POULTRY and Dairy Produce
of all kinds wanted. Write for our
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Bought, sold and exchanged; engines, boilers, sawmills, etc. Send for Stock List and Prices. THE J. E. MARTIN CO., 63 1st St., Portland, Or.

DAISY FLY KILLER placed anywhere, attracts and kills all flies. Neat, clean, ornamental, convenient, cheap. Lasts all season. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed effective. Sold by dealers, or 6 sent by express prepaid for $1.
HAROLD SOMERS, 150 DeKalb Ave., Brooklyn, N. Y.

OPPORTUNITY IS HERE
TO LEARN CHIROPRACTIC. Catalog on Request. Pacific Chiropractic College, 416 Commonwealth Bldg., Portland, Ore.

SALESMEN WANTED
Liberal Terms—Write for our Proposition. Everything for the Orchard, Farm, Garden and Lawn.
YAKIMA AND COLUMBIA RIVER NURSERY CO. NORTH YAKIMA, WASH.
YAKIMA GROWN is the BEST GUARANTEE

TYPHOID is no more necessary than Smallpox. Army experience has demonstrated the almost miraculous efficacy, and harmlessness, of Antityphoid Vaccination. Be vaccinated NOW by your physician, you and your family. It is more vital than house insurance. Ask your physician, druggist, or send for "Have you had Typhoid?" telling of Typhoid Vaccine, results from use, and danger from Typhoid Carriers.
THE CUTTER LABORATORY, BERKELEY, CAL.
PRODUCING VACCINES & SERUMS UNDER U. S. GOV. LICENSE

William Walker Smith, United States consul general at Santo Domingo, to the amazement of the Waldorf-Astoria employes in New York, came down from his room on the seventh floor with a big Belgian police dog, which was given to him when he was in Europe. It is said to be the first time that a dog of this size has even been above the first floor of the hotel with the consent of the management. However, it was explained to everybody that Mr. Smith's police dog had a room all to himself in the Waldorf. That's another thing which the dog can boast about in later years.

"That dog," said Mr. Smith, "saved me from drowning," and he intimated the dog had a right to the best there is. He said that the animal was a wonder and that he was very, very fond of him.

Thomas Hade, 35 years majordomo in the Astor family, has been retired and, according to report, pensioned for life by Vincent Astor. He was employed by the late Mr. and Mrs. William Astor, John Jacob Astor and Vincent Astor. There is probably no one whose features are more familiar to the society people of Europe and America and some dignitaries than Thomas Hade, because of long service in this noted family. His affable and kind manner made him a general favorite in Newport, as well as in New York, and many other places where the Astor family resided.

The highest point in Nevada is Wheeler peak, which, according to a chart published by the United States geological survey, is 13,058 feet above sea level.

QUIT CIGARETTES
With the aid of ARGENITE, an improvement on the SILVER NITRITE treatment as used by Industrial Schools and Juvenile Courts.
At your druggist or send 50c for full treatment post paid.
ARGENITE CO., Dept 4,
451 1-2 Morrison St., PORTLAND, OR.

RUPTURE IS CURABLE
By wearing a SEELEY SPERMATIC SHIELD TRUSS. No worrying or danger of an operation. Rupture is not a tear or breach, as commonly supposed, but is the stretching, or dilation, of a natural opening. This SEELEY SPERMATIC SHIELD appliance closes this opening in 10 days in most cases. If you can't come, write for measuring blank and literature. Sold only by
LAUE-DAVIS DRUG CO.
Third and Yamhill, Portland, Or.
Who are Truss Experts and Exclusive State Agents for this appliance.

If Looks Count Any Figure.

I often have felt, in strolling about,
In fact I have given it thought,
How few homely men would hold the big jobs,
If appearances counted for aught.

The guy with a figure of statuesque form
Off his guard would never be caught;
All of the white hopes he'd quickly knock out,
If appearances counted for aught.

The recruit looks the part in a uniform neat,
Although in the bush he is taught;
He should shut out the team with never a hit,
If appearances counted for aught.

The maiden dolled up in her modish new frock
Earns her pay in a laundry so hot,
But might be an heiress with money to burn,
If appearances counted for aught.

The dubs would be dukes and the dukes would be dubs,
With all of their bally old rot,
And hashers would shine in society gay,
If appearances counted for aught!

