

TIGHT HATS.

They Impede Circulation in the Scalp and Invite Baldness.

Ingenious men are continually contriving new kinds of shoes, new suspenders and hundreds of different kinds of braces, but so far, says the Therapeutic Gazette, no one has taken up the idea of making a hat which will hold on the head and not blow off and at the same time not blind the head all around like a constricting band.

Some men go without hats at times with the idea that the hair is improved by ventilation and sunshine. Undoubtedly this does improve it, but the prime secret is not in not wearing the hat at all. The ventilated hat will not prevent baldness if this same hat be worn tightly around the head. If a string be tied ever so lightly around the finger the effect upon the circulation may be easily marked in the end of that finger. A tight hat will affect the circulation of the scalp in the same way.

Hats which are easily blown off should never be worn, as they will not stay on unless jammed so tightly upon the head as to impede circulation. All stiff, rigid hats should be very light, and one should select a size larger than the head measurement and correct the over size by inserting felt strips under the sweat band, thus giving a cushion-like effect and preventing the constriction at that portion of the scalp.

FIRST POST HOUSES.

Established by Cyrus, the Founder of the Persian Empire.

The first posts are said to have originated in the regular couriers established by Cyrus the Great about 550 B. C., who erected post houses throughout the kingdom of Persia. Augustus was the first to introduce this institution among the Romans, 81 B. C., and he was imitated by Charlemagne about 800 A. D. Louis XI. was the first sovereign to establish post houses in France, owing to his eagerness for news, and they were also the first institution of this nature in Europe. This was in 1470, or about 2,000 years after they were started in Persia.

In England in the reign of Edward IV. (1461) riders on post horses went stages of the distance of twenty miles from each other in order to procure the king the earliest intelligence of the events that passed in the course of the war that had arisen with the Scots. A proclamation was issued by Charles I. in 1631 that, "whereas to this time there hath been no certain intercourse between the kingdoms of England and Scotland, the king now commands his postmaster of England for foreign parts to settle a running post or two between Edinburgh and London to go thither and come back again in six days."

The Active Sloth Bear.

"The sloth bear appears to be the most active of all the bears in the zoo. Whoever misnamed the animal ought to bestow a more appropriate title," said a woman visitor who sat on a bench in front of the bear dens.

"A more befitting designation would be 'Ursus pugilisticus' or something like that, for he is certainly the most pugnacious of all the bruin specimens here. And he gets away with it, too, although he weighs only 250 pounds. I saw him knock out the hairy eared bear in a fierce fight over a piece of meat, and he gets the better of the great Yezo bear of about 1,000 pounds in the adjoining inclosure. They fight through the bars. You can hear the snapping of the big bear's jaws as he falls to catch his opponent. But the nervous sloth bear is as quick as a cat with his long claws and gets in a dig on the other one's muzzle that makes him snort with pain."—New York Sun.

Salt and the Romans.

Spilling of salt is a superstition still current among us. It is derived from the ancient Romans, who used salt in their sacrifices and regarded it as sacred to Penates. To spill it carelessly was to incur the displeasure of these household divinities. After accidentally spilling salt the ancient Roman was wont to throw some over the left shoulder—the shoulder of ill omen—thereby hoping to call away from his neighbor the wrath of the Deity and turn it upon himself.

Elephants' Love For Finery.

Strange as it may seem, the elephant is passionately fond of finery and delights to see himself decked out with gorgeous trappings. The native princes of India are very particular in choosing their state elephants and will give fabulous sums for an animal that exactly meets the somewhat fanciful standards they have erected. For these they have made cloths of silk so heavily embroidered with gold that two men are hardly able to lift them.—Pearson's Weekly.

Logical.

"Mother," asked little Ethel, "now that you're in mourning for Cousin Adelaide, will you wear black night-dresses too?"

"What an absurd question, child!" "Oh, I only thought you might be as sorry at night as you were during the day," ventured Ethel.—Harper's Bazar.

How it Came Out.

He—So you finished the novel I brought you. How did it come out? She—The author must have had a pull. I can't see any other way.—Boston Transcript.

Be true to yourself and you do not need to worry about what the neighbors think.

Send the Press to a friend.

Announcements.

(Paid Advertisements)

S. F. Wilson

of the Law Firm of Peterson & Wilson, REPUBLICAN CANDIDATE FOR JOINT SENATOR for Umatilla, Union and Morrow Counties I Firmly Believe in: Direct Primary Law. Economy in use of Public Funds. Good Roads. Better Schools. Strict and Prompt Law Enforcement The "Square Deal." The Eternal Progress of Man and his Institutions.

For County Commissioner,

R. H. Wellman,

on the Republican Ticket Candidate for People's Choice at the Primaries Sept. 24

R. W. Henneman,

Republican Candidate for Representative for Umatilla County.

ISTAND FOR:

Statement No. 1. The Direct Primary Law. The Re-call and Corrupt Practice Act. Better School Laws and better Schools. Better Road Laws and better Roads. Better Tax Laws and lower Taxes. Better Irrigation Laws. Better regulations of Railroads, Express Companies, Telephone and Telegraph Companies, and all public Service Corporations. Lower freight and express rates. Equal privileges to all. Against the extravagant use of county and state funds. Against the Assembly and Machine Politics.

L. L. Mann,

FOR REPRESENTATIVE.

