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WHEN IN SEATTLE TRY THE FRYE

SEATTLE'S LARGEST HOTEL

Only three blocks from Depots and Docks. Opposite City Hall Park and Court House. THE FINEST DOLLAR ROOM IN AMERICA. With detached bath, 1 person, \$1.00 \$1.50. 2 persons, \$2.00 \$2.50. 3 persons, \$2.50 \$3.00. 4 persons, \$3.00 \$3.50. With private bath, 1 person, \$2.00 \$2.50. 2 persons, \$2.50 \$3.00. 3 persons, \$3.00 \$3.50. 4 persons, \$3.50 \$4.00. "When in Seattle Try the Frye"

MULTNOMAH HOTEL PORTLAND OREGON LARGEST and FINEST HOTEL in the NORTHWEST. Eric V. Hansen, President.
550 Rooms \$1.00 Day-Up 75 Sample Rooms \$2 Up

SHIP Veal, Pork, Beef, Poultry, Butter, Eggs and Farm Products in the Old Reliable Everette House with a record of 45 years of Square Dealings, and be assured of TOP MARKET PRICES. F. M. CRONKHITE 45-47 Front Street Portland, Oregon

HIDES, PELTS, CASCARA BARK, WOOL AND MOHAIR. We want all you have. Write for prices and shipping tags THE H. F. NORTON CO. Portland, Ore.; Seattle, Wash.

"RUPTURE IT'S CAUSE AND CURE" Is the title of a booklet. We will mail you one free. Address Dept. C. A. LUNDBERG CO., 1107 Third Ave., Seattle.

BUY DIRECT Do Your Own Plumbing By buying direct from us at wholesale prices and save the plumber's profits. Write us today your needs. We will give you our booklet "direct-buying" prices. 1 c. h. rail or boat. We actually save you from 10 to 35 per cent. All goods guaranteed. Northwest headquarters for Leader Water Systems and Pumps & Johnson. STARK-DAVISCO, 212 Third Street. Portland, Oregon. P. N. U. NO. 12, 1917

Into The Scrap Heap. Another injustice lies in the fact that the thoughtful, industrious and conscientious man who has earned the right to a peaceful and dignified existence is the very one a lot of people think ought to be picked up and hurled into congress.—Washington Star.

The Cause. "What's the matter, little girl?" "Two boys were fightin' and I got struck with a stone." "That's it; the innocent bystander always gets hurt." "But I don't know as I was an innocent bystander. I was what they were fightin' about."—Yonkers Statesman.

Not A Success. "Bliggins affects to be a regular caveman." "Yes," replied Miss Cayenne, "but he doesn't carry out the idea. His clothes are sufficiently out of style to be annoying, without being prehistoric."—Washington Star.

The Difference. "What's the difference between a socialist and a plutocrat?" "There are many, but the leading one is that the former fights for his principle and the latter for his interest."—Baltimore American.

Nut Cake
is simply delicious when made with
KG BAKING POWDER
Pure—Healthful—Economical
The highest grade of baking powder possible to buy and your money refunded if it fails to satisfy. Ask your dealer.
Jaques Mfg. Co., Chicago

EAT LESS MEAT IF BACK HURTS

Take a glass of Salts to flush Kidneys if bladder bothers you.

Eating meat regularly eventually produces kidney trouble in some form or another, says a well-known authority, because the uric acid in meat excites the kidneys, they become overworked; get sluggish; clog up and excrete all sorts of distasteful, particularly backache and misery in the kidney region; rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleeplessness, bladder and urinary irritation.

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts cannot injure anyone; makes a delightful effervescent lithia-water drink which millions of men and women take now and then to keep the kidneys and urinary organs clean, thus avoiding serious kidney disease.

IF YOUR CHILD IS CRO-S, FEVERISH, CONSTIPATED

Look Mother! If tongue is coated, cleanse little bowels with "California Syrup of Figs."

Mothers can rest easy after giving "California Syrup of Figs," because in a few hours all the clogged-up waste, sour bile and fermenting food gently moves out of the bowels, and you have a well, playful child again.

Sick children need to be coaxed to take this harmless "fruit laxative." Millions of mothers keep it handy because they know its action on the stomach, liver and bowels is prompt and sure.

Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains directions for babies, children of all ages and for grown-ups.

Good health cannot be maintained where there is a constipated habit. Garfield Tea overcomes constipation.

Particulars. "There is much," said the philosopher, "which every man would like to have cut out of the book of his life." "Yes," said the ordinary citizen, "especially his appendix."—Exchange.

Definition From The Trenches. "What are diplomats?" "Diplomats are the people who do the quarreling while we do the fighting."—Washington Star.

Wife's Sport. "Is your wife a sportsman?" "Yes, she's very fond of flat-buffing."—Dartmouth Jack O' Lantern.

DANDRUFF AND ITCHING Disappear With Use of Cuticura Soap and Ointment—Trial Free.

The first thing in restoring dry, falling hair is to get rid of dandruff. Rub Cuticura Ointment into scalp, next morning shampoo with Cuticura Soap and hot water. Prevent skin and scalp troubles by making Cuticura your everyday toilet preparation.

Free sample each by mail with Book Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Relief. "What's your opinion about votes for women?" "It's a great proposition," replied Mr. Meekton. "It has smashed all the arguments Henrietta used to give me about the precious hour I spent talking politics!"—Washington Star.

A Mile A Minute. Wife—if I says here that the shopping center of the city is moving up town an inch an hour. Husband—Must be a mistake. From the number of Christmas purchases that came in here lately I should say the rate is a mile a minute.—Judge.

BE PRETTY! TURN GRAY HAIR DARK Try Grandmother's old Favorite Recipe of Sage Tea and Sulphur.

Glass of Hot Water Before Breakfast a Splendid Habit

Open sluices of the system each morning and wash away the poisonous, stagnant matter.

Those of us who are accustomed to feel dull and heavy when we arise; splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, lame back, can, instead, both look and feel as fresh as a daisy always by washing the poisons and toxins from the body with phosphated hot water each morning.

We should drink, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to flush from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary tract before putting more food into the stomach.

The action of limestone phosphate and hot water on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast and it is said to be but a little while until the roses begin to appear in the cheeks. A quarter pound of limestone phosphate will cost very little at the drug store, but is sufficient to make anyone who is bothered with biliousness, constipation, stomach trouble or rheumatism a real enthusiast on the subject of internal sanitation. Try it and you are assured that you will look better and feel better in every way shortly.

Busy. "How about this freedom of the seas proposition?" "I don't profess to know all about it," rejoined Mr. Regulations. "If I can keep track of all the regulations that apply to street crossings, I am doing very well."—Washington Star.

Sounds Well. The Lady—And you may say we suspect a discharged butler of the robbery. Reporter—When was he discharged? The Lady—Oh, we never really kept a butler; but I think it sounds quite well.—Judge.

Quiet Girl. Caller—That new girl of yours seems nice and quiet. Hostess—Oh, very quiet! she doesn't even disturb the dust when she's cleaning the room.—Exchange.

A Well Known Woman Speaks In Every Town in Oregon Neighbors Say the Same.

Portland, Oregon.—"I have used Dr. Pierce's Favorite Prescription for my nerves and a general breakdown and after using only three bottles I was completely cured. I also used Doctor Pierce's Golden Medical Discovery for the blood and it proved very beneficial.

"I can heartily recommend Doctor Pierce's medicine," Mrs. J. B. HAYN, 643 Deanna Ave.

The mighty restorative power of Dr. Pierce's Favorite Prescription speedily cures all womanly troubles to disappear—compels the organs to properly perform their natural functions, corrects disordered, overcomes irregularities, removes pain and misery at certain times and brings back health and strength to nervous, irritable and exhausted women.

It is a wonderful prescription, prepared only from nature's roots and herbs, with no alcohol, no stimulating and no narcotics to wreck the nerves. It banishes pain, headache, backache, low spirits, hot flashes, dragging-down sensation, worry and sleeplessness surely and without loss of time.

Why should any woman continue to worry, to lead a miserable existence, when certain help is at hand? What Doctor Pierce's Favorite Prescription has done for thousands it will do for you. It's not a secret remedy for its ingredients are printed on wrapper. Get it this very day from any medicine dealer in either liquid or tablet form.