Shake Into Your Shoes
Allen's Foot-Ease, a powder for the feet. It cures painful, swollen, smarting, sweating feet. Makes new shoes easy. Sold by all Druggists and Shoe Stores. Don't accept any substitute. Sample FREE. Address A. S. Olmsted, Le Roy, N. Y.

In Better Condition.

One afternoon a stranger happened into a country town, and while attending to some business in the corner grocery an old man rambled in. The stranger became interested and asked him his age.

"I am just 100 years old," answered the old man, sitting on a packing box.

"Is that so?" jokingly responded the stranger. "Well, I'll bet you don't live to see another hundred."

"I don't know about that," was the smiling rejoinder of the aged man. "I am a whole lot stronger now than I was when I started on my first hundred."—Philadelphia Telegraph.

SICK? TIRED? WEAK?
If this describes your present condition you should immediately get a bottle of
HOSTETTER'S STOMACH BITTERS
It will help Nature overcome all Stomach, Liver and Bowel Ills, restore the appetite, promote health and vigor.

At Our Boarding House.

Things would be all right only there is nobody with any horse sense. We would be lucky dogs if the sly old foxes who ran the place weren't jealous cats who act like gossipy old hens every time one of the social lions makes eyes at the chickens across the table. A couple of stupid asses, who may be bears at home, are decidedly lame ducks with us. Some of us have to patronize loan sharks to keep the wolf from the door and the slippery eels play hog with our goats. If it weren't for so many snakes in the grass we might be permitted to do the bunny hug, only it's old-fashioned, and when somebody suggests the grizzly-bear the wolves in sheep's clothing set up a roar and there's nothing left for a bunch of lobsters to do but close up like clams, sneak out into the mud like a bunch of suckers and hike to the restaurant stalls and act like a lot of colts. Even then a harness bull is apt to come along and dump us in the pen. At any rate we'd all be bearcats if they didn't take us for squirrels and feed us on nuts.

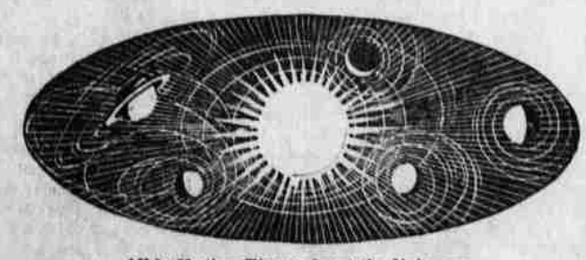
Dr. Grace Feder Thompson's Korektonik for men and women is a NERVE FOOD and SYSTEM BUILDER; $1 for one month's treatment. Address 948 Post street, San Francisco.

Never Do This.

"India, my boy," said an Englishman to a friend, on his arrival in Calcutta, "is just the finest climate under the sun, but a lot of young fellows come out here, and they drink and they eat, and they drink and they die, and then write home to their friends a pack o' lies and say it's the climate that has killed them."—Sacred Heart Review.

Keeps Blood Moving Drives Out Impurities

True to Nature in Its Action and Welcome to the Stomach.



All Is Motion Throughout the Universe.

If there are signs of blood impurities begin using S. S. S. at once. You need it. This wonderful blood purifier is all action. It starts into motion billions of cells in the liver, lungs and throughout the body. Everything is kept on the move, flushes your blood, gives your entire blood circulation a fine thorough bath. It just naturally and in a twinkling irrigates every atom in your body. It rushes into every cell, causes every bone, muscle, ligament, tendon, mucous surface and every nerve to thrill with freedom, with health, with new-found springiness.

And best of all, S. S. S. though a powerful, searching, overwhelming enemy to disease is as pure as the dew on a peach blossom, as powerful as the heroic works of nature, as searching as the peremptory demand of the most exact science.

Ask for and insist upon getting S. S. S., the world's cure for all disorders of the blood.

For private, personal advice on stubborn chronic rheumatism write at once to the Swift Specific Co., 222 Swift Building, Atlanta, Ga. Their medical department is famous on all blood diseases, and is equipped to make personal blood tests, approved by the highest medical authorities. Get a bottle of S. S. S. today.

MUCH GOOD IN SALAD

APPETIZING AND HEALTH-GIVING AT ALL SEASONS.

