

### CARE OF PARROTS.

**The Proper Way to Feed, Cage and Teach the Birds.**

As few people who own parrots really know how to care for them, a few good rules may be of interest.

As to their food, it should be seeds—canary, hemp (but not too much), millet, hulled maize, linseed, rape and the like. Bread soaked in hot water is good, given twice a day, and fruit in moderation and in variety is wholesome, such as grapes, apples and pears, an occasional raisin and lettuce.

Gray parrots are very fond of rice, and almost all parrots appreciate rice pudding and have a taste, too, for bread and butter. Meat is bad for them. Clean, fresh wood should be given them to gnaw—bits of elm, birch, larch and chestnut. Fresh dry gravel must be sprinkled at the bottom of the cage every day and fresh water be put in the glass.

It is important that parrots should have the opportunity to stand flat footed, so if the cage has wires at the bottom it is well to remove them. Always to have his claws clasp a round perch is injurious to any bird, and two perches of different size are advisable, so that he may change his posture at will.

When a parrot continues to scream he wants water or food or feels ill and uncomfortable or maybe is merely dull. Music, which he loves, will cheer him up at all times.

A parrot learns to talk only from one who speaks very slowly and distinctly to him and preferably when he is about to fall asleep. Last, but not least, a parrot should be carefully covered at night.—London Mail.

### THE PYGMIES.

**Curious Mode of Life of the Dwarfs of Rhodesia.**

Of the pygmies of northwestern Rhodesia a modern traveler writes: "The Batwa stand about four feet high and are long armed, short legged and ugly, being unusually gnomish. The legs are disproportionately short, the feet large, and the body is covered with a sort of down. Both sexes affect a state of complete nudity. They have their own tongue, but usually know a little of the language of their big neighbors. No attempt is made to till the open forest glades. They depend for food on game and what they steal from the fields and plantations of the surrounding tribes.

"Though there are seven different tribes of pygmies, they appear to have no tribal organization. It is the custom for a group of families to attach themselves to a negro chief and in return for food to assist him to fight his enemies. The standard of morality of these little people is high, and, strange to say, they are remarkably intelligent.

"The wild beasts living in this forest are killed for food, even the elephant. Pitfalls, snares and heavily weighted spears are used, but their favorite way of hunting an elephant appears to be with bow and arrow. Poisoned arrows are shot into him, and the great beast is followed until he falls, when the little hunters camp around the body and feast on the carcass until it is finished."

### Catch-as-catch-can.

She gave him a playful pinch on the cheek.

"New suit!" she exclaimed. "And what a beauty!"

"Rather nice, isn't it?" he agreed, surveying himself proudly in the glass. It was a spring suiting of the very latest style. Even the editor of the Tailor and Cutter could have found no fault.

"And doesn't it fit well?" she cried. "Turn round. To a T! Lovely! It must have been expensive!"

He put his fingers on his lips. His other hand wandered affectionately down a very pronounced crease, and his eyes filled with a look of pride.

"Hush!" he whispered. "Not so very. Five bob down and five bob every time the collector sees me first!"—London Answers.

### Hoar and Evarts.

On one of his later birthday anniversaries Senator Hoar wrote to William M. Evarts and congratulated him upon his length of years. In his reply the aged lawyer said it brought to mind an old lady in New England who had occasion to write to a friend about some matter of trifling importance and when she had reached the end of the thirteenth page awakened to the fact that she had been rather diffuse and added, "Please excuse my longevity."

### Out at First.

The hammock was built for two, but she was occupying it alone.

"I have noticed," said the man on the porch chair, "that the prettiest girls always marry the biggest fools."

"Say no more, Mr. Slowboy," rejoined the fair maiden. "I appreciate your friendship, but I can never be your wife."—Chicago News.

### Reward.

Actor—I have been in your company ten years. Is it not time that you do something extra for me? Manager—Yes. From now on you shall play all the parts in which there is eating.—Fillingendo Blatter.

### The Modest Man.

A modest man isn't one who has a poor opinion of himself. He merely keeps still about his good opinion of himself.—Cleveland Leader.

Life is not so short but that there is always time for courtesy.—Emerson.

### NOTICE TO CREDITORS.

In the County Court of the State of Oregon, for Umatilla County.

