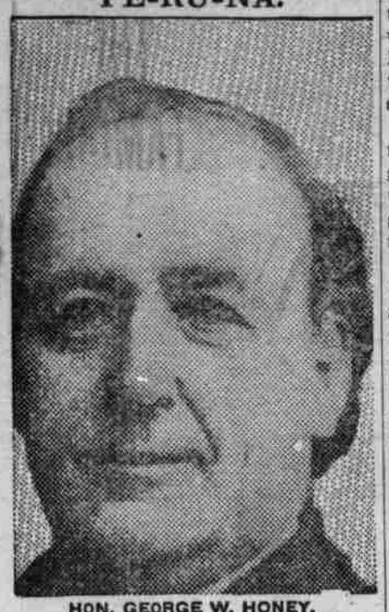
MY OWN FAMILY USE PE-RU-NA.



HON. GEORGE W. HONEY.

Hon. George W. Honey, National Chaplain U. V. U., ex-Chaplain Fourth Wisconsin Cavalry, ex-Treasurer State of Wisconsin, and ex-Quartermaster General State of Texas G. A. R., writes from 1700 First St., N. E., Washington, D. C., as follows:

"I cannot too highly recommend your preparation for the relief of **catarrhal troubles in their various forms.** Some members of my own family have used it with most gratifying results. When other remedies failed, **Peruna proved most efficacious** and I cheerfully certify to its curative excellence."

Mr. Fred L. Hebard, for nine years a leading photographer of Kansas City, Mo., located at the northeast corner of 12th and Grand Aves., cheerfully gives the following testimony: "It is a proven fact that Peruna will cure **catarrh and la grippe,** and as a **tonic it has no equal.** Druggists have tried to make me take something else 'just as good,' but Peruna is good enough for me."

Pe-ru-na in Tablet Form.

For two years Dr. Hartman and his assistants have incessantly labored to create Peruna in tablet form, and their strenuous labors have just been crowned with success. People who object to liquid medicines can now secure Peruna tablets, which represent the solid medicinal ingredients of Peruna.

"20-Mule-Team" Borax tends to stop the development of blight and mildew, and destroys parasitical insects. Stalks, young leaves and buds affected should be carefully sprinkled with Borax solution, and "20-Mule-Team" Borax should be used freely around the wainscoting and floors of buildings to protect from insects.

C. Gee Wo

The well known reliable

CHINESE

Root and Herb

DOCTOR

Has made a life study of roots and herbs, and in that study discovered and is giving to the world his wonderful remedies.

No Mercury, Poisons or Drugs Used—He Cures Without Operation, or Without the Aid of a Knife

He guarantees to Cure Catarrh, Asthma, Lung, Throat, Rheumatism, Nervousness, Nervous Debility, Stomach, Liver, Kidney Troubles; also Lost Manhood, Female Weakness and All Private Diseases

A SURE CANCER CURE

Just Received from Peking, China—Safe, Sure and Reliable.

IF YOU ARE AFFLICTED, DON'T DELAY. DELAYS ARE DANGEROUS.

CONSULTATION FREE

If you cannot call, write for symptom blank and circular. Inclose 4 cents in stamps.

THE C. GEE WO CHINESE MEDICINE CO.
162 1-2 First St., Cor. Morrison, Portland, Oregon.
Please Mention This Paper.

Another Kind.

When Johnny Hobbs left his home up among the New Hampshire hills to visit his grandmother in Worcester, Mass., he was cautioned by his mother that he would find things in the city strangely different from those at home.

Johnny arrived in the early afternoon, and long before tea time his grandmother, who lived most simply, told him to run out to the pantry and get a bowl of milk which she had left there "for a hungry boy."

A moment later she followed him, and, to her amazement, beheld her grandson bravely at work on a bowl of spearmint tea which she had forgotfully put in the place where she had told him to find the milk.

"Why, child," she cried, seizing the bowl from poor Johnny, "don't you know this isn't milk?"

"I—I knew it wasn't like Hillbury milk," stammered Johnny, with a final gulp, "but I thought maybe it was the kind folks had in Worcester."

Peppermint and Tobacco.

