draperies, the stains and spinshes on their faces and hair give them the ap pearance of victims of a massacre. In India halls which may be secured for a small rental are provided for these ceremonles. But weddings are also celebrated in the Hindu temples, with priests in attendance. In a Hindu a bride of twelve must seat herself on a stone and be drenched with water by her bridesmaids. Behind her, her mother is subjected to a similar deluge, and at a short distance behind the bride's mother the grandmother undergoes the same treatment. while in front of the dripping trio two priests sit beside a briskly burning wood fire mumbling the prescribed words for the ceremony. One casts a few grains of rice into the fire and the other, with a ladle, throws into it a few

During these performances the bridecroom, seated in a carriage outside the temple, receives the congratulations of his ffiends. In the far east the bridegroom would seem to be the member of the party most to be vied.—People's Home Journal.

A prominent merchant in Osaka, Jaan, sent the following to an English

Mesars.-We have much pleasure to requesting your latest catalogue of your products, price list and discount sheets. If it turns satisfactory we shall consider the question of the large orders. Now, our aim, doing in this case is our first attempt to prepare our-selves to purchase of the products directory from makers instead of the broker of each side. We must beg your kind co-operation on this new movements. We are of opinion as well as our customers here that will proba-bly obliged us to follow this new principle. Trusting that the result will be encouraging the further business, and

Strictly Ornamental,

Man's only nonutilitariau garment is the necktle. It's as uscless as a monocle. Yet we wear 'em. We'd feel awfully awkward walking down the street without one. Once upon a time the necktie was used to fasten the collar on, But now it doesn't do that. Man's necktie is the Indian's engle feather, the cannibal's neckines of teeth, the mid-African's ivory carrings. It's his pride, on which he bestows much thought, great care. We wonder what would happen to the vanity of the human race, masculine half, in case of a necktie famine.-Toledo News-Bee.

Effect of Discipline. "Just see how the chickens mind the

her son. "Watch them run to her when she calls them." "I suppose she sat on them when they were little," remarked the infant

phenomenon reflectively.

Clever Child. "You can't est your cake and have

"Well, ma, if I want cake to look at there's plenty in the baker's window. -Pittsburgh Post.

Look Ahead.

Henry Ward Beecher said, "Don't be like a grasshopper, which jumps first and afterward looks round for a place to land."

They'll Help Some There. Save the old tin cans. You'll be put-ting them to good use if you only can the grouch in them.-Atlanta Constitu

One of the chief secrets of happiness is never to allow your energies to stagnate.

Beyond Repair.

What happened to you down the "I ruined a tire on a nonrefillable

"One of those bottles with a patent stopper's "No; just the ordinary kind, broken into about fifty pieces."—Birmingham Age-Heraki.

A Long Reach.

baby's reach."
"Well, he yelled for it." explained dad. "What his arms won't reach his punus will."-Louisville Courier-Journal. RUNNING AND BREATHING.

Why the Exertion Makes the Lungs

Gasp For More Air. is hard to breathe after running awhile, because your body requires more blood in circulation. The efforts of your heart, brain and lungs make breathing difficult. We breathe to take into the lungs, where the blo which has once been through the ar-teries and comes back on its return trip to the heart is exposed to the nir in the lungs before going back into the heart. The air which we take into our lungs purities the once used blood and makes it into good blood again.

When you run the heart pumps blood into your arteries faster to enable you to run, we are told by the Book of Wonders. Thus also the arteries send much more blood back to the heart through the veins, and this must be purified by the lungs before going back into the heart. To attend to purifying this extra amount of spoiled blood the lungs need more air, and thus you are made to breathe in more air for the purpose.

Unless you are in good training-your wind in good condition, as we say—it is almost impossible for you to supply the lungs with enough air for purpose, but whether you can do it or not the lungs call upon you for re air and cause you to try to get it, and that is what makes you get out of

SINGING IN ENGLISH.

Difficulty of Sounding Cartain Words on High Notes.

English as is commonly sung has become so hard to understand that musical authorities are earnestly seeking a remedy. And the composer is principally to blame, says Francis Toye, writing in the London Nation.

"That there are difficulties in sing-ing certain English syllables on cernotes may be admitted," says Mr. "English, unlike German and Italian, is not predominantly a language of broad vowel sounds. It is awkward, for instance, to sing 'ax' or 'her' or 'sun' with a loud, sustained tone on a high note. But if compos ers knew their business they would not, save in any exceptional circum stances, ask the singer to do anything

"Half the imaginary difficulties of singing English arise from the incompetence of many composers in setting it to music. They seem neither to think in terms of singing nor to study the natural rhythm of the language When they do the 'problems' of sing-ing in English vanish like the mist be-

Pugnacious Earwigs.

