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SEATTLE'S LARGEST HOTEL Only three blocks from Depots and Docks. Op-posits City Hall Park and Court Hoose. THE FINEST DOLLAR ROOM IN AMERICA "When In Seattle Try The Frye"

New Houston Hotel

Blocks from Union Station. Under ne agement. All rooms newly decorated PECIAL RATES BY WEEK OR MONTE Rates 50c, 75c, \$1, \$1.50 Per Day.

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All active stocks, listed and unliked, handled on commission. Buying and selling orders promptly executed.

I am recommending the purchase of Alaska Petroleum & Coal, Western Smelting and Power, Thomas-Culross Mining, Mount Rainler Mining, Josevig-Kennecott Copper, American Telegraphone & American Marconi.

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Kennecott has paid dividends so far this year \$11.142.072. Josevig-Kennecott has equally great possibilities. Kennecott is now selling around \$50.00, Josevig-Kennecott at \$1.00. The opportunity is yours, seire it.

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Nothing contributes more to life than a good a 'teeth. A cast Aluminum Plate or a Porcelai d Gold Bridge will last you a lifetime. Let usmine your mouth and tell you in advance wha will cost. The work will be guaranteed and thurges will be reasonable.

Telephone, Marshall 96. A 3363. Open Evenings. 455-459 Morgan Building, Fourth Floor.

PORTLAND, ORE

Learn SHORTHAND

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ELECTRIC MOTORS

GREBON VULCANIZING COMPANY d in 333 to 337 Burnside St., Port Ore. Largest Tire Repair Plan Northwest. Country service

HIDES, PELTS, CASCARA BARK, WOOL AND MOHAIR. We want all you have. Write for prices and shipping tags. THE H. F. NORTON CO. Fortland, Ore.; Seattle, Wn.

Better Directions Wanted.

blow it going up or coming down, sorr Tour of Duty. "Now, Tommy, I'm going out, and I want you to stop and mind the house—just as father would if he were here."

mean I've got to kiss nurse?-London Playing Croesus. Hub (just starting for office)-By

the way, was there any of that boiled squash left over from dinner last night? Wife-Yes, dear. Why?

Hub—I want to put a little on my moustache to make my business asso-ciates think we can afford eggs.

Getting His Measure. "Is Bliggins quick at repartee?"
"No," replied Miss Cayenne; "he is merely one of these people who say disagreeable things and rely on your politeness to avoid an angry demonstration."—Washington Star.

When He Belleved.

That one of the professors Princeton has had his domestic trials was recently evidenced when a young woman of rather serious turn endea-vored to involve him in a theological

"Professor," she asked, "do you or do you not believe in infant damna-tion?"
"I believe in it," said the professor,
"only at night."—New York Times.

"RUPTURE

IT'S CAUSE AND CURE" a the title of a booklet. We will mailfrou on free. Address Dept. C. A. LUNDBERG CO.,



STARK-DAVIS CO.

Them.

By MISS LOULA E. KENNEDY Of Kansas State Agricultural College A cold is a germ disease and development is favored by undue ex-

sure to cold, by fatigue, by improper sleep, and by overenting. One should keep away from the germs by avoiding direct contact with persons who are suffering with this disease and those who are careless about coughing and sneezing without using their handkerchiefs.

One must live hygienically in order to keep the body in good condition. Hygienic living means proper food, clothing, exercise, rest, plenty of fresh air, and good habits generally. When one is fatigued or worried, or when prolonged chilling or indigestion dis-turbs the system the vitality is lowered and the way is made easy for the development of the germ. Clothing should be neither too warm nor too cool. Too much clothing induces ex-

cessive perspiration, which eventually will cause chilling of the body. It is advisable to harden oneself to cold, but care must be observed not

to overdo the matter. Because a little hardening will do good it does not nec-essarily follow that more will do better. The temperature of the living room should never be kept so low as to chill the occupants. Special atten-tion should be given to keep the air in this room moist, as the drying of the mucous linings of the air passages causes them to crack and allow germs to enter.