Housewife Who Is Proficient In Their Making Is a Treasure to Her Family—Three Recipes That Are Excellent.

By LIDA AMES WILLIS.

One of our readers delights in her skill in salad-making. She declares she can prepare salads that are her own—and her family's—greatest joy and satisfaction in this life, if not their salvation in the next. Another reader exhorts us to preach salads to the outer barbarian who will not adopt this higher phase of development. Virtue lies in the harmonious combination of a salad, the beauty and health-giving qualities that nature has imparted to the delicate, tender green vegetables, the oil of the olive, and other choice ingredients used.

Though salads vary with the season, happily there is no month in our year during which we may not obtain fresh materials in greens or vegetables for the production of choice salads. The American cucumber, hot-house or outdoor grown, should be eaten in all its pristine freshness, sliced into ice cold water to make it tender and crisp, but no salt added.

Dutch Shmaus.—The minced fish salads originated with the Dutch, who were famous for compounds of fish, cheddar cheese, and various roots and herbs. A herring salad is made with two broiled herring, skin and bones removed and meat shredded; put in a salad bowl a bleached head of endive; add to the fish and two anchovies cut up a dozen minced capers, two boiled and diced potatoes, two boiled and pickled beets cut in shreds, and some minced herbs. Pour over all a plain salad dressing; toss lightly together and serve.

French Salad.—Trim, wash and cut up a head of endive; drain perfectly dry. Rub your salad bowl with a cube or crust of bread rubbed with garlic or onion. Put in the endive and cover with a dressing made of olive oil, tarragon vinegar, salt, pepper, a little anchovy paste, pinch of celery salt, and toss lightly together and serve.

Spanish Salad.—Not to France or sunny Italy are our thanks due for the glorious tomato salad. By the law of eternal fitness it belongs to Spain, that land of vivid romance. Blend the tomato with the ripe Spanish olive, a few waferlike slices of Spanish onion, and shreds of green pepper, and cap all with a crown of golden mayonnaise, and you'll find joy in the eating thereof.

Meat Pie.

Select a couple of pounds from loin of pork, and a pound of nicely seasoned sausage links; rinse quickly and put to boil gently in sufficient water to cover it. The water should be cold to begin with, and salted. Add eight to ten potatoes which have been peeled and halved. Stew gently until all is tender, adding water if necessary; rub a little flour, butter and pepper to a paste with a little of the meat broth. Line a pudding or bake dish with a rich crust, turn in the stew with the thickening, cover with a buttered crust, leaving a hole in the center for steam to escape. Bake in a rather quick oven until crust is brown and flaky.

When You Sweep.

For sweeping a room neatly there is nothing like newspaper aid. Take a page of newspaper or other paper convenient, wet in hot water and squeeze it until it ceases to drip. Tear into pieces the size of one's hand, cast them all over the carpet, then sweep, and most of the dust in the room, if you use your broom judiciously, will be gathered into the papers. After a velvet or other heavy pile carpet is thoroughly swept, a sponging with ammonia and water will preserve its brightness wonderfully.

Eggless Chocolate Cake.

Cream one cupful sugar, half cupful butter, one large teaspoonful salt, one cupful milk or a little more if needed; one and a half cupfuls pastry flour, two teaspoonfuls baking powder, three tablespoonfuls of powdered chocolate or cocoa, one teaspoonful vanilla. Cream sugar, butter, salt, chocolate and a little milk to make it creamy, add flour, baking powder and vanilla. Butter the pan well and try cake with straw.

Angel Toast.

A delicious and wholesome food for the children and to serve with afternoon tea is angel toast. Here is a recipe:

Cut bread into thin slices, butter evenly and well and cover plentifully with sugar (brown sugar being preferable). Toast until brown in a medium oven. The top will be covered with a delicious sort of caramel or candy. This is nice for the children's tea.

Bride's Cake.

Sift three-fourths cupful of powdered sugar and cream with one-fourth cupful of butter; sift twice one and one-half cupfuls of flour; at the second sifting sift with it one teaspoonful of baking powder and a pinch of salt, one-half cupful sweet milk, whites of two eggs beaten to a foam. Flavor with lemon. Beat the mixture from 20 minutes to half an hour.

When Roasting Fowl.

