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ATHENA, ORE., OCT. 10..... 1913

ALFALFA RICH IN DIGESTIBLE PROTEIN	
ALFALFA	of 100
WHEAT BRAN	11.2
OATS	8.5
CORN	7.5
CLOVER	7.5
TIMOTHY	2.8
CORN FODDER	2.5
CORN SILAGE	1.8
OAT STRAW	1.2
WHEAT STRAW	.4

**ONE OF ERIN'S FAIRIES.**

**A Tricky Chap Is Ireland's Little Old Man, the Leprechaun.**

The story of the boy who was exhibited throughout Scotland as a genuine Irish leprechaun leads one to ask what exactly a leprechaun is, for, of course, each variety of fairy has its special characteristics.

The leprechaun is peculiar to Ireland and is in the form of a little old man, by profession a maker of brogues. He is only discovered by the sound of the hammering of his brogues, and any one capturing him can induce him by threats to reveal where his wealth is hidden.

But no one yet has laid hands on that wealth, for if you take your eye off the leprechaun for as much as a second he has the power of vanishing, however tight you may hold him. And his ingenuity in making you glance away is always successful.

Only once did that ingenuity fail, and even then the treasure escaped unimpeded. A careful peasant, proof against all temptations, kept his eye on the little brogue maker until the money was revealed in a field of ragwort. But he had no bag. So he tied his garter round the particular plant under which the money was hid and went to fetch one, only to find on his return that every ragwort in the field was adorned with a red garter.—London Chronicle.

**FATHER OF ALL HOT SPRINGS.**

Carlsbad's Famous Sprudel and Its White Robed Priestesses.

The Sprudel is the most ancient of all Carlsbad's fountains, the father of all hot springs, and still pours forth the greatest flood of all.

It rises like a geyser in its basin, a steaming, spouting column an inch and a half thick and from six to thirteen feet high. Around it stand priestesses, the spring girls, dressed in lovely white waterproof uniforms. They fix the drinking cups at the ends of poles and catch the water as it comes fresh from the earth's heart.

The geologists call Carlsbad's fountain virgin or volcanic water. They have their sources in no rainfall sinking to fill subterranean reservoirs. Created in those glowing inner laboratories of mother earth, the water here leaps to light and air for the first time.

Pagan memories seem to stir in one at the thought. It becomes easy to believe that the springs bring from recesses where it has lurked hidden since creation some magic, unspoiled, primal energy and that the cheerful, smiling German peasant girls who toll so tirelessly are captive woodland creatures serving forces more ancient than the gods.—Harper's Magazine.

**Eating Crow.**

Although the use of the expression "to eat crow" in a metaphorical sense, meaning to eat one's words, may well have dated from the time of Noah, when the bird was first looked upon as unclean and not fit to serve as food for man, it seems to have arisen from the old tale of the officer and the private. A soldier, having shot a tame crow belonging to one of his officers, was discovered by the owner with the bird in his hand. Seizing the private's gun, the officer commanded him to eat the bird as a punishment. With the firearm pointed at his head, the soldier fell to, but no sooner had the officer laid aside the gun than the culprit grasped it and compelled his superior to join in the distasteful banquet. The private was court martialed the next day, and when he was asked by the examiners what had occurred he replied, "Nothing, except that Captain Bank and I dined together."

**Ready For Anything.**

The efficiency of the French system of highly centralized government, even in the face of the upheavals of nature, has been comically illustrated.

A slight earthquake shock having been felt in a part of the French provinces, the subprefect of one department, an important government official, telegraphed to the minister of the interior as follows: "On the first information of the seismic tremors I summoned the government attorney, the lieutenant of gendarmerie and the police magistrate. I have assumed my uniform and now await your orders."—London Mail.

**When Everybody Gets Tired.**

If everybody is to be tired, what will become of art, music, literature or anything else not predigested and placed in convenient tabloid form for gobbling? No gloomier thought has come upon the horizon in years than the picture of what this globe will be when the tired business man and the tired business woman have ranged wearily, flabbily, snatching over it, hand to hand, for a quarter century or so.—New York Tribune.