His Job. "Are you the head of the house?" "I certainly am." "Then I have called to see you about this account; it is long overdue." "You'll have to see my husband about that. I merely handle the cash; he puts off the creditors."—Detroit Free Press.

Progress. "Willie, how are you getting along in school?" "Great. I can lick three kids who are two grades higher up than me."—Exchange.

"Why do they always use the expression of casting votes?" "Because it is a throw-down for somebody."—Baltimore American.

Need a Tonic This Spring? Are You Weak and Run-down? Is the Appetite Poor, the Liver Lazy or the Bowels Constipated? TRY HOSTETTER'S Stomach Bitters

Resinol a safe, reliable skin treatment

10 CENT "CASCARETS" FOR LIVER AND BOWELS

Cure Sick Headache, Constipation, Biliousness, Sour Stomach, Bad Breath—Candy Cathartic

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable you are from constipation, indigestion, biliousness and sluggish bowels—you always get relief with Cascarets. They immediately cleanse and regulate the stomach, remove the sour, fermenting food and foul gases; take the excess bile from the liver and carry off the constipated waste matter and poison from the intestines and bowels.

10-cent box from your druggist will keep your liver and bowels clean; stomach sweet and head clear for months. They work while you sleep.—Adv.

SUFFERING CATS! GIVE THIS MAN THE GOLD MEDAL

No humbug! Any corn, whether hard, soft or between the toes will loosen right up and lift out, without a particle of pain or soreness. This drug is called Freezone and is a compound of ether discovered by a Cincinnati man.

Ask at any drug store for a small bottle of Freezone, which will cost but a trifle, but is sufficient to rid one's feet of every corn or callous.

Put a few drops directly upon any tender, aching corn or callous. Instantly the soreness disappears and shortly the corn or callous will loosen and can be lifted off with the fingers. This drug Freezone doesn't eat out the corns or callouses but shrivels them without even irritating the surrounding skin.

Just think! No pain at all; no soreness or smarting when applying it as hard, soft or between the toes will have Freezone have him order it for you.

Pure Blood is essential to Good Health. Garfield Tea dispels impurities, cleanses the system and eradicates disease.

Foiled. "Dearest, I ordered to be sent home today a most beautiful hat for only \$30. It's a perfect love!" "My darling, your love will be returned."—Puck.

Too Brilliant, Perhaps. "What became of that new poem of yours called 'The Lamp of Life'?" "The editor turned it down."—Boston Transcript.

Doubts The Saying. "I don't believe that time is money, do you?" "No, I usually have time to spare."—Puck.

END STOMACH TROUBLE. GASES OR DYSPEPSIA "Pape's Diapepmin" makes Sick, Sour, Gassy Stomachs surely feel fine in five minutes.

If what you just ate is souring on your stomach or lies like a lump of lead, refusing to digest, or you belch gas and eructate sour, undigested food, or have a feeling of distress; heartburn, fullness, nausea, indigestion, in mouth and stomach-headache, you can get blessed relief in five minutes. Put an end to stomach trouble forever by getting a large fifty-cent case of Pape's Diapepmin from any drug store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or any stomach disorder. It's the quickest, surest stomach doctor in the world. It's wonderful.

Bill Inside. A country storekeeper who is known to his immediate friends as "Bill" Barker went to the city to order a stock of goods. The goods were sent on immediately and reached home before he did. When the boxes were delivered his wife happened to look at the largest box, when she uttered a loud scream and asked for a hammer.

A neighbor, hearing her screams, rushed in to her assistance and asked what was wrong with her. Mrs. Barker, pale and faint, pointed to the inscription on the box, which read as follows: "Bill Inside."—Exchange.

R Cures While You Walk. Allen's Foot-Powder is a certain cure for hot, swollen, callus, and swollen, itching feet. Sold by all drug stores. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Garfield Tea, taken regularly, will correct both liver and kidney disorders. Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.

W. L. DOUGLAS
"THE SHOE THAT HOLDS ITS SHAPE"
\$3 \$3.50 \$4 \$4.50 \$5 \$6 \$7 & \$8
Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World.
W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wear protected against high prices for inferior shod. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.
The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centers of America. They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money can buy.
Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price, by return mail, postage free.
LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.
W. L. Douglas \$3.00 \$2.50 & \$2.00
President W. L. Douglas Shoe Co., 135 Spark St., Brockton, Mass.

