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ATHENA, ORE., MAY 31, 1912

The women of Washington are preparing to take an active part in the forthcoming campaign. Already two of them are avowed candidates for different offices. The latest is Mrs. Josephine Preston, who will run for state superintendent of public instruction on the Republican ticket. Mrs. Preston is at present county superintendent in Walla Walla county, where she has made a good record. She is organizing her campaign systematically and promises to have the support of many well known educators. Mrs. Timblin of Olympia is the other candidate. She wants to be state land commissioner. This indicates that some women appreciate the right of suffrage and intend to avail themselves of its best opportunities.

State Superintendent L. R. Alderman has addressed a letter to the boys and girls of Oregon who have decided to grow garden produce, raise chickens or pigs, or to sew, cook, or carpenter, for their local fairs or the state fair in connection with the great state wide series of agricultural and industrial contests this year. The young people are reminded that their schools are closing, a hot and tempting summer is approaching and that the rewards both in prizes and in good habit cultivation will continue as big as they are now although the number of contestants to claim them may grow smaller.

To attract more attention to the cut-over lands of the Northwest, a new monthly magazine has been started. It is called "Little Logged-Off Lands." K. C. Beaton is the editor. Having been active as a newspaper man in Seattle for many years, he is well qualified for the new work. The magazine will depict the agricultural opportunities on stump-lands and seek to get more settlers on them. The first issue is well illustrated and attractively made up. The magazine will be widely distributed in the east and middle west.

Land offices report a great deal of inquiry for vacant land in this state and it is expected that 1912 will be notable for the large areas of the Government domain to be taken by settlers. The change in the land laws allowing a residence of three years on a homestead preliminary to making proof, which has passed both houses of Congress and waits only the signature of the President, is making public lands more attractive than ever before to the settler.

Russian Speltz, or Emmer, a grain that thrives on the steppes of Russia, is expected to find a congenial home in the dry farming country of Eastern Oregon. Umatilla county farmers are to introduce it experimentally this year. It resembles both oats and barley and requires but little moisture to make the crop. It has shown good results in North Dakota and will probably do well on light lands of the interior.

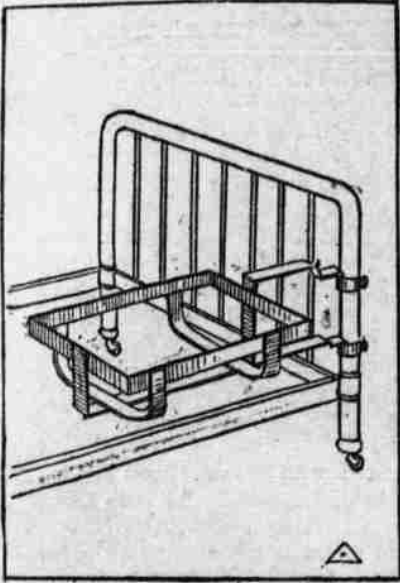
Banks of the state continue to grow, reflecting the continued prosperity of all Oregon. According to the report of Will Wright, superintendent of banks, deposits have increased from \$114,339,475, on March 7, 1911, to \$127,136,997 on April 18 of this year a gain of \$12,797,524, or more than a million dollars a month during the year.

The first automobile factory in the Pacific northwest will be erected in Seattle by the Ford Motor company of Detroit. It will be an assembling plant and will represent an investment of \$225,000. A site has been obtained and the factory will be erected at once.

ADMINISTRATORS' NOTICE.
In the County Court for Umatilla County, State of Oregon.
In the Matter of the Estate of Lucretia C. Maloney, Deceased.
Notice is hereby given that John Rothrock and A. B. Rothrock were on the 10 day of April 1912, appointed administrators of the estate of Lucretia C. Maloney, deceased, by the above entitled court. That all persons having claims against said estate are hereby notified to present said claims with proper vouchers thereto, to said administrators at Athena Oregon or to their attorney, Homer I. Watts at his office in Athena, Oregon.
John Rothrock,
A. B. Rothrock,
Administrators of the Estate of Lucretia C. Maloney, Deceased.
Homer I. Watts,
Atty. for Administrators.