A cold may be contracted in split of these preventive measures. Then the body must be given a chance to cure liself. This necessitates even more careful living. Drugs can only remove conditions standing in the way of nature's cure. They are all right if prescribed by a physician, but no drug is known to be an absolute cure for a

Colds should never be neglected. "Cnly a cold" too often expresses the attitude. Colds pave the way for pneu- Louisville Courier-Journal. only and other serious disea

Queen Nathalie of Serbia, Missing Since War Began, Found Working in Hospital

The mystery of the whereabouts o ex-Queen Nathalie of Serbia, who disappeared at the outbreak of the war, was cleared up when she was discov-While investigating the medical service of Bordeaux, Jean de Bonnefon, a Belgrade during the reign of the last Organizer and Developer; patents secured or FEE REFUNDED; free book on patents. Suites 701. Obrenovitch, found the queen sweep-

ing the hospital floors. When the war began the queen, whose history is the most tragic court story known to Europe, placed her palace at Blarritz in the hands of a friend, princess Ghika, and ordered it converted into a military hospital.

"As for me," she added, "I am going to efface myself. The times are so tragic that those who were once so tragic that those who were once When the war began the queen so tragic that those who were once rulers of men must aid them in all

On the same evening Queen Nath alle, unattended, entrained for an un-known destination, and her suite had known destination, and her suite had not heard a word of her since. In the hospital where De Bonnefon found her she volunteered her services under the name of Nathalle Kechoko, her maiden name, and for the last two years has a little."—Washington Star. performed the meanest and most ex-

hausting duties. "When I last saw her at the Bel-Officer (as company is temporarily about to vacate trench which has been reported mined)—You two will remain here, and if there is any explosion you here, and if there is any explosion you will blow a whistle. You understand?

Private Spuds—Yes, sorr! Will we blow it soins un or coming down, sorr?

Now she were brown Holland overalls

Instead of the purple cloak."

The wounded soldlers are totally ignorant of her identity. They speak gratefully of her "saintly goodness" and her untiring efforts to aid them.

At the queen's urgent request the exact location of the hospital is kept secret, as she intends working incognition.

Torbidden to walk on the flower bed in the sold in the second of the hospital is kept secret, as she intends working incognition.

"Is her voice high or low?"

"It's sort of in between. One of the mezzanine voices, you might on the flower bed to say, "Get thee say."—Pittsburg Post.

"It's sort of in between. One of the mezzanine voices, you might of whipped cream. Flavor to taste.

Wisitor—How are you enjo liberty?—Boston Transcript.

Comforting Knowledg Sir David Henderson, direction of the hospital is kept secret, as she intends working incognition.

The wounded soldiers are totally ignorance to the proposition of sortened outter and and a cupful of powdered sugar and when well creamed fold in a half cupful of whipped cream. Flavor to taste.

Wisitor—How are you enjo liberty?—Boston Transcript.

Comforting Knowledg Sir David Henderson, direction of the hospital is kept secret, as she intends working incognition. Tommy—Oh, bother! Does that act location of the hospital is kept secret, as she intends working incognite until the end of the war.

A Little Bit of Everything.

Fifty thousand combinations are posible with a new combination padlock. An entirely new and apparently rich oil field has been discovered in Burma. By an electrical refining process a plant in Norway is producing 6,000 tons of zine annually.
Switzerland, in proportion to its pop-

ulation, spends more on poor relief than does any other country.

The Chilean government has postponed conversion of its paper currency o gold until January, 1919,

According to a German scientist, a particle of water evaporated from the ocean is condensed and returns in tendays, but it remains there 3,400 years before heing evaporated again.

There are no distilleries, brewertes
There are no distilleries, brewertes
In eating a bowl of soup always before at the top and eat downward.

unde wine. A clip has been invented for holding

a spoon on the edge of a cooking uten-sil or medicine glass. New York state consumes 370,550,000 feet of lumber annually in making

packing boxes and crates.

A bed that folds into a wall and to idden by a pair of doors is the idea of a Colorado inventor.

One Paris matter picture plant pro-duces an average of 3,000,000 feet of

films weekly.