Earwigs are quarrelsome creatures and are always ready to use their nippered tails against each other on the slightest provocation. When the light of a lamp falls upon them congregated at the sugar some are more scared than the others and scuttle away when each earwig which they nearly back its tail and nip in the air with fury. Sometimes the blow falls upor a neighbor, which instantly retaliates. and half a dozen furious nips are rapidly interchanged. But fighting weight quickly settles the quarrel, the smaller earwig scuttling off and the larger pursuing him for several luches, running backward and reaching savagely to right and left with his nippers. Yet these same earwigs, so vindictive at meals, will be crammed, all sizes together, into any hole or crack by day. London Globe.

A Real Experience. "Yes," said a traveling man, "I was once out of sight of land on the Atlan-

tle ocean twenty-one days." Another man spoke up: "On the Pacific ocean one time I didn't see land for twenty-nine days.

A bald man knocked the ashes from his eight and contributed his bit: "I started across the Kaw river at Tokepa in a skiff once," he said, "and was out of sight of land before I

renched the other side."
"What!" demanded the man who had spun the first yarn. "The Kaw is not more than 300 feet wide at To-

"Oulte true," said the bald man quietly. "The skiff turned over, and I. sank twice."-New York Times.

Women and the Styles.
"This article says." remarked Mrs. McWinkle, "that osteopathy has been the cause of the dissemination of a wider knowledge of human anatomy than ever existed before the development of that branch of sci-

"I am aware," replied Mr. McWinkle, who is an observant man, "that knowledge of human anatomy, particularly of female natomy, is much more general than it was a few decades ago, but I had supposed that the modistes and not the osteopathists were responsible."—Dallas News.

Object Unobjected To.

Doctor-You are now convalencent, and all you need is exercise. You should walk ten or twenty miles a day, sir, but your walking should have an object. Putlent-All right, doctor; I'll travel around trying to borrow enough to pay your bill.

It All Depends.

"Dad, what's a man who runs an auto called?" "It depends on whether he is being called by his employer or by the man te has just missed."-Puck.

Some Nerve.

Bess-Nerve? Why, say, I've seen him joke with a waiter that he hadn't tipped!-Town Topics.

Yakima Valley **Peaches**

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Donald, Wash. P.O. Wapato, R F D 2 Wash. Dr. E. W. Croup - Dr. C. H. Lash

School Notes.

by Supt. J. O. Russell to the student body in the school auditorium. He spoke with reference to demands for petter educated young men and women and emphasized the chances to get such an education in the Athena High school which should be culminated by course in a State University or College. After explanations were given, the work of registration was taken up. Although all books were not available, classes in all subjects are now under

routine work. A meeting of the Literary Society of the Athena High School is being held in the auditorium this afternoon. Election of officers and appointment of committees will be the chief business to be done. The classes in Physical Education will begin next week. The boys classes will meet on Tuesday and Friday afternoon's under the di-rection of Mr. Shaffner. The girls classes will meet Monday and Thurs-day afternoons for regular work under the direction of Miss Grant.

The enrollment for the entire school s 157 of which 35 are registered for High school studies.

The Athena school has the present enrollment of 122 pupils in the gram-mar grades. The present attendance of the different rooms are: Mr. Gribble's room, 24; Miss Wolff's room, 35; Miss Lawson's room 29, and Miss Sherman's room 84.

Many of the primary children were accompanied by their parents the first morning of school. Among the vis-itors during the week to Miss Sheran's room were: Mrs. Samual Soden, Mrs. Will Kirk, Mrs. George Myrick, Mrs. Hansell, Mrs. Shackleford, Oliver Dickenson and Mrs. Schaffer. The teachers always enjoy meeting parents of children in their depart-

The girls of the 5th 6th 7th and 8th grades will have an opportunity to use the gymnasium twice a week under the care of Miss Wolff. The boys of these grades will likewise have the same privilege under direction of Mr. Gribble. On other than gymnasium days the boys will have special in-struction in industrial education with Mr. Gribble and Mr. Shaffner, while the girls of the upper four grades will learn domestic art under Miss Wolff. The first two physical education lessons for the upper grade boys was to clear off weeds from the school lawn. The youngsters are eager students in this

The Churches.

Free Methodist Services

Rev. F. E. Pond, district elder, will conduct quarterly meeting services over Sunday in the Opera House. Preaching tonight, Saturday and Sun-day nights at 8:00 o'clock, preceded by song and praise service beginning at 7:30. Preaching Sunday morning at 11:00 followed by the sacrament of the Lord's supper. A welcome to all. Geo. T. Klein.