HINTS FOR THE BUSY HOUSEWIFE

Baby's Crib That May Be Fastened to Parents' Bed.



A Californian has designed an attachment for beds by means of which the baby is always at its mother's side, but not in her bed. A small rectangular frame, which is a miniature bed in itself, is pivotally mounted to one of the head posts of the larger couch. It can be kept right at the mother's side or can be swung a little distance out if the latter wishes more room or when she gets out of bed. In this way a woman can watch over and attend to her child quite as well as if the little one were lying by her side, which it really is, but the separate receptacle keeps the infant out of harm's way and gives the mother greater freedom. It is the work of only a few minutes to remove this attachment from a bed completely.

Fricandeau of Veal.

Select a cushion of veal and have it trimmed and skinned into shape. Lard the upper side. Cut one onion, one carrot and one potato into shapes and place in the bottom of the braising pan with a bay leaf, a sprig of parsley, a piece of celery and two cloves. Lay the fillet on top with the harder side uppermost and pour over it a quart of hot stock. Place the lid on the braising pan and cook in a moderately hot oven for two hours if the meat weighs four pounds. When done remove the fillet and strain the gravy from the pan. Garnish the meat with the cut vegetables and fresh parsley and serve with a brown sauce made as follows:
Brown Sauce.—Brown two table-spoonfuls of butter. Add two table-spoonfuls of flour and cook, stirring steadily until smooth and brown. Add two cupfuls of the liquor strained from the pan and stir until the sauce thickens. Season with a few drops of Worcestershire sauce and one table-spoonful of ketchup.

Anchovy Canapes.

Canapes are snorries or appetizers and are often served as the first course at dinners and luncheons, sometimes taking the place of oysters or clams or even soup. The bread for the canapes should be cut in small rounds and either toasted over the fire, fried in hot fat or dipped in melted butter and browned in the oven. While hot it should be spread with the mixture, which in this case consists of anchovies rubbed to a paste with butter and garnished with the finely chopped white of egg, the yolks put through a sieve and a stuffed olive put on top. Canapes may be made of caviar, cheese, lobster or crab meat, oysters, sardines, etc.

Curried Eggs.

Mold some boiled rice into form resembling a nest. Chop one onion finely, fry it in a tablespoonful of hot butter for a few minutes and add a table-spoonful of flour a level table-spoonful of curry powder, a teaspoonful of salt, a teaspoonful of lemon juice, half a cupful of water. Allow to cook slowly for twenty minutes. Quarter some hard cooked eggs and add them to the sauce. Allow them to heat and place them in the nest of rice. Pour the sauce over carefully and serve decorated with a little chopped parsley.

Baked Bean Soup.

For each cupful of baked beans allow two cupfuls of tomato juice, or for a little over a cupful of baked beans a quart can of tomatoes may be taken. Put beans and tomatoes over the fire to heat; bring to a boil and put through a puree sieve. Return to the fire. If the soup is thin, butter and flour should be rubbed together to thicken it and carefully cooked, so that it may have no raw taste. If too thick stock may be added or even water. The soup should be seasoned well and served hot.

Orange Marmalade.

Twelve oranges cut into small strips, put into a pan with twelve pints of water and soak forty-eight hours, then put on to boil two hours, add twelve pounds of sugar and boil two hours longer. Be sure it boils well all over and do not let it remain on stove after the allotted time, as it loses its golden color. It will be sure to set.

To Freshen Fish.

Those who dislike salted whitefish and mackerel should put the fish in a crock or stone jar, pour over clabbered milk or buttermilk, let stand twelve hours, rinse twice in clear water, and they will find the fish as fresh as though it had never been salted.

A Mean Friend.

"Will you loan me \$2?"
"No."
"Then will you loan me your revolver to commit suicide with?"
"No. You'd pawn it and get your \$2 that way."—Louisville Courier-Journal.

It is a lucky eel that escapes skinning. The best happiness will be to escape the worst misery.—George Elliot.

Permican.
Permican, the prepared food used so much on polar expeditions, consists of two parts lean meat and one part fat, with two ounces of raisins to the pound. Only the choicest cuts from the choicest beef are used. The lean and the fat and the raisins are ground and mixed and then packed in hermetically sealed cans. It is eaten raw. It is frozen when the time comes to use it, and cooking would detract from its nutritive qualities.