The temperature of a new electric flatieon can be regulated to four differ ent degrees. Oxygen and alcohol vapor are beta

ged to stimulate the heart by English The first electric lamps ever unde to

Argentian were recently turned out a lew plant. The white pine bilster which is dan

aging the forests has been traced to the current and goosebery bushes, Con-sequently the state of New York has bushes as one of the steps toward the

Italy is enforcing a series of regu-lations governing the width of wheel plans allowed on highways.

Colds and How to Avoid TO DARKEN HAIR

Look Young! Bring Back Its Natural Color, Gloss and Attractiveness.

Common garden sage brewed into a heavy tea with sulphur added, will turn gray, streaked and faded hair beautifully dark and luxuriant. Just a few applications will prove a revelation if your hair is fading, streaked or gray. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is to get a 50-cent bottle of Wyeth's Sage and Sulphur Compound at any drug store all ready for use. This is the old time recipe improved by the addition of other ingredients.

While wispy, gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wyeth's Sage and Sulphur Compound, no one can tell, because it does it so naturally, so evenly. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning all gray hairs have disappeared, and, after another application or two, your hair becomes beautifully dark, glossy, soft and luxuriant.

This preparation is a delightful toilet requisite and is not intended for the cure, mitigation or prevention of disease. Common garden sage brewed into

No Cause For Worry.

Mrs. De Style-Oh, doctor, you mus do something to get me on my feet. This is may "at home" day. Doctor—Don't worry, madam. You'll be at home, all right.—Boston Tran-

Our Opportunity. "Opportlunity knocks at every

man's door."
"Too often however, it is the oppor-tunity to open a peanut stand, where-as we would rather start a band."—

SHIP Veal, Pork, Beef, Poultry, Butter, Eggs and Farm Produce to the Old Reliable Everding house with a record of 45 years of Square Dealings, and be assured of TOP MARKET PRICES. F. M. CRONKHITE 45-47 Front Street Portland, Ore

ANTI-FROST A real accident preventer, ke Automobile windshields absolu was cleared working as a common serving by clear and transparent despite serverest from woman in a big hospital in Bordeaux. Some serving the serving woman in a big hospital in Bordeaux. While investigating the medical serving serving the serving serving

well-known Catholic journalist, who FRED P. GORIN, Patent Attorney used to attend the court ceremonies in

Granulated Eyelids,

Solace. "Did you pay that freak election

"Yes; I ate a gallon of molasses

When Home Beckons to Pa.

When Home Beckons to ra.

If pa is carrying the baby he is ready to go home. He tells his wife she can get the balance of the things tomorrow.—Fort Worth Star Telegram.

plays."

"Wiht's their specialty—something educational?"

"Not that. But the Op'ry house is over a livery stable and any show liable to scare horses can't be booked."

—Kansas City Journal.

"Isn't Bliggins remarkably method-

"Yes; he's as punctual about getting to work in the morning as he is about getting away to golf in the afternoon." Utterly Useless Information.

The eyes of a potato do not require A derrick is no service in lifting

mortgage.

The incandescent is not a good garden bulb for fall setting.

Shooting stars do not require a con-

stant supply of ammunition.

We do not believe that a second-hand tooth brush store would really

Trousers may be prevented from bagging at the knees by not sitting

never the reverse.-Boston Transcript IN THE

Maintenance OF HEALTH

It is highly important that you pay special attention to the stomach, liver and bowels

AT THE FIRST TENDENCY

HOSTETTER'S

thus ending bladder disorders.

Jad Salts is inexpensive; cannot in interest in the salts of 3,000 tons burden, are being built in the shippard at Moss on the fjord at Christiania. It makes a mistake by having a good kidney flushing any time.

summer that eight others, two of 100 tons and six of 3,000 tons burden, are being built in the shippard at Moss on the fjord at Christiania. It makes a mistake by having a good kidney flushing any time.

ANY CHEST COLD APPLY SAGE TEA Bronchitis or Tonsilitis

The irritating tickling cough affects the lung tissue and wears down nature's power to resist disease germs.

suppresses the cold, allays the inflammation, steadily removes the irritation and rebuilds the resistive power to prevent lung trouble. SCOTT'S has done more

for bronchial troubles than any other one medicine. It contains no alcohol.