In roasting any bird place the breast in the pan first when put in the oven. By so doing the juice will run out of the back into the breast, making it more juicy instead of the juices from the white meat settling in the backbone, as happens when a bird is placed back down in the pan.

For Removing Stains.

To remove stains from mattresses, make a thick paste by wetting starch with cold water. Spread this on the stain, after first putting the mattress in the sun. Rub this off after an hour or so, and repeat, if necessary, until stain is entirely removed.

SANDWICHES THAT ARE FINE

With a Little Preparation They May Be Made Choice Morsels Fit for Any Afternoon Tea.

An ingenious woman who prides herself on her sandwiches bakes the bread in round tin cans from which she has removed vegetables. When she wants an especially small and dainty sandwich she uses large-sized baking powder cans. The slices from the round loaves make dainty sandwiches.

To make perfumed butter sandwiches, both the bread and butter must be scented. The butter pats, wrapped in thin cheesecloth, or the thinnest of cotton, are put in a china bowl lined with blossoms of flowers. More blossoms are then heaped over the butter. Then the cover is put on securely, that it may be airtight, and the bowl is put in a cool place. The loaves of bread are also treated in the same fashion.

Take crisp new potatoes, slice evenly, and spread over them finely minced celery and mayonnaise dressing. Place this mixture between triangles of homemade bread.

Prepare a French dressing and dip into it slices of cucumber peeled. Lay these between slices of thin white bread, buttered. Prepare these sandwiches only a short while before they are to be eaten or they will become soggy.

A sweet pepper sandwich is a delicate bit to serve for luncheon, and is made by spreading between slices of bread a filling made of peppers and Neuchatel or cream cheese. Chop the peppers very fine and mix them with cheese and a few drops of olive oil or with a little rich sweet cream. Use in the proportion of one-third pepper to two-thirds cheese.

Use thin slices of wheat bread, buttered, cut in heart shape. Between each two slices place a layer of Neufchatel cheese mixed to a paste with equal quantities of cream and salad dressing, and cover with chopped olives.

Take the left-over bit of potato salad, add to it some minced cold boiled ham and spread it beween slices of buttered bread.

Lettuce with a layer of horseradish on either side and placed on well buttered bread makes an excellent sandwich.

USE FOR FIRELESS COOKER

Breakfast May Be Prepared the Night Before and Enjoyed in the Morning.

Nobody appreciates better than the man or woman forced by circumstances to make an early start of mornings, the convenience and comfort of a fireless cooker. It is disheartening to most folks to go out in the morning—say at seven or even at six—and snatch breakfast en route. With the aid of a fireless cooker—a very small one will do—and a percolator, a breakfast may be enjoyed luxuriously in one's bathgown.

Oatmeal, brought to a simmer the night before and tucked cozily to bed in the fireless cooker, will emerge in the morning steaming and deliciously cooked. Coffee and water placed in the percolator before retiring need only the touch of match to alcohol wick during the morning process of dressing, to be ready, hot and steaming, when the oatmeal is placed on the table. Rolls and a bottle of cream, left by baker and milkman outside the door, will complete a breakfast—with perhaps an orange thrown in—that will sustain the average worker comfortably until the luncheon hour comes around.

To Destroy Ants.

The warm, damp days always bring ants. The only way to get rid of these insects is to destroy their nests. But it is often difficult to locate them. A good plan is to place little mounds of coarse ground sugar around. The ants will each take up a grain and make their nest with it, so should be watched. When the nest is found, drench it with kerosene or a strong solution of carbolic acid. Ants dislike the smell of camphor. This scattered around will keep them away, but as they are usually around food, camphor is scarcely practical, because of its strong odor, which the foods may absorb. In such a case try sprinkling with red pepper.

Linen Closet.

Linen stored in a closet warm and poorly ventilated will become yellow and will crack earlier than if stored otherwise. The properly constructed linen closet should be in a cool, dry place. Each shelf should be covered with linen slips fastened up with drawing pins. Have the linen slips broad enough to fold back and cover the contents of the shelves. Old sheets may be used for this purpose.

Glazed Carrots With Peas.

Wash and scrape carrots, then cut in strips. There should be four cups. Cook in salted boiling water to cover fifteen minutes; drain and return to the saucepan with one-half cupful butter and one-half tablespoonful sugar, cover and cook very slowly until tender. Add one can French peas, drained and cooked in boiling water ten minutes, thne seasoned with butter, salt and pepper.