If you have a boy who has begun smoking too early and whom you wish to cure of the habit, feed him peppermints. Dr. O. Clayton Jones of Silverton, England, writing in the London Lancet, is authority for this simple cure. Dr. Jones writes: "To break the smoking habit in a youth there is nothing better than peppermint drops. He cannot smoke with a 'bullseye' in his mouth, and even for some time after it is dissolved tobacco will not blend kindly with the taste that remains. Socially the cure may seem worse than the disease, but from a medical point of view the sucking of peppermints is far less hurtful. A common 'bullseye' will prevent smoking for nearly an hour, so the amount of sweets used need not be great."

Unanswerable.

The lion was sneering at the awkward, uncouth, and generally ugly appearance of the elephant,

"I may not be as graceful as you are," observed the elephant, "but I'm nearer akin to the human family than you are. The knees of my hind legs bend forward, as a man's legs do, while yours bend backward, the same as a hyena's, or a hog's, or a skunk's. You belong to a lower order of creation, and I'd rather not associate with you on terms of equality if it's all the same to you."

Whereat the lion, observing that the elephant was waving his trunk threateningly, went back among the wolves and coyotes, where he still retained some prestige.

An Unfortunate Misunderstanding.

"I had to leave my last situation because the missus said they were going to lead the sinful life, and they wouldn't want any servants about the place."—Punch.

KASPARILLA

This sterling household remedy is most successfully prescribed for a "world of troubles." For derangements of the digestive organs it is a natural corrective, operating directly upon the liver and alimentary canal, gently but persistently stimulating a healthful activity. Its beneficial influence extends, however, to every portion of the system, aiding in the processes of digestion and assimilation of food, promoting a wholesome, natural appetite, correcting sour stomach, bad breath, irregularities of the bowels, constipation and the long list of troubles directly traceable to those unwholesome conditions. Kasparilla dispels drowsiness, headache, backache and despondency due to inactivity of the liver, kidneys and digestive tract. It is a strengthening tonic of the highest value.

If it fails to satisfy we authorize all dealers to refund the purchase price.

HOYT CHEMICAL CO. Portland, Oregon

MAPLEINE

A Flavoring. It makes a syrup better than Maple. Sold by grocers.

Behnke-Walker

BUSINESS COLLEGE
PORTLAND, OREGON

BEHNKE-WALKER STUDENTS SUCCEED. WHY?

They are Trained for business in a business-like way.
Why not enroll in a reputable school that places all of its graduates?

I. M. WALKER, Pres. SEND FOR CATALOGUE O. A. BOSSERMAN, Sec.

Improve Your Baking

K C Baking Powder will do it! Get a can. Try it for your favorite cake. If it doesn't raise better, more evenly, higher, —if it isn't daintier, more delicate in flavor, —we return your money. Everybody agrees K C has no equal.

KC BAKING POWDER

Pure, Wholesome, Economical.

THE REAL COWBOY.

No Longer an Animated Battery, but a Broncho Buster Still.

It is quite true that the cowboy of to-day is not a college man, nor one at all familiar with the manners and customs of polite society, says Out West. Neither does he go about his daily task with a brace of six-shooters slung at his hips and a repeating rifle held in the crook of his arm.

Barbed wire fences, steam railroads, police courts and penitentiaries have rendered such appurtenances superfluous. And immediately after pay day he does not sweep down upon the nearest town, shoot out the lights and take part in a gun fight or two.

For the $30 or $40 a month which he receives a strict attention to the duties of his job is expected, and in these days of strenuous competition a job is a precious thing. The life of the modern cowboy is as full of hard and monotonous work as that of an eastern farm hand, and there is very little difference in the intellectual and social standing of the two.

Though thousands of cattle are grazed on the plains of the Southwest, very few are shipped direct from the range to the market. The places of individual cattle kings have been taken by great stock companies which own numerous tracts of range land in various parts of the West.

A few years ago a dry season in southern Arizona meant the death of many cattle and very frequently the financial ruin of their owners. The old timers still tell stories of having walked for incredible distances on the carcasses of dead steers.

