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"I find Cascarets so good that I would not be without them. I was troubled a great deal with torpid liver and headache. Now since taking Cascarets Candy Cathartic I feel very much better. I shall certainly recommend them to my friends as the best medicine I have ever seen."

Anna Bazinet,
Osborn Mill No. 2, Fall River, Mass

Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sicken, Weaken or Gripes. 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped C. C. C. Guaranteed to cure or your money back.

SEE THE GREAT
Alaska-Yukon-Pacific Exposition
Come to the Fair, you'll like it.
FINE ALBUM OF PLATES OF THE
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If you intend going to the opening of
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CRESCENT A pure phosphate
baking powder that
does all that the
high priced baking
powders will do and
does it better. It raises
the dough and makes
lighter, sweeter and
better. Sold by gro-
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CRESCENT MFG. CO. Seattle, Wn.

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Placed any-
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all seasons. Made
of natural, cannot
spill or tip over,
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**COFFEE
TEA SPICES
BAKING POWDER
EXTRACTS
JUST RIGHT**
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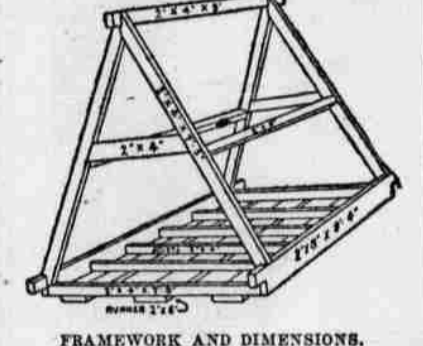
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If you suffer from Fits, Falling Sickness, Spasms or
have children, or friends that do so, my New Dis-
covery will relieve them, and all you are asked to
do is send for a Free B. O. P.
Dr. May's Epileptic Cure.
It has cured 10,000 cases where everything else
failed. Sent free with directions. Express Prepaid,
Guaranteed by May Medical Laboratory, under the
National Food and Drugs Act, June 30th, 1906. Guar-
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DR. W. H. MAY,
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The Chinese Doctor
This wonderful man has
made a life study of the
properties of Roots,
Herbs and Barks, and
is giving the world the
benefit of his services.
No Mercury, Poisons
or Drugs Used. No
Operations or Cutting
Guarantees to cure Catarrh, Asthma, Lung,
Stomach and Kidney troubles, and all Private
Diseases of Men and Women.
A SURE CANCER CURE
Just received from Pekin, China—safe, sure
and reliable. U. falling in its works.
If you cannot call, write for symptom blank
and circular. Inclose 4 cents in stamps.
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The C. Gee Wo Medicine Co.
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2 Years a Leader in Painless Denta-
Work in Portland.
Out-of-Town People
Should remember that our force is so arranged
that we CAN DO THEIR ENTIRE CROWN,
BRIDGE AND PLATE WORK IN A DAY if
necessary. POSITIVELY PAINLESS EX-
TRACTING FREE when plates or bridges are
ordered. WE REMOVE THE MOST SENSITIVE
TEETH AND ROOTS WITHOUT THE LEAST
PAIN. NO STUDENTS, no uncertainty.
For the Next Fifteen Days
We will give you a good 22k gold or porce-
lain crown for \$3.50
22k bridge teeth 3.50
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Gold or enamel fillings 1.00
Silver fillings 1.00
Good rubber plates 5.00
The best red rubber plates 7.00
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ALL WORK GUARANTEED 15 YEARS
Dr. W. A. Wise
President and Manager
The Wise Dental Co.
(INC.) Third and Washington Sts.
PORTLAND, OREGON
P. N. U. No. 30-09
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mention this paper.



Portable Hog House.
A small house which can be occupied
by a brood sow and her litter is the
best for raising strong, healthy hogs.
It is the most cleanly and sanitary,
and with well-arranged yards the pigs
can be cared for with practically no
more labor than in a long house.
A very economical and useful house
is shown in the accompanying cuts. It



is set on 2x6-in. runners and the house
is 9 ft. 4 in. long and 7 ft. 8 in. wide.
A tight, smooth floor, with no cracks
or knot holes, is essential. The frame
will allow 16 ft. boards and battens to
be sawed in two.
At each end of the house is a door 2
ft. wide and 2 ft. 6 in. high, which
slips up and down between grooves or
cleats, and is held up by a rope passing
through a small pulley at the ridge. It
is quite desirable to have doors at
both ends.
A necessary adjunct to a sanitary
pen is the ventilator in the roof. Two
of the 12 in. roof boards are sawed off



a few inches from the ridge. Strips 2
in. thick are nailed above the battens,
which will raise the ventilator 3 in.
above the roof boards and give ample
ventilation while preventing direct
drafts.—Farm and Home.