**Even Worse.**

He—Darling, don't you know that it is un lucky to postpone a wedding? She—I can't help that. My dressmaker is ill, and I'm afraid it would be more un lucky if I were to go and get married before having all the clothes I want made while my father is still willing to pay for them.

**Escaped.**

Sister (at the piano)—Where is Herr Braun? Little Sister—Oh, I got up to open the door for Fido and he slipped out at the same time.—Fliegende Blätter.

**Sad Realities.**

The honeymoon is about over when he begins to notice that the sleeves of her kimono are trailing in the butter dish.

And then she discovers that he chews toast as though he had a grudge against it.—Detroit Free Press.

**SUMMONS.**

In the Circuit Court for the State of Oregon for Clatsop County.  
First National Bank of Athena, a Corporation, Plaintiff,  
vs.  
Harry Brown, Defendant.  
To Harry Brown, above named defendant:

In the name of the State of Oregon, you are hereby summoned and required to appear and answer the complaint filed against you in the above entitled court within six weeks from the date of the first publication of this summons against you, and if you fail to appear and answer and plead, the plaintiff, for want thereof, will demand from the above entitled court the relief demanded in its complaint, to-wit: For a judgment against you in the sum of \$825.00 with interest thereon at the rate of 6 per cent per annum from September 1st, 1913, together with its costs and disbursements in this action.

This summons is published pursuant to an order of the Honorable G. W. Phelps, judge of the above entitled court, made on the 29th day of September, 1913, and the first publication thereof is on the 3rd day of October, 1913.  
Homer I. Waite,  
Attorney for Plaintiff.

**WALTER V. GRIEWOOLD HAS JOINED HEADS WITH R. C. JULIAN IN THE PUBLICATION OF THE HELIX ADVOCATE.**

We have not the pleasure of Walter's acquaintance but here's hoping that he casts as long a shadow in journalistic light as does his partner, R. C.

"Boost, or beat it," is the slogan of the Helix Advocate. From the fact that we have not heard of Charles Stanton or any other Helix resident "hitting the grit," we presume everyone in the little village up the flat is a booster.

Here's the latest limerick: "A wonderful bird is the pelican; his bill can hold more than his belly. He can hold in his beak full enough for a week. Now I wonder how in the helicon."

The Johns Hopkins specialists say that habitual smiling acts as a preventive of appendicitis. Surgeons who perform the operation should be immune for a time after collecting their bills.

A Michigan waiter's hair turned from black to red while having a tooth pulled. He knows now how it feels to have the hair turn gray while waiting for a chop order.

The worst trick that the alarm clock can play us is to break into our dreams as we are about to dive into the old swimmin' hole back home.

Unable to live on his charity allowance of \$50,000 a year, ex-King Manuel has taken to pawning his jewels. Evidently he is too proud to lecture.

As fast as New York women quit society to go on the stage, the actresses seem to quit the stage to go into society.

The highest of shivalry is for a fat man to surrender his seat to one of those cool looking little women.

Ambassador Wilson and President Wilson are as bitter against each other as if they were really related.

**ADHESIVE TAPE.**

**Did You Ever Think How Useful It May Be in the Home?**

A little forethought will provide adhesive tape for many emergency uses in the household outside of the sick-room. Labels for bottles and jars can be made of it, since the name is easily printed in ink, and the whole label may be removed with no effort when it is outgrown. A hot water bottle can be mended with adhesive tape; in fact, any rubber hose or container may have its life prolonged by it. Even a three cornered tear in a cloth or dark dress becomes invisible when pressed in place over a small square of it.

If any tacks are not at hand when the window shade is pulled off the roller adhesive tape will put it back strongly and neatly. "And when I have a corn or a tender spot on my foot," said the trained nurse who suggested some of these uses, "a little patch of adhesive tape is a great comfort and protection from chaffing." A binding strip of adhesive tape is invaluable for sheet music that is much in use. Manuscripts, too, can be fastened together at the top with a broad band of it.

Strips of adhesive tape are splendid for training plants, such as ivy or other vines, against a house foundation, for fastening rose bushes or tomato vines to the supporting frames or for any use in the garden when string or wire would cut the tender, growing stalks.—New York Tribune.

