

BREAD WITHOUT FLOUR.

Parisian Process by Which Whole Wheat Grain is Used.

Parisian bread is made without flour in a machine that transforms the wheat into dough. The machine consists mainly of a large screw turning loosely in a case on whose inner surface is a screw thread running in an opposite direction.

Between the main threads on the cylinder are smaller threads, and the depth of the groove grows progressively smaller from one end to the other, so that it will hold the entire wheat grain as it enters the machine and will accommodate only the pulverized wheat at the exit.

The wheat is prepared by a thorough washing, after which about a pint of tepid water to a pound of grain is added, and the whole is allowed to stand about six hours. At the end of this time the grains of wheat have swollen to double their ordinary size. It is then mixed with the yeast and salt and poured into the machine. It falls between the threads of the moving screw and of the fixed contrary screw, which simultaneously crush the envelope and body of the grain, making of them a homogeneous mixture which forms a smooth paste.

Bread obtained by this process contains a succession of holes whose size increases as they approach the crust, which is thin. The odor given off is most agreeable and far more pronounced than that of ordinary baker's bread. —Chicago Tribune.

BIZET AND HALEVY.

The Story of the Origin of a Popular Air in "Carmen."

Bizet, the composer of the world famous opera "Carmen," and Halevy, his librettist, once occupied apartments whose outer doors opened on the same landing. As soon as he had finished an air Bizet would hasten to submit it to his neighbor, who subjected it to the most severe criticism. From morning to night the piano resounded in the composer's apartments. One night Bizet finished a dramatic bit in which he flattered himself he had successfully sketched the pride of a triumphant torador after a successful bull-fight. But Halevy listened in silence and showed but a moderate enthusiasm. Bizet, somewhat piqued, asked the cause of this coldness.

"It's good, I admit," said Halevy. "In fact, it's too good. It lacks movement; it lacks snap—in short, it's not popular enough."

"Not popular enough!" shouted the piqued composer. "Do you want to write for the slums?" He went out in a huff, but soon relented and in an hour returned with another air. "Listen to this," said he. "Here is my torador idea written down to your popular level." It was indeed the song of the torador and the only one which on the first night received an encore and seemed to move the first night audience from its torpor.

Ax Head Money.

When Schliemann was digging at the supposed site of Troy he discovered masses of silver in the form of ax heads. Getze suggested that these were intended not for implements, but for money. Bronze ax heads have also been discovered in ancient remains, mingled with metal pieces in the form of rings, in such a manner as to suggest that all alike were intended to serve as money, and the conclusion is drawn that in ancient times the metal ax head had come to be a popular unit of value for purposes of barter. After it had disappeared as actual money the memory of it, according to this theory, was preserved in the coins of Tenedos, which bore the figure of an ax head. It has been suggested that the "wedge of gold" which Achan stole from the spoils of Jericho and for the stealing of which Joshua had him stoned to death was a specimen of the ancient ax head money.—Harper's Weekly.

A Youthful Joke.

"When Mark Twain was the editor of the Virginia City Enterprise," said an essayist at the Franklin inn in Philadelphia, "a servant girl in the neighboring town of Lovelock unexpectedly fell heir to \$300,000. Her name was Miriam Rogers. A day or two after the announcement, while all Virginia City and Lovelock hummed with Miriam's good luck, Mark Twain printed on the editorial page of the Enterprise this paragraph:

"If Miriam Rogers of Lovelock, who recently inherited a large fortune, will call at this office she will hear something greatly to her advantage. We are bachelors."—New York Press.

Surmounting a Difficulty.

A man of fact always manages to get out of a difficulty. The clerk of a parish in England whose business it was to read the first lesson in the church came across the chapter in David in which the names Shadrach, Meshach and Abednego occur twelve times.

Finding it extremely difficult to pronounce these names, he went through the chapter referring to them as "the aforesaid gentlemen."

Her Self Possession.

"Miss Oldcastle is always self possessed no matter what happens." "Well, she ought to be seeing that she has had practice in the self possession line for at least thirty-five years."—Chicago Record-Herald.

Elusive Economy.

Economy, unlike charity, doesn't usually begin at home. In fact, economy doesn't begin anywhere as often as it should.—Acheson Globe.

NOTICE TO CREDITORS.

In the County Court of the State of Oregon, for Umatilla County.

In the matter of the estate of William Willaby, deceased. Notice is hereby given to all persons whom it may concern that W. P. Willaby and A. J. Willaby have qualified as executors of the last will and testament of William Willaby, deceased, and that letters testamentary have been issued to them. All persons having claims against the said estate are required to present them duly verified as by law required to the said executors at the office of their attorneys, Peterson & Wilson, at Pendleton, Oregon, or Athena, Oregon, within six months from the date of the first publication of this notice, which will appear in the Athena Press on Friday, the first day of April A. D., 1910, and will be published each week for four successive weeks, the last publication appearing on Friday, the 29th day of April, A. D., 1910.

