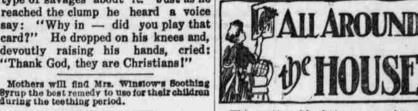


opals found in any part of America are less hard than those found in other localities, but they are no less brilliant, and some of them withstand atmospheric effect and the wear of time quite as well. Others again fade and become translucent and opaque in course of time, or according to the degree of exposure.

# "Watch Out"

- Indigestion Dyspepsia Constipation Biliousness will surely "get you" if you are careless and neglect the Stomach,
- Liver and Bowels. Be
- always take



Thin cotton blankets are most prac-Many Years' Loss of Memory. tical for summer, because they can be A Nevada case is reported where a easily laundered. If hung double over man wandered away from his wife and the line they will need no ironing. three children. For ten years he was One way of making the guest cham-

state again something seemed to snap of fresh flowers on the desk and anin his head and he knew himself other on the bureau.

His wife had died only the week be- pile in the linen closet. This makes unanimously endorsed by experts in fore his knowledge of his real self re- it possible to give the sheets equal this line. With a steam-tight receptatuned. He attributed his loss of mem- wear. ory to overwork while figuring on When closing the house for a vaca. a much higher degree of heat, and the

tion don't forget to leave the fires ferment germs totally destroyed. ready laid for lighting. Don't forget Many parts of the country are or-No thoughtful person uses liquid blue. It's a pinch of blue in a large bottle of water. Ask for Red Cross Ball Blue, the blue that's all blue. the cat, and don't lock it in. There is economy in buying some of supervision of government agents. the household supplies in bulk-bluing, They hold meetings at intervals and

soap and starch, for instance, will all the children, as well as the older peo-It was an Engish ship with an Eng- keep. Soap really improves with age. ple, are taught how to successfully lish crew and an American passenger When the fire is running low and a can all food products. Lectures are list. Two stewards were having a quick oven is wanted, open the oven given at these meetings by the person on guard, and at the first sign of trouble list. Two stewards were having a heated altercation and pouring forth anathemas upon each others' heads, Then close the oven door. It will heat the most perfect goods. This work is anathemas upon each others' heads, Then close the oven door. It will heat the most perfect goods. This work is when as a crowning insult one said to more quickly.

until tender.

ness.

rapidly extending into all the states the other: "Aw, you eats just like a To bread veal, dredge it with flour, and in a year or so the entire country passenger."-San Francisco Argonaut. then dip it in egg and bread crumbs will be organized into "canning clubs."

cle canned foods may be subjected to vear.

The young bees, hatched from Auganized into canning clubs under the lative feeding.

As a rule bees cast a prime swarm as soon as the first queen cell is When the hives are well distribut- heat from the kitchen during the ed in a certain space, their inmates

the like about it. Robbing is not so

prevalent, either, and the absence of

that always helps to make the bees

HANDY IN SORTING POTATOES

count them before they are raised. " urday. One of the pies is used for AROUND THE HONEY MAKERS Saturday's dinner, and the pudding or

All Failing or Slow Queens Should Be Changed Promptly and Breed Only From Very Best.

Comb honey that is to be sent to distant market should be shipped that is of the kind that improves with before cold weather, since the combs keeping a few days. While the oven is become extremely fragile when cold. being used the top of the stove is put Change all failing or slow queens promptly, and breed from the best you can secure, thus raising the standard of your stock step by step and improving the average year by

gust 1 on, constitute the colony to be wintered, and for this reason it is wise to see that much brood is ready, even if you have to resort to stimu-

sealed, unless prevented by bad tive ability to do the bulk of the weather; therefore, the first young week's cooking on one day, but the queen may be expected to emerge on housewife has an excellent rest for the Also for Salt Rheum, Tetthe eighth day from the first swarm. other six days. There is little or no

and often a pudding are baked on Sat. of the plant. When Your Eyes Need Care

Saturday's dinner, and the pudding or an ice is served on Sunday. The other ple is reserved for Monday or Tues-day. On the other days the desserts are jellies, Bavarian cream or chilled desserts, or something that requires no hot fire to prepare. Two loaves of