**COFFEE AND ITS EFFECTS.**

**Not Injurious When Used Moderately by Persons in Health.**

In the light of the data that have been accumulated in respect to the physiological action of coffee it may safely be affirmed that it is not injurious when used moderately by reasonably healthy people. With the neurosthenic and the dyspeptic it is a somewhat different matter. While alarming symptoms have followed the ingestion of enormous quantities, there is no evidence that fatally toxic effects have ever ensued.

Coffee is a mild stimulant, and the effects are rather transient. The moderate use of coffee will not make a well man sick. Such moderate use will not occasion disagreeable symptoms in the healthy, such as insomnia, headache, nervousness, drowsiness, palpitation, dyspepsia, vertigo, etc. On the other hand, it will obviate or relieve fatigue.

We do not consider coffee a necessary concomitant of civilized life, which some extremists claim it to be. To our minds it is rather a luxury which it is not necessary to dispense with unless one is compelled to do so as a part of the attempt to combat the increasing cost of living. As to the moderate use of any of the things which we ingest the same principles apply. Even such a valuable substance as milk has to be imbibed with reason as to quantity, lest autointoxication ensue.—Medical Times.

**FACING A WATERSPOUT.**

What it means to encounter a waterspout in the south seas is described by a writer: "First of all, a black trunk, like an elephant's, began to feel blindly about in midair, hanging from a cloud. It came nearer and nearer with uncanny speed, drawing up to itself as it came a colossal cone of turbulent sea until the two joined together in an enormous black pillar some quarter of a mile broad at the base and probably a good thousand feet high, uniting as it did the clouds and the sea below. Across the darkening sea, against the threatening copper crimson sunset, came this gigantic horror, waltzing over troughs of torn up water in a veritable dance of death, like something blind, but mad and cruel, trying to find and shatter our fragile little ship."

**WISE INSECTS.**

In his experiments to determine whether it is the color or the odor of flowers that attracts bees and other insects M. Plateau, the Belgian zoologist, brought him of striking color and strong odor and placed it before an excellent glass in which the reflection was perfect. All the insects went straight to the real flower, and not a single one approached the reflection in the mirror.

**FAST AND SLOW.**

Redd—Did you have a nice automobile trip? Greene—Part of the way. The chauffeur went too fast going out. "I suppose he reduced speed coming back?" "Oh, yes; we were towed back!"—Yonkers Statesman.

**ANGRY ADJECTIVES.**

It was not a young woman novelist, but Charles Sumner, of whom the late E. L. Godkin, the New York editor, said: "He works his adjectives so hard that if they ever catch him alone they will murder him."

**HOW IT HAPPENED.**

The Chronic Meddler—You are extremely bald for one of your age. The Rare Pated Party—Yes; got this way by butting into other people's affairs.—Philadelphia Ledger.

**SLEEP AND LONGEVITY.**

Sleep is as necessary as air or food. Those who shirk the sleep of life are only hastening unconsciously to the sleep of death.—Brussels Independence Belge.

**CONTENTMENT GIVES A CROWN WHERE FORTUNE HAS DENIED IT.—FORD.**

**HIS RETURN BANQUET.**

**It Was a Grand Social Success and Cost the Major Nothing.**

A veteran officer in the United States army recently told of the shrewdness displayed by a major in the old days. He had been appointed to the command of an army post on an island not a great way from San Francisco.

Soon after his arrival there a French fleet dropped anchor in the harbor. The commander invited the major aboard the flagship and entertained him royally.

The idea struck the worthy major the next day that he was in honor bound to return the compliment, but he was staggered by the expense involved.

To give a banquet befitting his dignity as a United States officer entertaining a distinguished representative of a foreign nation would mean bankruptcy, as the government had not authorized him to draw on its treasury for such a purpose, and the cost of the affair would have to come out of his own pocket. A bright idea struck him.

He invited the naval visitors to be his guests the third day thereafter at an "American picnic." Then he sent invitations to the best people of the neighborhood to join him in a basket picnic at a grove near at hand on the same day, "to meet our French naval friends now on our shores."

The people came with great baskets and hampers of provisions. A royal feast was spread in the grove, and the picnic was long remembered as one of the most notable social successes of its time.—Chicago Record-Herald.

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