Where She Excelled. Jack Timid—I—er—suppose your daughter has told you—er—the object of my—er—visit to you—er—this evening?
Her Dad—Yes, young man, and she told it a hang right better than you seem able to.—Boston Transcript.

Freddie—My pa is awful rich. I guess he's rich enough to buy all Brooklyn.
Bobby—My pa's a lot richer than that. I heard him tell me this morning he was going to buy New York, New Haven and Hartford.—Boston American.

An Omission. "Mamma," said little Elsie, "Ruth says her name is in the Bible." "So it is, dear." "Isn't my name in it?" "No, dear." "Didn't God make me, mamma?" "Why, yes, of course." "Then why didn't he say something about it?"—Boston Transcript.

The Kind It Was. "How did that smart yachting party get on?" "They found the sea very rough." "Then it was a real swell affair."—Baltimore American.

WOMEN'S NERVES
Women, more than men, have excitable nerves, because tiring work and physical strain tax their more delicate nervous systems and bring premature age and chronic weakness—unless treated intelligently.
Drug-laden pills and alcoholic concoctions cannot build up a woman's strength, but the concentrated medicinal food properties in
SCOTT'S EMULSION
build strength from its very source and are helping thousands of women to gain control of their nerve power—overcome tiredness, nervousness, impatience and irritability.
SCOTT'S is a liquid-food—free from alcohol.
Scott & Bowne, Bloomfield, N. J.

High Pockets. Patience—You know small pockets for valuables, intended to be fastened to linings of ladies' shoes, have been patented.

Don't Feaze Him. "Bang!" went the rifles at the maneuvers. "Oo-oi!" screamed the pretty girl—a nice, desecrated, surprised little scream. She stepped backward into the arms of a young man.

Substitutes Ready. Old Roxleigh—What are your reasons?
Nervy Sultor—Well, I have two other rich girls willing to marry me if I cannot have your daughter.—Boston Transcript.

A Popular Idea. She (reproachfully)—Your one idea is money, money. He—Well, it's an idea everybody is ready to accept.

Keep It Handy
Ward off attacks of grip, colds and indigestion by timely medication with the thoroughly tested and reliable remedy of the American household.
PERUNA
It's better to be safe than sorry. Many a long spell of distressing sickness might have been prevented if this proved remedy had been resorted to in the first stages. Any article that has been efficiently tested for nearly half a century has proved its value. At your druggists.
THE PERUNA CO. Columbus, Ohio

A Medicine for Women
For Forty Years Lydia E. Pinkham's Vegetable Compound has Relieved the Sufferings of Women.

It hardly seems possible that there is a woman in this country who continues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, proving beyond contradiction that this grand old medicine has relieved more suffering among women than any other medicine in the world.

Mrs. Kleso Cured After Seven Month's Illness. Aurora, Ill.—"For seven long months I suffered from a female trouble, with severe pains in my back and sides until I became so weak I could hardly walk from chair to chair, and got so nervous I would jump at the slightest noise. I was entirely unfit to do my house work, I was giving up hope of ever being well, when my sister asked me to try Lydia E. Pinkham's Vegetable Compound. I took six bottles and today I am a healthy woman able to do my own household. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound, and find out for herself how good it is."—Mrs. KARL A. KLESO, 598 North Ave., Aurora, Ill.

Cincinnati, Ohio.—"I want you to know the good Lydia E. Pinkham's Vegetable Compound has done for me. I was in such bad health from female troubles that I could hardly get off my bed. I had been doctoring for a long time and my mother said, 'I want you to try Lydia E. Pinkham's Vegetable Compound.' So I did, and it has certainly made me a well woman. I am able to do my house work and am so happy as I never expected to go around the way I do again, and I want others to know what Lydia E. Pinkham's Vegetable Compound has done for me."—Mrs. JOSE CORNIN, 1688 Harrison Ave., Fairmount, Cincinnati, Ohio.
If you want special advice, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman an A-1 held in strict confidence.