

Moderate. Ger "Is your husband a heavy smoker?" ask?" Gentleman with toothpick-"Fine." "And what did you have, may I

University of Oregon, Eugene.-Hot University of Oregon, Eugene.--Hot iunches at noon in remote country schools is an educational innovation that has been introduced into western Lane county. In western Lane much of the school year is rainy, and young-sters, traveling long distances in all sorts of weather, often wear wet clothes a large part of the day. School boards were accordingly ask-d to provide cocking utensils which Portland-Wheat-Bluestern, \$1.04 per bushel; fortyfold, 92c; club, 91c; red Fife, 91c; red Russian, 90. Millfeed - Spot prices: Bran, \$23 per ton; shorts, \$25.50; rolled barley, \$31.50@32.50. ed to provide cooking utensis, which in many cases consist of only a large kettle, a big spoon, a knife and a few other hare necessities. The children bring the articles to be cooked. Some \$37.

bring potatoes, some bring vegetables, some bring meat, milk and other ar-ticles at different times. Each child has his own bowl and the lunch contermined, and on the following day is de school work to prepare and cook the soup on the big stove in the corner to the following day is de termined, and on the following day the school work to prepare and cook the soup on the big stove in the corner the following day is de termined, and on the following day the termined, and on the following day the two hosts are allowed time from their school work to prepare and cook the soup on the big stove in the corner the following day is de the following day is de the following day is de termined, and on the following day the two hosts are allowed time from their school work to prepare and cook the soup on the big stove in the corner the following day is de two hosts are allowed time from the soup on the big stove in the corner the following day is de two hosts are allowed time from the soup on the big stove in the corner the following day is de two hosts are allowed time from the soup on the big stove in the corner the following day is de the following day is de two hosts are allowed time from the soup on the big stove in the corner the following day is de two hosts are allowed time from the soup on the big stove in the corner the following day is de two hosts are allowed time from the soup on the big stove in the corner the following day is de two hosts are allowed time from the soup on the big stove in the corner the following day is de two hosts are allowed time from the soup on the big stove in the corner two hosts are allowed time from the corner the co

of the school room. Formerly the children consumed their cold lunch in perhaps ten min-

191@20c.

utes; now lunch occupies about a half hour and each pupil eats at his own desk. Miss Jennie Bossen is school supervisor in the district in which this innovation has been made.

**Best Proof That** 

**Resinol Heals Eczema** In our file of reports, covering a period of twenty years, literally thousands of physicians tell how success-ful the Resinol treatment is for ecze-ma and similar skin troubles. The first use of Resinol Ointment and Resinol Soap usually stops the itching and burning, and they soon clear away all trace of the cruption. No other treat-ment for the skin now before the public can show such a record of profes sional approval. Resinol Ointment and Resinol Soap

work so gently, and are so absolutely free from anything that could injure even the tenderest skin, that they are ideal for healing the skin troubles of Infants and children. Sold by all drug-

gists. (Advt.) The Truth. "You told me when I bought this lot that the town couldn't possibly grow in any direction but this."

"Well, it basn't has it? As a mat-ter of fact, the population has de-creased 50 per cent since that time."

Trying To Be Complimentary. "What did your children say when you played Santa Claus last year?" "Nothing." replied Mr. Growcher, "except they believed the make-up they believed the make-up "arcent they believed the make-up "arcent they believed the make-up they believed the they believed the they believed the they believed was an improvement on my regular 6; stags, \$3@5.25.

face."-Washington Star. Speeding.

"Now we must speed the parting guest." "Leave her to me. If I ever get her

and her traps into the car, I'll hit it up to 60 miles an hour."-Louisville Courier-Journal. Heard On the Elevated. First Young Thing-1 started read ing "Les Miserables" last night. It is very interesting. Second Young Thing—Isn't it! think it is Victor Herbert's master piece.—Boston Transcript.

No Chance.