Curried Egg Sandwiches.

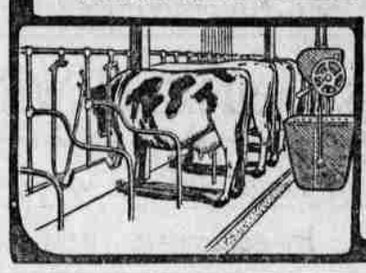
Mash the yolks of four hard boiled eggs and finely chop the whites; add two teaspoonfuls of curry powder, a pinch or two of salt, a teaspoonful of Worcester sauce, a teaspoonful of tomato sauce or chutney, a small quantity of paprika, and a squeeze of lemon juice. Mix these ingredients thoroughly and spread between thin slices of bread and butter. Serve with radishes or watercress.

Separating Honey.

To obtain strained honey by separating the honey from the wax as it comes in the frame, place the frame in a bowl in the oven just warm enough to melt the honey and wax; then remove the frame and let the honey stand until cold, when the wax may be skimmed off the top without any trouble.

Send Coupon to Wade For Free Blue Prints On That New Barn!!

Great, aren't they boy? Wade is doing a lot for us when he furnishes these free Blue-Prints, made up just special for the size barn we figure on building.
It shows us how
"PORTER'S PERFECT" Barn Equipment
will double our barn and dairy efficiency—make our cows healthy and contented—turn barn chores into a real pleasure.
Porter's Perfect Barn Equipment includes the most complete line of Steel Stalls, Stanchions, Feed and Litter Carriers and Hay Tools manufactured.
WRITE FOR THESE FREE BLUE-PRINTS TODAY!



If you figure on building a barn soon, send for them—it will not obligate you! Clip and fill out Coupon, pinning it to sheet that gives size of barn you figure on. Our estimating department will then work out a special, individual plan fitted to your requirements.
Whether you figure on building a Barn soon or not, mail coupon for Big FREE BARN EQUIPMENT CATALOG.
R·M·WADE & CO. SINCE 1865 PORTLAND, ORE.
Oldest and Largest Independent Wholesalers of Farm Machinery in the Pacific Northwest

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☐ Send me without obligation or cost whatever FREE Blue Prints of Barn—approximate size attached.
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THE·BUSINESS·MAN
in a hurry, often requests his stenographer to take his dictation direct on the typewriter, no notebook being used.
This requires a knowledge of Touch Typewriting, taught at this school.
Such a stenoghraper is worth a high salary, and gets it! Write for catalog.
A position guaranteed.
BEUTEL BUSINESS COLLEGE
Tacoma, Washington.

Among the silver masters of Sheffield, England, it is rather an established practice to encourage the employment of families. It is more the rule than otherwise that a father working in the silver trade will apprentice his children to that trade as they arrive at working age.

Typewriter Clicked On.

"How does the battle go?" asked the Mexican general.

"Fiercely," replied the press agent. "We have just had three devastating paragraphs, and we're now advancing several columns of fierce description."—Washington Star.

Paradoxical.

"So Jack intends launching out on the sea of matrimony."

"That's a singular way of putting it, seeing he's just been landed."—San Diego Union.

Merely Ornamental.

He—What candle light power has your electrical fixings?

She—Oh, those aren't real candles on that chandelier; they're merely make-believe.—Baltimore American.

IT MAKES SICK SKINS WELL
No matter how long you have been tortured and disfigured by itching, burning, raw or scaly skin humors, just put a little of that soothing, antiseptic resinol ointment on the sores and the suffering stops right there! Healing begins that very minute, and in almost every case your skin gets well so quickly you feel ashamed of the money you threw away on tedious, useless treatments.
Resinol ointment and resinol soap clear away pimples, blackheads, and dandruff; great for sunburn and insect bites. Sold by all druggists.—Adv.

In these days of domestic science and manual training it is interesting to know that sewing and knitting were taught in the first frame schoolhouse erected in Farmington, Me., more than a century and a quarter ago.

YOUR OWN DRUGGIST WILL TELL YOU
Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting—just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

Identified.

Howard—A fool and his money are soon parted.