Milk and Milking.
Many people believe that milk is
ready-made and stored in the udder of
the cow simply awaiting the milker.
This impression is corrected by the
statement of the well-known scientist,
John Burroughs, who says: "Most
persons think that giving down or
holding up the milk by the cow is a
voluntary act. In fact, they fancy
that the udder is a vessel filled with
milk, and that the cow releases or
withholds it just as she chooses. But
the udder is a manufactory; it is
filled with blood from which the milk
is manufactured while you milk. This
process is controlled by the cow's
nervous system; when she is excited
or in any way disturbed, as by a
stranger, or by taking away her calf,
or any other cause, the process is ar-
rested and the milk will not flow. The
nervous energy goes elsewhere. The
whole process is as involuntary as is
digestion in man and is disturbed or
arrested in about the same way.—In-
diana Farmer.

Stoppage of Milk Flow.
A very common trouble in every
dairy is to find an animal with the
point of the teat closed, either due to
a bruise of teat itself or to infection
of the milk duct which causes a lit-
tle scab to form, and unless this is
properly handled with care and clean-
liness the infection is apt to cause a
loss of the entire quarter. Thoroughly
wash the part in an antiseptic solu-
tion; then dip a teat plug into a heal-
ing ointment and insert it, allowing
same to remain from one milking to
another. In this manner closure can
be overcome in a very simple and sat-
isfactory way. A milking tube should
not be used if it can possibly be avoided,
as there is much danger of infect-
ing the entire quarter by its use.—
Denver Field and Farm.

Vigor in the Flock.
The period of usefulness of good
sheep varies much with the breed as
well as with individuals of the same
breed. Some become unprofitable at
three or four years of age, others at
ten or twelve or even older. Whenever
a sheep begins to show signs of weak-
ness, evidence of disease or lack of
thrill and vigor it should be removed
from the flock. "All is lost that is
poured into a cracked dish;" all is
lost that is put into an unthrifty
sheep—worse than lost often, for a
diseased sheep may do great damage
to the flock, and when one loses thrill
it loses its natural power to resist dis-
ease. Nature has marked such a one
for destruction, and the shepherd
should forestall nature by disposing of
it.—Orange Judd Farmer.

Creamery Butter Production.
The 1900 census gave the total
amount of creamery butter made in
the United States as 420,126,000 pounds.
In 1904 the figures had increased to
531,480,000, and it is estimated that
the 1910 figures will reach fully 725,
000,000 pounds.

The Farm Cream Separator.
Butter making in the home dairy
and creamery has been almost revo-
lutionized by the introduction of the
farm separator, which separates cre-
am from milk by a centrifugal
process. The shallow pan or crock
system and the deep-setting system
have been largely eliminated, and
with their exit a considerable part of
the drudgery of the household disap-
peared. The farmer is now no longer
required to make the daily trip to the
creamery; he can retain the skim milk
to feed his calves and pigs and de-
liver the cream, sweet, every other
day, when properly cared for, and
this substitution of cream delivery for
milk delivery by creamery patrons
saves them labor and millions of dol-
lars yearly in expense.—Report Sec-
retary United States Department of
Agriculture.

The Lost Cud.
"I wish," said an experienced veteri-
nary, "that I had all the cloth which
has been wasted in manufacturing
cuds to replace those 'lost.' This is
one of the dregs of superstition which
still clings in some places. The cud
is returned to the mouth after enter-
ing the first stomach, and its loss is
generally an indication of indigestion.
This is most prevalent in winter,
when cows are heavily grained. Should
it appear in summer when they are on
pasture, but receiving some grain, it
is well to remove the latter ration for
a few days. After a day or two give
1 pound of Epsom salts and 2 ounces
ground ginger root mixed in two
quarts of warm water. After she re-
sumes her cud feed for a time on
green grass and good hay, gradually
working back to the grain ration.

Dynamite for Tree Planting.
Holes for tree planting, according
to the Engineering Record, have been
excavated by the Long Island Rail-
way by blasting with dynamite. A
hole about two feet deep was first dug
with a posthole augur at an angle of
about 35 degrees with the surface and
loaded with half a stick of 40 per cent
dynamite. This shot makes a hole
about two feet deep and three feet in
diameter, leaving the earth in the
bottom pulverized suitably for plant-
ing. It is stated that two men can
thus excavate 250 holes per ten-hour
day at a cost of about 7 1/2 cents per
hole.

Flowers as Food.
An interesting development of the
use of flowers for food is recorded in
the daily papers, says the London
Globe. The use of candied petals of
the violet as a sweetener has long
been known, but the practice is now
arising of preserving flowers whole.
You may now buy a bunch, say of vio-
lets, for your buttonhole, and after-
ward eat them. As a matter of fact,
a number of flowers are habitually
eaten. Cloves, capers, cauliflowers and
artichokes are all flowers, or parts of
flowers, before the blossoms have ex-
panded.