TYPHOID is no more necessary than S mail p o x, A may experience has demonstrated the almost miraculous efficacy, and harmlessness, of Autilyphold Vaccination. Be vaccinated NOW by your physician, you and your raintly. It is more with this house insurance. Ask your physician, druggist, or send for "Have you had Typhold" in time of Typhold Vaccine, creating from us, and danger from Typhold Carriers. THE CUTTEE LABORATORY, BERKLEY, CAL-passouches vaccinsts a strange worse u. 1 son. Licease

Might Lose Ball, Too. Two English soldiers caused some amusement at a golf course the other day. The first man teed up and made a mighty swipe, but falled to shift the ball. The miss was repeated no fewer

Jealous. First Girl-Mr. Dauber said my face was classic. What is classic? Second Girl-Oh, most anything old.-Boston Transcript.

Popular Music.
"Is her voice high or low?"

Visitor—De you employ many wo-men on your farm, Mr. Hawbuck? Uncle Si—No, sir; they be too con-trarious an' onsartin. Gimme manual labor every time.—Boston Transcript.

"Father, what did you do in the great war? "I nursed you while your mother was selling flags."

He-I could die tangoing. She—That's no reason why you should expect me to keep a suicide pact.—Philadelphia Ledger.

BIG EATERS GET

Take Salts at first sign of Bladder irritation or Backache.

The American men and women must

The American men and women must guard constantly against Kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out, they weaken from overwork, become sluggish; the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a table-spoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and heap been used for separations to to sluggishness or weakness

you should try

and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Big Ships of Concrete.
So successful was the barge made entirety of re-enforced concrete which N. K. Frogner huilt at Christiania last summer that eight others, two of 100

FAVORITE OF FILMDOM.



Movie actress who has big personal ollowing among patrons of the silent

Mothers' Cook Book Daymanymanyma

must be somewhere written that the ue of the mothers shall occasionally visited on the children as well as the of their sathers—Bleak House. Some Simple Pudding Sauces. The best of puddings may be rulped by an insipid ill-chosen sauce. Hard nuces are to be served on hot pudlings. The following are a few which may be varied by different flavors.
When but do not melt a half cupful of butter and add gradually a cupful of pulverized sugar, then fold in the whites of two eggs beaten stiff. Flavor with the juice of a lemon and two tea-spoonfuls of vanilla. Pack in a mold and keep cool until ready to serve with the pudding. A good hard sauce is made by using the same amount of sugar with the white of one egg and

Mash a pound of maple suanr, add a half cupful of water and boil until it threads. Pour this in a thin stream on the well-benten whites of two eggs stirring and beating the mixture briskly all the time. Add a half cupful of whipped cream just at the last.

Fluffy Sauce. Scald a cupful of milk in a double boiler. Stir in a level tablespoonful of

cornstarch, wet with a little milk. Cook ten minutes, stirring often. Cream two than three times.

"For heaven's sake, Bill," the other broke out, "hit the thing! You know we have only four days' leave."—Philiately adelphia Ledger.

Fruit Sauce. Take a cupful of sugar, a tablespoon ful of cornstarch or two of flour, mix well with the sugar and add a half cupful of boiling water, cook until smooth and the starch or flour is thoroughly "Remember," says the booking agent, "the Op'ry house at Plunkville at hand add two or three tablespoon-plays." of canned-fruit juice, or if that is not at hand add two or three tablespoonfuls of mild vinegar, more hot water and a tablespoonful of butter with a grating of nutmeg and a pinch of sait. This sauce is especially nice with cottage pudding, a pudding made like a "We shall not attempt any flites of fancy, but write instance in the following composition: "We shall not attempt any flites of fancy, but rite inst what is in us. In

The Speed of Animals According to the naturalists, no anling for his first flight. "Don't be ner mal is known to have exceeded the vous, man; you'll come down again speed attained by the famous race-horse Sysbonby. Instantaneous photo- plane graphs show the full length of one complete stride as about 26 feet. In the stride of the fastest racers the bind quarters and limbs are raised considerably higher than the shoulders, and from this relatively great height brought downward and forward, widely separated from each other, as a sportaman says, "to avoid striking the fore-

The hare, which is hunted with fast hounds has not in reality the speed of the dog. The dog, on the other hand, dose not attain the speed of the horse. The giraffe is said to run at the rate of 15 meters per second under the most favorable conditions. The elephant, going at the rate of two yards a sec ond, earries a weight approximating that carried by six horses.