"Yes, sir, one hour's uninterrupted reading each evening would make summer and next fall," said Aaron Kuhn, a director of the Spokane & Eastern Trust company, Wednesday, "Uninterrupted! Where do you on returning from a business and pleasure trip to Eastern and Middle think my wife spends her evenings? -London Opinion. Western cities.

For Every Kind of Lameness Rub It on and Rub It in, HANFORDS

HAVE DARK HAIR NORTHWEST MARKET REPORTS: GENERAL CROP CONDITIONS

Nobody can Tell when you Darken Gray, Faded Hair with Sage Tea. Corn-Whole, \$36 per ton; cracke

Grandmother kept her hair beauti-fully darkened, glossy and attractive with a brew of Sage Tea and Sulphur. Whenever her hair took on that dull, laded or streaked appearance, this simple mixture was applied with won-derful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Compound," you will get a large bot-tie of this old-time recipe, improved by the addition of other ingredients, all ready to use, for about 50 cents. This simple mixture can be depended Vegetables-Artichokes, 65@80c Vegetables—Artichokes, 65@80c per dozen; tomatoes, \$3.50 @ 3.75 per crate; cabbage, \$1.50@1.85 per hun-dred; garlic, 10c per pound; peppers, 174@20c; eggplant, 234c; horseradish, 84c; cauliflower, 75c@\$1.25; lettuce, \$2.25 @ 2.35 per crate; cucumbers, \$1.25@1.50; spinach, 90c@\$1 box; as-paragus, 74@10c per pound; rhubarb, Oregon, \$2.50 per box; peas, 74@9c per pound.

This simple mixture can be depended upon to restore natural color and beau-ty to the hair. A well-known downtown druggist Onions - Oregon, \$1.75 per sack; Texas, Bermudas, yellow, \$2.25 per crate; white, \$2.50.

says everybody uses Wyeth's Sage and Sulphur Compound now because it darkens so naturally and evenly that nobody can tell it has been applied nobody can tell it has been appled— it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and beau-tiful. This preparation is a delightful tollet requisite. It is not intended for the cure, mitigation or neverention of Green Fruit — Strawberries, \$3.50 per crate; apples, \$1@1.60 per box; cranberries, \$11 per barrel. Eggs-Jobbing price: Oregon ranch, andled, 201c per dozen; uncandled, Poultry-Hens, 17@171c per pound; stags, 13c; broilers, 25@30c; turkeys, live, 18@20c; turkeys, dressed, choice, the cure, mitigation or prevention of disease.

### 24@25c; ducks, 15c; geese, 10c. Butter — Prices from wholesaler to A Joke With An Afterthought.

retailer: Portland city creamery prints, 60-pound case lots, standard A newspaper humorist quotes this from a letter received by one of the grades, 34c; lower grades, 31c; Ore-Georgia congressmen:

gon country creamery prints, 60-pound case lots, standard makes, 31@33c;

gon country creamery prints, 60-pound case lots, standard makes, 31@33c; lower grades, ~0@ 30\2; packed in cubes, 2c less. Prices paid by jobbers to producers: Cubes, extras, 30@31c; firsts, 27@27\2; dairy butter, 14@ 18\2; butterfat, No. 1, 33c; No. 2, 30c. Veal—Fancy, 11\2012c per pound. Hops—1915 crop, 11@12c; 1916 con-tracts, nominal. story is more serious than humorous. This boy ran away to escape three or four years of hard labor for his father's profit. Unfortunately a good many children cannot escape from their slavery to parents and cotton-mill owners. Georgia has 2,819 child laborers under thirteen years of ago, North Carolina 6,359, and South Car-olina 4154 and it is un to the State Wool-Eastern Oregon, 21@27c per pound; valley, 30c; mohair, new clip, Cascara bark - Old and new, 4c per

pound. Cattle — Steers, choice grain and pulp, \$8.50@9; choice hay, \$8.15 @ 8.50; good, \$7.75 @ 8.15; medium, \$7.50@7.75; cows, choice, \$6.70@7.80; good, \$6.50@6.75; medium, \$6.25 @ olina 4.154, and it is up to the State or Federal legislature to give them their heritage of sunshine, play, and schooling.-Collier's.