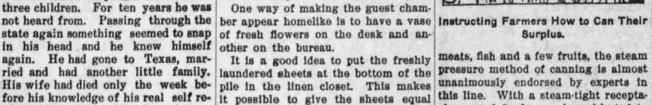
cake are also baked on Saturday, one Murine Eye Remedy Co., Chicago Bird on Chimney Suffocated. A dead pigeon dropped down the chimney of a Glasgow (Scotland) house

to a good purpose. A whole ham and a beef tongue are the other day while an aged woman bolled on Saturday to use throughout named Elizabeth Hotchkiss was seated the week at luncheons. Enough bolled at the fireside. The bird scattered the salad dressing to last through the ashes of the grate upon the woman, week is prepared and placed in the re with the result that she was severely frigerator. If Saturday happens to be burned. It is thought that the pigeon a mercury record-breaker the baking had been sitting on the chimney head is done on Monday or Tuesday. With and was suffocated.

plenty of fruits, vegetables, cheese, eggs, salad and herbs an excellent table is set throughout the summer. Fine Remedy Of course it requires some hard work and much judgment and exceu-



ter, Psoriasis, Lupus, and All Skin



HOSTETTER'S - STOMACH BITTERS -It tones, strengthens, invigorates the entire

system. Try it now.

#### Bird Lights Lamp.

beer.

-To Women-

For those ills peculiar to women Dr. Pierce recommends his "Favorite Prescription" as

**"THE ONE REMEDY"** 

ual experience in treating woman's diseases—carefully adapted to work in harmony with the most delicate feminine constitution.

All medicine dealers have sold it with satisfaction to cus-tomers for the past 40 years. It is now obtainable in liquid or sugar-coated tablet form at the drug store—or send 50 one-cent stamps for a trial box, to Buffalo.

Every woman may write fully and confidentially to Dr. Pierce, Invalida' Hotel and Surgical Institute, Buffalo, N. Y., and may be sure that her case will receive careful, conscientious, confidential consideration, and that experienced medical advice will be given to her absolutely free.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liv-er and bowels. Sugar coated, tiny granules easy to take as candy.

ble and belongs to the best period of was on the wide I could wear them."

Telegraphy: Commercial, Railroad, Wireless

BUSINESS COLLEGE

Write us for further information. No trouble to answer questions.

-Exchange.

SHORTHAND

A medicine prepared by regular graduated physician of unus-

In Greensford, England, a street lamp was found lighted every morn- St. ing, and the lamp lighter could not account for it, so he set a watch who Resident and Day School for Girls soon found the culprit. A tomtit had In charge of Sisters of St.John Raptist (Episcopal) built its nest in the corner of the state, Art. Elecation, Domestic Art, Domestic Science, Symmetry, and had a babit of bonning on Symmetry, Forenaiog addresslamp, and had a habit of hopping on the ring attached to the incandescent bypass, which caused the light to be turned on.



-

Graeco-Roman art.

**Rare Work of Art Found.** 

A statue of Venus was found in a

BOOKKEEPING

Helens Hall PORTLAND, ORRGON

"Thank God, they are Christians!"

complicated contracts.

**Deadly Insult.** 

constipation. Constipation is the cause

of many diseases. Cure the cause and you cure the disease. Easy to take.

Terse and Truthful.

"Too much absorbed in his busi-

ness," was the comment of a news-

paper on the death of a brewer who was found drowned in a tank of his own

running it through the meat chopper.

THE SISTER SUPERIOR, Office 30 St. Helens Hall

boiling water over it and let stand about ten minutes. Then run it through condition? **Reminders of the Long Past.** Two human skeletons in perfect con- the chopper. Put the chopped meat dition were unearthed during road- and onion in a bowl, add one egg, four farmers do not know what they're do- chute. To sort the tubers they are widening operations near Abergele, rolled crackers, one-half teaspoonful ing, for doubtless some of them do poured into the hopper and spread North Wales recently. They were pepper and a teaspoonful salt, unless know that it is a bad practice, but buried in a trench with other remains. the pot roast was highly seasoned, and burning stalks is easier than disking Near the spot are the sites of ancient a half teaspoonful sage if desired or cutting them up, and they are a

British encampments, and many se- Work into a loaf; place in a baking nuisance to plow them under. Some vere engagements between the Eng- dish and bake in a moderate oven for farmers say there is no benefit in lish and the Welsh were fought hard an hour. Just before serving, remove plowing under stalks, but I cannot the cover and let it brown. Cook the figure it out that way, because I do macaroni as usual, drain and pour over not see how we can go robbing our

it the brown gravy that is left from soil and keep up the fertility. It costs Just "Between You and I." She-Why, her and me were the the pot roast and set on the back of very little to keep a sheep and a best of friends before him and her the stove to simmer. Heat a can of flock of 50 sheep is worth money. met. Of course, this is between you tomato soup and serve with the macaand me.-London Punch. roni around the loaf.