Fashion's Fancles.

Durk blue and gray is one of A gray doveskin "trotter" suit ha

xeept for formal occusions. The long loose sleeves .nown a Vells of coarse dark fulle are heav A slender woman can follow almo-

Fabric gloves are worn a great deal

ny fashion and look right in it.

Many of the best-looking dresse or small girls age fashioned on middy If you are so fortunate as to own

Palsfey showl, make it into an evening

штир.

National Forest Ranges Are Heavy

That the National Forest ranges in

That the National Forest ranges in Northern Washington are among the greatest beef and mutton producers of any open range land in the country, is indicated by reports from the Okanogan National Forest concerning the weights of sheep and cattle shipped from these ranges this year, recently received by District Forester George H. Cecil, Portland Ore.

Shipments of lambs direct from these ranges averaged 92½ to 95 pounds at the stockyards, while one shipment of Roan Shorthorn-Hereford steers averaged 1366 pounds each with the shrinkage off. The average on the Okanogan Forest for top beef this season will exceed 1300 pounds.

The stock growers and the Forest Service cooperate through twelve losely steely appears of the stock growers and the Should.

The stock growers and the Forest Service cooperate through twelve local stock growers' associations in the Okanogan country. The various problems of the stock business are threshed out at the association meetings, so that each member may profit from the experience of others.

It is expected that in the near future only high grade bulls will be permitted on these ranges. Already a number of the associations have bought such bulls, which are run on the range, each member paying a service fee prorated according to the number of cows he turns out on the range.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.

Maidless Again.

Mrs. Degraw is minus a maid again It happened this way:
"Maggie, I think you had better wash
the windows t ay, before we put up
the new white curtains." "I don't wash no windows for nobody, mum. I don't wash my own windows at hum, and I certainly won't wash

yours."
"But washing windows is just as much a part of housework as washing floors. Maggie."
"I don't wash no floors, neither."

still.
"Why don't you go to the door, Mag gie?"

gte?"
"Go to the door yourself. You look better than I do."
"Maggie, do as you ar. told."
"Not when I ain't dressed up, mum. And while we're talkin' frank, let me tell you that I don't like the way this house is managed. Not a bit!"
"Then, my young woman you trot. house is managed. Not a bit!"
"Then, my young woman, you trot
upstairs and pack your trunk, and get
out of here as fast as you can. I didn't
hire you to be the lady of the house."
(Exit Maggie in a great rage.)
Mrs. Degraw's help wanted a appears in another column.—Newark
News.

Garfield Tea was your Grandmother's Remedy for every stomach and intes-tinal ill. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the sys-tem so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

Spectacular Establishment. "Why do you let your hair grow

tablespoonfuls of butter, add one cup-ful of powdered sugar until very light. Add a teaspoonful of vanilha and a pinch of sult, then beat this into the thickened milk which has been cooled,

-A Possible Excuse. "My wife," triumphantly said the Hon. Bray Lowder, "made me what I am."
"Well, don't hold it against her," returned old Felix Fogy. "Maybe she

returned old Felix Fogy. "Maybe couldn't do any better."—Judge. Inspired. "Children," said the teacher to her

This sauce is especially made like a tage pudding, a pudding made like a plain cake.

"We shall not attempt any filtes or fancy, but rite just what is in us. In me there is my stummick, lungs, liver, two apples, two cakes and my dinner."

Convict-I'm in here for having fiv Visitor-How are you enjoying your

Comforting Knowledge. Sir David Henderson, director general of military aeronautics, possesses a vein of grim humor, "Don't be nervous," he once remarked to a novice in the art of flying who

not alighting."-Boston Tran-It Cures While You Walk. Allon's Foot-Ease is a certain cure for hot, spenting callus, and swollen, sching feet. Sold by all Druggiets. Price Se. Don't accept any substitute. Trial parkage PREE Address Allon's Olmatst, Lo Roy, N.