Methodist Episcopal Church. Sunday preaching services 11:00 a. n. and 7:30 p. m. Morning topic: 'Shall We Look for One Greater than Christ." Evening Topic: "Our Church Doctrines on Original or Birth Sin. The Sunday school will meet at 10 a.m. Watch for further announcements of the special Rally Day and Home Coming services early in October. You will find a warm welcome in this

Walter S. Gleiser. The Christia 1 Church.

The Christian church will begin its fall campaign Sunday. The Bible school will begin promptly with Mrs. W. R. Scott and the junior choir, at 10 a. m. Preparation for Rally Day, October 7th, will begin at this hour. The Pastor will preach in the morning on, "The People We Meet," and in the evening on "The Glorious Gospel. The Christian church chorus will ren der appropriate music at both services. You are specially invited and welcome

D. Errett, Pastor. Peoples Theat re. Saturday Sept. 15th.

A two reel Keystone Comedy, a three reel drama, Reel Life No. 19. Six reels.

Sunday Sept. 16th.

Mutual Film Corporation presents
Marjorie Rambeau in "The Greater
Woman" also a Cub comedy. Six reels.

Monday Sept. 17th. Universal, Current Events No. 4 and 'wo reel L Ko Comedy, also a three reel drams. Six reels.

Wednesday Sept. 19th. The Great Vitagraph presents "The Combat," also a big V Comedy. Six

Thursday Sept. 20.
Mutual Master Pictures, five reel features and a one reel comedy. Six

Land for Sale.

530 acres, one and one half miles from Condon, 480 in crop, receive one half delivered at the Elevator, all fenced and crossed fenced, well improved as to buildings, new barn 50 by 54 ready to construct and good water supply. Price \$31,000, \$12,000 cash, balance reasonable terms. If interested in wheat, stock or mixed ranches in Oregon, Washington, California or Montana, let us hear from you. Condon Realty Co., Condon, Ore., Box 24.

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CROUP & LASH Dentists In Athena Monday' Tuesday, Wednes-day, other days of week in Walla Walla 2nd and Main over Third National Bank How's This?

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Notice to Creditors. In the County Court of the State of Oregon, for Umatilla County. In the Matter of the Estate of Daniel

A. May, Deceased. NOTICE is hereby given to all persons whom it may concern that Ida L.
May has been appointed administratrix of the estate of Daniel A. May, deceased. All persons having claims against his estate are bereby required to present them with proper vouchers in compliance with the requirements of the law to the said administratrix at the law office of Will M. Peterson n the Smith Crawford Building at Pendleton, Oregon, within six months of the date of the first publication of

this notice. Dated this hist day of August A. D. 1917. Ida L. May. Administratrix. Will M. Peterson, Attorney for Administratrix.

Notice to Creditors. In the County Court of Umatilla

County, State of Oregon.

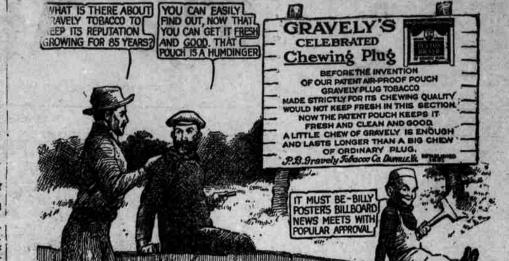
In the Matter of the Estate of Henry Pinkerton, deceased. Notice is hereby given that the undersigned has been appointed by the above court, executrix of the above entitled estate, and has qualified as by law required. All persons having claims against the above named estate are hereby notified to present the same to me, with proper vouchers, at the office of my Attorney, Homer I. Watts at his office in Athena, Oregon, within six months from the date thereof.
Dated this *1st day of August, 1917.
E. J. Pinkerton,

Executria of the estate of Henry Pinkerton, deceased.

Notice Of Final Report. In the County Court of the State of Oregon for Umatilla County. In the Matter of the Estate of Maurice

M. Johns, Deceased. Notice is hereby given that the undersigned has filed his final report in the above entitled esstate with the clerk of the above entitled court, and that the judge of said court has designated Monday, the 1st day of October, 1917, at 10 o'clock in the forenoon as the time and the office of the County Judge in the County Court House at Pendleton, Umatilla County, Oregon, as the place when and where hearing shall be had thereon. All persons in terested are notified to then and there appear and show cause, if any they have, why the report should not be approved, the administrator with will annexed discnarged, and his bondsmen exonerated. Dated this 22 day of

August, 1917. M. Melville Johns, Administrator with Will Annexed.





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