But all that is past—they do things differently now. Let a dry year come upon the southwestern ranges and the cattle are hustled on board a train and transported to the cattle companies' ranges in Colorado or Montana or Dakota, where the season is good and the feed abundant.

No long drives of hundreds of miles in search of new range as in the old days. Simply a day or two of rounding up, then a few hours' drive to the nearest shipping point on the railroad. Then perhaps a day in town for the cowboys and back again to the home ranch and the regular grind.

Though the cowboy is not a college graduate he is by no means an ignoramus. Usually he is American born and fairly well read, taking the same active interest in current topics and politics that other American citizens do. As a general rule he has been raised in the section in which he is employed and is of youthful appearance. He differs very little from the average American working youth, western dialect stories to the contrary notwithstanding.

In all cowboy bunkhouses there is a pile of current magazines, the contents of which are devoured with avidity. And one is not infrequently treated to the amusing spectacle of a youthful cowboy becoming so enamored of the kind of punchers pictured in modern diction that he purchases a pair of utterly useless six-shooters, commences to walk with a swagger and to imitate the dialect of Red Saunders.

But if marksmanship is no longer a qualification of the cowpuncher, horsemanship is. The modern cattleman is as proud of his ability to ride anything on four legs as was ever broncho buster of bygone days, and this is the first fact impressed upon a tenderfoot.

Soapoids.

Do you wash? It is a well-known medical fact that scrubbing the face and hands with chemical detergents is absolutely ruinous to the delicate outer fabric of the skin. You would not pour a can of petrol on the side of an aeroplane to make it go, would you? Why, then, attempt to open the pores of the cuticle and keep them working by the external application of saponaceous tablets and other inferior frauds of the kind? Beware of these as you would of a poison.

Water is equally dangerous. Why is it that you meet so many people every day in the street with gray smut-stained faces and toil-begrimed hands? Simply because they abrade and destroy the elegant envelope with which nature has provided their bodies, instead of treating it rationally from within. The only way to be clean is to swallow soapoids, with their wonderful internal operation on the fibers and nerve tissues. However dusty or gritty you may be, one does of soapoids will set you right. The pores will spring open and shed off the unnatural accretion of foreign substances as a snake sloughs its skin.

Think, too, of the time and money you will save. No more tedious ablutions and ruinous water rates. You can swallow your soapoid as you walk to the office and be as bright as a new pin.

Our final word is if you have been washing, stop it; if you have not, don't begin. Spare your epidermis, and swallow soapoids. Try nature's way and be clean.—Punch

The Ivory Hunter.

First catch your ivory, then get it home—if you can. A man's troubles have barely begun when the tusks of the fallen monsters are chopped out, wrapped in sacking and taken back to camp. Each weighs 50 or even 100 pounds. I have seen specimens that are on record as tipping the scales at 250 pounds. Suppose I have got together $100,000 worth of fine ivory. I am perhaps a thousand miles from anywhere with this load of 50,000 or 60,000 pounds. There are no railroads, no wheeled vehicles, even no draft animals. The stuff must be carried across the wilds of Africa on the backs of native porters, who think nothing of dropping their loads and deserting if the fancy happens to seize them. The worst of the hunting is nothing to what such a homeward march may mean. I have had my men shot down by hostile tribes from ambush with poisoned arrows. I have seen them die in agony from the bites of noxious insects. I have been attacked by bands of Dinkas, who knew the value of ivory as well as I did and who tried to help themselves to mine.—Everybody's Magazine.

VENOM OF THE MOSQUITO.

Agency in Spreading Disease Was Discovered Many Years Ago.

At the time of the discovery of the mosquito's agency in breeding disease it was not dreamed that far more than the germ of the truth had been revealed many years before, says the New York Sun. The truth was told in 1853 in the obscure columns of the Faceta Office, published at the port of Camana, Venezuela, and a little later in a brief note or two that the discoverer wrote to the Academy of Sciences in Paris. It was buried in those pages and forgotten, and has now been resurrected by the Havana Cronica Medico and the British Medical Journal.