Affected By Business.

 b; stags, \$3(00.20.
Hogs-Prime light, \$8.90@9; good
to prime, \$8.25@8.50; rough heavy,
\$8@8.25; pigs and skips, \$8@8.25.
Sheep-Yearlings, \$8@10; wethers,
\$7.25@9.25; ewes, \$6.25@8.25; lambs,
\$9.50@10.50 LEG "The girl in the phonograph place we patronize is just full of affectation." "But you must consider that it is her business to put on airs."—Wash-isates Star

ington Star.

"I understand they want to turn dis tilleries into munition factories."

Star.

"It is reported in New York that Two Deluded Souls. Germany has ample resources for fully 24 months," Mr. Kuhn said, "and it

intries are in a position to continue for at least a similar period." Mr. Kuhn said that while factories are busy throughout the big manufacturing centers in the East, there seems to be a cautious feeling, with the re-sult there is little so-called plunging. "Another thing is that this is the Another thing is that this is the presidential election year," he added, "and capital is somewhat timid along certain lines. There are some who be-lieve that a sudden cessation of hostil-

es in Europe will res



Powder did a clean job, taking out roots and all without tearing a big hole in the ground. Farmers who have used them know that

## STUMPING - AGRICULTURAL

always save them money, time and work. They save money because they lift and heave as well as shatter, and go further than high explosives that merely split the stumps. They save time and work because they get out the stumps-big or little, green or dead-in a condition easy to handle, "I get better results from Giant Powders than from any other powder I have used," says A. E. Adkins,-Woodburn, Ore.

There are two Giant Farm Powders, both made especially for Pacific Coast farmers. Eureka Stumping Powder is most economical for dry work and Giant Stumping Powder saves money is stump blasting in wet soil. Try these two. Compare them with the powder you have been using, and you will always use Giant in future. Write us and we will have our nearest distributor supply a trial case at the lowest market price.

**Five Blasting Books FREE** 

Better ways of removing stumps and boulders, making ditches, planting trees, and breaking up the subsoil are described in our five illustrated books. They were written for western farmers, to meet the conditions that yes have. Write us for the book on the subject you are interested in.

THE GIANT POWDER CO., Con., HOME San Francisco

"Everything for Blasting Offices: Seattle, Spokane, Portland, Salt Lake City, D.



Always Thus. Banker Expects Better "It might help, if they do. But its the old story of the ultimate consumer getting the worst of it."—Washington **Business in Northwest** Spokane - "Business generally in Spokane and throughout the Inland

Have Healthy, Strong, Beautiful Eyes Oculiata and Physicians used Murine Eyes Remedy many years before it was offered as a Domestic Eye Medicine. Murine is Still Com-pounded by Our Physicians and guaranteed by them as a Reliable Relief for Eyes that Need Care. Try It in your Eyes and in Baby's Eyes-no Smarting-Just Eye Comfort. Boy Murine of your Druggist-ascept no Substitute, and it interested write for Book of the Eye Free. MURINE EYE BEMEDY CO., CHICAGO Empire and the Pacific Northwest should show big improvement from now on, and more especially during the



Bix-I wonder if Dr. Cook really

thought he discovered the north pole? Dix—Possibly! We all make mis-takes. Why, when I married my wife I thought I had discovered Paradise.—



Boston Transcript.

A (to man he has touched)—Thanks, old chap. But what is this little pam-phlet you handed me? B—Oh. I always hand one of those

out with a loan. It tells how to strengthen the memory. — Boston Transcript.

"You

# eems to be known that the allied

Loans Seem to Weaken It.



How to avoid

long it takes me to save up enough coupons from his cigars to buy a cut glass pickle dish."—Detroit Free Press. a glass of milk."

And Enough For a Square Meal. Butcher-Will you have the round Butchersteak, ma'am? Mrs. Youngbride-1 don't care what is, so it's tender .-- Boston shape it

**Metal Grain Bins** 

RAT PROOF RAIN PROOF

RUST PROOF

WRITE FOR PRICES

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Coast Culvert & Flume Co.