In the matter of the estate of William Willaby, deceased: Notice is hereby given to all persons whom it may concern that W. P. Willaby and A. J. Willaby have qualified as executors of the last will and testament of William Willaby, deceased, and that letters testamentary have been issued to them. All persons having claims against the said estate are required to present them duly verified as by law required to the said executors at the office of their attorneys, Peterson & Wilson, at Pendleton, Oregon, or Athena, Oregon, within six months from the date of the first publication of this notice, which will appear in the Athena Press on Friday, the first day of April A. D., 1910, and will be published each week for four successive weeks, the last publication appearing on Friday, the 29th day of April, A. D., 1910.

Dated this 1st day of April, A. D., 1910.

W. P. Willaby and A. J. Willaby, Executors.

Peterson & Wilson, Attorneys.

### Saved From Awful Peril.

"I never felt so near my grave," writes Lewis Chantlin of Manchester Ohio, "as when a frightful cough and lung trouble pulled me down to 115 pounds in spite of many remedies and the best doctors. And I am alive to day is due solely to Dr. King's New Discovery, which completely cured me. Now I weigh 160 pounds and can work hard. It also cured my four children of croup." Infalible for coughs and colds, its most certain remedy for lagrippe asthma, desperate lung trouble and all bronchial affections, 50c and \$1. A trial bottle free. Guaranteed by all druggists.

### President Helps Orphans.

Hundreds of orphans have been helped by the president of the Industrial and Orphan's Home at Macon, Ga., who writes: "We have used Electric Bitters in this institution for nine years. It has proved a most excellent medicine for stomach, liver and kidney troubles. We regard it as one of the best family medicines on earth." It invigorates all vital organs, purifies the blood, aids digestion creates appetite. To strengthen and build up pale, thin, weak children or rundown people it has no equal. Best for female complaints. Only 50c. at all druggists.

The Athena Land company have a splendid bargain to offer in a handsome 7-room house, plastered throughout, wired for electric lights, desirable location in Athena, two lots, barn and outbuilding, for \$1,200.

**Old English Laws About Buttons.** Buttons have engaged the attention of legislators even more frequently than hats. Five acts have been passed to protect the button industry of England, and some of these are still unrepealed. An act of George I. inflicts a penalty of 40 shillings on any person using or selling "buttons made of cloth, serge, druggut, frieze or camel." This law, says the London Daily Mail, was a source of intense annoyance to foreign visitors, and the author of "Le Parisien a Londres," a guide written in 1780, is careful to explain its provisions at considerable length. He adds, however, that foreigners "who are able to prove that their clothes were made in their own country escape the penalty when first summoned on the understanding that they change their buttons within twenty-four hours."

### Lively Times in Billville.

"Well, sir," said the Billville citizen, "if they ain't a power o' confusion in the skies after awhile I'll give it up!"

"What's the trouble?" he was asked.

"Well, over yander is Deacon Jones prayin' fer rain, an' 'jest 'cross the way is Elder Brown petitionin' fer dry, an' the whole population's crowdin' round, bettin' which'll win. An' the high sheriff's done served notice to all of 'em to appear in court an' answer to the charge o' gamblin' in futures, an' he says he'll git enough cash out o' the gang to finish the artesian well an' paint the town hall."—Uncle Remus' Magazine.

### Guarded His Beard.

As Sir Thomas More laid his head on the block he begged the executioner to wait a moment while he carefully placed his beard out of reach of the ax. For, he said, "it hath not committed treason," which reminds one of the story of Simon Lord Lovat, who the day before his execution on Tower hill bade the operator who shaved him be cautious not to cut his throat, as such an accident would cause disappointment to the gaping crowd on the morrow.—English Magazine.

### Small Audience.

Bacon—Did you say the professor always counts ten before he speaks? Egbert—No; he only counted eight at yesterday's lecture.—Yonkers Statesman.

### His Proof.

Mrs. Youngwife—What have you ever done to prove your love for me? Mr. Youngwife—Darling, I've contracted a lovely case of chronic dyspepsia.—Judge.

Remember you must die. Let this not startle you, but let it soften you while there is yet time to do some good in the world.

### What He Remembered.

"Who was the man in the iron mask?"  
"I don't remember the catcher's name, but I can tell you who pitched."—New York Press.

### Improved Wheat Lands

We can supply you with improved wheat land, good soil, on easy terms, at \$25 to \$35 per acre. These lands are improving every year and are now as good as your lands were a few years ago which are now selling at \$60 to \$100 per acre. These lands will soon be selling at \$50 to \$60 per acre. Buy now and don't regret having waited. If you had bought land in your vicinity several years ago, you would now be rich. For further particulars, address Jay-Hayden Realty company, Lind, Wash.