Pickle for Curing Meats.
Fourteen pounds salt, four ounces
saltpeter, two ounces saleratus, five
pounds brown sugar, tablespoonful of
red pepper, twelve gallons of water,
to be mixed in a cold state. The
above quantity is sufficient for 400
pounds. If the pickle gets moldy, boil
and cool and use again. For pickling
beef, four gallons of water, one and a
half pounds of brown sugar, six
pounds salt, two and a half ounces of
saltpeter to a hundred pounds of beef.
—Rural New Yorker.

Congressional Seeds.
The National Government is becom-
ing more liberal to the agricultural
interests each year. The appropri-
ation bill has reported, covering all
appropriations made for the Agricul-
tural Department, amounts this year
to \$13,773,276, which is an increase
of \$889,450 over that of last season.
The forestry service has secured an
increase of \$500,000 for fire protec-
tion. Last year's forest fires were an
object lesson.

Pure Milk.
Certified milk sells in all large cities
for about twice the price of other
milk. It is absolutely clean, no im-
purities being allowed to get into the
milk. A layer of fine cheesecloth is
stretched over the milk pail, a layer
of absorbent cotton is placed upon
that, then another piece of cheesecloth.
There is no sediment in the bottom
of the milk vessels of milk treated in
this way. It is not expensive either.

War on Bad Seed.
Good work in detecting adulterated
seeds is being carried on by the De-
partment of Agriculture. Of 1,471
samples of seeds taken last year 102
samples were found adulterated or
misbranded. The department publishes
the results of the test, together with
the names of the firms that sold the
seed. It is claimed that since this
work began the trade in adulterated
seeds has fallen off greatly.

San Jose Scale.
The San Jose scale is the insect
that should be sought out and fought
at all seasons of the year. It is a
soft-bodied insect protected by a waxy
covering which can be penetrated only
by very corrosive chemicals. Owing
to injury to foliage, these chemicals
must be used in winter or when the
trees are dormant.

The Apple Country of Europe.
Normandy is the apple country of
Europe. Germany is its best customer.
The apples which could not be sold
were turned into 73,000,000 gallons of
cider, which is the favorite beverage
of the inhabitants of Northern France.

DUCHESS WHO LEADS IN EDU- CATION OF WORKING GIRLS.



The Duchess of Marlborough has
become deeply interested in philan-
thropic and educational work among Lon-
don working girls, being actively con-
nected with the management of the
National Physical Recreation Society,
of which King Edward is also a pa-
tron. The society, established in 1886,
furnishes opportunities for working
girls to obtain instruction in physical
education, providing hundreds of in-
structors for its numerous gymnas-
iums. The Duchess recently presided
at the thirteenth annual drill com-
petition, given by the pupils of the so-
ciety for challenge shields and medals,
and she presented the tokens to the
winners.

PORE OLD DAD.
Ye kin sca'ce pick up a paper
An it's "poet's corner" greet,
"Cept ye'll see er pirty poem
'Bout the mother, saintly, sweet;
But ye'll have a time a-say—
flowers, before the blossoms have ex-
panded.
At this time for pore old dad!

No, it isn't willful in 'em—
Them that write of mother dear
That that's never notice taken
Of her old man settin' near.
No, it's never meant to slight him,
But hit looks a little sad—
All the bouquets made for mother,
Not a bloom for pore old dad!

True, nor mother watched above us
'Till her gray old eyes would ache,
But old dad he humped to feed us
'Till his back would nearly break,
Mother crooned above the cradle,
Gave devotion, all she had;
Still that wasn't any circus
At this time for pore old dad.

Do not take one line from mother
When you write the soul sweet song,
But if that's a word for father
Now and then it won't be wrong,
Pore old soul! He's bent and wrinkled
An' I know 'twould make him glad
If, while you are praisin' mother
Someh'in's said for pore old dad!
—Anonymous.

A Force for Economy.
It was an ingenious husband who,
according to a writer in the New York
Sun, sent his wife shopping in a taxi-
cab. A friend who happened to see
him say good-by to her from the curb
remarked on his apparent extrava-
gance.

"It's economy, really," said the hus-
band. "Whenever she's in a store
she'll be worried to death because
that taxicab is eating up money all
the time, and so she won't stay long
enough to spend half as much as she
would if she went on foot or in a
street car."

The Poppy.
The poppy throughout the East is
an emblem of death. In many parts
of India this flower is planted upon
graves and in cemeteries. Whether
or not the idea was suggested by the
poisonous character of the juice is un-
certain. It is believed that the poppy
was known as a funeral plant to the
ancient Egyptians, for upon the tombs
opened by Belzoni there appeared re-
presentations of plants which were evi-
dently intended for poppies.