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C. Gee Wo

Ris successful herb al remodies cure al kinds of allments o men and women with out operation, uses from the wonderfu Chinese herbs, roots

No. 17, 1916

Send stam

Remedies

Gentleman with toothpick-"A doz-A Hint.

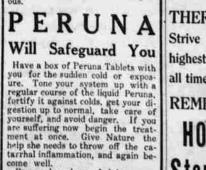
He—I see where the government wants women to save their rags. She—Well, if the government only takes a look at the clothes I have to wear, it can see one woman's doing it. —Baltimore American.

Cherchez L'Homme. "Why don't she marry you? Is there another man in the case?" "I'm afraid so." "Do you know who it is?" "Yes, her father."-Boston Trans cript.

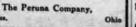
Time to Beware. "A man dat shows off too much smartness," said Uncle Eben, "gets so he enjoys about as much confidence as a sleight o' hand man in a poker game."-Washington Star.

### Spring Colds Are the Worst

They lead to catarrh and pneu-monia, They weaken the entire system and leave it unable to resist the sudden changes. They inter-fere with your digestion and lessen your activity. Neglected they soon become that dread disease known as systemic catarrh. Don't neglect them. It's costly as well as danger-ous.



come well. Peruna has been helping peo-ple for 44 years. Thousands of homes rely on it for coughs, colds and indigestion. It's a good tonic for the weak, as well.



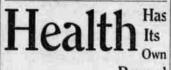


Bruises, Sprains, Strains, Stiff Neck, Chilblains, Lame Back, Old Sores, Open Wounds, and all External Injuries. Made Since 1846. Ask Anybody About It Price 25c, 50c and \$1.00 All Dealers & C. Hanford Mfg. Ca.

A Flat Dweller's Strategem. Mrs. X-Bothered with time-wasting callers, are you? Why don't you try my plan?

Mrs. Y-What is your plan? Mrs. X-Why, when the bell rings I put on my hat and gloves before I press the button. If it proves to be someone I don't want to see, I simply say: "So sorry, but I'm just going out." Mrs. Y-But suppose it's someone

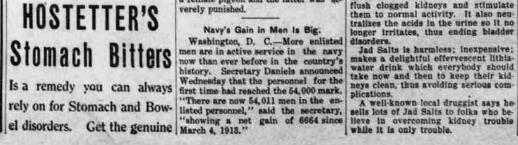
you do want to see! association, just completed by Lee C. Lewis. Highland Dora Veeman, a registered Holstein, property of Walla Walla college, gave 87.8 pounds butter-fat, which was nine tenths of a pound Mrs. X—Oh, then I say: "So fortu-ate I've just come in."—Boston nate I've Transcript.



Reward

THEREFORE-Strive for and maintain the highest possible standard at all times; when you need help

**REMEMBER--**



this country and others with cheaply-

You Can Get Allen's Foot-Lase FREE. Write Allen S. Olimsted, Le Roy, N. Y., for a free sample of Allen's Foot-Kase, It curve weating, hot avoilen, aching feet. It makes new or light shoes casy. A certain cure for coras. Ingrowing mails and bunions. All drug-gists sell it. 25c. Don't accept any substitution made goods. "One thing is certain: Our tariff question will have to be dealt with by the best business brains of the coun-

Sense of Responsibility. "Is Bliggins patriotic?" "Theroughly." "Would he fight for his country?"

Farmers To Build Elevator. Kendrick, Idaho - The Kendrick "I don't know about that. But he hasn't the slightest doubt that in an Rochdale company met recently and arranged to build an elevator. One emergency somebody ought to."-Washington Star.

Times Change.

hundred and ten farmers subscribed \$100 each and committees were ap-pointed to visit elevators now built and decide on the plan of elevator to "What? You need new clothes again? When I was a boy I wasn't ashamed to wear garments that were build. The next meeting was set for June 1, after which they expect to be-gin building and have it ready for this year's crop. John F. Brown has repatched

"Yes, dad, but you know you didn't associate with such refined people as do.'

signed as mayor in order to accept his appointment as postmaster. Wm. Frey-tag was appointed to fill the vacancy.