### Here's a Snap.

A 640 acres dry land ranch for sale cheap, if bought before March 1st, 1910. Have option and can sell cheap. Will guarantee 50 per cent a year on your money in raise in value, besides guarantee 10 per cent interest on crop. Write concerning this ranch and learn particulars. Midvale Real Estate and Loan Co., Midvale, Idaho.

### Won't Need a Crutch.

When Editor J. P. Sossman, of Cornelius, N. C., bruised his leg badly, it started an ugly sore. Many salves and ointments proved worthless. Then Bucklen's Arnica Salve healed it thoroughly. Nothing is so prompt and sure for Ulcers, boils, burns, trichiasis, cuts, corns, sores, pimples, eczema or piles. 25 cents at all druggists.

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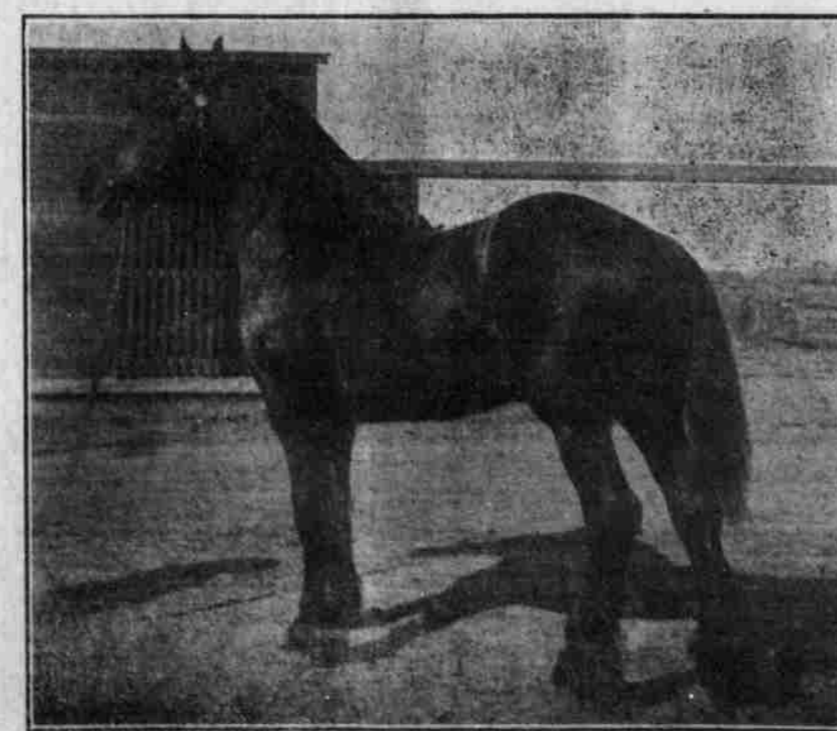


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PETERSON & WILSON  
Attorneys-at-Law  
Athena, Oregon. - Pendleton, Oregon

WATTS & NEAL  
Attorneys-at-Law  
Athena, Oregon. - Freewater, Oregon

### ANNOUNCEMENT.

Dr. G. S. Newsom has opened offices in the DePeatt building. Diseases of women and children a specialty. Residence first door South of the bank. Residence opposite M. E. Church.

### Foley's Kidney Cure makes kidneys and bladder right.

**Sick Headache Can be Cured when**

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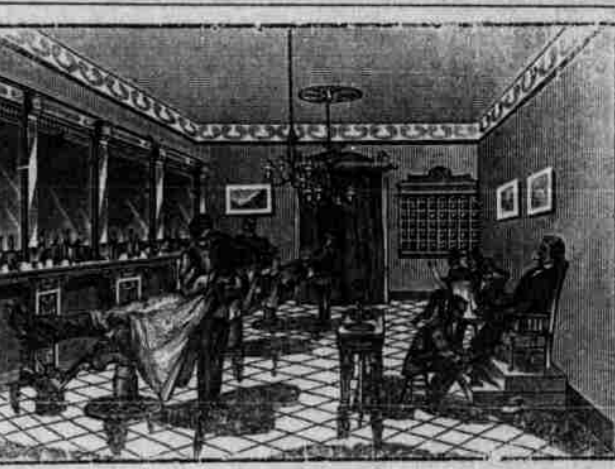
Arrangements have been consummated between this bank and the Western Union Telegraph Company for the transfer of money by telegraph. For this purpose the Bank has been appointed an agent of the Company.

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