She Knew. First Girl—I can't just recall what a rigue is. Do you know?
Second Girl—Certainly! It's one of those horrid family quarrets that southerners carry on through generations.—Boston Transcript.

OOROO **Every Night** For Constipation Headache Indigestion, etc. BRANDRETH PILLS Safe and Sure

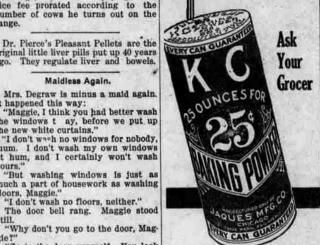
Occupant de la constante de

in purity first

KC BAKING POWDER

is what you should always use.

There are many other reasons why-but try a can and see for yourself.



A couple of Kentuckians, meeting in a feud district, according to an ex-change, one asked the other: "Look here, Bill, what did you shoot at me for? I ain't got no quarrel with

"You had a feud with Ben Walker, dldn't you?"
"But Ben's dead."
"Well, I'm his executor."

Big Nights There.
"Saturn has eight moons."
"I wonder if moon songs are eight times as numerous with them as with us."—Louisville Courier-Journal.

According to the Formula. A tramp knocked at a kitchen door and said: "Please, kind lady, I'm a sick man. The doctor gimme this medicine, but I need something to take it with."

it with."

The lady was ready to help.
"Poor fellow!" she said, "do you want a spoon and a glass of water?"
The tramp answered: "No, mum, I wouldn't trouble you. But this medicine haster be took before meals. Have you got a meal handy?"

No sooner do the women vote their way into the electoral college than the men start in to abolish it—again. The Easiest Way.

She had two boys. The mother wished not only to give them a serious idea of her desire to make them good, but also to make clear to their minds the gravity of the task before her. At the end of a particularly touching adjuration five-year-old Francis was suddenly overcome with the impossibility of ever attaining his mother's ideal.

"Don't try to make us good, mother," he said earnestly. "Just shoot us."—Philadelphia Ledger.

WHAT A WOMAN OF OUR

NATIVE STATE SAYS. Portland, Oregon.—"For a long time
I have been so
nervous I could
almost scream at
times, and have
had spells that I
could not get
around. My back
pained so at night
I could not sleep
—doctors did me
no good. A lady

Description to me so I thought I would give it a trial. I have now used four bottles and am still using it. It has done me much good."—MRS. D. SHOEMAKER, \$80 N. 19th St.

The use of Dr. Pierce's Favorite Prescription makes women happy by making them healthy. There are no more crying spells. "Favorite Premaking them healthy. There are no more crying spells, "Favorite Prescription" cures inflammation and female weakness, It makes weak women strong, sick women well.

Like an open book, our faces tell the tale of health or disease. Hollow cheeks and sunken eyes, listless steps, skepless nights, tell of wasting debilitating disease some place in the body. It may be one place or another, the cause is generally traceable to a common source.

Get the "Prescription" to-day—either in liquid or tablet form, if you want to better your physical condition speedily.

Dr. Pierce's Pellets regulate stomach, liver and bowels.

Questions of Scx?—Are fully and properly answered in The People's Common Sense Medical Adviser. All the knowledge a young woman, wife or daugher should have is contained in this big Home Doctor Rock of 1008 pages with engravings and color plates, and bound in cloth. By mail, prepaid—on recepit of 3 dines. Address 633 Main Street, Buffalo, N. Y.

Suffered Several Years. PERUNA MADE ME WELL Its My

Mrs. Elizabeth Reuther, 1002 11th L. N. W., Washington, D. C., St., N. W., Washington, D. C. writes: "I am pleased to endorse Peruna as a splendid medicine for catarrh and stomach trouble, from which I suffered for several years. I took it for several months, and at the end of that time found my health the end of that time found my health was restored and have felt splendidly ever since. I now take it when I con-tract a cold, and it soon rids the sys-tem of any catarrhal tendencies."

Standby

Those who object to liquid me

for a

Cold.