**Only Changes Needed.** 

## Fruit Tarts.

one pound of flour, one-half pound Seeking Health and Strength tinned marrow, sugar, water. Fill dish with fruit, add sugar in propor-tion; put the flour into a basin and rub in the marrow with a teaspoonful of powrered white sugar (a little baking powder may be added if liked). Wet up with enough water to make a stiff paste, roll out and cover the the oven. With some fruits, like goose- your pumpkins in the field. berries, currants, etc., there is too

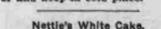
Pare and quarter one large onion, pour

bake tart. Make one medium tart.

#### Canned Red Peppers.

silce from stem and of each and re Try this. move seeds; then cut in thin strips by working around and around the peppers, using scissors or sharp knife. Cover with bolling water. Let stand two minutes, drain and plunge into a great source of contamination for The other day my 6 year-old broth-

ice cold water. Let stand ten min- milk and cream, as they afford a harcellar at Naples a short time ago. er, who has a fat, chubby hand, was utes, again drain and pack solidly into The ground floor of a house collapsed trying on my kid gloves. He found pint glass jars. Boil one quart vinesuddenly, revealing an ancient cellar they were too tight for him, and when gar and two cups of sugar 15 minutes. containing a magnificent statue of the I asked if he could wear them he said: Pour over peppers to overflow jars, goddess. The statue is of Parian mar- "No, but if some of the too long side cover and keep in cold place.



with sweet milk and turn into mixing stunted in the early days of its life bordeaux nozzle. bowl. Into sifter put two cups flour. breeding herd. one cup sugar, a little salt, two level teaspoons baking powder. Sift into the bowl. Mix and add two tablespoons soft butter (not melted) and is the feature.

and do other things that will save the ground. To Clean Oil Paintings. time and annoyance, When cleaning oil paintings cut a slice of potato dampened in cold water over the picture, wiping off the A great many people set peach trees where in the poultry-house during

and brown in hot fat. Then cover The farmer and fruit grower have Dr. Pierce's Pleasant Pellets cure with milk and cook in a very slow oven a great deal to thank the United can be more easily handled. It seems States government for. Unlimited to improve their disposition, especial-White straws are best cleaned with praise is due our government for the ly if there are some trees, shrubs, or

a cut lemon dipped in sulphur and educational work that is being done. rubbed on the hat. This should be al- in helping the farmer to realize greatlowed to dry and when it is rubbed off er profits for his produce. the straw will have regained its white-

BAD PRACTICE OF FARMERS

One Cannot Afford to Burn Corn Smaller Tubers Fall Through Holes in Stalks and Put Nothing Back In Revolving Screen-Work Done Form of Humus.

(By B. E. SARA.) It always makes me feel sad to see smoke arising from the burning corn machine for sorting potatoes, and

Beef Pot Roast Loaf With Macaroni. Use what is left over of a pot roast, running it through the meat chopper. Pare and quarter one large onlon, pour bolling water over it and let stand about ten minutes. Then run it through

better natured.

Maybe I'm wrong when I say that and just beneath the hopper is a

Potato Sorter.

#### For Lawn-Making.

The best fall months for lawn-making are August and September. If the soil is well prepared, deep, and bread crumbs until butter is fairly rich and mellow, the grass will usually thick; then let stand 20 minutes. This secure a good start, and with a little mixture must be thick enough when

season, may have to be deferred be for breakfast.

Six eggs, one tablespoon butter or Disinfecting Whitewash. An excellent disinfecting whitewash nice dripping, pepper and salt to tasta may be made as follows: Slake 25 Melt the butter on a stone-china or pounds fresh lime in sufficient water tin plate, or shallow baking dish. to make a paste, sprinkle in 15 pounds Break the eggs carefully into this, dust of flowers of sulphur, add 30 gallons lightly with pepper and salt, put in s

Most Profitable Feed. With hogs, especially the feeding of water, and boil for an hour Then moderate oven until the whites are that produces a steady, speedy growth, add enough water to make 50 gallons well "set." Serve in the dish in which

Lime Prevents Disease.