This is to certify that I will be a candidate for reelection as Representative from Umatilla County, subject to the will of the republican voters at the primary nominating election to be held on September 24, 1910. In the last legislature I was a member of the Ways and Means Committee, and used the opportunity to trim wasteful appropriations. If elected, I will again endeavor to serve the best interests of my county and state. L. L. MANN.

S. D. Peterson,

Milton, Umatilla County, Oregon. Candidate for the Republican Nomination for Representative.

To the voters of Umatilla County:

I hereby announce myself as a candidate for representative, subject to the will of the Republican voters at the Primary nominating election to be held on Sept. 24th, 1910.

If elected I will work for the best interests of the people of my county and state.

I heartily endorse the Direct Primary Law, and favor the election of the people's choice for United States Senator.

I advocate strict economy in the use of public moneys, and absolute devotion to duty of all public officials.

Respectfully, S. D. PETERSON.

W. R. Ellis,

"HAS DONE THINGS FOR OREGON."

Candidate for Republican renomination to Congress before Direct Primary on Saturday, September 24th, 1910.

Part of record during 60th and 61st Congresses:

Made member of the great Ways and Means Committee; the ranking committee of the House of Representatives—first man from Oregon to achieve this honor.

Has secured appropriations for three fine public buildings for Oregon cities.

Has handled many hundreds of private pension claims of Oregon veterans and their widows, acted on by the Bureau of Pensions; besides securing the passage of numerous private bills and supporting ALL legislation in favor of the "Old Soldier."

The Second Oregon District stood at or near the head in the sums appropriated in the 1910 House bill for its rivers and harbors.—(\$1,800,000.)

Has lived over 26 years in Eastern Oregon and knows the people and their needs thoroughly; and has had ten years service in Congress which has given him large and favorable acquaintanceship among the members of Congress. This makes it possible for him to secure the things which Oregon needs, which no new man could get for years to come.

WHY MAKE A CHANGE?

Notice to Creditors.

In the Superior Court of the State of Washington, for Walla Walla County.

In the matter of the Estate of Henry C. Adams, deceased.

Notice is hereby given that the undersigned was on August 22nd, 1910, duly appointed executor of the last will and testament of Henry C. Adams, deceased, and all persons having claims against said estate are notified to present the same either to the undersigned executor at his office, 311 and 313 Drumbeller Building, Walla Walla, Washington, or to John R. Adams, at Adams, Oregon, within six months from and after the date of the first publication of this notice, to-wit: August 28th, 1910; and in case of a failure so to do such claims will be forever barred by statute of limitations. Herbert C. Bryson, Executor of the last will and testament of Henry C. Adams, deceased.

NOTICE TO CREDITORS.

In the County Court of the State of Oregon for Umatilla County.

In the matter of the Estate of Emery LaHue, deceased.

Notice is hereby given to all whom it may concern: That Sarah LaHue has been appointed administratrix of the estate of Emery LaHue, deceased. All persons having claims against the estate are required to present them, with proper vouchers as required by law, to me at the law offices of Peterson & Wilson, at Athena, Oregon, or at Pendleton, Oregon, within six months from date hereof.

Dated this the 12th day of August A. D. 1910.

Sarah LaHue, Administratrix, Peterson & Wilson, Attorneys.

(Paid Advertisement.)

Settle It Now Settle It Right

For constitutional amendment giving to cities and towns exclusive power to license, regulate, control, suppress, or prohibit the sale of intoxicating liquors within the municipality.

328 X Yes

ENDORSED BY 40,000 OREGON CITIZENS Greater Oregon Home Rule Association, 618 Electric Bldg Portland, Oregon.

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Athena, Oregon. - Pendleton, Oregon

WATTS & NEAL

Attorneys-at-Law

Athena, Oregon. - Freewater, Oregon

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Will make calls to Athena and Vicinity



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Only First-class Hotel in the City.

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CAPITAL STOCK, \$50,000.....SURPLUS, \$35,000

The wolf never dares to come up to the door that has a bank book behind it. It is the only way the average man can be safe of keeping him off. Every man owes it to his family to provide such protection and keep it as strong as he possibly can.

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Makes the food more delicious and wholesome

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WM. JAMIESON, Prop.
NORTH SIDE OF MAIN STREET

The Best Meat to be found in Town. Come and see me. I will treat you right.

WM. JAMIESON, ATHENA, OREGON

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Neat Workmen
Fast, Modern Presses
High Grade Stock

People of Oregon

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The popular Colonist Fares will again be in effect between September 15th and October 15th, during which period tickets to Athena will be on sale daily from

CHICAGO at.....	\$33.00
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We Make all Kinds of Farm Machinery to Order and We Guarantee the Goods

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Structural Iron Casting and Foundry Work

WILLIS S. DUNIWAY.

Direct Primary Candidate for Second Term as State Printer.

Mr. Duniway, by keeping his pledge of economical business methods, has reduced the cost of printing until the records of the State show that he has received from any and all sources during the past three years less than \$32,000 annually, for the services of himself, his \$20,000 plant and 18 to 20 printers, pressmen and linotypers employed throughout the year at highest wages—and he has also paid for power, inks, oils, insurance, taxes, betterments, binding supreme court reports and general incidentals—all out of the \$32,000. By close management he can make from 15 to 25 per cent profit on the business.

Mr. Duniway has stopped grafts that formerly took from \$1000 to \$1500 a month from the State Treasury. He pledges continuance of economical methods. Mr. Duniway is an earnest supporter of the Direct Primary Law.—(Adv.)