In May, 1853, Louis Daniel Beauperthuy, a native of Guadaloupe and health officer at Camana, wrote to the Gaceta Official that for fourteen years he had made a microscopic study of the blood and secretions in every type of fever and had discovered that yellow fever resulted from the stings of several species of mosquitoes. "The mosquito plunges its proboscis into the skin and introduces a poison which has properties akin to that of snake venom. It softens the red blood corpuscles, causes their rupture, and facilitates the mixing of the coloring matter with the serum."

Beauperthuy said a good word for the much-maligned swamp, whose reputation as a breeder of malaria and other fevers was widespread. "Marshes do not communicate to the air anything more than humidity, and the small amount of hydrogen they give off does not cause in man the slightest indisposition in equatorial and intertropical regions renowned for their unhealthfulness. Nor is it the putrescence of the water that makes it unhealthy, but the presence of mosquitoes."

In one of his short communications to the Paris Academy of Sciences, dated from Camana, June 18, 1856, he wrote that as early as 1839 his investigations in unhealthy locations in South America had convinced him that the so-called marsh fevers were due to a vegeto-animal virus "inoculated into man by mosquitoes."

Beauperthuy's facts and deductions were so remote from all the medical teachings of the day that they were doubtless laughed at and promptly forgotten. Probably the priority of his discovery will now be acknowledged, but it might have been a profound blessing to the world if scientific research had been able in the middle of the last century to proceed along the lines suggested by Beauperthuy's announcement.

"Fighting Before Ladies."

The Hon. Thomas Sharkey, refereeing a lightweight bout at the Englewood carnival, rebuked a too energetic pugilist. "Remember," he said, severely, "you are fighting before ladies."

The refining influence of women upon all conflicts, from polo to politics, is a pleasant theory. A greater man than Sharkey once disputed it. Telling how the wife of an opponent had been admitted to a famous ring side, he said: "Refinin' influence of woman, huh! I'd got him good an' licked when she sings out 'Give it to him!' an' in less'n a minute he'd spiked me in the shin."

Women watched the fiercest jousts of helmeted knights in the days of chivalry, when broken necks were not uncommon. They witnessed the combats of gladiators, as they still do the bull fights in Spain and Mexico. They joy in the hot fights of the football field, a more prolific source of injury than the prize ring. Women are the cause of most private warfare, as land is the cause of most national warfare.—New York World.

Steel from the Ore.

Two Australian inventors have found a new process for the continuous treatment of iron ore, which is to be exploited throughout the world. It is a process for directly converting the ore into malleable iron or steel, and is said to effect a saving of 25 per cent. After the ore is concentrated it is passed through a revolving cylinder and brought into contact with the deoxidizing gas; thence it falls into a bottle of molten iron and is converted into steel or malleable iron, the whole process being automatic.

All Fixed.

"I want to tell you, old man," said Krotchett, "how thoroughly ashamed I am of the temper I displayed last night. Your wife and sister must have thought me crazy."

"No; they didn't," replied Brightly, "I fixed that all right."

"Ah; so good of you, old man."

"Yes; I told them you were drunk."—Philadelphia Press.

Before a girl marries, she prays that she may make him a good wife; after she marries, she asks the Lord to make him a better husband.

Young blood is powerful; but it can be too young.

S.S.S. THE CURE FOR SCROFULA

Swollen glands about the neck, weak eyes, pale, waxy complexions, running sores and ulcers, skin diseases, and general poor health, are the usual ways in which Scrofula is manifested. The disease being deeply intrenched in the blood often attacks the bones, resulting in White Swelling, or hip disease, and the scrofulous and tubercular matter so thoroughly destroys the healthful properties of the blood that Scrofula sometimes terminates in consumption, an incurable disease. The entire circulation being contaminated, the only way to cure the trouble is to thoroughly purify the blood and restore the circulation to a strong, healthy state. S. S. S. is the very best treatment for Scrofula; it renovates the entire blood supply and drives out the scrofulous and tubercular deposits. S. S. S. is the greatest of all blood purifiers, and it not only goes right down to the very bottom of the trouble and removes the cause, but it supplies the weak, diseased blood with the healthful properties it is in need of, and in this way builds up weak, frail, scrofulous persons and makes them strong and healthy. S. S. S. is a gentle, safe, vegetable preparation and is suited for persons of any age. Book on the blood containing information about Scrofula and any medical advice free. THE SWIFT SPECIFIC CO., ATLANTA, GA.