Mrs. Howard (clapping her hands)—Oh, John! How much are you going to give me?—Columbus Journal.

Up to the present time no less than 31 aeroplane pilots have looped the loop. Of these, Hamel, an Englishman, and Gilbert, a Frenchman, have looped the loop with passengers.

In their experiments with the production of steel by electric methods the United States Steel corporation has expended more than $300,000.

In the vaudeville game of life you may never stop the show and you will be lucky if you never get the hook.

Don't drink doubtful water, says the health officer. Some men have doubts about all water.

The plum crop is said to be a failure. That sounds dismal for the political officeseekers.

HOWARD E. BURTON — Assayer and Chemist, Leadville, Colorado. Specimen prices: Gold, Silver, Lead, $1; Gold, Silver, Zinc or Copper, $1. Mailing envelopes and full price list sent on application. Control and Umpire work solicited. Reference: Carbonate National Bank.

Prepare for Emergencies!
It may be necessary for you to take a position tomorrow. Are you ready? Our training will fit you for business life.
COURSES IN
Business, Shorthand, Telegraphy
Behnke-Walker BUSINESS COLLEGE
I. M. Walker, Pres. Portland, Oregon
WE GUARANTEE POSITIONS TO ALL OUR GRADUATES.

In Good Old Eden.

When Eve held forth in Paradise,
She found much pleasure in it;
For when she did her Monday wash,
It only took a minute.
—Milwaukee Sentinel.

And when the washing blew away,
Eve didn't fret or whine;
She merely sauntered forth and picked
New garments from the vine.
—Springfield Union.

And no complaints from Adam came,
Their happiness to wreck,
Because of collar edges which
Sawed nearly through his neck.
—Youngstown Telegram.

Their life was one of homely bliss,
Unknown to them was pain;
But soon as they got Abel they
Got busy raising Cain.
—Spokesman-Review.

Sunlight Intensified

By Reflection from Ocean Beach and Desert Sand unrelieved by Foliage, Winds and Mineral Laden, Poisonous Dust, all bring Eye Troubles in their wake—Granulated Eyelids, Red, Itching, Burning, Tired and Watery Eyes, Impaired Vision and Eye Pain. Reliable Relief is found in Murine Eye Remedy, Mild and Harmless. If you Wear Glasses, Try Murine. Doesn't Smart. Feels Fine. Acts Quickly. Is an Eye Tonic compounded by Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold at 50c Per Bottle. Murine Eye Salve in Aseptic Tubes, 25c and 50c. Sold by Druggists. For Books, write to Murine Eye Remedy Co., Chicago.

Phonetic Spelling.

Willie was struggling through the story in his reading lesson. "No, it was not a sloop. It was a larger vessel. By its rig I judged it to be a ——." The word was new to him.

"Barque," supplied the teacher.

Still Willie hesitated and looked bewildered.

"Barque! Barque!" repeated the teacher, this time sharply.

Willie looked as though he had not

Putnam Fadeless Dyes make no muss.

Mrs. J. W. Meserve of Barr Mills, Me., has a cat who makes a regular practice of ringing the front door bell when he wishes to be admitted, reaching up and pulling the cord with his forepaws.

On the municipal rolls of Copenhagen, Denmark, are 9889 men and 4994 women. With their families they constitute 7.3 per cent of the population.

Slips That Pass in the Night.

Belated City Man (after second unsuccessful attempt to stop passing fire engine)—Orl rite then—hic—keep your bloomin' chestnuts.—The Tatler.

Thirteen was the sacred number of the Mexicans and ancient people of Yucatan. Their week had 13 days, and they had 13 snake gods.

Mrs. Lorenz Smith of Bransford, Conn., has just begun her one-hundredth year in the same house in which she was born in 1815.

Nine mines in 10, the world over, are richer in the first 1000 feet than in the second, and few are worth operating below 3000 feet.

This seems to be the open season for street speakers. Talk is cheap when you can get a speaking permit for nothing.

When things go wrong in baseball,
He always gets his bumps,
He's raw and green and heartless—
Our poor old friend, the umps!

Somebody always is taking the joy out of life. Just as the Indians hit their stride a new bunch of umpires is wished onto the league.

Because hubby embraces a pretty girl wifey gets a divorce. The court felt the man was doing more than his duty embraces.