Walla Walla Has Fine Cows.

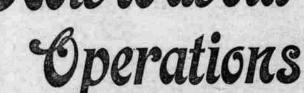
Hen and Pigeon Affinities.



We eat too much meat which Clogs Kidneys, then the Back hurts.

under the record set by the state peni-tentiary cow last month. Both these Most folks forget that the kidneys like the bowels, get sluggish and clog ged and need a fit: ing occasionally, else we have backac s and dull misery in the kidney region, severe head aches, rheumatic twinges, torpid liver, records are several pounds higher than any record reported by any association in the United States, so far as learned.

aches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders. You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Saits from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. Walla Walla-A bantam hen and a male pigeon, property of Mrs. W. E. Stapleton, 933 East Alder street, have discovered they are affinities, and are building a nest in the barn on the building a nest in the barn on the premises and refuse to associate with others of their kinds. Two weeks ago the hen "turned down" her mate and the pigeon gave up his. The owner put the pigeon in a coop with a female pigeon and the latter was ae-verely punished. Navy's Gain in Men Is Big. Washington, D. C.—More enlisted men are in active service in the country's history. Secretary Daniels announced Wednesday that the personnel for the first time had reached the 54,000 mark. "There are now 54,011 men in the em-listed meragened" and the secretary is the descent of the secretary banks and secretary and your kidneys will then act fine. This famous saits is made from the and use a comparison of the there are now the secretary makes a delightful effervescent lithia-makes a delightful effervescent



These Three Women Tell How They Escaped the Dreadful Ordeal of Surgical Operations.

Hospitals are great and necessary institutions, but they should be the last resort for women who suffer with ills peculiar to their sex. Many letters on file in the Pinkham Laboratory at Lynn, Mass., prove that a great number of women after they have been recommended to submit to an operation have been made well by Lydia E. Pinkham's Vegetable Compound. Here are three such letters. All sick women should read them.

Marinette, Wis.—"I went to the doctor and he told me I must have an operation for a female trouble, and I hated to have it done as I had been married only a short time. I would have terrible pains and my hands and feet were cold all the time. I took Lydia E. Pinkham's Vegetable Com-pound and was cured, and I feel better in every way. I give you permission to publish my name because I am so thankful that I feel well again." —Mrs. FRED BEINNER, Marinette, Wis.

-Mrs. FRED BERNER, Marinette, Wis. Detroit, Mich.-" When I first took Lydia E. Pinkham's Vegetable Compound I was so run down with female troubles that I could not do anything, and our doctor said I would have to undergo an operation. I could hardly walk without help so when I read about the Vegetable Compound and what it had done for others I thought I would try it. I got a bottle of Lydia E. Pinkham's Vegetable Compound and a package of Lydia E. Pinkham's Sanative Wash and used them according to directions. They helped me and today I am able to do all my work and I am well." -Mrs. THOS. DWYER, 959 Milwaukee Ave, East, Detroit, Mich.

-Mrs. Thos. Dwynn, 959 Milwaukee Ave., East, Detroit, Mich. Bellevue, Pa.-" I suffered more than tongue can tell with terrible bearing down pains and inflammation. I tried several doctors and they all told me the same story, that I never could get well without an operation and I just dreaded the thought of that. I also tried a good many other medicines that were recommended to me and none of them helped me until a friend advised me to give Lydia E. Pink-ham's Vegetable Compound a trial. The first bottle helped, I kept taking it and now I don't know what it is to be sick any more and I am picking up in weight. I am 20 years old and weigh 145 pounds. It will be the greatest pleasure to me if I can have the oppor-tunity to recommend it to any other suffering woman."-Miss Inxan FROMICHER, 1923 Manhattan St., North Side, Bellevue, Pa.

If you would like special advice write to Lydia E. Pinkha Med. Co. (confidential), Lynn, Mass. Your letter will be open read and answered by a woman and held in strict confidence