Served 'Em Right.
"Uneasy lies the head that wears
the crown," quoted the student.
"Do you mean to tell me," exclaim-
ed the self-made man, "that those king
duffers wear their crowns to bed?"—
Kansas City Times.

One of Many.
"Does your husband worry over
money matters?"
"No; it's lack-of-money matters that
worry him."—Houston Post.
It costs as much to be the father
of a belle as it does to own a race
horse.

900 DROPS
CASTORIA
ALCOHOL 3 PER CENT.
A Vegetable Preparation for As-
similating the Food and Regula-
ting the Stomachs and Bowels of
INFANTS & CHILDREN
Promotes Digestion, Cheerful-
ness and Rest. Contains neither
Opium, Morphine nor Mineral.
NOT NARCOTIC.
Recipe of Old Dr. J. C. WELLS
Pumpkin Seed -
Aloe Sarsaparilla -
Aloes Sars -
Aloe Seed -
Purifying -
All Castoria Sars -
Vegan Seed -
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A Perfect Remedy for Constipation,
Sour Stomach, Diarrhoea,
Worms, Convulsions, Feverish-
ness and LOSS OF SLEEP.
Fac-Simile Signature of
Dr. J. C. Wells
NEW YORK.
At 6 months old
35 DROPS - 35 CENTS
Guaranteed under the Food and
Drug Act of 1906.
Exact Copy of Wrapper. THE CENTAUR COMPANY, NEW YORK CITY.

CASTORIA
For Infants and Children.
The Kind You Have
Always Bought
Bears the
Signature
of
Dr. J. C. Wells
is
Use
For Over
Thirty Years
CASTORIA
THE CENTAUR COMPANY, NEW YORK CITY.

A Pleasant Surprise.
"She married the old fellow for his
money and he hasn't got any."
"Wasn't she dreadfully disappoint-
ed?"
"Not a bit. She's got it."—Balti-
more American.
It is a mother's duty to keep con-
stantly on hand some reliable remedy
for use in case of sudden accident or
 mishap to the children. Hamlin's Wis-
dom Oil can be depended upon for just
such emergencies.
Cheap Riding.
Uncle Zeke (back from the city)—
You talk about cheap ridin'! I rode
twenty miles on a street k'yar, an' all
it cost me was a nickel.
Uncle Jed—Gosh! That ain't noth-
in'! When I was thar last year I rode
to the top of the tallest buildin' in
town an' it didn't cost me a blamed
cent!—Chicago Tribune.
Solving the Milk Problem.
"We're thinking of keeping a cow,"
said Mrs. Lapsing. "A neighbor of ours
has a big vacant lot where we can pas-
teurize her."
Mothers will find Mrs. Winslow's Soothing
Syrup the best remedy to use for their children
during the teething period.
Reward of Duplicity.
"Tommy, do you know where little
boys go that tell lies?"
"You bet I do! That's the way most of
'em get to go to the ball games."
It Cures While You Walk.
Allen's Foot-Ease is a certain cure for hot,
swelling, callus, and swollen, aching feet. Sold
by all Druggists. Price 5c. Don't accept any
substitute. Trial package FREE. Address
Allen S. Olmsted, Le Roy, N. Y.
Bless Her!
When lovely woman buys a bonnet
Constructed of some shredded hay
She piles a lot of fruit upon it
And walks along the Gay White Way.
—New York Evening Mail.

**Guaranteed under
all Pure Food
Laws**

**More
Friends Every Year**
We'll soon count you among them.
It's just a matter of time. More and
more housewives are giving up the old-
style, high-priced, Trust-made Baking
Powders. Thousands are turning to
**KC BAKING
POWDER**
One trial does it. You'll never go back.
Speak to your grocer. Lighter, sweeter
baking or money refunded. Far bet-
ter. Costs much less. You won't
believe it till you try for your-
self.
25 Ounces for 25 Cents
Jaques Mfg. Co.
Chicago

**Organize a
Local Telephone System**
Just think what a Telephone System would
save you—all your neighbors at your call—your
doctor—your veterinarian—postoffice—depot
—merchant.
No matter how far from the nearest
Telephone Company, your community can
have its own local service at a very low cost
of maintenance.
**Western Electric
Rural Telephones**
are in use in thousands of communities. The equipment is the
standard Bell Telephone apparatus. This means most reliable
and economical service.
This rural telephone system is moderate in cost—easily within
the reach of the average farmer.
If you are interested, cut out this advertisement, write
your name and address on the margin and mail it to-day to
our nearest house. We will send free Bulletin No. 112 on
how to build rural telephone lines and their cost.
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COMPANY**
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Northern Electric and Manufacturing Co., Ltd., Montreal and Winnipeg,
Rural Telephone a Specialty.