As a Safety Valve.

"Scorchley doesn't have any more of those terrible epileptic fits he used to have, does he?"

"No; whenever he feels one of them coming on he goes and takes a spin in his automobile.

One Reason.

Bella—What do they want to discover the north pole for?

Stella—What for? Why, for the sake of getting some picture postcards from there, of course.—Pick-Me-Up.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Even Change.

"You spent a month at the seaside. Did it pay?"

"I can't say it paid, but I came out exactly even."

"How?"

"Paid out $60, but gained twelve pounds. Same thing, you know."

New York Jews.

The Jewish community of New York is now the largest in history or tradition. It represents 10 per cent of the entire Jewish population of the world.

FITS St. Vitus' Dance and Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. Dr. R. H. Kline, Ld., 931 Arch St., Philadelphia, Pa.

Circular Ambition.

Slocum—Curious fad that Boxley, the baseball pitcher, has taken up, isn't it? He's building an airship.

Gofast—No; it's perfectly natural. He thinks he can make one that will describe a shorter curve than anybody else's machine."

It Cures While You Walk.

Allen's Foot-Ease is a certain cure for hot, sweating, callus, and swollen, aching feet. Sold by all Druggists. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

When the Wind Blows Right.

Stranger—How far is it to the stockyards?

Native—Right here. Can't you tell by your nose?

Stranger—No; been smelling just like this ever since I came in sight of the town.—Chicago Tribune.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by his firm.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for Constipation.

Uncle Allen.

"I see the government is going into the airship business," said Uncle Allen Sparks. "Sooner or later the airship will get into politics, and then we'll have machine politicians and flying machine politicians."

Symmetry.

The smoker who sat directly opposite had put his foot on the edge of the seat occupied by the professor.

It was encased in one of those easy going, hygienic shoes that look like a canvas covered ham.

"My friend," said the professor, eying it disapprovingly, "oblige me by removing that thing from my seat. It's bad form."—Chicago Tribune.

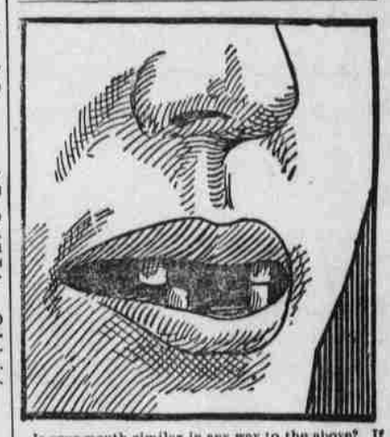
HOWARD E. BURTON.—Assayer and Chemist, Leadville, Colorado. Specimen prices: Gold, Silver, Lead, $1; Gold, Silver, 75c; Gold, 50c; Zinc or Copper, $1. Cyanide tests. Mailing envelopes and full price list sent on application. Control and Umpire work solicited. References: Carbonate National Bank.

CRESCENT EGG-PHOSPHATE BAKING POWDER

A modern leavener at a moderate price; is 30 per cent. more efficient than "Trust" or Cream-of-Tartar products and absolutely free from the health-racking Rochelle Salts residue invariably accompanying their use.

Get it from your Grocer

25c FULL POUND 25c



Is your mouth similar in any way to the above? If so, no need to wear a wobbly, unusable partial plate or ill-fitting, ordinary bridge work. The Dr. Wise system of

"TEETH WITHOUT PLATES"

The result of 21 years' experience, the new way of replacing teeth in the mouth—teeth in fact, teeth in appearance, teeth to chew your food upon, as you did upon your natural ones. Our force is so organized we can do your entire crown, bridge or plate work in a day if necessary. Positively painless extracting. Only high-class, scientific work.

WISE DENTAL CO., INC.

Dr. W. A. Wise, Manager, 21 years in Portland. Second Floor, Failing Building, Third and Washington Streets. Office hours, 8 A. M. to 8 P. M. Sundays, 9 to 1 P. M. Painless Extracting, 50c; plates, $5 up. Phones A and Main 2029.

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The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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