Dated this 1st day of April, A. D., 1910.
W. P. Willaby and A. J. Willaby, Executors.
Peterson & Wilson, Attorneys.

Saved From Awful Peril.

"I never felt so near my grave," writes Lewis Champlin of Manchester, Ohio, "as when a frightful cough and lung trouble pulled me down to 115 pounds in spite of many remedies and the best doctors. And I am alive to day is due solely to Dr. King's New Discovery, which completely cured me. Now I weigh 160 pounds and can work hard. It also cured my four children of croup." Infallible for coughs and colds, its most certain remedy for lagrippe asthma, desperate lung trouble and all bronchial-affections, 50c and \$1. A trial bottle free. Guaranteed by all druggists.

President Helps Orphans.

Hundreds of orphans have been helped by the president of the Industrial and Orphan's Home at Macon, Ga., who writes: "We have used Electric Bitters in this institution for nine years. It has proved a most excellent medicine for stomach, liver and kidney troubles. We regard it as one of the best family medicines on earth." It invigorates all vital organs, purifies the blood, aids digestion and creates appetite. To strengthen and build up pale, thin, weak children or rundown people it has no equal. Best for female complaints. Only 50c. at all druggists.

The Athena Land company have a splendid bargain to offer in a handsome 7-room house, plastered throughout, wired for electric lights, desirable location in Athena, two lots, barn and outbuilding, for \$1,200.

A GHOST AT SEA.

The Phantom That Boarded the Bark Sea Flower.

The following incident is recorded as a true short story by an English publication:

The Sea Flower, a bark of some 450 tons, was in the early hours of the 23d of June, 1864, bound for Bristol, England, under the command of the first mate, her captain, John Ellis, having been left behind at Kingston, Jamaica, suffering from "yellow jack." It was about four bells in the middle watch (or 2 a. m.) when the mate, who was standing near the binnacle giving the helmsman his course, suddenly became aware of a mysterious presence in the waist of the ship. At the same moment his companion clutched him by the arm, and, pointing, shrieked, "I've see him, sir!"

Before he could reply the mate became aware that the dark shadow he had just before observed had so far materialized that it bore the appearance of Captain Ellis. The figure of the captain advanced along the deck and disappeared slowly down the companion.

Recovering himself, the mate left the helmsman and hurried down into the cabin, meeting, just coming out of it, the second mate, who told him he had been awakened with a start after dreaming that the captain had come aboard and was calling him. Both men then made a complete search of the saloon and the other cabins, but it is needless to say, without result.

Later it was found that Captain Ellis had died between 1 and 2 a. m. in the morning of June 23.

The story got about, and the ship obtained a reputation for being haunted; consequently a difficulty was found in obtaining crews, and in the end it was renamed and sold to a foreign firm.

The Fly on the Ceiling.

It is often a matter of wonder how flies get on to the ceiling, because to do so they have to turn a semisomersault in the air, said Mr. Henry Hill in the course of a lecture delivered at the London Institution. A fly, said Mr. Hill, has a backward and forward movement of the wings and can partly turn them round, in addition to the up and down motion of a bird's wings. That enables it to turn in almost any direction. At the end of each one of its feet there is a white pad with about 1,200 hairs on it. Down these hairs are sent small drops of gum, so that the fly is really glued to the ceiling.

A Man's Pay For Her.

Mrs. Kelly—Are ye takin' much stock in this attempt that a lot of the women are makin' to get a vote for us, Mrs. Rafferty? Mrs. Rafferty—Ain't botherin' me head about such things. I'm satisfied to let Dinny and the boys do all the votin' for my family. But I do think that a woman should get man's pay. Mrs. Kelly—Well, I can assure you, Mrs. Rafferty, that I get one man's pay or know the reason why I've Saturday night.—National Monthly.

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We can supply you with improved wheat land, good soil, on easy terms, at \$25 to \$35 per acre. These lands are improving every year and are now as good as your lands were a few years ago which are now selling at \$60 to \$100 per acre. These lands will soon be selling at \$50 to \$60 per acre. Buy now and don't regret having waited. If you had bought land in your vicinity several years ago, you would now be rich. For further particulars, address Jay-Hayden Realty company, Lind, Wash.

Here's a Snap.

A 640 acres day land ranch for sale cheap, if bought before March 1st, 1910. Have option and can sell cheap. Will guarantee 50 per cent a year on your money in raise in value, besides guarantee 10 per cent interest on crop. Write concerning this ranch and learn particulars. Midvale Real Estate and Loan Co., Midvale, Idaho.

Won't Need a Crutch.

When Editor J. P. Sossman, of Corvallis, N. O., bruised his leg badly, it started an ugly sore. Many salves and ointments proved worthless. Then Bucklen's Arnica Salve healed it thoroughly. Nothing is so prompt and sure for Ulcers, boils, burns, bruises, cuts, corns, sores, pimples, eczema or piles. 25 cents at all druggists.

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ANNOUNCEMENT.

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