NOTICE.

Amesbury, Mass., Apr. 11, 1912
Change of date Call for the mammoth Springer Convention now on.
The Springer heirs and descendants U. S. A., Canada, France, Belgium and Germany are requested to assemble on or about the 15th of May, 1912, at the State House, Boston, Mass., U. S. A., Tuesday and Wednesday, June 11-12, 1912, at 8 a. m., for business of the greatest importance to all Springer heirs and descendants U. S. A., Canada, France, Belgium and Germany.
Per order Mr. Lewis S. Springer, Pres. Maine State Assoc. Springer Heirs, U. S. A., West Fremont, Me.
Mr. E. L. Scribner, Sec.,
15 Lincoln Court, Amesbury Mass., U. S. A.
By Ella T. Kidder.

NOTICE OF FINAL ACCOUNT.

In the County Court of the State of Oregon for Umatilla County.
In the Matter of the Estate of A. J. Willaby, Deceased.
Notice is hereby given to all persons whom it may concern that Clyde Willaby, administrator of the estate of A. J. Willaby, deceased, has filed his final account and report; that the County Judge, by order duly made and entered, has appointed Monday, the 3rd day of June 1912, at the hour of ten o'clock in the forenoon, as the time, and the County Court house of said county and state, as the place, where objections and exceptions to the said final account and report will be heard and the settlement thereof made.

The first publication of this notice will be made on Friday, the 3rd day of May, 1912, and the last publication on the 31st day of May, 1912.
Dated this 20th day of April, A. D., 1912.
Clyde Willaby,
Administrator.

Peterson & Wilson,
Attorneys.

Annual Strawberry Day Festival Milton Thursday, Jun 6th

Joint Debate between Harry Lane and Ben Selling, democratic and republican candidates respectively for the U. S. Senate.

Music by College Place Band and Columbia College Orchestra of 30 pieces.

Ball Game, Tug o' War and other Sports with liberal cash premiums. Dance in evening at Oregon Grand Theatre.

Held under auspices of the Milton Commercial Club.



A SPECIAL RATE OF \$9.75 PORTLAND AND RETURN Account of 6th ANNUAL ROSE FESTIVAL

Selling dates, June 9, 10 and 11, final return limit, June 17 Daylight and night service, with through Sleepers.

For further information call on or address
R. BURNS, J. R. MATHERS,
Dist. Pass. Agt., Agent,
Walla Walla, Wash. Athena, Or.

TROY LAUNDRY For the Best Work HENRY KEENE, Agent.

Professional
S. F. Sharp
PHYSICIAN AND SURGEON
Special attention given to all calls both night and day.
Calls promptly answered. Office on Third Street, Athena Oregon.

G. S. NEWSOM, M. D.
PHYSICIAN AND SURGEON
Athena, Oregon.
Calls answered promptly night or day.

DR. J. E. SHARP,
Dentist.
Office in Morris Building, Athena, Ore.
Hours, 9 to 12 and 1 to 5.

PETERSON & WILSON
Attorneys-at-Law
Athena, Oregon. - Pendleton, Oregon

Homer I. Watts
Attorney-at-Law
Athena, Oregon.

C. W. LASSEN, M. D. V.
Official Stock Inspector. Graduate McKillip Veterinary College, Chicago
Phone Main 27, PENDLETON, OREGON

Veterinary Surgeon & Dentist

FORDS
Athena Auto Livery
Service at all hours, day or night. Ford cars for sale. Gasoline, Oil and Extras.

ALEXANDER & WILSON

THE ST. NICHOLS HOTEL
J. E. FROOME, PROP.

Only First-class Hotel in the City.

THE ST. NICHOLS
Is the only one that can accommodate commercial travelers.

Can be recommended for its clean and well ventilated rooms.

COR. MAIN AND THIRD, ATHENA, OR.

For All Kinds of
HARNESS REPAIRING
and
OILING NEATLY DONE
Call on
A. B. STEELE
Successor to Chas. Norris
Your Patronage Solicited

YOUNG MILTON
51981
Celebrated

PERCHERON HORSE
Will make the season at Al Johnson's, west of Athena.