Scatter the airslaked lime every-

Put white of one egg in a cup, fill is the most profitable. A pig that is and apply with a spray pump, using a they were baked. should never have a place in the

Keep in Water. Cranberries may be kept an indefi Forage for Ducks. Do you know that a patch of ground nitely long time without being cooked sown to turnips now will in a few simply by keeping them covered with If taken at a ver yearly age chick- weeks provide forage for the ducks? water, writes a contributor. The berflavor. Beat ten minutes, as beating ens can be taught to come and go at They are so fond of this that they rice I bought at Thanksgiving time

a Mason jar.

### week, and much oil and coal are saved Afflictions.

All skin troubles should be attacked from within by giving the blood circula-tion a good daily bath. This is accom-plished with S. S. S. the best known and most highly recommended blood purifier ever discovered. Its action is very rapid. Its vegetable nature is such that it nat-urally goes right into the blood, saturates with an influence that enables the skin to heal quickly. The action of S. S. S. is that of an antidote, and this fact has at a time. When they are all done let the sirup boil one hour, pour over

With Rapidity. A New York man has designed a I am very fond of cherries, but have I am very fond of cherries, but have I am very fond of cherries, but have I am very fond of cherries but have found them a trifle insipid and to over remarkable and goes on constantly with come that I use one-quarter teaspoon every tick of the clock-the beat of the

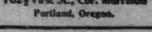
Wash, skin and cut rhubarb in inch pieces and fill jars full. Put under cold water faucet and fill to overflow. ing, being sure the rubber is well wet all round. Cover and seal. Some of the wire fasteners on my jars are quite loose, but I have used them and have not lost any fruit, because of off.-Exchange.

Do not allow anyone to palm off a cheap substitute for S. S. S. You will be grievously disappointed if you do. There is nothing else "just as good" as S. S. S.



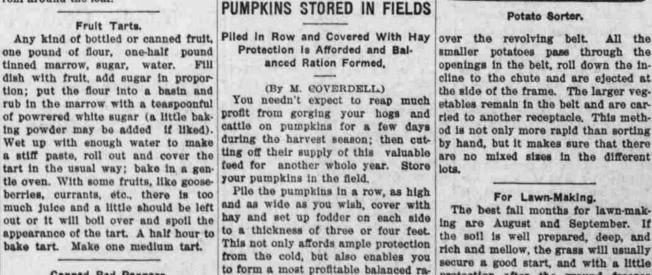
CONSULTATION FREE.

THE C. GEE WO CHINESE MEDICINE CO 1621 First St., Cor. Merrison



No. 34, '13

condition as when my grocer gave them to me by being kept in water in Dainty Summer Portiers. Red bordered white toweling, held P. N. U.



much juice and a little should be left and as wide as you wish, cover with out or it will boll over and spoll the hay and set up fodder on each side appearance of the tart. A half hour to to a thickness of three or four feet. This not only affords ample protection

trouble.

tion by adding "the fruit of the vine"

Source of Contamination.

bor for various objectionable ferments

which ultimately cause considerable

Labor Saving.

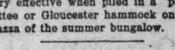
Setting Peach Trees.

the side of the frame. The larger veg-

interlaced squares or triangles, or s swastika. A half dozen covers can be made in an afternoon, and they are

very effective when piled in a porch settee or Gloucester hammock on the plazza of the summer bungalow.

-an item worth considering.



Corn Cakes. Add to one-half can of corn one egg.

protection after the ground freezes dropped by the tablespoon. Won't run s A. M. Wash one peck of red peppers, cut a as you feed out the corn and fodder. will continue to make roots during much. So if you think batter head mild intervals, and by spring will be more crumbs add them. Fry in small falling Bidg., Third and Washington, Portland much in advance of a lawn made at cakes in bacon fat until brown and that time and which, owing to a late crisp on both sides. Serve with bacon Cracked or badly worn utensils are yond the usual seed time. Eggs Sur Le Plat.