Patriots do not want the Liberty bell removed from Philadelphia. If the original patriots had been as unliberal there never would have been a bell.

Promising.

"Your nephew is quite a promising young man, isn't he?"

"Well, he hasn't done anything else as yet."—California Pelican.

Well-known sayings of unknown men: "Step up in the aisle there, please."

Someone is advertising for a well digger. What would anybody do with a sick one?

Pull may accomplish something in politics, but it gets a man nothing while he is operating a lawn mower.

St. Louis trapped 5,634,000 flies in a month. That only goes to show that somebody failed to swat in time.

The firemen have no desire to paint the town red even if their apparatus is done in that shade.

California leads all the other states in the number of automobiles in proportion to population.

Liquor may have no place in a party platform, but it frequently lubricates street-corner politics.

BEAUTIFUL CUP & SAUCER FREE!
Send us $1.44 for 5 lbs. of the great ARCADIA BLEND Fresh Roasted Coffee and get a beautiful cup and saucer absolutely free. Instead of paying salaries and commissions to agents we give our customers premiums. You try the Coffee out. If you don't think it is the best value for the money you ever got, just *keep the Cup and Saucer* for your trouble and send the coffee back to us at our expense. We will refund your money at once without question.
PACIFIC COAST COFFEE CO.
308 Pine Street. Portland, Oregon

A Good-Manners Week.

"What Cleveland needs is a better-manners week," says the Cleveland Leader. That is true for other places, too. We need weeks for the virtues of all kinds. We need a swat-the-lie week, a simple-life week, a good-language week, a nonprofanity week, a help-your-neighbor week, a closed-muffler week, a nonsoliciting week, a cherry pie week, a clean-movie week, a 5-o'clock getting up week, a picnic week, a going-a-fishing week—in fact, we need weeks of all kinds to refresh the soul and stimulate the intellect. A commission might be appointed to divide up the whole year into weeks devoted to our happiest aspirations. Why not? What's the sense of groveling along in loafing and trading and working? What's the sense in making things worse than they are? Why shouldn't we live up instead of down?—Columbus (Ohio) Journal.

1887 TO 1914 — 27th YEAR
OLMES BUSINESS COLLEGE
The school that gets you a good position.
Thousands of Graduates
NONE IDLE
FREE INFORMATION
Washington and 10th Sts.
PORTLAND, ORE.
OLDEST MOST MODERN

What Happened to Mary.

The maid-of-all-work in the service of a provincial family, the members whereof are not on the most amicable of terms, recently tendered her resignation, much to the distress of the lady of the house.

"So you are going to leave us?" asked the mistress, sadly, according to Tit-Bits. "What's the matter, Mary? Haven't we always treated you like one of the family?"

"Yis, mum," said Mary; "an' I've shtood it as long as I'm goin' to!"

Convention speaker sees an opium-less China by 1920. It's surely a long hop from all hop to no hop.

COULD NOT STAND ON FEET
Mrs. Baker So Weak—Could Not Do Her Work—Found Relief In Novel Way.
Adrian, Mich. — "I suffered terribly with female weakness and backache and got so weak that I could hardly do my work. When I washed my dishes I had to sit down and when I would sweep the floor I would get so weak that I would have to get a drink every few minutes, and before I did my dusting I would have to lie down. I got so poorly that my folks thought I was going into consumption. One day I found a piece of paper blowing around the yard and I picked it up and read it. It said 'Saved from the Grave,' and told what Lydia E. Pinkham's Vegetable Compound has done for women. I showed it to my husband and he said, 'Why don't you try it?' So I did, and after I had taken two bottles I felt better and I said to my husband, 'I don't need any more,' and he said 'You had better take it a little longer anyway.' So I took it for three months and got well and strong."—Mrs. ALONZO E. BAKER, 9 Tecumseh St., Adrian, Mich.

Not Well Enough to Work.
In these words is hidden the tragedy of many a woman, housekeeper or wage earner who supports herself and is often helping to support a family, on meagre wages. Whether in house, office, factory, shop, store or kitchen, woman should remember that there is one tried and true remedy for the ills to which all women are prone, and that is Lydia E. Pinkham's Vegetable Compound. It promotes that vigor which makes work easy. The Lydia E. Pinkham Medicine Co., Lynn, Mass.

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