YOUNG MILTON
foaled 1908, sired by Horoff 50889; Dam, Olie 50372; 2nd Dam Daisy Marie, by Creston Keizer 15849; 3rd Dam, Colie by Tolosa 9866; 4th Dam Mollie by Negro 30774; 5th Dam Jessie by McMahan 2460.

Electric Bitters
Succeed where everything else fails. In nervous prostration and female weakness they are the supreme remedy, as thousands have testified. **FOR KIDNEY, LIVER AND STOMACH TROUBLE** it is the best medicine ever sold over a druggist's counter.

Saved Her Life from Pneumonia
"My wife had a severe attack of Pneumonia which followed a case of La Grippe and I believe that FOLEY'S HONEY AND TAR saved her life." writes James Coffee, of Raymond, Missouri.

Good Results in Every Case
Dr. C. J. Bishop, Agnew, Mich., writes: "I have used FOLEY'S HONEY AND TAR in three very severe cases of pneumonia with good results in every case."

PNEUMONIA

Pneumonia follows a cold, but never follows the use of Foley's Honey and Tar. Stops the cough and heals the lungs.

Cured of Terrible Cough on Lungs
N. Jackson, of Danville, Ill., writes: "My daughter had a severe attack of La Grippe and a terrible cough on her lungs. We tried a great many remedies without relief. She tried FOLEY'S HONEY AND TAR which cured her. She has never been troubled with a cough since."

Cured When Very Low With Pneumonia
J. W. Bryan, of Lowder, Ill., writes: "My little boy was very low with pneumonia. Unknown to the doctor we gave him FOLEY'S HONEY AND TAR. The result was magical and puzzled the doctor, as it immediately stopped the racking cough and he quickly recovered."

MOCO
31391
Percheron Stallion
Foaled May 3 1901

Will be at McBride's Barn in Athena, for the season of 1912
W. R. TAYLOR,
Athena, Oregon.

KILL THE COUGH AND CURE THE LUNGS
WITH **Dr. King's New Discovery**
FOR COUGHS, COLDS AND ALL THROAT AND LUNG TROUBLES.
GUARANTEED SATISFACTORY OR MONEY REFUNDED.

A. J. Parker
BARBER SHOP
Everything First Class - Modern and Up-to-date
SOUTH SIDE MAIN STREET ATHENA

When the bones ache and the joints are inflamed, with much tenderness at the affected parts, you need a powerful penetrating agent to overcome the attack.

BALLARD'S SNOW LINIMENT

IS A PAIN RELIEF OF GREAT EFFICACY.

Its wonderful penetrating power affords a most gratifying sense of relief to the afflicted. It eases pain quickly, subdues all inflammatory conditions and rapidly restores strength and comfort in the aching joints. It is equally effective in relieving neuralgia and sciatica. Rub it in well, gently but thoroughly; its healing and strengthening influence is manifest as soon as it reaches the nerves at the seat of the disturbance. A few applications control the disorder and restores normal conditions. As a household remedy for curing cuts, wounds, burns, sores or the hundred and one accidents that are always occurring to the flesh, it has no superior.

Put Up in Three Sizes, 25c, 50c and \$1.00 per Bottle.

JAMES F. BALLARD PROPRIETOR ST. LOUIS, MO.
For Sore Eyes, Granulated Lids, Redness of the Eyeball, Weak Sight, Smarting Sensations in the Eyes, see Stephens Eye Salve. It is a remedy of proven merit.

SOLD AND RECOMMENDED BY

BEE'S LAXATIVE, HONEY AND TAR
NO POISONS. CONFORMS TO NATIONAL PURE FOOD AND DRUG LAW.
The Original Laxative Cough Syrup containing Honey and Tar. An improvement over all Cough, Lung and Bronchial Remedies. Pleasant to the taste and good alike for young and old. All cough syrups containing opiates constipate the bowels. Bee's Laxative Honey and Tar moves the bowels and contains no opiates. Prepared by PINE-ULE MEDICINE COMPANY, CHICAGO, U. S. A.